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**VOTING DAYS:
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Golden Spatula

Sayantan
 Bandyopadhyay

"Who let the bears out was definitely
 the best part of '90s."

First, to all of you who wrote in last week: no, the Golden Spatula award is not a forum for remembering the 90's (and bears). Rather, the Spatula is an opportunity for us to recognize journalistic dog-letting-out. This week we would like to thank Sayantan Bandyopadhyay for all fact-checking, copy-editing, pizza-appreciating and article-insights. Thanks Sayantan, you're slightly more of a bear now!

Furor Arma Ministrat

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The *Gauntlet* is the official student newspaper of the University of Calgary, published most Thursdays throughout the year by the Gauntlet Publications Society, an autonomous, incorporated body. Membership in the society is open to undergraduate students at the U of C, but all members of the university community are encouraged to contribute. Opinions contained herein are those of the individual writers, and do not necessarily represent the views of the entire *Gauntlet* staff. Editorials are chosen by the majority of the editorial board. The *Gauntlet* is a forum open to all U of C students but may refuse any submission judged to be racist, sexist, homophobic, libelous, or containing attacks of a strictly personal nature. We reserve the right to edit for brevity. Grievances regarding the *Gauntlet* follow a three-step process which requires written decisions from the Editor, the GPS Board of Directors, and the Ombudsboard. The complete Grievance Policy is online at: <http://thegauntlet.ca>. The *Gauntlet* is printed on recycled paper and uses a bear-milk-based ink. We urge you to recycle/maul the *Gauntlet*.

Letter Policy

Letters must be typed, double-spaced and received by Monday at 4 p.m., and must include the author's name, student ID number, telephone number and signature. Letters will not be printed if they include attacks of a strictly personal nature, statements that discriminate on the basis of race, sex, or sexual orientation, or libelous or defamatory material. All letters should be addressed to "Editor, the Gauntlet," and be no longer than 300 words. The *Gauntlet* retains the right to edit submissions. Letters can be delivered or mailed to the Gauntlet office, Room 319 MacEwan Students' Centre, or sent by email to editor@thegauntlet.ca.

Environment Canada is melting away

Finance Minister Jim Flaherty wants to balance the federal budget by 2014, and so over the past few months the funding to various government programs has been substantially reduced. More is sure to follow. Improved fiscal control — and the steps needed to achieve it — was an important issue in this year's federal election. Led by Stephen Harper, the Conservatives won their first majority, so fiscal tightening is important for many Canadians.

Cutting programs is a delicate process. On the one hand, enough must be cut to balance the budget. On the other hand, over-zealous tightening can hurt the economy and possibly the safety of Canadians for years to come. The government's decision to cut nearly 800 jobs from Environment Canada falls in the latter category.

A number of important services will likely be shut down due to these cuts, ending the important work Canadian scientists do for both our country and the world. And while environment tracking might appear to be a dispensable commodity to some, cuts in funding could result in much greater costs in the future.

Environment Minister Peter Kent has assured Canadians that services provided by Environment Canada will continue to operate at a sufficiently high level. This claim, however, is increasingly questionable as more information becomes available regarding the types of programs facing cuts. For example, earlier this month the science journal *Nature* published a study reporting unprecedented ozone loss

in the Arctic. Ozone measurement stations will almost certainly be shut down because of budget cuts, preventing important research like the *Nature* study from taking place.

Ozone depletion is a serious concern, not only for the safety of humans, but also for the well-being of the planet. What's remarkable about the *Nature* study is that scientific models attempting to predict how

a billion dollars in lost revenue due to grounded flights in Europe. If better measurement of the ash cloud existed, however, more flights would have been able to take place. If a similar situation were to occur in Canada, the lack of air-based measurement could have similar damaging results. Air-based measurements, while expensive, also give scientists the ability to quantify

impossible to make informed policy decisions.

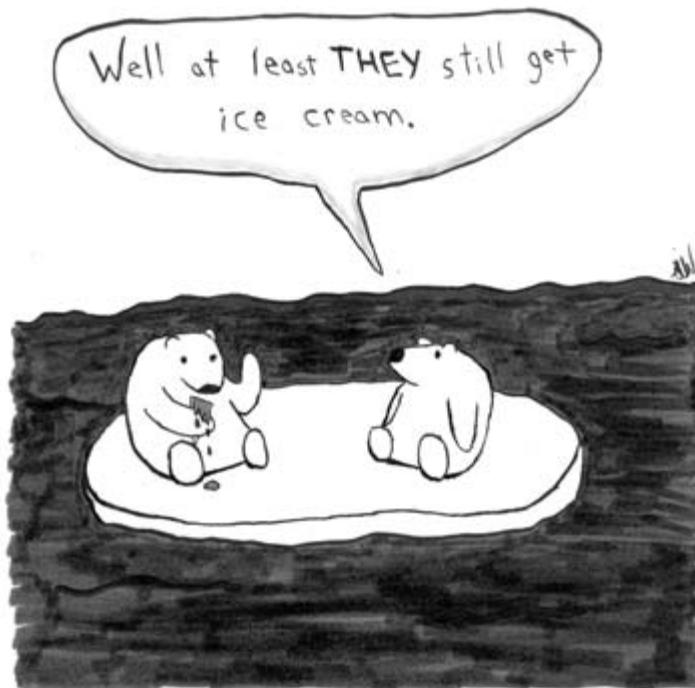
As Dalhousie atmospheric science professor Thomas Duck stated in an opinions article for *The Star*, the costs of failing to address environmental problems in the short-term will be much more expensive in the long-term. The "Stern Review on the Economics of Climate Change" reports that climate change will cost the world between 5 and 20 per cent of its GDP, compared to the less than one per cent cost of making the changes necessary to alleviate those problems. Acting now is therefore a good bet.

Despite the evidence, politics are getting in the way of responsible decision-making. This week Green leader Elizabeth May accused the Harper government of cutting a disproportionate number of jobs related to climate change research. If this is true it's a serious problem. Governments can't make informed decisions on climate change — one way or the other — unless researchers are free to investigate its effects.

The case for the government's bias against climate science research is strengthened by looking at the types of programs that kept their funding. For example, subsidies for the dairy industry were left untouched. The total costs of not addressing environmental problems will be much worse than the costs to some cow farmers if left untouched.

Citizens of all political persuasions should recognize the value of proper environmental study. The costs more than pay their way.

Gauntlet Editorial Board



quickly the ozone hole over the Arctic would grow considerably underestimated how quickly the ozone would deplete. The models were incorrect, but scientists only realized this was true by going out and actually measuring ozone.

More urgent problems can occur from a lack of proper scientific measurement. The volcanic eruption in Iceland in 2010 caused over

the environmental impact of pollution, greenhouse gases and other unknown threats.

These cases are important because the government plans to replace data-gathering with a reliance on modelling. But while models have a place, they can't replace actually going out and determining what's actually going on. Without the funding to perform these tasks, it will be

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World-wide movement comes to Calgary

#occupyyyc stirs up controversy in the city

Nicole Dionne

Production Editor

This past weekend over 1,500 cities around the world weren't just lived in, they were 'occupied' in solidarity to the ongoing Occupy New York and Occupy Wall Street protests in America.

"The idea was put out there about cities organizing their own occupy demonstrations, movements or protests on the day of October 15 as a global start date," said James Jesso, a protester involved with the Occupy Calgary movement.

The Calgary extension of the protest started at 1 p.m. outside of Bankers Hall downtown. In response, Bankers Hall closed its doors to the public. Businesses in TD Square followed suit, locking doors onto 8th Ave s.w., where the protesters were gathering.

Despite the apprehension, the Occupy rally was without incident.

The protests have received criticism that they lack a cohesive message.

Jesso disagrees.

"If you just listen to what people have to say, the cohesive message is expressed subjectively in the words of everybody who's speaking up," Jesso responded.

Paul Stortz, a history professor at the University of Calgary who teaches a course on activism and protests said, "It's to make people who are running the economic system aware that they have to be accountable to a great number of people who are integral to the running of the economic system in the first place."

Stortz believes that the international nature of the Occupy movement is part of the reason for the confusion.

"The growing complexity and



Michael Grondin/the Gauntlet

Hundreds gathered on Stephen Avenue Oct. 15 for the Occupy Calgary movement.

immediacy of these protests is really starkly different from history. History is a lot more localized, smaller and often times more focused," Stortz said. "It's a globalized grievance and when you have a globalized grievance you get a multiplicity of agendas. Some conflict, some are complimentary."

Stortz also said that the wide variety of demographics of the protesters is historically interesting.

"What's going on now I think is multicultural," said Stortz.

All ages came out to the rally on Saturday. Seniors, university students and parents with children all occupied the downtown core.

Within Occupy Calgary there are two different camps. One is currently camping at St. Patrick's Island and the other is camped at Olympic Plaza. While both camps support one another, they are approaching the Occupy pro-

test from different perspectives.

Protesters first set up on St. Patrick's Island. Calgary activist Paul Hughes personally approached the Calgary Police Service about setting up the camp which appears to be focusing on homelessness and poverty issues.

"The premise behind that was to make sure that there was a place where we could feed and house people that were going to be involved in the Occupy movement," said Hughes.

Those who are camped at St. Patrick's Island have also been working on initiatives to be implemented in Calgary.

The first proposed initiative is a micro-home ownership project where participants would build their own individual small scale homes using reclaimed building materials on unoccupied land by the ring road. The second is a one-stop shop that would have employee-owned businesses and government agencies under one

roof. The third is combining transit passes with identification and having six-month transit passes available.

"We've reached out to a number of different organizations," said Hughes.

"These people are resilient and it is a dignity-sucking environment and there's no reason for that," he said regarding members of Calgary's homeless population. Hughes's group disseminates information via Twitter and a Facebook community page.

The other Occupy group that is camped in Olympic Plaza wanted to occupy a more public space in order to make their causes more visible and engage people in a discourse.

"My personal thoughts are that the idea of invading an already established homeless tent city in an island off the furthest east side of downtown over an hour's walk to anywhere of significance is

see OCCUPY CALGARY, page 7

Occupy Timeline

September 17 – Occupy Wall Street movement begins in Liberty Square in Manhattan's Financial District.

September 20 – Five protestors arrested for violating a law banning masks at public gatherings.

September 23 – Occupy Chicago protestors set up outside Federal Reserve Bank.

September 24 – 80 OWS protestors arrested during a march, mostly for blocking traffic or disorderly conduct.

September 30 – Occupy Boston starts at Dewey Park in the city's financial district.

October 1 – More than 700 protestors arrested for marching across the Brooklyn Bridge and blocking traffic.

October 6 – Occupy Movement spreads to Philadelphia, Tampa, New Orleans, Houston, Dallas, Cleveland, Portland, Salt Lake City, Las Vegas and Jersey City.

October 15 – Protests spreads worldwide, 1 500 events in 82 countries, 72 arrests in NYC, Times Square protest at least 5,000 strong, 4,000 march in Vancouver.

October 16 – In Calgary, 300–500 march to Olympic Plaza; no arrests, dozens camped out.

October 18 – Protestors halt traffic in Toronto at Yonge St and Dundas for the second time in as many days.

October 19 – Protestors in Vancouver call for the arrest of former American President George W. Bush for human rights abuses.

Compiled by Susan Anderson

What do you think of the Occupy Calgary movement?



"I think it's silly to have a movement with no real goal in mind."
– Dallas Shail, fourth-year history



"I think young people, especially students, should mobilize and take action."
– Alexandra Bordin, third-year open studies



"I don't think they really know what they're protesting."
– Alicia Djan-Darper, third-year political science



"I think this is just the start. It's good to be discussing these issues."
– Mark Persinger, third-year history

campus quips

OneCard negotiations re-open

Ryan Barlow
Gauntlet News

For the last few years negotiations to encourage OneCard use by vendors within the MacEwan Student Centre have been ongoing. The latest proposal from the university to expand the program came this summer but was unanimously rejected by vendors. For the last two months, negotiations were at a standstill, but in the last 24 hours the SU and university have re-opened talks.

All students on campus are issued OneCards. These identification cards also function as a type of debit card, which can be used to purchase many items and services.

For residence students, OneCards can be loaded with thousands of dollars for their food purchases. However, they have restricted use because not all vendors on campus currently accept them.

Under the latest proposal, every transaction using OneCards would cost a vendor 7-12 per cent of the price of an item.

"To give comparison for Visa or debit it's a maximum of three per cent, so it's a big change," said Students' Union vice-president of finance and operations Patrick Straw. "They've tried in the past and [the idea has] been around for a while. We looked at a number of options,



Ben Hilborn/the Gauntlet

A student uses his OneCard to buy soup and crackers.

and we looked at a number of different proposals for how it could work, and it just wasn't feasible."

Despite the prospect of increased business from residents' meal plans, "a lot of the vendors believe students are already spending money in MacHall. Why would they go over to something where they lose 12 per cent when they believe students are already paying in MacHall?"

Straw said the vendors would be in support of it if the plan was restructured.

However, yesterday's negotiations did see some restructuring of the plan. Straw told the *Gauntlet* the driving force is coming from the residence students. Discussion with the Residence Students' Association resulted in the reopening of talks.

"We realized students wouldn't mind fronting some of the proposed 7-12 per cent cost," said Straw.

Straw said many students' parents pay for their OneCard meal plans and therefore were okay with the increase.

Some students have expressed concerns however.

Straw said negotiations are ongoing and there is currently no timeline for their completion.

He talked about the possibility of cost sharing the 7-12 per cent transaction rate between the SU, student and vendor.

Originally, the proposed 7-12 per cent transaction fee is what the vendors wanted to see reconsidered.

The 7-12 per cent rate goes to covering the cost of the program

and the rest goes back into the university budget.

"The Students' Union won't support a program that would have vendors raising prices for students," he said.

According to Kari Dodds, owner of Brew & Blendz in the Kinesiology building, "outside of MacHall, [vendors] are subcontracted through Chartwells. That's why we fall into an area where we are able to accept OneCards."

Chartwells, owned by Compass Group North America, is the food service that operates on campus. Chartwells also subcontracts special arrangements with some of the chain restaurants on campus like Tim Hortons and Pizza 73, which

is why these vendors can accept OneCards. However, Starbucks and Good Earth are not affiliated with Chartwells and they accept OneCards.

Associate vice-provost of residence and ancillary services, Voula Cocolakis, told the *Gauntlet* that the university is trying to expand the use and acceptance of the OneCard across campus. Up until this year residence students' dining plans were limited to the dining centre and retailers on campus that were operated through Chartwells.

Cocolakis believes that residence students would "love nothing more than to see OneCards accepted across campus."

see ONECARD, page 7



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Shanna (Shan) Larsen was only 24 when she lost her life to breast cancer



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GPS GENERAL MEETING



THE GAUNTLET PUBLICATIONS SOCIETY
will hold its annual general meeting on
THURS. OCT. 27 AT 6:00 PM IN MSC ESCALUS
Any Gauntlet member may attend. All questions should be directed to Business Manager Evelyn Cone at 403.220.7380.

gauntlet

Hundreds participate in Faculty Wars

Pauline Anunciacion
Gauntlet News

The Students' Union held the first Faculty Wars Dodgeball Tournament of the year on October 4th.

Vice-president student life Matt Diteljan organized the University of Calgary Faculty Wars Dodgeball Tournaments through the Students' Union for the first time. This is a campus-wide event aiming to foster a sense of belonging among students.

"Everyone can get out, get together and meet other people in their faculty. They can compete in a fun and light-hearted way against other faculties," said Diteljan.

On October 14, the Jack Simpson gymnasium boasted a multitude of dodgeball teams decked out in zany costumes: zombies, cat burglars, scientists, Disney characters and Shrek ogres to name a few.

"It's not a requirement [to dress up], but we have more fun. You dress up for team spirit," explained science team captain Jack Siu.

Diteljan said the su had a full communication plan regarding the advertising and promotion of Faculty Wars.

"It was on The Loop. We also had posters on the huge clubs display case. It was on our website, press release and ads in the *Gauntlet*."

He will be publicizing other upcoming dodgeball games over the next few weeks.

The number of teams exceeded expectations because of the advertising.

"The tournament sold out pretty quickly so I am going to make the next tournament larger so we don't have to turn any teams away," said Diteljan.

Three teams were not able to participate due to the tournament being full.

To participate in the Faculty Wars each team paid \$75, or \$5 dollars per person. A free after-party and bus transportation were included.

"You're really getting a good deal for \$5," said Diteljan.

Diteljan estimated this event is expected to bring in \$1,350 in revenue for the su.



Nathanael Darrell/the Gauntlet

A man with half a shirt gets ready to throw a dodgeball.

"All of the money generated will be put back into student services so it can continue in the future," he said.

The feedback from participants showed the recent tournament was an improvement over last year's dodgeball tournament.

Straw and Ditlejan, co-founders

of the Faculty Wars Dodgeball Tournaments and have ran three other tournaments previously. This is the first su-endorsed tournament however.

"People were cheating last year," recalled arts student and dodgeball participant Samantha Imbrogno. "Now they have refer-

ees. It's much better."

Siu agreed that there was better organization.

"There are a lot of people but the games are going on time. There's no mass confusion," Siu commented.

The su awarded a total of \$4,500 worth of prizes to the first and second place finalists, the most spirited team and the best-dressed individual.

The team Bi-curious George emerged on top. The Gingers came in second.

While this year's Faculty Wars are solely dodgeball tournaments, Diteljan foresees the implementation of intellectual competitions and social activities to ensure the students are engaged in well-rounded competition.

Third-year business student and team captain for Breaking and Entering Kalida Goldade said, "If you look at our school compared to other schools, we don't have a lot of school activities. The rest of the students don't get involved. There's not many events that everybody in the school gets riled up about. This is a great opportunity."

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Occupy Calgary, cont'd from page 4

less than constructive to creating change," said Jesso.

The Olympic Occupy group emphasizes the role of individuals within the group. The organization has no clear leader, a successful decision depends on the consensus of the entire group. Individuals separate into work groups in order to facilitate specific tasks such as obtaining food, providing first aid and corresponding with the city.

A large part of the effort is to start conversation.

"We don't do enough discussion in general society about things that are important. I love sports but there's more coverage for sports than there is for things that matter," said Chris McMillian, one of the Occupy protesters.

"What we're doing here and around the world is we're starting that discourse. We're starting a discussion to find out what grievances people have and what solutions they want to propose."

Stortz emphasized the individual aspect of the debate.

"This is a clear example to me of the rise of liberal empowerment, or in other words, of individual empowerment, of people getting

together and expressing not only collectively, but individually," said Stortz. "They're doing something as an individual which is just as important as a group to express some kind of protest or some kind of grievance."

While these methods are unorthodox, the groups claim they have been successful.

"There's a lot of confidence that things will continue to grow organically," said Jesso.

The group at Olympic Plaza communicates mainly via their website occupycalgary.ca and the Facebook event 'Occupy Calgary Launch Day.'

Occupy also made an appearance on campus on Wednesday.

"I think it's a really awesome movement. It's really cool that it's happening globally and it's picked up all over the world," said Julian Dorschg, a development studies student at the University of Calgary who was watching the protest.

Not all bystanders agreed. Some yelled at the protesters to "get a job" and to "fuck off."

That did not dissuade the Occupy protesters who were hoping to start a discourse here on campus.

"We want to get people involved and we decided the university is a good place. People here have problems and we want things to get talked about," said McMillian.

"Considering that there's a lot of elites in Calgary, to have a big movement like this in Calgary is pretty profound," said Dorschg.

At the time of publication there were approximately 32 tents at Olympic Plaza and 25 tents up at St. Patrick Island. Both protests are on-going. The St. Patrick's Island camp has been given permission to camp until the end of the month. The Olympic Plaza camp site was originally given permission by the city to camp until October 17 and that has been extended indefinitely. The Olympic Plaza group is also planning further protests at the Petro Canada building with speakers and live music from local artists.

Stortz is not surprised that these protests are taking place.

"There has been this percolating sense of economic unfairness for the last several years because of the economic situation. I think people are getting fed up," said Stortz. "If you won't listen to a whisper, you'll listen to a scream."

OneCard, cont'd from pg 5

She said the university charges vendors because they are trying to recoup costs associated with the OneCard.

"The vendors in MacHall, it is their choice not to accept it," she said.

Cocolakis also noted that the majority of vendors who do accept the OneCard are operated under Chartwells.

She could not disclose the rate vendors who currently accept the OneCard are required to pay.

"That is a contract detail that we are not open to discuss at this time."

She hopes that in the future the OneCard will be accepted off-campus. "Students could use it to pay for pizza off-campus or for a taxi."

When asked what is going to push businesses to accept OneCards, Cocolakis responded that "the pressure is going to come from the students. It's going to take a couple of years to get there; I think it will be a good thing for all of our students."

Residence students tend to be the strongest supporters of the OneCard.

First-year student Brittany Rock, who lives on campus, said, "I don't understand why OneCards haven't

already been adopted by all vendors. It would be much more practical for the businesses to offer their services and accept payment with the OneCard since all students living in residence have them. She said that it would "help their sales if vendors were more flexible."

First-year business student Melissa Glass, who commutes to campus, would support a reasonable raise in prices.

"It would be nice if I wouldn't be affected if the cost was only passed along to OneCard users. At the same time, I don't think it would be totally fair to burden the people that would be using their cards a lot because often they are students living with a small income."

Glass supports the idea of off-campus OneCard acceptance. She said that businesses that accept OneCards would see increased interest from students and it might be a good way for businesses to market themselves as student-friendly.

"I really like the idea of the card and I think we need to support it as much as possible. Money is becoming more and more digital and less physical, so this is just one great way for the school to stay caught up with the rest of the world."

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Students' Union By-Election Supplement

VOTING DAYS: OCTOBER 25 - 27, 2011



The Students' Union exists to serve and represent University of Calgary undergraduates. Through a unified voice we are dedicated to advocating on quality of education, the quality of student life and on the affordability and accessibility of your post-secondary education experience.

This pre-election supplement is produced by the Students' Union for publication in the Gauntlet. Please note, candidate submissions have not been edited and are printed as submitted.

Candidates are offered additional space on the Students' Union website. For more detailed campaign platforms and current election information and announcements visit www.su.ucalgary.ca

Faculty Representative - Nursing

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Kristie Joa

Candidate for Faculty Representative - Nursing

Hello, my name is Kristie Joa and I am a 3rd year BNRT student running in this years SU by-election for the Faculty of Nursing Representative. My slogan is let me hear you; because I am all about bringing the voices of the students to life. This is why you should vote for me:

1. My number one goal is to reduce the fees student nurses pay for parking at the hospitals for clinical.
2. I plan to work to ensure clinical placements are based on where students live, or what their preference is.
3. I want to increase the amount of communication and cooperation between the SU and the UNS. By doing this I will also create a larger presence of the Faculty of Nursing at the University. I will attend the UNS meetings and open doors for communication and ideas from all nursing students.

4. I will support all nursing clubs to create the best experience possible for them as well as assisting new clubs to become recognized by the SU.
5. The UNS is looking at possibly adding a levy onto all nursing student's tuition to fund their events. I am in favour of a \$1.00 levy to support the UNS but still keep fees low for students.
6. I will host the suicide awareness presentation with the Faculty of Social Work with the funds we currently have allotted to this event.
7. Increase the number of nursing students who vote in the SU elections.

Please get out and vote for me on October 25-27!!!



Riley Simister

Candidate for Faculty Representative - Nursing

My interest in running for Faculty of Nursing representative of the Students' Union can be summarized with two key points. First, to connect nursing students with one another and with the remaining student body, including the Students Union. Second, to seek and find ways to improve the new nursing curriculum, leading to a more efficient and progressive learning environment for students.

The Nursing representative position is seldom filled; this puts nursing students at a huge disadvantage when it comes to having a voice in their community. I plan on reconnecting our nursing community by being a dependable voice for students, and representing their interests to the Union with conviction. I will achieve this by taking an active role in our community, listening to opinions and by doing my best in carrying out any changes that students feel necessary.

For the Faculty of Nursing in particular, I will seek to find out what you, the nursing community, believe needs refining with regards to the new curriculum. Being apart of the first group of students enrolled in the new program, I can relate to the challenges that it brings. Together I believe it is possible to work towards improving and uncovering the best solutions to any problems you may have. As for students involved with the old program, I believe your comments and concerns are just as valuable as they have the ability to show us what worked in the past and what needs improvement.

I have several personal characteristics that make me a strong candidate for this position. I am approachable, hard working, have a positive attitude and I am constantly looking for ways I can become more involved in the nursing community. I respectfully ask for your vote on Election Days, and look forward to answering any questions you have.

FOR MORE INFO:

Candidates are offered additional space on the Students' Union website. For more detailed campaign platforms, current election information and announcements, visit www.su.ucalgary.ca.



Referendum Question

Women's Resource Centre (WRC) Referendum Women's Resource Centre Levy Cancellation

Background: In February 2007 the Union Membership approved through Referendum a WRC levy of \$1.00 to be charged in fall and winter, and a fee of \$0.50 for part-time students to be charged in the fall, winter, spring, and summer semesters resulting in a total fund of approximately \$39,000 in 2007 that has grown to approximately \$45,000 in 2010. The WRC fee is administered by the Union.

In April 2010 the University Of Calgary Board Of Governors approved the creation of a Student Services General Non-Program Fee (GNPF), designed to provide fund contributions to nine (9) University of Calgary administered programs, one of them being the Women's Resource Centre, Due to the inception of the GNPF the Students' Legislative Council resolved to approve a referendum question that would eliminate the now redundant WRC levy.

Question: Are you in favor of eliminating the Women's Resource Centre Levy of \$1.00 for full-time students and \$0.50 for part-time students?

YES	<input type="radio"/>
NO	<input type="radio"/>

If a Yes vote wins The Students' Union will direct the Office of the Registrar to remove the WRC charge at its earliest possible opportunity, which will likely be implemented by the start of Spring semester.

HOW TO VOTE:

VOTE ONLINE:

- Go to www.su.ucalgary.ca;
- Click on VOTE HERE;
- This will take you to the "My UofC" website;
- Enter your username and password;
- Click on Student Centre in the quick links menu;
- Click on the "Vote in the Students' Union By-Election" link;
- Follow the prompts on the voting web page.
- Remember to log off and sign out when finished.

VOTING STATIONS:

Tuesday, October 25
10:00 am to 4 pm, MacEwan Student Centre and Professional Faculties

Wednesday, October 26
10:00 am to 4 pm, MacEwan Student Centre and Professional Faculties

Thursday, October 27
10:00 am to 4 pm, MacEwan Student Centre and Professional Faculties

Voting will take place from any computer with internet access as follows:

Beginning at 10:00 am Tuesday, October 25 until 4 pm Thursday, October 27.

IMPORTANT: Voters should be aware that they have the right to a secret ballot. If you feel the secrecy of your ballot has been compromised in any way, please contact the Chief Returning Officer at cro@su.ucalgary.ca

THE STUDENTS' UNION, UNIVERSITY OF CALGARY

NOTICE OF ELECTION

Notice is hereby given that an election will be held for the filling of the following offices:

Faculty Representative, Nursing 1

NOTICE OF REFERENDUM

Women's Resource Centre (WRC) Referendum Women's Resource Centre Levy Cancellation

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Question: Are you in favor of eliminating the Women's Resource Centre Levy of \$1.00 for full-time students and \$0.50 for part-time students?

Yes No

If a Yes vote wins The Students' Union will direct the Office of the Registrar to remove the WRC charge at its earliest possible opportunity, which will likely be implemented by the start of Spring semester.

Voting will take place on the 25th, 26th, and 27th days of October 2011. Locations and hours are as follows:

Tuesday, Oct, 25, 10am to 4pm,
MacEwan Student Centre and Professional Faculties
Wednesday, Oct. 26, 10am to 4pm,
MacEwan Student Centre and Professional Faculties
Thursday, Oct. 27, 10am to 4pm,
MacEwan Student Centre and Professional Faculties

Online voting will take place at myUofC Student Centre beginning at 9:00am on October 25 and closes at 4:00pm on October 27, 2011. All University of Calgary undergraduate students registered in the Fall 2011 session are eligible to vote.



Chief Returning Officer: Rabiya Mansoor
Students' Union, MSC 251 (403-464-4053)



Dated at the University of Calgary in the City of Calgary, Province of Alberta, this 6th day of October, 2011.

www.su.ucalgary.ca

SU By-Election Supplement

Student and soldier: “A strange duality”

Ryan Flavelle served in Afghanistan's Panjwaii district for seven months in 2008.

Military tour of Afghanistan compels U of C grad student to chronicle experiences in new book

Heidi Vanderveen
Gauntlet Entertainment

Most university students speak a language of parties and papers, lectures and lunch dates. But University of Calgary graduate student Ryan Flavelle speaks the language of armed

conflict, where fear and combat are major parts of the vocabulary.

Flavelle joined the Canadian Forces as a reservist when he was 17. After completing an undergraduate degree in history at the U of C, he volunteered to go on tour. As a military historian, his experience with war was limited to what he read about in

books. He expected the camaraderie, the uncertainty, and at times, the boredom. But even this knowledge did not prepare him for the things he encountered in Afghanistan. “When you’re doing it, it’s a fundamentally different experience,” he says.

Flavelle came home with Afghan mud on his boots and a complex mix of emotions weighing down his kit. He found himself getting irrationally angry, resenting fellow soldiers who hadn’t been through combat, and trying to sort through the memories of his tour. These memories became *The Patrol: Seven Days in the Life of a Canadian Soldier in Afghanistan* — a gritty, honest account of a period of patrol duty that Flavelle describes as the hardest thing he did on tour.

The book describes muggy Middle Eastern nights and intense experiences, at times juxtaposed with accounts of the calm campus life that went on back home without him. He doesn’t shy away from talking about the toll that combat took on him.

“There were times where it was just emotionally difficult to relive those experiences. I didn’t feel that I had the right to be upset and angry,” he says.

The Patrol looks at more than just overseas army life. Flavelle describes a post-tour moment when he was walking downstairs at night in his parents’ house. One misstep over a creaky floorboard triggered a rush of feelings and memories of combat. “It was the same as what we would do in Afghanistan — carefully step over spots that we thought might have IEDs [improvised explosive devices].”

Moments like that come often for Flavelle — he says a day rarely goes by when he doesn’t think of his time spent as a Canadian soldier in Afghanistan.

Writing the book was a tough, heart-rending process, but Flavelle sees it as a catharsis. Speaking specifically of a section of the book

where he wrote of a fellow soldier and friend’s death, he says, “it was a difficult thing to go through, and a difficult thing to revisit . . . but when I wrote the last word, I felt like a weight had been lifted off my shoulders.”

To those of us studying on the fifth floor of the TFDL with a Phil & Sebastian coffee in hand, the muddy compounds and firefights of Afghan-

our buddies, where “the heroes” are tough and unshakeable. *The Patrol* gives us soldiers who are vulnerable, at times paralyzed by fears. It gives us soldiers who weep for their friends and sometimes question the path that led them to a gun and fatigues.

“I [was] given two options, one [was] getting shot at and one [was] not getting shot at . . . I chose option A,” Flavelle says. There were times when he questioned and regretted that choice, but ultimately he sees that it shaped him, and he shares that he would go again if he was given the chance.

Flavelle doesn’t think he is a hero. *The Patrol* intentionally avoids the heroic frameworks and narratives that war journalists often employ. Instead, Flavelle wished to paint a detailed picture of life in combat in a place far from home.

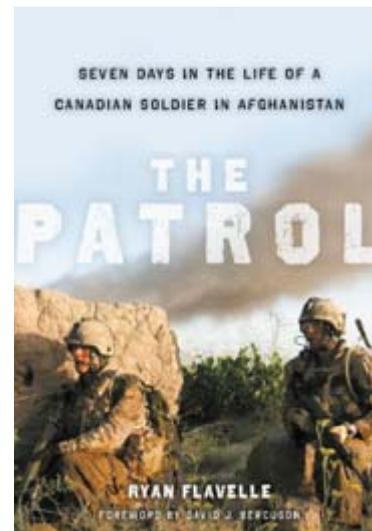
“We were just people doing a difficult job,” he says.

Heroism, to Flavelle, is an ethereal, hard-to-define quality. The soldiers all felt that every single thing they did was important, but Flavelle thinks of himself and his fellow combatants as “regular, everyday people who get put into weird situations and sometimes make heroic decisions.”

The Patrol come closer to being heroic than anything we could conjure up in our movies and our video games. It might be difficult for us to walk a mile in Flavelle’s combat boots, but his accounts of his experiences help us understand the hearts and minds of our nation’s soldiers.

With *The Patrol*, one of our own students has offered himself up as a raw, heartfelt witness to the meaningful, difficult jobs that Canadian soldiers do every day, in a work that makes heroism and vulnerability in a duality that is not so much strange as it is poignant.

The Patrol comes out on October 26, with a release party hosted by the U of C bookstore in the EEEL at 7 p.m. All are welcome to attend.



The Patrol by Ryan Flavelle will be released October 26.

istan seem worlds away — something relegated to five minutes of the evening news or maybe a political science or history lecture. But Flavelle is an example of these worlds colliding, and his unique perspective as a student and a soldier — something Flavelle calls “a strange duality” — bridges the gap in our understanding. Flavelle lets us see the parts of himself that people usually reserve for close friends and dear family. *The Patrol* is an intimate conversation with someone who has seen and survived unimaginable things.

The average U of C undergrad’s experience with war is likely limited to episodes of *Combat Hospital* and games of *Call of Duty: Black Ops* with

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Let the BassBus cannon kick it

Three Calgary men bring mobile electronic music venue to life

Mel Rygus

Gauntlet Entertainment

For those of you who may have found yourselves a little out of the loop courtesy of mid-terms, assignments and papers (oh, my!) over the past few weeks, this just in — Calgary is kind of cool.

Seriously, it's true. Would an un-cool city have just been named a Cultural Capital of Canada for 2012? One of Calgary's newest additions to its ever-expanding smorgasbord of creative enterprises is big, blue and completely mobile — and it happens to be known as the "BassBus."

What exactly is this BassBus and how is it contributing to Calgary culture? I ventured over to the Den last Friday and sat down with the three co-creators of the project to find out.

Baran Faber, Gareth Rider and Joel Ferguson are a trio who embody the true essence of the term "bromance." The three of them have been friends for years and all share a

passion for music and the arts, particularly bass music.

While sipping pints of Pilsner, the boys recalled how the idea for BassBus came to fruition.

"We were literally sitting around a computer getting hammered two or three days before Shambhala [Music Festival] last year and decided to buy a bus," explained Joel.

The initial plan was to purchase a vehicle that would shuttle a large group of people to the electronic music festival, but this quickly morphed into something a whole lot bigger after Shambhala was over.

The boys decided they were going to create a mobile concert venue and artistic outlet, using the bus as a creative platform upon which to build the idea. Over the next few months, the vehicle was traded up and transformed from your run-of-the-mill school bus to an intricately-painted mobile stage. Today, both the wooden interior and metal exterior boast full electrical power, equipped for a band or DJ to play inside or outside

on its detachable stage.

Thus far, BassBus has already taken part in an array of festivals and has even served as a transport vehicle for artists and DJs to a number of events in and around the city. This past summer the BassBus crew traveled to rural Alberta's own Motion Notion electronic music festival, where they operated the event's only 24-hour stage.

None of this would have happened if not for the collaborative nature of the BassBus enterprise. "One person gets the call, but it takes the three of us to make the show happen," says Baran.

Next up for BassBus is two more events in a series known as "Beats in the East." These electronic music showcases are taking place in the heart of Calgary's East Village, along the city's new RiverWalk. The series, showcasing local DJ talent, has been a collaborative effort with the City of Calgary and takes place on Saturday afternoons from 2 to 6 p.m. throughout this month. This weekend's edi-



courtesy of Troy Photography

Baran Faber, Joel Ferguson and Gareth Rider founded BassBus in 2010.

tion of Beats in the East is shaping up to be its biggest yet, as the event will be taking place in coordination with cjsw's annual Funding Drive.

While finishing their last dregs of beer, the boys shared some final thoughts.

"Ultimately, BassBus is a mobile platform to support artists, period," said Joel. "For the average U of C

student, do what you do and invite BassBus to be a part of it."

"We may be called BassBus, but we're always looking to get involved in new and different artistic communities."

BassBus will be hosting the final instalment of Beats in the East on Oct. 29 from 2-6 p.m. along Calgary's RiverWalk.

step into character & SAVE!



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Wiebo's War is far from over

Documentary investigates Alberta man's crusade against the oil and gas industry

Sean Willett
Entertainment Assistant

As citizens of Calgary, we sometimes forget how much power the oil industry really has in Alberta. Director David York's latest film, *Wiebo's War*, allows us to see how deeply large corporations can influence the everyday lives of average citizens — and how sometimes, there may be little we can do to stop them.

The documentary focuses on Wiebo Ludwig, leader of a small religious community in northern Alberta and the prime suspect in a series of bombings on drilling equipment that occurred in the late nineties, as well as another incident that took place just

last year. The film tells the story of religious devotion, criminal implications and one man's struggle against the oil and gas industry.

The film raises some interesting questions about who is actually "right" in this situation. An ENERCAN oil well gas leak resulted in serious problems for Wiebo's commune, such as poisoned water, dead livestock, and multiple gruesome miscarriages. But technically, ENERCAN's practices and actions were all perfectly within existing legal standards. Because of this, Wiebo was forced to take matters into his own hands.

Wiebo is portrayed as a very well-spoken and grandfatherly figure, albeit a very stubborn one. The members of

his commune don't come across as mindless followers, but rather willing members of a collective community. York remarks that "it's very easy to portray them as a large extended family, because that's what they are."

Wiebo and his family are what York calls "fundamentally religious, rather than fundamentalist." As naturally follows, almost everything they do is tied to their Christian faith. This caused York, an atheist, some difficulties while making the film.

"That was a major obstacle," says York. "They didn't believe that an atheist could really understand in his or her gut what their story meant."

Despite this, York has managed to present Wiebo's way of life in a way that makes it easy for the viewer to identify with and even admire him and his people, regardless of their religious views.

As a film, *Wiebo's War* succeeds in setting a disquieting, despondent tone. Its subtle, understated score, paired with haunting shots of flaming oil wells and frozen fields, serve to emphasize how isolated the members of Wiebo's compound really are, both geographically and socially. Particularly poignant scenes are created as York layers one of Wiebo's many eloquent and thoughtful orations over shots of his family and property. These



courtesy Vincenzo Pietropoli

Wiebo Ludwig (centre) is the subject of David York's newest film.

segments emphasize Wiebo's role as a father figure and a protector.

However, this film far from exonerates Ludwig — York is careful to show us both his noble and less honourable sides. York aims to "tell the story fairly and let the audience come to their own judgements," not vilifying him like the media has done, while simultaneously making sure not to cast him as a heroic figure. The director seeks to ask questions with this film, not answer them, and in this way, he has succeeded.

This isn't exactly a film with a happy ending. Despite all of Wiebo's protests, despite all of the media attention sur-

rounding his situation, the gas well is still there — and more are being built. Sure, all of it is legal, but at what point do we as a society have to put our foot down? Can we just stand by as these mega-corporations threaten the well-being of rural Canadians? In a time of social and economic unrest, David York has created a film that raises some very real and difficult questions that are sure to open dialogue about the direction in which our society is headed.

Wiebo's War plays at The Plaza Theatre from Oct. 21–26.

DEPARTMENT OF DRAMA

UNIVERSITY OF CALGARY
FACULTY OF ARTS

THE SWAMP DWELLERS

By Wole Soyinka

Oct 25 - Nov 5, 2011 @ 7:30pm
(except October 31 & November 1)
2 for 1 Matinee: Sunday, October 30 @ 2pm
University Theatre

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drama.ucalgary.ca Tickets: 403-220-7202

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- Line Cooks, Prep Cooks, and Stewards
- Serving and Bussing Staff for the Den
- Set-up, Catering, and Bartending Staff for the MacEwan Event Centre
- Coat Check Staff for the Den and concerts



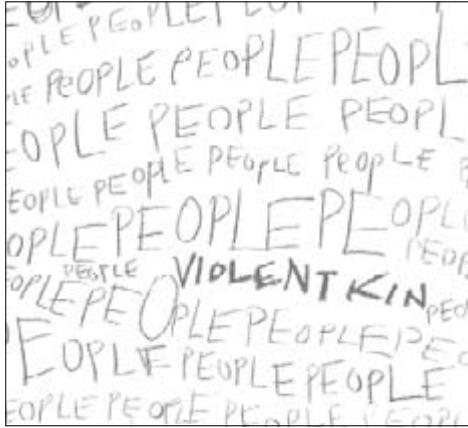
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s p u n

ALBUM REVIEWS



Violent Kin
People
(September 23, independent release)

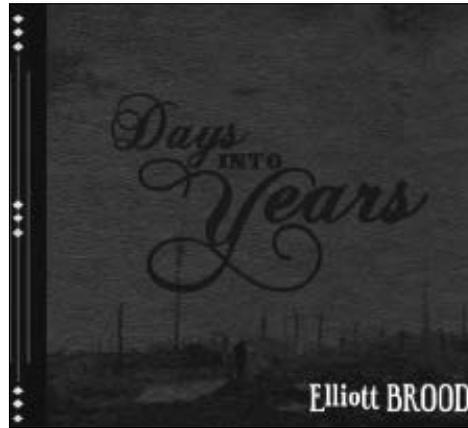
The brother-sister duo of S.J. and Maygen Kardash that forms Violent Kin have returned to Saskatoon to record and produce from their home studio. *People* is the second full-length release from Violent Kin, and the result of these recording sessions.

From the beginning of the album, it seems that Violent Kin are trying desperately to remind us of the eighties. Saturated with bouncy pop songs overloaded with synthesizers, *People* sounds less like a genre and more like a decade. I am dead serious — my father's eighties mix tapes don't even sound this ridiculous.

The mixing on the album feels sloppy. The percussion is often lost behind overpowering guitar and synthesizers. The siblings share vocals, but regardless of who is singing it all tends to sound a little out of tune and a little forced. The album is not entirely bad. "Dangerous" is a dark romp through the human psyche. Sadly, this is the high point in a valley of lazy composition.

Those who are excessively fond of synthesizer-laden dance-pop (or people who wish it was still the eighties) might enjoy a few tracks from *People*, but overall, it is a shaky album from a group that needs to find their own sound.

Alastair Starke



Elliott BROOD
Days into Years
(September 27, Paper Bag Records)

Alright, I admit that I was an Elliott BROOD fan prior to listening to *Days into Years*, the band's third full-length album. However, I am much more than just a fan after listening to the new album — now I am a zealot.

The opening track, "Lindsay," is a stunning example of death-country, along with "Lines" and "If I Get Old." Ambient sound is prevalent throughout the album, but it doesn't feel forced — there is a certain flow with the music that just feels right. Sonically, the sound is crisp almost throughout the entire album. Lyrically, the album stands above almost any other album I've heard this year. The words to "Northern Air" in particular made me feel like I was taking an adventure through the Canadian back country.

Now, the album isn't perfect, as the track "West End Sky" is very low in sound fidelity. Most of the time I'd be okay with this, but the type of sound just doesn't fit with the album. The panning of the instrumentation can sometimes be frustrating, and I think "Hold You" hangs around a verse too long.

Overall, I am very pleased with *Days into Years*, and I feel as though it's a great addition to any alt-country fan's music collection.

Justin Azevedo



Kate Reid
Doing it for the Chicks
(September 23, Transistor 66 Record Co.)

At first glance at the album artwork, I was under the impression that Kate Reid's *Doing It for the Chicks* would be a country-rap album about a cougar whose main priority was getting laid. This was not the case at all. It was only a country album.

To me country music is about women, drinking and meeting women while you're drunk. Kate Reid's third studio-length album touches on each of these aspects with utter simplicity. In tracks like "Tie One On & Tie the Knot," Kate Reid effortlessly channels her sexuality into some of the best country music to come out of Canada since Jaydee Bixbe. In her half-singing, half-speaking style, the self-dubbed "only dyke at the open mic" pours out her soul and lets listeners know what it's really like to be a lesbian country star (well, country singer at least). Her sensitive side breaks through in the childhood-reminiscent "When I Was a Little Boy," but I think songs like these can safely be ignored.

It is safe to say that Kate Reid will be putting out more music, but it's not so safe to say that we will be hearing it. Dixie-Chicks-meets-Tila-Tequila is an interesting formula to try and achieve musical stardom, let alone express yourself artistically, but I guess she really is just "doing it for the chicks."

Kristian Berg



TOP 20 *Canadian artist
**local artist ▶ oct. 10/11

- 1 **FEIST*** *Metals* (Arts & Crafts)
- 2 **MOON KING*** *Moon King* (Daps)
- 3 **KASABIAN** *Velociraptor!* (Sony)
- 4 **VARIOUS** *This May Be My Last Time Singing Raw African-American Gospel On 45 from 1957-1982* (Tompkins Square)
- 5 **VARIOUS** *Everybody Dance Now Vol. 6!* (CFMU/INDIFM)
- 6 **ROCKET FROM THE TOMBS** *Barfly* (Fire)
- 7 **BOMBAY BICYCLE CLUB** *A Different Kind Of Fix* (Island/Mmm)
- 8 **CHICK COREA/STEFANO BOLLANI** *Orvieto* (ECM)
- 9 **VERONICA FALLS** *Veronica Falls* (Slumberland)
- 10 **THE DRUMS** *Portamento* (Frenchkiss)
- 11 **ST. VINCENT** *Strange Mercy* (4AD)
- 12 **FOX OPERA**** *Fox Opera* (Unprophet)
- 13 **TYRANAHORSE*** *Ghost Wolf Mother Hawk Prairie Unicorn Lion Lioness* (Self-Released)
- 14 **THE MANVILS*** *Black Tornado* (Sandbag)
- 15 **ODONIS ODONIS*** *Hollandaze* (Daps/Pleasence/Buzz)
- 16 **L'ORKESTRE DES PAS PERDUS*** *L'age Du Cuirve* (Cross Current)
- 17 **POPSTRANGERS** *Happy Accidents* (Shoot The Freak)
- 18 **CAGED ANIMALS** *Eat Their Own* (Lucky Number)
- 19 **VEX RUFFIN** *Crash Course EP* (Stones Throw)
- 20 **THE RIFLES** *Freedom Run* (Netzwerk)

ELECTRONIC

- 1 **J BOOGIE'S DUBTRONIC SCIENCE** *Undercover* (Om)
- 2 **BLUE LUNAR MONKEY*** *Countdown* (Tychio)
- 3 **GOVINDA** *Universal On Switch* (Self-Released)
- 4 **BEATS ANTIQUE** *Elektrafone* (Self-Released)
- 5 **ROLL THE DICE** *In Dust* (Leaf)

HIP HOP/FUNK

- 1 **MOCEAN WORKER** *Candygram For Mow!* (Mow! Inc)
- 2 **SLIM MOORE & THE MAR-KAYS*** *Introducing Slim Moore & The Mar-kays* (Marlow)
- 3 **EVIDENCE** *Cats & Dogs* (Rhymesayers)
- 4 **DJ SHADOW** *The Less You Know, The Better* (Island)
- 5 **MC FRONTALOT** *Solved* (Level Up)

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- Live coverage of DINO's sports; Mixed Martial Arts (MMA) competitions; dance performances

NEW UNIVERSITY TELEVISION

A local affair

By Olivia Brooks

After my foray into the world of raw I was looking forward to eating hot foods again. I was excited to jump into the local food scene in Calgary after seeing the focus raw foodists take on fresh and healthy foods. My conversation about the raw food diet with Light Cellar employee Denis Manzer had me considering the importance of local food over organics. The local scene in Calgary is underrated. When I thought of lush farmers' market cities places like Vancouver came to mind, though Calgary does offer an abundance of local produce. Blue Mountain Biodynamic Farm's produce, Golden Lane honey farm and Aviv's bread are some of the coveted items that the Calgary local scene has to offer, but there are also many markets, restaurants, events and retailers toting sustainable and local products to pepper Calgary's local food industry.

"The root of the word [sustainability] is to keep going on with what works," explains Frank Sarro, the purchasing manager for Community Natural Foods. "It encompasses almost everything you can think of." Sarro is among many who strive for a more local food-based diet. Localvores' focus on a more sustainable agricultural system has helped the local food movement gain momentum in communities. Like the raw foodists, localvores see their diet as a lifestyle that is environmentally, economically and socially conscious. This alternative method of agriculture leaves a smaller carbon footprint than produce and food purchased at a conventional supermarket. "Most [supermarket] ingredients will have travelled 1,500 miles," said Andrew Winfield, chef of the River Café. The Prince's Island Park restaurant features seasonal Canadian cuisine, and serves regional, organic and free-range ingredients. Winfield made a good point, explaining that most of our foods travel continents to get to retailers, and so the products are treated with chemicals to sustain them. "The food is built to travel," he stated.

For localvores, the impact of their lifestyle goes beyond the environment. "It's not just about environmental stewardship and environmental responsibility," says Stephanie Jackman, founder and president of Respect for the Earth and All People. "We are really

talking about the economic and social impacts of a business."

The REAP Business Association was created with the goal of making a sustainable local economy in Calgary. According to Jackman, choosing to shop locally one out of 10 times can generate huge revenue for the local economy, creating internships and jobs. Still, going to farmers' markets or local bakeries can leave you with a daunting grocery bill at the end. According to Sarro, however, the cost of conventional food is not far behind its local brethren. "The reality is normal food is expensive," he said. But as conventional foods have spiked in pricing, the price of organic food has remained relatively stable.

There are more resources for food than just your local grocery store. The Calgary Horticultural Society encourages local gardening for the enhancement of the local environment and quality of life. More than just gathering resources for starting your own garden, the Society offers community gardens in their resource network. Gael Blackhall, an employee of the Society's community garden resource network, has her own saving practices when she shops locally. Around the end of the weekend at farmers' markets, Blackhall makes a point of talking to the farmers. "They are cleaning up and leaving for the weekend. You can get discounted veggies and fruits," explains Blackhall. "For students, it's about looking for the deal." Places like Superstore carry a 50 per cent off rack, where the produce is perfect for adding to baking or smoothies. REAP also offers financial aid in the form of a green coupon book which has over \$2,000 in savings for 38 different local businesses. "It raises awareness for these business-owners and makes it more affordable," says Jackman of her company's booklet.

Some restaurants, like Calgary's District

The second instalment of three, exploring the trials and tribulations of one *Gauntlet* writer's experiences with specialized diets.

Gastropub, choose local ingredients while keeping the consumer's price point in mind. Heather Gould-Hawke, the head chef at District, believes in making higher quality food openly available. "I was raised in a sustainable household," Gould-Hawke explained. "We grew what we consumed and it's something I still believe in. Now, it's my [culinary] style, my way of handling food." While she occasionally imports ingredients from farmers in British Columbia, Gould-Hawke's aim is to maintain and develop relationships with farmers in both B.C. and Alberta. "It's about supporting farmers, supporting our own agriculture. Clean food makes for better food and living. It's nice to offer that quality of food to everyone." To keep costs down, for meat in particular, Gould-Hawke explains she chooses secondary cuts of meat over the more expensive primary cuts, but the compromise is well worth it. If you've seen District's menu, it constantly changes to keep with seasonal ingredients. The pub's motto, "we keep it fresh," doesn't mean their menu's restrictions keep it mediocre and plain.

Keeping it simple with a pinch of creativity is a moniker within the localvore community. It not only cuts down on costs but can also help students who are in a bind for time. "Here [at the farmers' market] we get lots of squash," says Blackhall. "You can use spaghetti squash instead of pasta noodles. Instantly you've got something healthier and

it can be done in the microwave." Using old ingredients in new creative ways, like blending a batch of roasted vegetables to add to a meatloaf, doesn't take much time and makes your meal more balanced and heartier.

Unfortunately, there is a large localvore dilemma in Calgary. Outside of dehydrated and pickled food, it is hard to find local crop come February. "[Having a local diet] involves people knowing they can change their diet throughout the year," states River Café chef Andrew Winfield. Sarro agrees, noting that winter is a time for root vegetables, though it leaves localvores with few options. Even if you cannot shop local to your region year-round, you can still choose to purchase from B.C. growers and producers over international options.

I came across the question of authentic local food during my research. With the globalization of markets, we are now accustomed to eating foods that are out of season year-round as well as foods that are non-in-

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digenous to our region. Is it now impossible to achieve an authentic local diet?

There is a mentality that buying local is better for the environment. Consumer awareness is crucial, as you cannot assume that all local farmers are producing pesticide-free crops or using environmentally sustainable methods in their farms. What the local movement allows consumers to do is have a dialogue with the farmers. "You know more about the philosophy behind the food — what has gone into the food and how sustainable the food is going to be," Jackman explains.

With all this information in hand, I ventured into the 100-mile, or local food diet. October in Calgary is harvesting season, so the farmers' markets and shops carrying local food had out their best crop. The sense of community that local farmers' markets create can't be replicated in supermarkets. In conventional supermarkets, a gap exists between the consumer and farmers, and is widened by chains of processors, manufacturers, shippers, distributors and retailers. Going to the Hillhurst Farmers' Market, I was able to meet the farmers and talk to them about what goes into the farm's production. The markets were not just a place to purchase food and leave — there were local artists performing on side stages and local artisans selling their creations. It was a real community of people who cared about the products they were selling. Despite its marginalized status, the local food community is thriving.

Local Markets 'Round Town

The Light Cellar
Triwood Farmers' Market
Hillhurst Farmers' Market
Community Natural Foods

Planet Organic
Slow Food Calgary
Amaranth Whole Foods
Sunnyside Natural Market

The Sunnyside Natural Market was my first choice to purchase groceries. Even though the venue is modest, they have local produce, grains and legumes. Volunteering at the university's community garden also helped to both curb my grocery bills and give me access to local produce. I never got the chance to get down to the Kingsland, Crossroads or Calgary's Farmers' Markets, all of which are open year-round. Getting to these locations is a bit of a task, especially if you do not have a vehicle.

Prioritizing is a big factor with localvores. While conventional foods are supposed to reach the same price as organics, the reality is they are currently more expensive — to spend the extra dollars means budgeting. If I was going to be seriously investing in organic and locally-produced goods, I had to cut out buying beverages on campus. The amount of money I saved from not buying tea or beer on campus was enough to buy melons from Brooks at the farmers' market. I had to give up eating kiwis and mangoes

for the week, but the local berries or peaches were just as delicious.

Partaking in the local food diet was easier than the raw food diet, but I started this diet during a time when local food is in abundance. If I had done this diet mid-winter, it would have been a far more expensive and difficult experience. I also had the advantage of having a circle of friends who are very supportive of local food movements and our potlucks were inexpensive ways to share great dishes. I noticed I ate more produce than usual because it was easier to come across and often the farmers had great deals for their bulk items.

For people who want to eat out but would love to support the local industry, Calgary does have a variety of places outside of farmers markets. Restaurants like the River Café and District Gastropub offer sustainable and local options. Slow Food Calgary and REAP also host events celebrating local food within the city feature local farmers and businesses that offer natural, organic, chemical free,

green and eco-friendly living products.

Taste is a huge factor when it comes down to what we eat. The potatoes I bought from the farmers' market have made some of the best mashed potatoes I've ever eaten. The kale and lettuce I harvested were fresher than the batches I have bought at Safeway. The quality of local produce is something to be revered. If modified foods don't miss out on the nutrients, they miss out on the taste of local foods. "When you eat a strawberry they are not supposed to be white in the centre," tells chef Winfield. "If you go to Safeway or Co-Op they will be white in the centre. That's just something you miss out on."

You have to make a conscious decision to eat healthy while eating local. Like the raw diet, the regional diet is not a cure-all. The people I have encountered were proponents of healthy and balanced eating. Whether one finds that balance through consuming more raw or local food depends on their values. These are not just diets to the farmers and localvores, however — they are lifestyles accompanied by conscious eating and supporting local and sustainable businesses. Involvement in this movement was enriching. I felt I was not only making better consumption choices, but also helping to create a self-reliant economy for my community — something I was proud of.

To read about Olivia's experiences with raw foodism, visit thegauntlet.ca/story/15807. Check again next week for the final part focusing on gluten-free diets.



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FRIDAY OCT. 28

at 6 pm

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Under Discussion: Homeopathy

HJ Hornbeck
Gauntlet Opinions



With 10:23 — the anti-homeopathy campaign — just around the corner, I shall now teach you how to make homeopathic medicine.

1. Get more of what ails you. If you're suffering from a cold, gather up all the snot you can drain out of your nose. Feeling squeamish? Substitute an onion instead, since its odour gives you the same symptoms. Have a swollen mouth and can't stand up? Grab some Cyanide of Mercury instead. Having difficulty peeing? Track down a little uranium.

2. Dump all of it into a flask or beaker, then add 100 ml of water. "Succuss" the flask, or swirl the contents around while whacking it against something 10 times. Samuel Hahnemann, the founder of homeopathy, preferred a leather-bound Bible.

3. Using an eye-dropper, pull out a 1 ml drop of the resulting solution. Place that drop in a new flask with 100 ml of fresh water.

4. Repeat step three. The amount of repetitions depends on the potency desired; the more you dilute it, the stronger it gets. The weakest commercially available dose requires two more dilutions, but strong ones need 200 or more. When in doubt, Hahnemann recommended 30 total dilutions. At that level, you have a greater chance of winning the lottery than ingesting a single molecule of puss or uranium. But don't fret — homeopaths assure us that the Vital Force of the original substance remains.

5. Drink up! If the water seems a little bland, dribble some of it on sugar pills, or substitute alcohol for the final dilution.

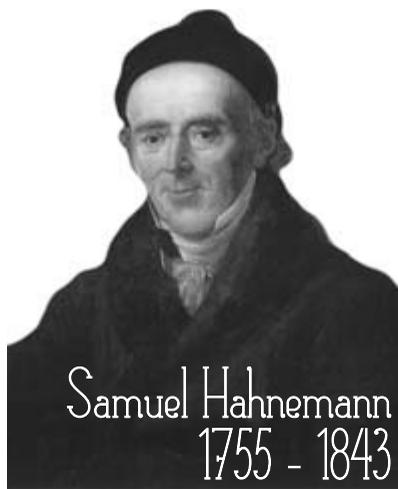
Why am I sharing this recipe with you?

Well, first, homeopathy is big business. In a

pond somewhere in France, fifty million dollars is happily sunning itself. A single duck, slaughtered for its heart and liver, will result in millions of medicinal doses. Worldwide, homeopathy is a billion-dollar industry. Pharmaceutical companies have been tripping over themselves to set up arms-length homeopathy wings, and for good reason. Researching new cures involves giving healthy volunteers a proposed homeopathic medicine for one month, during which they are banned from coffee, wine and chess. Volunteers keep a detailed journal of their feelings and dreams, which is then analyzed for interesting symptoms. Compare this to the expensive, decades-long trials that other medicines endure.

Second, most countries assume homeopathy is safe at any dose and put few regulations on it. This has opened up the door for what I call "non-homeopathic homeopathy," or cures that violate the basic tenants of homeopathy but use the label. Zicam, for example, has zinc as its active ingredient, which by the laws of homeopathy should be diluted down to nothing. Instead, that popular cold remedy only dilutes it once! Zinc has been shown to reduce the symptoms of a cold, not increase them as homeopathy demands. And yet Zicam is free to call itself homeopathic, even as the manufacturer is being sued by customers who lost their sense of smell due to high concentrations of zinc.

These fakes are diluting the good name of homeopathy! Don't fall for them. Ensure that any homeopathic remedies you take are pure, by making them yourself.



Tamara Cottle
Gauntlet Opinions



The campaign known as 10:23 has been gaining popularity in its anti-homeopathic agenda. This campaign, created to raise awareness of the supposed falsity of homeopathy, was formed by a non-profit organization called the Merseyside Skeptics Society of Liverpool.

They believe that homeopathy is a form of quackery and that pharmacies are misleading people by selling these remedies.

This cynicism fails to critically consider homeopathy.

German physicist Samuel Hahnemann created homeopathy 200 years ago. Disillusioned by the leaches and purging in widespread use which did just as much harm as good, Hahnemann retired as village doctor out of a sense of duty to his patients. He resolved to investigate the problems concerning the practice of medicine by embarking on research and translation of medical documents.

Hahnemann discovered that some herbal medicines caused symptoms similar to the diseases they treated. For instance, cinchona — peruvian bark — treats malaria, but also mimics symptoms of malaria when taken by healthy people. This principle of 'like' cures developed into the "law of similars," the cornerstone of homeopathic medicine.

Ingesting substances to experience their

effects, Hahnemann learned that the substances often produced toxic effects, so he began to explore dilutions.

After much exploration, Hahnemann specified that one must 'succus' the remedies through vigorous mixing in addition to his dilutions, rendering many of his remedies absent of the original pharmacologically active compounds.

To a medical sceptic, homeopathy has all the makings of a fraudulent pseudoscience, yet it is the second most widely used medicine in the world after herbal medicine.

Many people, particularly the advocates of 10:23, dismiss homeopathy as being no more than a placebo, as if such a claim was enough to prove it wrong. It is true that our present science has failed to shed substantial light onto the workings of homeopathy, but that again doesn't prove it wrong. New advances in scientific exploration are happening every day. Who is to say homeopathy doesn't contain scientific mysteries yet to be discovered? The fact of the matter is that many people use homeopathy and it is an inexplicable boon to their bodies. Whether that boon was placebo or beyond the comprehension of present science is shadowed by the marked effect in many peoples' well-being.

Doctors have traditionally taken the hippocratic oath — "primum non nocere," first do no harm. 10:23 says that homeopaths cause harm by replacing doctors as sources of medical advice. With 106,000 deaths per year in America alone, attributed to improperly prescribed drugs, it's no wonder people choose homeopathy, which has caused no deaths to date.

In an era where it is too easy to be cynical and dismissive, we fail give many things the attention they deserve. Homeopathy has increased the well-being of many people, and still deserves our serious consideration.

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Dylan Jones
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“... The SU's biggest opportunity of the year is here; we have roughly \$1.5 Million dollars up for grabs, and we want our students, staff and faculty to put it towards a campus improvement project of their choice.”

worthwhile projects that have improved our education and made our student experience that much better.

Major improvements to the Student Centre, new clubs space, the SU Wellness Centre, improvements in a number of academic services such as teaching preparedness and creative learning opportunities, support to the new digital

library and much much more have resulted from Quality Money funding.

I am honoured to be part of a Board of Governors that believes that investing in the grassroots ideas of students and campus community members is a significant way to improve life on campus and help support academic success. Seriously, UofC, this is something we can all be proud of.

So, here's your chance to turn those complaints to solutions, and dreams into actions. UCalgary, I can't wait to see what you come up with this year!

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Visit www.su.ucalgary.ca for more info! This year's submission deadline is Nov. 24.

I think, I am, I know *nothing*

Louis Joubert
Gauntlet Opinions



Our era has been called the information age. The internet is available at the touch of your phone. If you still only use a computer for the internet, that means you're down right old-fashioned. Wikipedia, internet dictionaries and encyclopedias are our constant companions. Daily the media is bombarding us with new bouts of international information. Who killed whom — and when and where. Ever wonder how much of it is true? What if absolutely none of it is?

Philosophical skepticism is the belief that none of our beliefs about the external world are true. The belief goes back to a group in ancient Greece called Pyrrhonian skeptics, but where skepticism really took off was with a guy called René Descartes. Descartes pondered whether he could be certain about anything he knew or thought he knew. He felt that he could doubt all his knowledge about the external world. There is no reason, thought Descartes, why the external world is not a deception created by an evil demon. A modern version of this is the film *The Matrix* — we're all living in a computer simulation. Well, it all comes down to the fact that there is no reason for us to trust our senses. In fact, Descartes found that the only thing that he could

know for sure was the fact that he existed, because for him to doubt his existence, he would have to exist, coining the famous phrase "I think, therefore I am."

But let's take a closer look at this argument, because I'm sure that a few perplexed and dismissive faces are looking down on these words. So, is Descartes right in thinking that he must know that he is not in a



a distinction between two types of knowledge: sensory or experiential knowledge and non-experiential knowledge (such as mathematical knowledge) that does not rely on sensory knowledge. The skeptical problem claims that we cannot have any certain experimental knowledge. Thus, what can validate our sensory knowledge? The problem is that we don't have any immediately obvious reason to trust our senses. Think about that for a second. I suppose the argument stands or falls on whether you can give a reason for not believing that knowledge requires certainty.

Jean Baudrillard, the stimulating and visceral French sociologist, contends that reality has become suffused in "simulacra." Our world is so full of simulations and images of the things that the original has become indistinguishable from the copy. Our global village is a mere illusion, created by an overly-zealous media. Our endless summarizations and stereotypes of things have made them "unreal," or as Baudrillard prefers, "hyperreal." Baudrillard claims that the real reality does not exist anymore. Who would have thought that Facebook is a tool of the apocalypse?

So, there you have it. We are all hopeless, ignorant bastards, in a nonsensical world of knowledge chaos. Somehow, I don't think this is so far from the truth. Imagine that. Your girlfriend or boyfriend is just a psychological mechanism to curb your loneliness. Your parents are figments of your imagination. Your accomplishments

constant state of dreaming to have any sensory knowledge at all? Put differently, must we be 100 per cent certain of our senses before we can trust them? It needs to be understood that the skeptical problem relies on

are only results of your delusions of grandeur and everything you understand, know to be true and derive comfort from is the creation of your mind, possibly present in a post-apocalyptic, post-nuclear world of void, nothingness, emptiness, absolute solitude, crumbled civilization and shattered humanity. All that remains is your insane and traumatized mind surrounded by rubble, dust and chaos, inventing new ways to comfort yourself to avoid slipping into complete panicked delirium. Sounds like fun! Survival instinct has taken complete control, reminiscent of the non-civilized days, because if you were to realize the true nature of your surroundings your fragile psyche would collapse completely. How do you know that this is not true?

Looking for even more discussion? Check out our exclusive opinions stories online at thegauntlet.ca. This week we have Ben Rowe's *Rand preferred coffee, not tea.*



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Athletic wear: short shorts to NASA-engineered

by Justin Azevedo

Looking back at old photos of athletic apparel is always fun — the jerseys that were more holes than fabric in the '70s, the short shorts of the '80s and the skin-tight-revealing-way-too-much spandex of the '90s.

While athletic clothing of the past may be hilarious to look at, performance has always been behind the design.

Today, even our everyday clothing — shirts, pants, shoes, etc. — are designed with performance in mind. Design can start with something as simple as how quickly a pair of pants can dry but athletes need their clothing to go further than that.

"I think the clothes make you more mobile," said Eric Dzwilewski, the quarterback of the Dinos football team. "At the very least you don't have to worry about the clothes slowing you down because they're stuck to your body."

The biggest selling point of Under Armour, one of the largest sportswear brands, is a technology that transfers sweat from the surface of the body to the outside of

the clothes making the body cooler — pores are not blocked by sweat and heat can vent freely. This wicking action is something you won't find in a cotton t-shirt, where the sweat soaks through the fabric on both the inside and outside of the clothes.

"The cold gear is pretty cool," says Dzwilewski of Under Armour's clothing designed for use in cold environments. "It's able to keep the sweat away from your body and keep your core temperature low enough that you won't be artificially dehydrated, but it keeps you from freezing your ass off on the football field."

The difference between this fabric and a frozen cotton t-shirt is, needless to say, immense, especially with a sport like football where equipment might need to be vary for different positions. One of the most intriguing pieces is the

'sleeve,' a compression chamber for the arm. According to the *Journal of Sports Sciences*, compression gear can impact an athlete's recovery time quite heavily — a study claims a 27 per cent quicker recovery time after five minutes of strenuous activity to the part of the body with the compression gear on.

"It keeps your arm really warm and that's what you want as a quarterback. Keeping [the arm] tight is important — it prevents injury and helps to make sure there isn't extra muscle movement when you're throwing. I think it has helped my accuracy for sure."

But as is the case with any debate that contains reasonable doubt, there are those who suggest the benefits from this type of cloth-

ing are mostly placebo. Certainly there are instances where you could directly observe the effect of the clothing in wicking away sweat, but you wouldn't be able to see the actual effect on a bicep. Dzwilewski agrees with the suggestions of the placebo effect, at least on the surface.

"I think it can be more mental than anything else — you don't really have to worry about the clothes while they're on and they're tight on your skin."

But for Dzwilewski, a placebo effect is just fine.

"If it's going to make me play better out on the field, then it's great — whether or not it's in my head or actually happening, if I think it makes me better then I'm all for it."

NASA developed spin-offs, consisting of athletic wear based on technologies and materials developed for the space program. In the 1984 Summer Olympics, the American team used 'riblets' — NASA designed sportswear with v-shaped grooves with angles that point in the direction of air flow. The same technologies were used in competition swimsuits.

According to the NASA website, the swimsuits "were found to bring competition results 10 to 15 per cent faster than similar swimsuits."

Although this doesn't mean you can put on a NASA designed swimsuit and turn into Michael Phelps, it can perhaps cut your speed down by 0.2 seconds, the difference between the first and second world record for the 100-metre freestyle.



Colin Snyder/the Gauntlet

Scars left behind in Dinos and Huskies battle

The Dinos women's soccer team tie the University of Saskatchewan Huskies on Oct. 16 in Calgary responding to a 0-3 loss to the University of Alberta Pandas. After their second battle with the U of S this season, the Dinos are 1-1-0 against their Huskie rivals. The Dinos controlled the first half of the game after a goal by forward Sarah Benson 11 minutes into the game. The U of S responded after 48 minutes with a goal.

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Erin Shumlich
Gauntlet Sports

Speed skaters from around the world gathered at the grand opening of the Olympic Oval on Oct. 15 to iron out some kinks from the summer. Teams have been on the ice for three weeks gearing up for World Cup trials at the end of the month, where skaters will race for the chance to represent Canada in a battle of blades against the world's finest.

Kevin Crockett, Oval program long-track coach, said the next few weeks are going to be tough for skaters who will be training hard for a spot on the Canadian team.

"We have some pre-qualified speed skaters and some speed skaters who are trying to make their way onto the National Team," he said.

The World Cup competitions will be scattered across the world for the 2011-12 season. Skaters who qualify will have the opportunity to race in Russia, Kazakhstan, China and more.

The races on Saturday were



Adrienne Shumlich/the Gauntlet

Speed skaters warm up before World Cup trials.

light-hearted and fun, providing a chance to spread the word about speed skating and the world-class facilities available in Calgary.

"It's kind of like practice racing, nothing too serious," said Crockett. "[We're trying to] Iron out some kinks and rust and trying to fine tune a bit."

Alberta's junior athlete of the year in 2011, Gilmore Junio, said he is looking forward to another

year of skating.

"We use these races to get ready for the trials," said the third-year University of Calgary kinesiology student. "[We're] Just trying to get some of the cobwebs out from the summer and getting ready to do the trials."

In his ninth year speed skating, Junio said it has been a long road, and it all comes down to making the Canadian team.



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The Dinos this week

Thursday, October 13

WOMEN'S RUGBY: Dinos 7, U of L 51 (in Lethbridge)
MEN'S BASKETBALL: Dinos 76, Windsor 71 (non-conference in Windsor)

Friday, October 14

FOOTBALL: U of S 8, Dinos 20 (in Saskatoon)
MEN'S BASKETBALL: Western 75, Dinos 83 (non-conference in London)
WOMEN'S BASKETBALL: Western 64, Dinos 56 (non-conference in London)
MEN'S VOLLEYBALL: Montreal 0, Dinos 3 (non-conference in Kingston)

Saturday, October 15

FIELD HOCKEY: U of A 0, Dinos 2 (in Calgary)
WOMEN'S SOCCER: U of A 3, Dinos 0 (in Calgary)
MEN'S SOCCER: U of A 2, Dinos 0 (in Calgary)
MEN'S BASKETBALL: Transylvania 68, Dinos 62 (non-conference in Windsor)
MEN'S BASKETBALL: Western 75, Dinos 83 (non-conference in London)
WOMEN'S BASKETBALL: Wilfrid Laurier 55, Dinos 58 (non-conference in Toronto)
MEN'S VOLLEYBALL: UBC 3, Dinos 2 (non-conference in Kingston)

Sunday, October 16

FIELD HOCKEY: U of A 0, Dinos 1 (in Calgary)
WOMEN'S SOCCER: U of S 1, Dinos 1 (in Calgary)
MEN'S SOCCER: U of S 0, Dinos 1 (in Calgary)
WOMEN'S RUGBY: Dinos 10, U of A 25 (in Edmonton)
WOMEN'S BASKETBALL: U of S 57, Dinos 52 (non-conference in Toronto)
MEN'S VOLLEYBALL: UNB 0, Dinos 3 (non-conference in Kingston)

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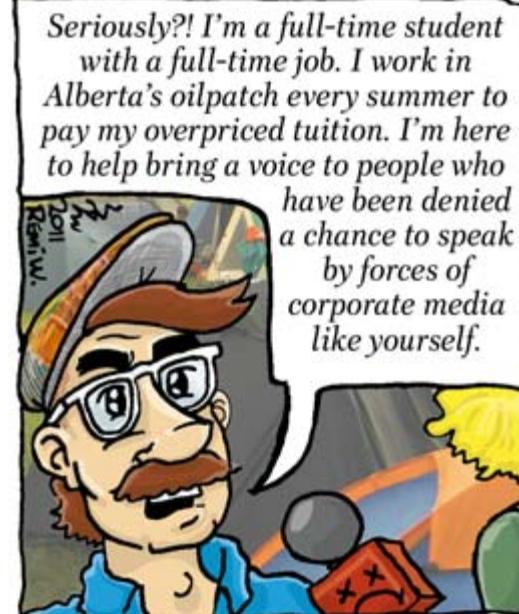
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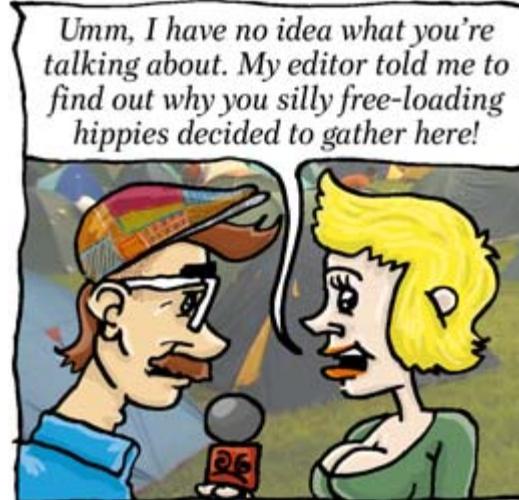
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Need more info? Want to apply?

Contact Evelyn Cone, Business Manager, Room 319 MSC or phone 403.220.7380. Applications are available in Room 319 MSC. Application Deadline is Wednesday, Oct. 26, 2011 at 5 pm.

