

U N I V E R S I T Y O F C A L G A R Y

gauntlet

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CONCUSSIONS

**Not just a black
and white issue**

Page 16





STUDENTS' UNION HAPPENINGS

NOG fest

@ North Courtyard
December 5th-9th. 11-2pm

MONDAY - FRIDAY
UGLY SWEATER SALE



MONDAY - FRIDAY
TOY MOUNTAIN



WEDNESDAY
SANTA PICS



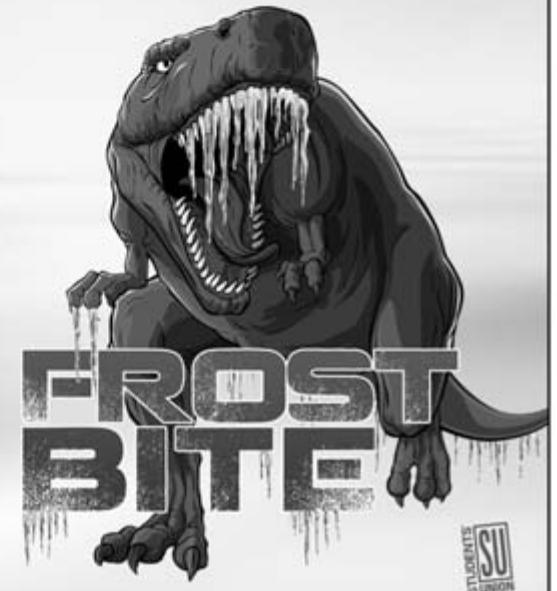
THURSDAY
MAKE YOUR OWN



Live Music @ TES! Dodgeball!
Cabaret! Gingerbread House Contest!

Shake off the winter blues and win a ski trip for you and nine of your friends! Enter a team to compete in the U of C's inaugural Frostbite competition, January 23rd to 27th!

Registration dates are December 5th to 16th. For more information or to register your team, go to www.su.ucalgary.ca/frostbite



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NOMINATION DAYS:
FEBRUARY 13-15, 2012



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Golden Spatula



Rheanna Houston

"Francis Fukuyama, while certainly an intelligent fellow, clearly misunderstood western democracy's place within the Hegelian twists and turn of history."

First, to all of you who wrote in last week: no, the Golden Spatula award is *not* a place to showcase the last man at the end of history. Rather, the Spatula is truly the Gauntlet's highest honor, wherein we recognize one special volunteer's ability to give a properly Hegelian reading of our modern times. This week we would like to thank *Rheanna Houston* for all the promoting of ethics, singing of songs, last-minute story writing, photo posing and general pleasantness of your personality. Thanks Rheanna, you're far better than the neoconservative politics of Francis Fukuyama!

Furor Arma Ministrat

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The Gauntlet is the official student newspaper of the University of Calgary, published most Thursdays throughout the year by the Gauntlet Publications Society, an autonomous, incorporated body. Membership in the society is open to undergraduate students at the U of C, but all members of the university community are encouraged to contribute. Opinions contained herein are those of the individual writers, and do not necessarily represent the views of the entire Gauntlet staff. Editorials are chosen by the majority of the editorial board. The Gauntlet is a forum open to all U of C students but may refuse any submission judged to be racist, sexist, homophobic, libelous, or containing attacks of a strictly personal nature. We reserve the right to edit for brevity. Grievances regarding the Gauntlet follow a three-step process which requires written decisions from the Editor, the GPS Board of Directors, and the Ombudsboard. The complete Grievance Policy is online at: <http://thegauntlet.ca>. The Gauntlet is printed on recycled paper and uses a garbage juice-based ink. We urge you to recycle/bathe the Gauntlet.

Letter Policy

Letters must be typed, double-spaced and received by Monday at 4 p.m., and must include the author's name, student ID number, telephone number and signature. Letters will not be printed if they include attacks of a strictly personal nature, statements that discriminate on the basis of race, sex, or sexual orientation, or libelous or defamatory material. All letters should be addressed to "Editor, the Gauntlet," and be no longer than 300 words. The Gauntlet retains the right to edit submissions. Letters can be delivered or mailed to the Gauntlet office, Room 319 MacEwan Students' Centre, or sent by email to editor@thegauntlet.ca.

Pulling out, yet needing protection

Canadian environment minister Peter Kent is currently meeting with the international community to discuss climate change at the Durban Conference. On the agenda is the future of the Kyoto Protocol. The international agreement to reduce carbon emissions is set to expire next year and Russia, Japan and Canada have said they will not negotiate any further contracts. There is even speculation that Canada will pull out of the accord entirely.

Kent says Canada will find other ways to cut back on pollution and carbon emissions, citing Canada's recent commitment to provide \$600 million over the next five years to improve air quality. However, pulling out of Kyoto would put yet another blight on Canada's environmental record. Canada is not pulling out of Kyoto because it believes the protocol has shortcomings that need to be addressed, which it does, but rather because economic strength and international power is more important than a sustainable Earth. Our current government has not shown any recent actions indicating that "yes, we do care about the environment."

Under Kyoto, Canada agreed to cut emissions by six per cent below 1990 levels. But by 2009 Canada instead increased emissions 17 per cent above the 1990 levels.

This past year Harper has also cut more than \$200 million in funding for environmental research and

monitoring. Programs affected included the Canadian Environmental Network and the Ozone Monitoring Network, which played a prominent role in finding the first-ever ozone hole over Canada. As well, the Conservatives continue to subsidize the oil and gas industry, one of the world's most profitable industries, but also one of the most environmentally destructive. The subsidies have been under international scrutiny and in 2009, Harper promised to end all annual public subsidies. That has yet to happen.

In fact, Canada is ranked 28th out of 30 nations for environmental stewardship in an Organization for Economic Co-operation and Development study. It is with this type of record that Kent says developing countries have no excuse not to agree to lofty emission reduction targets. They should not be allowed to cite the emission records of wealthy, developed countries as an excuse. He says the large emitters such as China, Brazil and India must also agree to the international binding emission targets before Canada will.

The "I won't do it until they do" attitude of Harper's government is extremely adolescent. Besides, China reduced its emissions 19 percent between 1997 and 2000, while growing its economy by 15 per cent. This is more than Canada has to show for itself. Developing nations are still struggling to develop industry and grow a stable economy. Heavy emis-

sion regulations constrain development. Canada and other developed nations are responsible for historic carbon emissions during our industrial revolution, which allowed us to achieve our current position of wealth. In 2007, Brazil president Luiz Inácio Lula da Silva said, "The wealthy countries are very smart,



approving protocols, holding big speeches on the need to avoid deforestation, but they already deforested everything [in their own countries]." It is obvious Canada is not interested in environmental stewardship, but rather power for power's sake. Canada has a head start over developing countries, and is not about to let them catch up, even if that means sacrificing the environment. Taking the lead to address global warming should not be seen as cumbersome, but rather an opportunity, allowing Canada to develop economic dominance in the emerging 'green' industry. We need to do what is in our power to ensure global warming doesn't continue to melt arctic icecaps and flood major cities. NASA satellites show that the permanent

ice cover is diminishing at a rate of nine per cent per decade and sea levels have been rising dramatically. By 2030 sea levels are estimated to rise 10–20 centimetres.

Kent states that Canada will be its own watchdog when it comes to measuring emission reduction targets. Canada's new carbon emission reduction goal is less ambitious than the previous Kyoto agreement. The new target will cut greenhouse gas emissions by 17 per cent below the 2005 level within the next 9 years. Canada will set its own limits that will not impede economic development, says Kent. Canada has a bad record of policing itself. Continuous audits by Canada's commissioner of the environment and sustainable development and the auditor general indicate failings in the federal government to protect the environment. Critiques by the commissioner include lack of action to protect biological diversity and decrease global warming, inability to protect and restore the Great Lakes, inadequate management of fisheries, pesticide and toxic chemical control as well as not adequately safeguarding Canadians from the risk of smog. Without the international community's pressure Canada most likely will not adhere to its environmental policies.

Harper government, Kyoto protocol may not be for you, but climate change is here, and Canada needs to take action — no more excuses.

Gauntlet Editorial Board

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Correction:

In last week's story "Students continue freedom of speech fight against U of C" [Nov. 24, 2011] we stated that Tim Boyle, the Pridgens' lawyer, said that the Canadian government already has control over universities. Boyle, in fact, stated that the provincial government has such control. Also, we wrote that in 1990 the Supreme Court of Canada ruled that the University of Guelph was in violation of the Charter, when in fact the Supreme Court ruled that the Charter didn't apply to universities. Sorry.

Haskayne creates strategic plan

New plan aims to put business school in the top five

Susan Anderson

News Assistant

The Haskayne school of business has created a new strategic plan. Within the next five years, Haskayne plans to be one of the top five business schools, in line with the U of C's strategic plan to be in the top five research universities by 2016.

"We have three areas of focus: one is ethical decision making, second is entrepreneurship, and third is energy," said Haskayne associate dean academic, priorities and planning Jaydeep Balakrishnan. "It doesn't mean that we are giving up on functional areas of business like finance and accounting, but what we are saying is given that we are in Calgary, and the business school is named after Mr. Haskayne who is known for being an ethical business leader, and second given that Calgary is an entrepreneur city and that it's Canada's energy capital, that's what we would like to leverage our business school on."

Haskayne School of Business Dean Leonard Waverman started the process for the plan when he became dean in January 2008. All the faculty members were consulted, along with staff, students and external business people. The plan is more detailed and long-term than previous plans.

"I think that the strategic plan is a good idea," said Beverly Osborn, president of the international business association. "Every organization needs to re-evaluate its strategy every once in a while."

The initial draft of the document was sent to then Commerce Undergraduate Society president Daniela Montgomery in early



Aly Gulamhusein/the Gauntlet

The Haskayne School of Business released its strategic plan this fall.

2011, who arranged a town hall for students. Students' Union faculty representative Chris Palmer went around to all the business clubs, and through these actions, Montgomery, Palmer and a third student were added to the committee to draft the document.

"They had a really thorough consultation process. I know I was asked for my opinion on the strategy a number of times," Osborn said, citing forums, student clubs and her SU rep as ways she was approached. "Personally I was excited about the research component."

There are many ways Haskayne is implementing the plan, including tighter student-staff-faculty interaction, and enhancing research.

"We're actually undergoing a bcomm review and so we hope that at the end of that process, the bcomm will have more

emphasis on some of these things, especially leadership and ethical decision-making," said Balakrishnan. "We are taking steps to improve our reputation

/// We are taking steps to improve our reputation in these specific areas because we feel these are the advantages of being a business school in Calgary.

— Jaydeep Balakrishnan, Haskayne associate dean academic, priorities and planning

in these specific areas because we feel these are the advantages of being a business school in Calgary."

The bcomm review will be completed in the next few months, and will be implemented in fall 2013.

SU faculty rep Chris Palmer

voiced concerns that perhaps Haskayne has too many concentrations, "but that's something that differentiates us from, say, Mount Royal, or even some

of the big Canadian schools," he said.

"They are going to look at the programs and try to streamline them, and make sure they are delivering them in the way students want," said Palmer.

Haskayne is hoping to get funding from outside the univer-

sity for more experiential learning in the bcomm program such as case analysis, job placement, and field days.

"Any time we can show the student that this exists outside the textbook that's what the faculty want to do," said Palmer, adding, "I firmly believe we don't get enough cases in our programs." Palmer has competed in case competitions for two years.

Haskayne plans to set up centres for entrepreneurship and leadership. The leadership centre is planned to open next summer. The students asked for more courses involving entrepreneurship and ethical leadership as well.

The strategic plan has four broad keystones noted in the 2011 Report to Community: the Haskayne experience, continuous program improvement, enhanced research, and engagement. The Haskayne experience focuses on ethical leadership, entrepreneurship and energy. Continuous program improvement incorporates new teaching tools, learning from prior success in case competitions, and experiential methods to enrich teaching. Enhanced research will help meet president Elizabeth Cannon's commitment to research and the improvement of ranking results. Engagement creates a culture that encourages participation, inspires innovative contributions, and celebrates achievements.

"We're tied in well to the Calgary business community," said Osborn. "Being able to say that we have a focus on energy and entrepreneurship and the environment is a good sales pitch and more than that, it's true."

What do you think of the University's plan to become a top five research school by 2016?

CAMPUS QUIPS



"I think the quality of teaching will go down if research is the priority."
— Meredith Crough, fourth-year development studies



"I think it's great for the undergrads."
— Brendan Melanson, fourth-year mechanical engineering



"It'll help to develop innovative thinkers and skills for the future."
— Morgan Foret, second-year biological sciences



"Should be spent for student use instead of trying to buy fame."
— Steven Blank, fourth-year computer engineering

E-books available at U of C bookstore

Electronic books solution for some, but not all, problems

Erin Shumlich
Sports Editor

Electronic books have become more readily available in recent years. Book lovers across Canada now have access to hundreds of thousands of books available through the internet.

Google, the popular search giant, launched a new type of e-book in Canada on Nov. 1, a year after its initial launch in America, and will be in competition for other online book retailers like Amazon and Kobo.

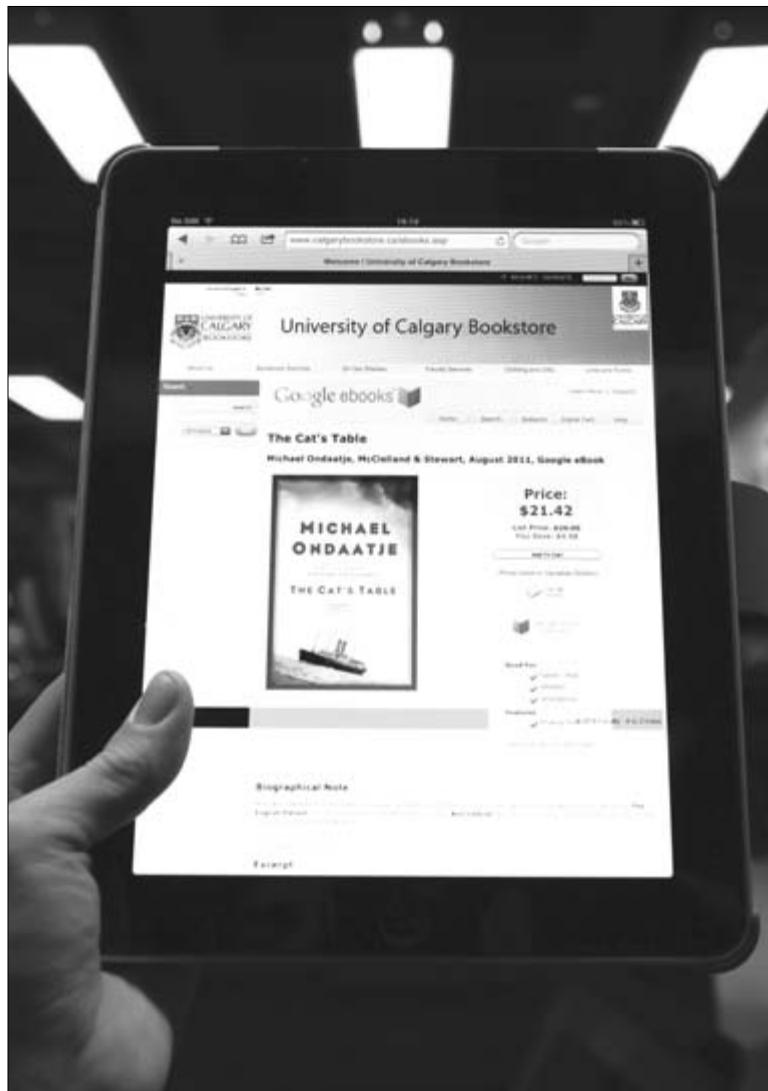
In addition to the books available for purchase at Google's store, more than two million books will be available free for download.

The University of Calgary has been working with Google e-books for 18 months in order for the e-books to be made available to the campus community at the same time as the Canadian launch. Google e-books were also made available at 18 other campus bookstores nation-wide.

The U of C bookstore was one of the first e-book sellers in Canada and has been selling e-books for eight years, but University of Calgary bookstore director Brent Beatty said they have not been a popular purchase for students.

"E-books have not been a big seller on campus," he said. "The usability has not quite reached that point where students can really utilize it, but it's a good option for students."

Google e-books will sell primarily novels, but Beatty said textbooks might be sold in the future. Elec-



Ben Hilborn/the Gauntlet

iPad's are one electronic device that can be used to read e-books.

tronic textbooks have been available to U of C students for four years.

The Google e-book uses Google Cloud, a program different from other e-readers. The Cloud program allows the e-book to be available wherever there is an internet

connection and in an open format that is compatible with almost any device, whether it's an Apple product, e-reader or smart phone.

Beatty said the Google e-book has many advantages, including compatibility and cost. The price is set

75

per cent of Bibliothèque et Archives Nationales du Québec's e-books in English. There are significantly less French e-books available in Canada.

2010

the year Amazon.com reported sales of e-books outnumbered sales of hardcover books. In January 2011 the same became true for paperbacks.

by the publisher, making it cheaper than a printed book.

Online e-book sales have been steadily increasing. In an Amazon press release, the company said it sold three times as many Kindle books in 2010 than it did in 2009 and for every 143 e-books sold on its website, 100 hardcovers were sold during the same time frame.

Karlene Nicolajsen, who works at Shelf Life, an independent bookstore in Calgary, said the sales of e-books have hurt the sales of independent bookstores.

"Every independent bookstore in North America is struggling," said Nicolajsen. "They are closing everywhere."

Despite plummeting sales, Nicolajsen said there is a certain appeal with paperbacks that will never disappear.

"Everyone said television would kill the radio, but the radio is still around," she said. "There is a specific audience who wants books, buys books and come here for our books."

1971

the year American Michael Hart created the first e-book. It was the United States Declaration of Independence.

15

number of titles, in the millions, Google has digitized. Currently Google provides access to three million public domain titles.

We still have a customer base that wouldn't want to go on Google Books in the first place."

Nicolajsen said e-readers change the way people read.

When you have a book, you know how big it is, but with an e-reader you don't. I can see people having trouble studying off an e-reader."

For students, however, there may be advantages to using e-books.

"I think it's an option that should be available," said fifth-year business and actuarial science student Alexander Goh. "Everything is going more technological. I think a lot of students in the future will use it. People are trying to lower how many things they carry to school and how many textbooks they have to have, but I would never use it because staring at a screen is hard to do and might not be the best choice for everyone, especially if you are studying for long hours."

Google e-books are available for purchase online through the U of C bookstore website at calgarybookstore.ca.



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Legal assistance available to students

Paula Alvarez
Gauntlet News

Students with legal troubles do not have to go far to receive help. They can use Student Legal Assistance here on campus. Anything from traffic violations, academic appeals or landlord violations can be addressed by law student volunteers at SLA.

SLA is a nonprofit legal clinic provided by the Students' Union and the Alberta Law Foundation since 1979 for all undergraduate students at the University of Calgary, as well as for the Calgary community.

Legal assistants are students from the University of Calgary's faculty of law. Students providing the assistance are monitored by a



Aly Gulamhusein/the Gauntlet

Maureen Mallett stands outside the Student Legal Assistance office.

lawyer who specializes in the subject matter of each case. Students are offered seminars that guide them through the process and procedures of each case.

"For students who are in law school this is not mandatory. It is a voluntary program in which they can enter to gain more experience for the court rooms especially," said Heather Beyko, second-year law student, who has volunteered

at the SLA for the past year.

SLA executive director Maureen Mallett said Alberta is a very unique province as it allows students to act in defence of the person on trial.

"Students are able to act as

agents in a provincial court as long as they are in a legal clinic at a university with a supervising lawyer. Students can work for the entire case. They interview the clients, do the legal research, they do mediation, prepare for trial, run trial, do division in court, guilty pleas, and we work in the civil family and traffic division at the provincial court."

Currently, there are 135 U of C law students serving as volunteers in the program, during the last year there were 1,600 appearances in court.

Mostly provincial court files are managed by the SLA, Beyko specified. "Basically what that means is that we are only eligible for claims under \$25,000. The next level up would be Queen's Bench and we would need special permission to go there."

All full-time U of C students pay \$1.75 to the SLA through their Students' Union fees.

However, not many students know about SLA.

Mallett mentioned that only 25 per cent of the people coming to receive the services are students. The remaining 75 per cent are low-income community members who have found out about SLA through different sources.

First-year arts student Cassidy Nielsen did not know about SLA previously. "I can't believe it isn't advertised more. That is an awesome deal," she said. "I think that the only thing that isn't beneficial about it is that it is such a well-kept secret, that more students aren't benefiting from it."

SLA has been trying to increase awareness about their services by displaying pamphlets around the university campus.

"Going into law school, I thought that I was too shy to be in a court room," said Beyko. "Yes it's scary, but when you leave you just realize you have made a difference in somebody's life."

For more information visit the Student Legal Assistance website at sla.ucalgary.ca

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Erick Maleko/the Gauntlet

New trading lab opens in Haskayne

The N. Murray Edwards Trading and Finance Lab officially opened Nov. 30. The lab will allow students to learn how to use trading systems such as Bloomberg and Thomson Reuters. Murray Edwards — a prominent Calgary business man — donated half a million dollars to the facility. In Wednesday's grand opening he said, "Through the support of this initiative, industry is recognizing the important role the University of Calgary plays in the community. This is our way of thanking the school for the important role that it has played by training and providing us with the future leaders of our economy. If we can provide students with tools to better understand the markets, I am very confident that the students of this school will be well-trained to be the future leaders of the business community in Canada, sustaining and improving the quality of life and keeping our nation competitive in the marketplace."

Adopt-a-grandparent program makes the holidays better

Manal Sheikh
Gauntlet News

The Adopt-A-Grandparent program has been run by the Calgary Resource Centre for approximately four years. It relies on volunteers to 'adopt' a grandparent for the season to provide company and companionship to seniors.

The volunteer pays a fee of \$100 which goes towards filling a stocking for the grandparent. Volunteers also make once a week visits to the seniors to talk.

Seniors are faced with continual challenges, such as isolation, loneliness, abuse, depression and illness.

Adopt-A-Grandparent helps seniors stay connected to the community with visits made by volunteers. The sponsored seniors also receive gifts from the program.

Community Relations Manager Anastasia Stevens said the program has grown in recent years.

"The turnout is increasing and we have a conservative estimate of about 250 stockings being filled," she said. "This program really tugs at the heart-strings."

Gareth McVicar, student leadership program coordinator at the Student Success Centre, said seniors have a wealth of knowledge to share. "All the things they've seen, all the things these seniors have done, it's a whole generation before technology."

McVicar runs leadership programs on campus, engaging with communities on and off campus.

"This program is really effective because you understand how you made a difference by the simple fact that it's face-to-face," said Stevens.

cjsw on-air guide

	sun	mon	tues	wed	thurs	fri	sat		
5:30	cjsw echo chamber	some velvet mornings	morning joy	syncopation nation	morning joy	my two cents flat	tea time with annie (continued)	5:30	
6 am								6 am	
6:30								6:30	
7 am	alternative radio	breaking the tethers	am mixtape	the morning after	soapbox derby/ the get up	the house blend	democracy now!	7 am	
7:30								7:30	
8 am	counterspin						bunte welle german	8 am	
8:30	eritrean radio	morning mix — with BBC updates on the hour from 6 am - 9 am every weekday							8:30
9 am	hrvatski radio croatian							9 am	
9:30								9:30	
10 am	radio pilipino filipino	her royal opinion	outside the lines experimental / classical	instant gratification: revoked!	mind folk'd roots	up for it	calgary vietnamese radio	10 am	
10:30								10:30	
11 am	buscando america spanish	students' union weekly	spooning & forking	alternative radio	democracy now!	narrowcasted news	hellenic melodies greek	11 am	
11:30								11:30	
12 pm	deztination worldwide	roger that	the via lactea caboose	freewheelin' sponsored by republik	pillage the people/ my public shame	daydream dance party sponsored by beatroute magazine	speaking in tongues roots	12 pm	
12:30							double entendre preserves	12:30	
1 pm								1 pm	
1:30	contramandatum						flip your wig	1:30	
2 pm		the new classics	white lodge/ black lodge	off duty trip	truffle shuffle	my allergy to the fans sponsored by lubby dog	music to my ears	2 pm	
2:30								2:30	
3 pm	knotted roots							3 pm	
3:30								3:30	
4 pm	mental illness	aubrey's shindig sponsored by the drum & monkey	electric company	halfway home sponsored by local 522	alternative to what?	road pops sponsored by fivd weekly	level the vibes	4 pm	
4:30								4:30	
5 pm								5 pm	
5:30								5:30	
6 pm	breaking techniques	french transe en danse	desi vibes	carnival mix	that's so gay!	musiquarium	voice of ethiopia	6 pm	
6:30							radio oromia	6:30	
7 pm	mind grapes	south louisiana gumbo roots	tombstone after dark roots	the blues witness roots	folkcetera roots	the dubble bounce	oh africa!	7 pm	
7:30								7:30	
8 pm	katharsis	yeah, what she said	artslink	writer's block		full moon funkalicious	nocturnable	8 pm	
8:30		fat beat diet		lift the bandstand	noise experimental / classical	dirty needles		8:30	
9 pm			least side story					9 pm	
9:30								9:30	
10 pm	that's classical? experimental / classical	the spin evolution	radio boys in the shortwave mystery	good character req./ estate sale	funk senden	what will the neighbors think?	megawatt mayhem metal	10 pm	
10:30								10:30	
11 pm		each one teach one	urban sex	am i right??	the twisted brainwong	remote emissions		11 pm	
11:30								11:30	
12 am	translucent dreams	sweet chin music	twilight banter	blue collar bravado	bass ackwards metal	dna	attention surplus disorder	12 am	
12:30								12:30	
1 am	sunday night groove school					the mix up		1 am	
1:30								1:30	
2 am		the third rail	the freak show	the robotic uprising	rage cage metal			2 am	
2:30								2:30	
3 am	straight on 'til morning					tea time with annie	latin beat	3 am	
to 5:30								to 5:30	

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MUSIC MIX | BEATS | NEWS / SPOKEN WORD | JAZZ | MULTICULTURAL

Fuel for Gold opens in MacHall

Josh Rose
Gauntlet News

Nutritious food options in MacHall have always been a concern for students. With options like Pizza 73, Tim Hortons and A&W, students are not always getting the nutrients they need.

Fuel for Gold, a recent addition to the MacHall food court community, is trying to provide students with a healthy choice. Fuel for Gold opened in MacHall early this semester. Originally a lunch program offered by the Canadian Sports Centre Calgary for registered athletes, Fuel for Gold is expanding to University of Calgary students and faculty.

In 2007, Fuel for Gold partnered with the U of C and Chartwells to serve food in the dining centre. The partnership was successful, but Fuel for Gold wanted to reach more people.

"There was already a relationship between the university and the Fuel for Gold program. Mak-



Aly Gulamhusein/the Gauntlet

A student orders lunch from the new Fuel for Gold kiosk in MacHall.

ing the move to include the entire university population just made sense. It was a chance for us to grow some more and give back to the community," said csc director of marketing and partnerships David Haughton.

All of their food is cooked and prepared in the back of the MacHall kiosk — homemade sauces, no cold cut meats or frozen products.

Fuel for Gold's coffee is provided by Phil & Sebastian Coffee Roasters. Phil Robertson and Sebastian Sztabyb have been named part of Calgary's Top 40 Under 40 this year.

"It's a marriage between great food and a wine to go with it, so to speak. We have water, juices and Gatorade like other kiosks, but we also wanted a good quality cof-

fee and not just a classic drip, run of the mill coffee," said Haughton. "We wanted to align ourselves with another company that takes the same care toward its product like we do. Phil and Sebastian do just that."

The main differences between the dining centre and the MacHall kiosk are the variety of products available, business times

and the speed the food is delivered. As with most kiosks in MacHall, the \$5 'grab and go' concept is key to which products are available.

"The dining centre is only open for a couple hours a day, but the kiosk is open all day. It's easier for me to get to the MacHall location than it is to the dining centre," said Canadian skeleton athlete Micaela Widmer. "It's great to go to a food place that uses high quality ingredients. It takes a lot of thinking out of what I'm going to eat as an athlete."

The original purpose of the Fuel for Gold program was to provide high-performance athletes with affordable and healthy lunch options.

"Just to have a healthy place that is fairly priced in MacHall is great for students busy with exams and whatnot," said Widmer. "Before I became an athlete I always thought it would be cool to be eating the same thing as olympians."

Proceeds made from the kiosk and the Dining Centre go to sponsor local organic ingredient growers and athletes.

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watch me move

glenbow
museum celebrates
legacy of animation
with media-based
exhibit



courtesy KRÁTKÝ FILM PRAHA a.s.

Graham Rapson
Gauntlet Entertainment

“It moved! It was alive!” exclaims French animator, comic writer and Academy Award nominee Sylvain Chomet in the foreword of the book *The World History of Animation*. He recalls a time when he was a young cartoonist working in London, illustrating commercials during the day while working on his own projects in the evening.

One night he created a simple 12-drawing loop of an elderly bearded man playing a street organ. “It was magic, but real magic, not the kind you do when you know the trick,” says Chomet. “It tricks us without ever revealing itself. It is called ‘animation.’”

The magic that Chomet is talking about can be seen throughout *Watch Me Move: The Animation Show*, one of the current exhibits at Calgary’s Glenbow Museum. On display is a diverse selection of over 111 works of animation, including some of the earliest contributions to the 150-year-old craft, as well as some of the most famous and recognizable works.

It is divided into five main galleries covering two floors and identified by six interlinked themes. There is so much content that you couldn’t dream of watching each frame in a single visit. But don’t be discouraged — it doesn’t matter if you have the

whole day or just a couple of hours. Thanks to the ingenious setup, you can appreciate the content in any number of ways.

You can bounce from screen to screen and observe the countless styles of animation — the flashy computer-generated works of Pixar to hysterical clips from *The Simpsons* and *South Park*. Some of the most interest-

Melanie Kjorlien, Vice-President of Access, Collections and Exhibitions at the Glenbow.

This is *Watch Me Move*’s real triumph — its ability to blend pop culture and high art. Some animations may lack the polish of, say, *The Incredibles*, but they are no less important or captivating. In some cases, offbeat artistic techniques stop you in your

animations are examples of early experimentation — those from 19th-century scientist Étienne-Jules Marey contain as little as eight frames of something as simple as the opening and closing of a human hand, or a cat contorting its body to land on its feet.

Calgary is the only Canadian stop for the exhibition, which originated in London, England.

“It really is a world-class exhibition,” remarks Melanie on the unique logistical challenges presented to organizers. “An exhibit like this is unique for any museum. Not often is something this size media-based.”

Melanie also suggests taking some of the self-guided highlight tours to help you navigate the displays. Be prepared to return, though. “I personally know some people who have been back three times,” she says.

One can also view a wide range of full-length animated films playing continuously in a makeshift theatre. You can watch classics like *Tron* and *Animal Farm*, or more recent additions like *Toy Story 3* and *Up*.

From the young at heart to just the young, *Watch Me Move* offers something for everyone. It captures the essence, diversity and, most of all, the magic of animation.



Top and middle images:
Stills from *The Hand*, Czech puppet-maker Jiří Trnka’s 1965 short about artistic expression under totalitarianism. *The Hand* is on display at *Watch Me Move: The Animation Show* until Dec. 24.

ing and rewarding animations, however, are more obscure.

One of these is *The Hand* by Czech puppet-maker Jiří Trnka, an extremely moving short about the difficulties faced by artists under totalitarian rule.

“It sends a very important message,” says

tracks to, quite literally, force you to watch.

Take the “apparitions”-themed exhibit as an example — the physical setup is as hauntingly beautiful as the works on display. Here you will find some of the earliest animations, ranging in length from several minutes to just a few short frames. Certain

A new day for Sunshine Radio

Sean Willett

Entertainment Assistant

Remember in junior high, when you and some friends decided to start a band? Remember how you lasted about three months before breaking up? That is the case for most young bands, but not for Sunshine Radio. With three of its members fresh out of high school and the other a sophomore at Mount Royal University, this group brings together youth and experience in a wholly unique way.

The band's first incarnation, the blues-rock oriented Jacob's Ladder, was created five years ago by guitarist Tory Rosso and bassist Del Coburn, along with two other friends. After their drum-

mer departed they were joined by Jonny Diano, and after their other guitarist left they changed their name to Sunshine Radio. Their newest member, keyboardist Liam Grove, joined the band about two months ago, shortly after they recorded their first EP.

A band as young as Sunshine Radio is not a common sight in the Calgary music scene. But despite the obvious advantages that youth brings, it has also caused the band a significant amount of difficulty. "It sucks," admits Tory, "There's not a whole lot going on in the youth scene."

"You can only go so far with it," adds Jonny. "[All-ages] shows are fun to get your name out to the younger people, but they aren't all that useful."

The band does, however, acknowledge the benefits of playing these kinds of shows versus bar gigs.

"It was harder to get into the bar scene," Jonny explains, "but at the same time we've jammed and played so much that we're much tighter coming out than a lot of these bands that have already played at bars."

This experience has translated into confidence for Sunshine Radio. "We're definitely not shy about going up on stage," states Tory.

Having just finished their first legal bar show with many more on the way, it feels like a new beginning for the band — especially in light of the recent completion of their first CD, the *Sunlight EP*, recorded entirely with home equipment.

The band made sure this didn't result in any loss of quality, however. "I don't want to bash any lo-fi



courtesy James Bundy

Sunshine Radio's Tory Rosso provides guitar and vocals last Saturday at the Blind Beggar Pub.

bands," assures Liam, "but it's better to have production value, I'm not going to lie." It took them over

a year to record, but the end result is something that they're proud to share with fans.

The EP will soon be available on iTunes, but Sunshine Radio still prefers traditional formats. "Buy CDs still!" expounds an exasperated Jonny. Yet Sunshine Radio would rather have you go to their shows. "I think bands appreciate that more than anything else," remarks Tory.

Despite having only just finished their first bar show, Sunshine Radio is already preparing for their next performance. Their advice for other youth groups looking for gigs: "Don't be lazy. If you go out and look for he shows, you'll get them," assures Jonny.

With a new EP, upcoming shows, and a rare combination of youth and experience, the future looks bright for Sunshine Radio.

Check out Sunshine Radio on Facebook or at myspace.com/sunshineradioband


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Book review: *Dadolescence*

Sarah Dorchak
Features Editor

As children, we can be hard on our parents. In our minds and in accordance with stereotypes, parents are supposed to never falter and be without weaknesses. As *Dadolescence* proves, however, this childish idealization of our parents is false.

Dadolescence is the semi-autobiographical play-turned-book written by Bob Armstrong, a former *Gauntlet* editor and University of Calgary public affairs staff member, chronicling the oft-unseen life of a stay-at-home dad. The play, *Tits on a Bull*, was first performed at the 2007 Winnipeg Fringe Festival. With a humorous and cynical but insightful narrative that follows the character Bill Angus, this novel will leave you entertained, but ultimately underwhelmed.

The book follows protagonist Bill Angus. After working on his PhD dissertation for the past 12 years, Angus decides to focus on

the plight of the stay-at-home father as a point of anthropological study. Mix in a never-ending list of tasks, commitments and family members left disappointed, and Angus ends up wavering in both his dissertation and perceived masculine identity.

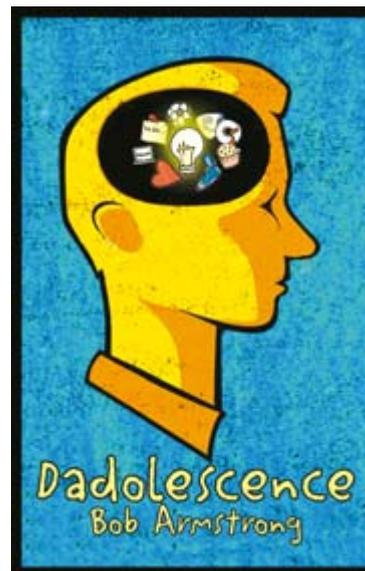
Armstrong focuses his novel on his character's fear of failure and defeat, and how his character encounters these things even while struggling against them. Both Armstrong and his character Angus show the reader that, whether you fail or succeed in riding the rollercoaster of life, it's normal to fail, disappoint, and not be as strong you think you should be.

Unfortunately, this novel's great theme is overshadowed by the structure of the narrative, relegating it to being no more than background noise. Only by the third or fourth chapter does Armstrong get into the meat of what *Dadolescence* is about. The narrative follows Angus's thoughts as he goes about completing his many to-do lists while

we hear his low self-esteem blaring out with every self-capitulating internal conversation. It's Angus's cynicism that will keep you entertained and reading, even if his character is unsympathetic and passive. This hypercritical and woe-is-me-type attitude grates on your nerves after awhile, especially when he only becomes an active character in the last five chapters.

Most of the plot happens in the last four or five chapters of the 24-chapter novel, which involve Angus attempting to fix his friends' lives (who also happen to be stay-at-home fathers) while ignoring his own problems. His actions become so reprehensible that any kind of sympathy you might have had for Angus melts away.

All of Angus's character development happens in the epilogue, but the development shown does nothing to comfort the reader after losing all sympathy for the main character and interest the story. The overall impression the novel gives is that the author,



courtesy Turnstone Press

Dadolescence, a semi-fictional account of suburban fatherhood, is the first novel by Bob Armstrong.

with nothing else to do with his own thesis notes, lazily turned it into a book just for something to do with the past 12 years of research. This may sound harsh, but it is an objective examination of a novel's inner workings.

This impression, shown mainly through the novel's poor structure, overrides the theme Armstrong tries so hard to establish.

This effect might only be due to the characteristics of the medium, though. Novels offer readers a kind of objectivity and separation from the characters, allowing you to criticize Angus's actions and decisions. Plays, however, are semi-participatory performances and make the viewer more likely to agree rather than criticize the main character. The structure of *Dadolescence*, wherein no conflict exists and the climax occurs in the last three or four chapters, lends itself more easily to a short play rather than a novel.

Ultimately, Armstrong's decision to merely transfer the structure of the play into a different medium instead of reconfiguring it will cause *Dadolescence* readers to feel disappointed in both Angus and the story overall.

Learn more about Bob Armstrong at bobarmstrong.ca and turnstonepress.com/dadolescence.html

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spun ALBUM REVIEWS



TOP TWENTY

- 1 **SPENCER JO & JOSEPH BARLEY****
The Kitchen Chorus Songbook (Self-Released)
- 2 **NOEL GALLAGHER** *High Flying Birds*
(Sour Mash)
- 3 **THE BEES** *Every Steps A Yes* (Fiction)
- 4 **CROOKED FINGERS** *Breaks In The Armor*
(Merge)
- 5 **OX* tuCo** (Cosmic Dave's)
- 6 **SPECTRALS** *Bad Penny* (Slumberland)
- 7 **WILD FLAG** *Wild Flag* (Merge)
- 8 **THE DO** *Both Ways Open Jaws* (Siamese Squids)
- 9 **PTERODACTYL** *Spills Out* (Brah)
- 10 **ATLAS SOUND** *Parallax* (4AD)
- 11 **CASS McCOMBS** *Humor Risk* (Domino)
- 12 **FOONYAP AND THE ROAR****
Foonyap And The Roar (Self-Released)
- 13 **JON MCKIEL*** *Tonka War Cloud* (Youth Club)
- 14 **BRY WEBB*** *Provider* (Idee Fixe)
- 15 **CAVEMAN** *Coco Beware* (Magic Man)
- 16 **TREEFIGHT FOR SUNLIGHT** *A Collection Of Vibrations For Your Skull* (Friendly Fire)
- 17 **LITTLE RED** *Midnight Remember*
(True Panther Sounds)
- 18 **THE DECEMBERISTS** *Long Live The King*
(Capitol)
- 19 **NEPTUNE** *Silent Partner* (Northern Spy)
- 20 **COWPUNCHER****
Call Me When You're Single (Self-Released)

JAZZ

- 1 **SAO PAULO UNDERGROUND**
Tres Cabecas Loucuras (Cuneiform)
- 2 **OLIVER JONES*** *Live In Baden Switzerland*
(Justin Time)
- 3 **BERNIE SENENSKY, GENE PERLA, BEN RILEY*** *Invitation* (P.M.)
- 4 **THE JIM HEINEMAN'S DREAM BAND***
Live@Lorraine's (Tima Town)
- 5 **MARK KIESWETTER/ROSS MACINTYRE***
Green Edge Sky, Green Edge Sun (Self-Released)

FOLK/ROOTS/BLUES

- 1 **SPENCER JO & JOSEPH BARLEY****
The Kitchen Chorus Songbook (Self-Released)
- 2 **THE DECEMBERISTS** *Long Live The King*
(Capitol)
- 3 **DINNER BELLES*** *West Simcoe County*
(Self-Released)
- 4 **VARIOUS**
This May Be My Last Time Singing Raw African-American Gospel On 45 RPM 1937-1982 (Tompkins Square)
- 5 **NATALIE MACMASTER*** *Cape Breton Girl*
(Eone)

SPOTLIGHT ON CALGARY



SPENCER JO AND JOSEPH BARLEY

This duo draws as much inspiration from Knucklehead as from their grandparents' folk songs. The result is phenomenal with totally honest tales and energy.
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KAT'S PICKS

- 1 **DUCHESS SAYS***
- 2 **BRIEF CANDLES**
- 3 **NUVE**
- 4 **M'MICHELE**
- 5 **CLOUD CONTROL**

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MIKE TOD AND THE BUFFALO LAKE KID
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BRENDAN MCGUIGAN Mon. Dec. 19
@ 9 am on *Breaking The Tethers*
LONNIE JAMES
Thurs. Jan. 5 @ 10 am on *Mind Folk'd*

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Markéta Irglová
Anar
(October 11, Epitaph Records)

When she was 18 years old, Markéta Irglová won an Oscar for composing the theme of the movie *Once*. She continued to perform with a co-star from the film as part of a group called The Swell Season. Now 23, Markéta Irglová has released her first solo album, *Anar*.

Irglová's music is beautiful. She provides the two pillars which hold up this album — its simple, yet elegant piano melodies, and its soaring, swaying vocals. Amazing backup vocals and other instruments support the songs, but it's clear from the start that this album is a showcase of Markéta Irglová's talent for writing and performing.

Sadly, Irglová's vocals are often too soft and too quiet to be understood clearly. Save for that, everything else about the album is magnificent and admittedly the soft vocals fit with the tone of the album.

The music is all written from a deeply emotional place. The simplest observations of the world around us become more beautiful, more sublime when paired with such music. The songs "We Are Good" and "Go Back" are amazing displays of Irglová's artistic talent. Also impressive is "Dokhtar Goochani," a song written in Iranian. I don't really know any better way to describe this album but as absolutely wonderful, from start to finish.

Alastair Starke



Nans & Nat
Victoria Nguyen
(October 28, independent release)

Think back to the days of '90s pop music — bubbly tunes, catchy choruses, and a plethora of "I like you, you like me" lyrical themes. Nans & Nat's debut album, *The Right Words*, is a variation on these themes that satisfies my bubblegum pop cravings, but its potency is most effective in small doses.

The Canadian electro-pop duo's first album confirms that the two have had experience with music production in the past. Nans & Nat purposefully attempt to create an experimental progression through the 10 tracks. Instead of sounding like a mash-up of random tunes, the album provides a smooth synth-driven narrative for the listener. Ultimately, while Nans & Nat's musical narrative is clearly heard, it progresses too slowly to be considered remarkable.

The first track, "Tell Me," follows conventional synth-pop structure with drum beats looped in with electro bass. The last track, "Quiet," includes more ambiguous static drops, which are interspersed among more melodic acoustic sounds.

Somewhere in between tracks 2 and 9, however, the consistent synths and robotic noise begins to sound repetitive and by the time the album is over, you end up feeling like you've just indulged in a sugar binge.

Victoria Nguyen



Lyrical Militant
Prelude to Revolution
(January 20, 2012, PBE Music)

Well, I definitely shouldn't have read Lyrical Militant's press package claiming that he was straight out of the mean streets of Winnipeg. Actually, I shouldn't have looked at the sleeve the CD came in either. The pictures on the front are so incoherently juxtaposed that they strip away any artistic merit I could afford to give him, and the self-indulgent photo on the back just looks like a guy trying to hustle me into a used car. That shouldn't mean the music is terrible though, right? Wrong.

A part of me knew this was going to happen. Regurgitating ideas from good and even sub-par rap songs and delivering them in a bland, generic style isn't a formula for good rap music. Take "Nach Le," for instance — the majority of the song is spent explaining how big of a bum the girl he's creeping on has, not to mention the copious amounts of intoxicants he claims to have ingested. Pity too, as the instrumentals for this song were a high point for this album.

In short, I think *Prelude to Revolution* a great listen for people who are less picky than me or who aren't bored of hearing rappers flog a dead horse. There are a couple of pretty good Middle-Eastern-inspired beats that could go somewhere with a more creative lyrical artist. Aside from that, I give this album 3 out of 10 Winnipeg hood shootouts.

Wyatt Anton

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Under fire: dead-end thinking

This week the opinions section takes as its goal the criticism of some of the dead-end beliefs, values and practices that have become prevalent in our politics and society.

Of mythic bootstraps

Remi Watts
"Lazy hippy fag"



You did not get to university, nor got through university, nor achieved the success you have on account of your hard work and determination, and if you think you did then you've convinced yourself of one of our society's most vicious, false and damaging lies. Shame on anyone who convinces himself or herself of the self-serving bias of self-driven-success.

The old adage, 'to pull oneself

individualism, and not the blatant falsity that its underlying meaning reveals it to be. Bootstrap-style arguments are guilty of the bias of self-made-success, echoing the sorts of fictional stupidities of self-determination that you'd find in one of Ayn Rand's harlequin romances.

Yes, I've worked hard, and yes, many others work hard too (that said, I'm slightly perturbed at the number of suburban kids claiming that their job at the mall is hard work), but success is determined by one's economic base and not how obsessively individualistic one can be. I consider myself quite successful relative to my peers and

success I've achieved.

No amount of personal anecdotes about one's suffering, striving, balancing of budgets, juggling of jobs or pure determination and effort lends any support towards the idea that success is self-created. Rather, such anecdotes reveal that the giver of personal fantasies of self-created prosperity is mired deep within a complex delusion of individualized grandeur, and have failed to approach themselves and the world with any degree of critical thought or humility.

Take, for example, the following two real anecdotes. The first is from someone who, for the sake of avoiding embarrassing her, we will call Sam. It is a prime example — echoed by countless numbers of people across North America — of the fantasy of self-made prosperity:

"I've paid for everything myself since I was 14. My car, my education, my rent, it's all paid for through my hard work. Considering the fact that I had nothing to show for myself other than my grades, I didn't play on sports teams and I wasn't part of school teams. I have multiple disadvantages against me, and to be honest, half the time I'm surprised that I didn't end up committed rather than in an institute of higher education. I work at a fucking shoe store for less than minimum wage plus commission (which most of the time still leaves me at less than minimum wage) and I've cut out all necessities that I don't deem necessary in order to pay my bills, yet for some reason I still fail to see the point of stomping around screeching bullshit and blaming the banks and CEOs who worked just as hard as anyone else to get to where they are. My dad is the manager of an oil company. Do I blame him and his colleagues for the fact that I can't afford cable and right now I work a shit job in order to pay my bills? No. I don't."

The second anecdote, from Christian Loudon (real name) is

MYTHIC BOOTSTRAPS, cont. pg. 15



up by one's own bootstraps, was once a hilarious metaphor used to mock those who had convinced themselves that their success in life could be attributed to their own labours and grit, and not the fortunate circumstances in which they existed. Somewhere down the line, as threads of history twisted, swelled and pulsed, the metaphor came to be thought of as a witty observation on the 'true capacities of man,' a metaphor encapsulating the misleading rugged

to many of the people I grew up with, but that success is not and should not be predicated on some absurd rugged individualism. The moral and financial support I received from family and friends, the strong ethics reinforced by my community, the fortunate-ness that I was born handsome, athletic and charismatic, and the level of economic stability and opportunity afforded to a white male like myself in North America are the key factors to the degree of

Ethical Christmas

Rheanna Houston
Gauntlet Opinions



December is here, which has come to signify that it is time to binge-shop for friends, family and perhaps less than likeable characters who we feel obligated to buy for. Regardless of the cultural or religious reasons behind one's gift-giving, we do indeed partake in it, and it can be safely said that the gifts we choose to buy are often not ethically produced. Although the making of these products provides jobs for many people in countries that are often developing nations, the working conditions and pay rate for these employees is often very poor and sometimes inhumane.

We ought to shop consciously this holiday, encouraging equality and protesting injustice. One way to do this is to boycott items that are unfairly produced, challeng-

economic stability. When we meet the person creating our goods, we can build relationships and get to know each other as a community.

Shopping with the environment in mind has become a huge trend. There are now many eco-friendly alternatives to our everyday products, such as cleaning supplies, clothing, drink containers, paper and cosmetics. It is also important to consider that the farther an item has to travel to reach you, the larger its environmental footprint. To shop local can also reduce carbon emissions caused by globalized transport. A local company called Hook Lifestyle designs t-shirts printed on bamboo and hemp bases, taking a simple clothing item and focusing on its environmental quality.

Although there are companies that treat employees unfairly, there is also myriad businesses that purposefully make an effort to ensure that their products are produced justly, paying employees well and



ing companies with such practices to make changes in employee pay, benefits and working conditions. Some alternative shopping options include shopping locally, shopping with the environment in mind, and shopping from businesses that trade fairly.

Buying locally can help to stimulate our local economy and community. When we buy from each other, we are able to promote sustainability within our own backyard, and not rely on large corporations for

some even maintaining personal relationships with their vendors. It is important to support companies such as these, as this can be a positive kick in the butt for other firms to change policies, and can be a constructive way to support monetary growth in developing communities. Cariño is a Calgary-based business that sells items such as bags, jewelry and crocheted scarves made by women in financial need in Bolivia. The women who make

ETHICAL CHRISTMAS, cont. pg. 14

Ron Paul: wrong leader, wrong generation

Dominik Matusik
Gauntlet Opinions



The Republican primaries are fast approaching and so far it's quite the war of the words over who can act like the most outrageously psychotic extremist. One candidate, at least according to what seems like half the internet, stands above all that. Any discussion related to politics online is almost inevitably going to include a plug for Ron Paul's presidential campaign. These mentions happen even in contexts apparently incongruous with Paul's political positions — any YouTube video of a statement by a left-wing intellectual like Noam Chomsky or Howard Zinn will have a comment by some well-meaning radical suggesting we vote for Paul.

Of course, internet comments are probably not the best indicators of anything other than the fact that it's far easier to click "post" than it is to think for a few seconds, but in this case they're particularly revealing, as Ron Paul is well-known as a candidate with a strong internet-backed campaign. Presumably, this would reveal his support base is comprised mostly of the generation born in the 1980s and 1990s. This generation gap is striking — Paul is old enough to be the grandfather of most of his supporters. Not that there is anything wrong with being 76, but one would think that somebody whose support is so concentrated in one

generation would somehow be in touch with the values of that generation, which Congressman Paul, who appears to be an extremely intelligent and conscientious public servant, certainly is not.

Paul is a traditional conservative Christian: pro-life, anti-gay, anti-science creationist. All positions that are completely inconsistent with the views of the average college-aged voter. Paul's trick for getting around these issues is a bizarre

uses this method to deflect concerns about social issues. Yes, he is anti-gay, he'd say, but it's okay because he supports dealing with it on the state level. Sometimes, he gives this a bizarre spin, such as his stated opposition to sodomy laws but finding the technical issue of which court challenges the law more important than removing the unjust law itself.

From this it's clear that Paul is more of a radical decentralist than an anti-authoritarian. He is also a strict



fetishisation of the power of state governments. He seems to have a somewhat irrational hatred for the federal government, but does not extend that to state governments — a possible consequence of representing a Texas district in congress. What reason does one have to believe that state governments are going to be any less tyrannical than the federal government? Paul justifies this by invoking the constitution, the following of which is clearly more important to Paul than actually opposing authoritarianism. And he

constitutionalist, but that seems to take a backseat, as he is perfectly all right with state law violating the constitution — he supports allowing states to perform religious tests for public office candidates despite the fact that this is a gross violation of the First Amendment.

Then there are some positions he takes that serve to highlight why Paul should be relegated to appealing to a certain anarcho-capitalist fringe rather than the wider voting public. Paul's semi-unique glorification of state governments reaches

the level of impractical extremism

In a 1988 interview with noted conservative William Buckley, Paul outlined his view that the FBI should be abolished and states should handle criminal matters in the same way sovereign nations do, suggesting a criminal crossing state lines would have to be extradited to the state in which they committed the crime. This would be a logistical nightmare. This position, among others, shows a resistance to pragmatism, which is the real reason behind a lack of popular support for Ron Paul. His positions on issues of education and health care, albeit sincere, also showcase his leanings towards extremism. Despite Americans' general conservatism, most voters are not prepared to eliminate the Department of Education, Medicaid and Social Security.

The main reason that Paul is an odd choice for the current generation is his ignorance over many internet issues that are going to be major debates in the near future. Namely, Paul opposes legislating net neutrality, giving the inexplicable reason that it would increase internet regulation. He has admitted that he doesn't understand the issue — this in itself isn't a concern, but given the demographic that backs Paul, it's a salient point to make about his supporters.

Paul's certainly a straight-shooter who can hold a consistent and principled opinion. Additionally, he has a number of "hooks" for younger voters, like liberalisation of drug laws. However, he is also far from a prag-

Ethical Christmas, continued

the items, who are known personally by the business itself, choose the items' sale price.

Although it can be easy to shop unethically for gifts, there are also numerous affordable and exciting alternatives to shop consciously. Some excellent places to find ethical items are at Christmas With Conscience on Dec. 18, Market Collective, Ten Thousand Villages and Community Natural Foods. So as the snow continues to fall and we embark on shopping excursions, we ought to also embark with ethics, and consider with great thought the story behind the products that we purchase.

matic candidate for all Americans and more closely resembles a radical representative of a small libertarian niche. Were he elected president, not only would the country be deadlocked for four years with a series of vetoes, but many of his policies would end up being hugely unpopular. The point is not that nobody should vote for Ron Paul, it's that only a small sub-section of libertarians should be voting for him and there's no reason people who do not support his extremist economics should be supporting a Paul presidency.

If the Republicans want to stand any chance at defeating Obama in 2012, they should be looking in the opposite direction from the current crop of candidates — and that includes Ron Paul.

Quiet study places... and loud 'ugly sweater' spaces!

Dylan Jones
SU President



U Calgary! Thanks to the passion and persistence of UofC Students, the SU is pleased to announce that the University has heard our voices and made improvements to the availability of quiet study space on campus. The University has also responded with a web resource to keep you informed of available group and individual study spaces throughout campus: www.ucalgary.ca/currentstudents/studyspaces

The TFDL will be offering extended hours until December 21. But the biggest change is the re-opening

of the basement and third floors of the MacKimmie Library tower, during the hours below:

The MacKimmie tower spaces will be open:

Monday, Nov. 28 to Friday, Dec. 2	8am - 10pm
Saturday, Dec. 3 and Sunday, Dec. 4	closed
Monday, Dec. 5 to Sunday, Dec. 11	8am - 10pm
Monday, Dec. 12 to Tuesday, Dec. 20	7am - 11pm
Wednesday, Dec. 21	7am - 6pm
Thursday, Dec. 22 and Friday, Dec. 23	closed

The second floor of the MacKimmie block will be closed to study at the end of the day on Sunday, Dec. 11. After that time, the area will be used exclusively for examinations.

This is a great example of how we, The Students, can directly influence our university environment. Much

respect to everyone who connected with their Students' Union and voiced their concerns on this issue!

Now, for those looking for loud spaces... prepare yourself for NogFest: a week of stress-relief and good times beginning Monday, December 5. Drop off a toy for the Toy Mountain, get your photo taken with Santa, decorate your own gingerbread cookie or fancy hot chocolate, and check out the live music in That Empty Space. Pick up your (ugly) holiday sweater and join us in the Den on Friday December 9 and celebrate the last day of classes — definitely one of the best parties of the year! Check www.su.ucalgary.ca for all details.

One Campus/One Love!

DJ



Mythic bootstraps, continued

an excellent example of a thoughtful and honest vision of one's own successes:

"I (more or less) dropped out of junior high, lied about my age to get a job, and helped support my family at the age of 14. I later went on to graduate from high school, and eventually university, thanks to student loans.

Hard work did not save me, luck did. I'm lucky my situation wasn't worse, I am lucky I had friends and family to support me, I am lucky I was born white and male in one of the wealthiest cities in Canada. There are people who work much harder than I do, and they don't get shit."

Many of us work hard, many of us show determination. Some of us will succeed, some will not. The point is that we are not born in a vacuum, nor do we exist in one. Success is not created *ex nihilo*. We are born into an incredibly fortunate society, and to claim it was one's own hard work that brought about one's successes is to blind oneself in ignorant and arrogant fantasy. The appropriate response to the amount of success and privilege our society has afforded us is first to give appropriate respect where it's due; and second, to address why other people — those at the fringes of our society (like aboriginal peoples or those condemned to poverty) and those in impoverished conditions across the globe — don't have access to the sorts of opportunity we do. Hard work and determination are powerful values that rightly ought to be prevalent throughout society, but don't make the mistake of leading yourself to believe that people become poor or rich on account of laziness or laboriousness — the circumstances of success are intricately tied to economic and social fortune, and are too complex to be reduced as such. Any bootstrapper/rugged individualist who would do so is as simple-minded as their arrogant simplification.

In the interests of promoting critical thought and intellectual honesty, I urge all people to recognize that this arrogant and misleading myth, that success is predicated on hard work, that one can 'lift themselves up by their own bootstraps,' ought to be annihilated.

Marisa Makin
Cooking Supplement

HOLIDAY PARTIES ARE INEVITABLE during the Christmas season, which means festive food — all of it being both tasty and fattening. Students seem to have issues getting back on track after so much indulging.

U of C resident dietitian Jaspreet Singh acknowledged how students react to the holidays depends on the individual. "It depends on the person, but some people find it difficult to indulge and get back on track the next day." She said that to keep their health on track, it's best for students to be aware of what they consume.

Instead of calorie-loaded mixed alcoholic drinks, Singh recommended sipping a large glass of water in between alcoholic beverages

so that you stay hydrated and limit how much you're drinking. As well, keep in mind that alcohol on its own can even pack quite a few calories: A pint of draught beer has about 150 calories, a glass of red wine about 119, and a shot of straight vodka on its own has approximately 54 calories. Drink smarter, stay smaller.

Don't slack off on your fitness routine around the holidays, or you'll feel the results of holiday eating. Singh's best advice? "Continue to exercise daily." Students tend to think that because the holidays are a time to relax, this includes being lazy about working out. The opposite is true: if there was ever a time to work out it should be around Christmas, with hidden calories lurking around every corner. "Even

if you don't have time to go to the gym, use the stairs, or go for a walk or a jog," advised Singh. Making a pact with friends or family members to exercise daily can help keep you on track.

Singh advised eating more appetizers rather than holding out for the big meal. "Most parties will have a raw veggie and fruit platter, so this is a good place to start. Not only will you get some vitamins in your diet, you'll get fibre, which will help you feel less hungry and [cause you to] eat less."

Keep the toothpicks of the appetizers you've eaten on your napkin to remind you of how much you've actually already eaten. And don't stand around the food, she added. "Once you've decided what you will be eating, take your portion and

move away from the table."

During dinner, balance your plate with reasonable portions, keeping in mind how the item was prepared. "For example," Singh explained, "chicken breast is usually a good choice, however, not if it has been breaded and deep fried." And pay attention to the sauces: "Try getting any gravy, sauce or salad dressing on the side," she advised. They can easily pack more fats and calories than the food savings themselves.

Of course, doing your own cooking is the best way to stay on track, both in nutrition and in budget.

Are you incompetent in the kitchen? Not sure how to balance your studies with cooking? Whether you have diet restrictions or lack culinary prowess, the Gauntlet's Cooking Supplement is sure to help! Check back next week to get your free copy!

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The serious impact of concussions

Andrea Llewellyn
Gauntlet Sports

During my time as a wrestler, I have made a lot of mistakes, but have learned to listen to my body and ask for help.

In 2006, I suffered a concussion while wrestling for the University of Calgary Dinos wrestling team. At first my only symptoms were confusion and trouble focusing my eyes. Concussions had always seemed to me to be fairly minor, so I wasn't too concerned.

My symptoms quickly worsened over the following days — I had difficulty reading and concentrating, had headaches, fatigue and trouble sleeping. I was unsure what my body was telling me. I tried to hide it and attended wrestling practice again.

Unfortunately, my experience with concussions is not unique. The Sport Information Resource Centre estimates there are 110 concussions per 100,000 Canadians a year.

Signs and symptoms of a concussion may be difficult to determine, especially since they often appear many days after the trauma.

Alberta Health Services defines a concussion as “an injury to the brain which occurs when the brain moves or twists and hits the inside of the skull. Concussions cause a change in how the brain functions rather than to the brain's structure. For this reason, doctors usually diagnose a concussion from the history or injury to the head and the symptoms that follow it.”

Concussions are often difficult to assess by non-health professionals — individuals who are not seen by a doctor increase their chances of permanent damage and risk death in rare cases. My concussion was a one-time accident that changed the course of my life.

Vanessa Vegter knows all too well how concussions can be life-changing. Vegter has had six concussions to date and, even after being careful in recent years, her worst one was a fluke accident. She said a lack of



Aly Gulamhusein/the Gauntlet

1 in 26 Canadians are living with a brain injury.

awareness surrounding concussions is concerning. A concussion can happen to anyone — whether they live a high-risk lifestyle, are a victim of violence or navigate Canada's icy streets.

Vegter had two concussions while playing rugby. She has led an adventurous life and before her last two concussions, her doctor gave her a warning. He told Vegter that she has to stop hitting her head before permanent damage occurs.

Her latest concussion in May 2009 was unavoidable and her

I'd be better at chemistry.”

Vegter adds sense of humour to a heavy subject, but she expresses regret about not seeing a doctor early enough.

“I just didn't think it was a big deal,” she said. “I thought, ‘my head hurts, I can't go to sleep, I am nauseated and I can't see, but it all goes away.’ It was one of those things I didn't take very seriously until my last [concussion]. I just became more serious about health — when you are young you really do think you are invincible.”

Vegter said she is lucky that

Ballantine regrets a lot of the choices he made regarding his concussions, but he said his lack of knowledge about them limited his ability to make smart decisions about his health. Ballantine clashed heads in practice with a teammate and was knocked unconscious. He woke up two minutes later and no one had called an ambulance. Instead, he sat out the rest of practice, took two days off and wrestled the rest of the season with no other treatment. He had suffered a third degree concussion and later his symptoms led him to quit the sport, a decision that led his peers to question his choice.

“I think something people don't understand is that when you have injuries like these, you are very wary of the control other people have and you shouldn't put yourself in situations where you don't trust the people around you.”

New research is bringing to light the seriousness of brain injuries. Charles Tator, a concussion and brain injury expert at the Toronto Western Hospital, found that one of the most important improvements in the treatment of concussions is educating the public and changing attitudes towards brain injuries.

In a *Globe and Mail* article, Dr. Tator said, “injury prevention in sports such as football and hockey require a large range of injury prevention measures including respect, education and rules enforcement.”

According to the Brain Injury Association of Canada, concussed individuals need to be in an environment that understands the seriousness of brain injuries and is supportive in helping that individual recover.

Today, six years after my concussion, I have realized I was too proud to seek adequate treatment and felt embarrassed and socially pressured to just ‘walk it off.’ I should have taken time off school and sought more medical help — I am still experiencing the effects of my poor decision-making. It is important to take care of your brain — it makes you who you are. According to the Brain Injury Association of Canada, 1 in 26 Canadians are living with a brain injury and 1 in 5 sports-related injuries are brain injuries.

“Respect your brain in sport,” said Dr. Tator. “And respect the brain of your opponent.”

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80–100

Per cent of individuals with a brain disorder who also suffer from some form of communication disorder.

170,000

Number of Canadians who incur a brain injury per year — that's 465 per day and approximately one every three minutes.

worst to date: “My friends and I were downtown and there was this guy on his bike jumping off stairs and all over the place. He ended up jumping the bike into my head and I had to get 10 stitches — I was completely knocked out and when I woke up I was in the ambulance.”

What Vegter finds disconcerting is the unknown. Have her concussions changed her? What will happen if she has another one? She comically adds, “maybe

3 billion

The total cost of brain injuries in Canada per year in treatment and labour lost.

1 in 5

The number of sports injuries that are brain-related. In Canada, hockey injuries are the most common sports injuries.

more long-term consequences of the concussions haven't arisen.

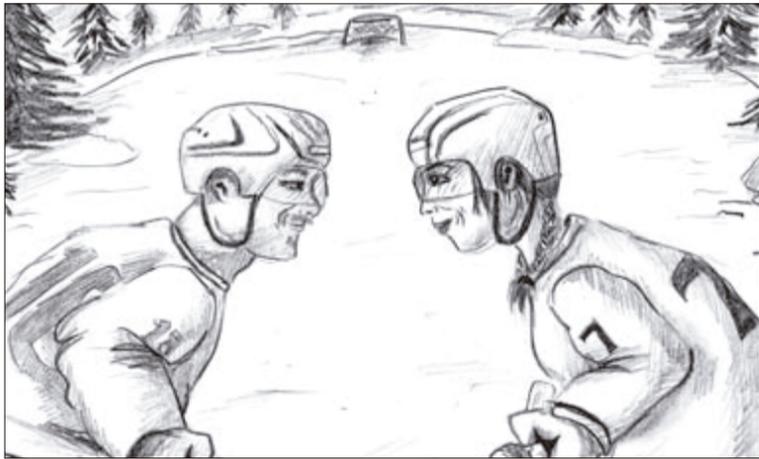
Jeremy Ballantine, who is involved in wrestling and mixed martial arts, has had eight concussions, the latest in 2002. Eight years later, doctors confirmed that he is suffering from post-concussion syndrome. The long-term effects include altered brain function, reduced memory recall, headaches from increased blood pressure, difficulty concentrating and fatigue.

For the love of the outdoor rink

Justin Azevedo
Gauntlet Sports

There's something different about the outdoor rink that's inherently Canadian and impossible to replicate on arena ice.

Certainly, the purpose of the game is the same. You skate, you pass, you shoot, you score and



then you win or lose — that doesn't change.

But the subtleties of the outdoor ice make hockey a unique experience, like the much deeper cut in the ice with your skate blade, the bouncing puck, the buildup of snow on your blade and that satisfying ting when the puck goes off the crossbar in -25 degree weather.

When the permafrost sweeps across the nation, Canadians take advantage of the giant ice rink in their backyards.

Frequent outdoor rink user Ryan Blanchard was quite verbose in his love for the Canadian pastime. "The ODR provides an outlet for players, whether they be professional or recreational, to enjoy a measure of competitiveness

while maintaining a relaxed attitude. I personally enjoy the ODR because people you meet on the ice share one thing in common — their passion for the game. We're willing to brave the elements, shitty ice and sometimes less than spectacular teammates just for some fun."

Blanchard said the core of the ODR

is the type of environment where you can be competitive, but there's never any ill will. He said when you suit up for a competitive game in the arena, you're going out there to win, but when you chuck on a toque and skates and go to the ODR, you're going to have a great time.

"You go out there with some friends and you relish the opportunity to just do whatever," said Blanchard. "Try a couple of moves and slash each other's ankles when you want — just being able to screw around is what's fun."

The behaviours of those who frequent the ODR create a tangible atmosphere unlike anything else. You won't see six-year-olds playing baseball with random strangers in Calgary anytime soon. The ODR has an unwritten code and people follow it — it makes the experience enjoyable for everyone.

No matter the ODR, there are characters that are continually present. For the most part, no one wants to be 'that guy' — but when it comes to the ODR, there are always 'those guys.' Of course, there's the superstar — the guy who is better than everyone else and had big dreams to make it to the NHL.

Then there's the red eye — the hyper-competitive skater that's ev-

erywhere and yelling at everyone. There are more, but the beauty of the ODR is that it acts as a leveler for every type of 'that guy.'

Generally, the ice of the ODR is awful, yet, it's part of what makes up the experience. The adaptability

of players is yet another phenomenon of the outdoor rink — no matter how bad the ice is or how cold the winters are, there will be people. Maybe it's not so much adaptability, but a stubbornness born out of the love of the game.

The Dinos this week

Thursday, November 24

WOMEN'S HOCKEY: Dinos 5, Russia 3 (non-conference in Calgary)

Friday, November 25

MEN'S BASKETBALL: UVic 75, Dinos 63 (in Calgary)
WOMEN'S BASKETBALL: Dinos 69, UVic 64 (in Calgary)
MEN'S HOCKEY: U of M 8, Dinos 1 (in Winnipeg)
WOMEN'S HOCKEY: Dinos 2, U of M 0 (in Calgary)
WOMEN'S VOLLEYBALL: UBC 3, Dinos 0 (in Vancouver)
MEN'S VOLLEYBALL: UBC 3, Dinos 0 (in Vancouver)

Saturday, November 26

MEN'S HOCKEY: U of M 4, Dinos 2 (in Winnipeg)
WOMEN'S HOCKEY: U of M 3, Dinos 2, (in Calgary)
WOMEN'S VOLLEYBALL: UBC 3, Dinos 1 (in Vancouver)
MEN'S VOLLEYBALL: Dinos 3, UBC 0 (in Vancouver)
MEN'S BASKETBALL: Dinos 92, UBC 85 (in Calgary)
WOMEN'S BASKETBALL: Dinos 78, UBC 75 (OT in Calgary)

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Basketball Dinos are no longer extinct

Josh Rose
Gauntlet Sports

The University of Calgary sports teams are called the Dinos, yet there are many kinds of dinosaurs, from the peaceful vegetarian stegosaurus to the predatory carnivorous tyrannosaurus. Without a doubt, the U of C men's basketball team is a ferocious predatory species, despite being ranked seventh in the nation. Their record in the league is 3-5, but if you include their exhibition games they have a 7-6 record. Plagued with injuries, the Dinos were able to narrowly defeat the fourth-placed University of British Columbia Thunderbirds 92-85 on Saturday. The Dinos came out of a two-game weekend 1-1 after a loss to the University of Victoria Vikes 75-63 on Friday.

"With all the injuries we have, this is a testament to our guys' guts. They put us in a position where we can still make the playoffs," said Dinos head coach Dan Vanhooren. Fifth-year guard Tyler Fidler



Gauntlet file photo

The Dinos have had a difficult season because of injuries.

is a player the Dinos need defensively. Fidler scored 22 points on Friday and 25 on Saturday. Last season he led the Canada West division for the most rebounds.

Vanhooren said with forward

Boris Bakovic and point guard Jarred Ogungbemi-Jackson on the floor, Fidler has more room to move around the court.

Injuries have been a huge hinderance for the Dinos, who

3-5

The men's basketball team's record so far in the Canada West conference.

16

The average points per game scored by point guard Jarred Ogungbemi-Jackson, who is currently injured.

2

Consecutive times the Dinos have placed second in the CIS.

10-20

The team's Canada West record for the 2010-2011 season.

haven't played a single game all year with the whole team. A deep bench and the return of some of the Dinos's top players will make them a team to reckon with and a definite contender for nationals. One of the biggest challenges will be integrating the team back together once injured players return. Bakovic injured his knee during a Team Canada training camp in October and is hoping to return in January. Ogungbemi-Jackson was injured for the entire 2010-11 season due to injury and has sat out most of this year due

to a hand injury — he hopes to return in February.

"These guys have great character. They're very cohesive and that will help them in the second half of the season," said Vanhooren. "If we can keep a high level of energy, we can play with anybody."

The Dinos have struggled this year, but are confident they will end the season strong — the men's basketball team is no longer extinct.

The next Dinos home game is against the University of Saskatchewan on Jan.13 at 8:00 p.m.

Extended December Buyback Hours

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
				1	2	3
4	5	6	9:30 - 5:30	9:30 - 5:30	9:30 - 5:30	10 - 4:30
11	9:30 - 5:30	9:30 - 5:30	9:30 - 5:30	9:30 - 5:30	9:30 - 5:30	10 - 4:30
18	9:30 - 5:30	9:30 - 5:30	9:30 - 5:30			Bookstore Closed
25						31
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15						
22						
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Flirting online helps boost self-esteem

Erin Shumlich
Talk to me in RL

The popularity of the new social media site LikeALittle has skyrocketed after popping onto the University of Calgary scene last year. The site, which encourages users to “flirt anonymously with students on your campus,” has given students the means to procrastinate on essays, waste their Friday nights and avoid talking to peers in real life.

Recent English graduate Sandra Thompson said, despite having graduated, she hangs out on campus as much as she can in hopes of being noticed.

“I used to frequent Craigslist’s ‘Missed Connections,’” she said. “But I was never posted about because it was city-wide and I was always at school studying.”



Aly Gulamhusein/the Gauntlet

Sandra Thompson hopes she will be posted about on LikeALittle.

LikeALittle, however, is campus-specific and allows anyone to flirt anonymously — the nature of the site allows people to flirt without the burden of small talk or conversation.

Thompson said she is constantly

at MacEwan Hall and the Taylor Family Digital Library in order to have maximum exposure around campus.

About once a day Thompson posts on the site. Her latest post was on Sunday, Nov. 27 at 11:43

a.m. and said: ‘I hope one day, someone will notice and post about me.’

“I always post and sometimes I even include my hair colour, eye colour and location so anyone on the site can know it is me. I sometimes see people look at me and rush to see if they will make a post,” she said. “One day they will — a girl has got to dream, right?”

Although no one has yet posted about Thompson, she plans to continue lurking on campus until one does.

Third-year health science student Daniel Switzer, another frequenter of LikeALittle, said he understands its appeal.

“Girls sometimes just want to

be told they are pretty,” he said. “People on the site often express that they are waiting to be posted about.”

Switzer said students often are too busy studying and the stress of exams hinders the time they can allocate for social interactions.

“It’s amazing that all these new sites are available for people to flirt online,” said Switzer. “I mean, talking to people in real life is so 2007.”

Although Switzer said he would rather die than stop using the site, he does admit there has been some questionable content on it lately.

“It’s tough because a lot of people talk about their problems, have racist comments and just want sex,” said Switzer. “It takes away from what the site is really about.”

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By Tomson Highway

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