

THE

GAUNTLET

EST 1960

INDEPENDENT STUDENT NEWSPAPER » VOL. 53 | ISSUE NO. 17 | OCTOBER 18, 2012

UNIVERSITY OF CALGARY

NEWS

The federal government has invested millions of dollars for research being done at Canadian universities, page 4.



ENTERTAINMENT

The Calgary Society of Independent Filmmakers presents a showcase of Canadian indigenous short films, page 13.



SPORTS

The Dinos women's rugby team had their best ever regular season and head into the playoffs as a contender, page 16.



What's really for dinner? page 9





STUDENTS' UNION

www.su.ucalgary.ca

Mac Hall Redevelopment Compass

Chart the Future. Change is coming to MacHall. What course will you chart? Visit the Compass to be part of the campaign that leads the change.

Take 10 minutes to imagine the next 10 years.

For more information visit www.mymachall.com

Hosted by your Students' Union



Do you have a terrific TA?

Nominate your prof or TA for an SU Teaching Excellence Award.

The fall nomination deadline is

Friday, November 2.

Visit www.su.ucalgary.ca to make your nomination.



Find your volunteering niche... explore tonnes of volunteer programs and opportunities on campus and all over Calgary!

U•HELP Students' Union Volunteer Fair

Monday, October 22, 11 a.m. until 2 p.m.
North Courtyard, MacEwan Student Centre



Volunteer Services

Have a bright idea? We're listening.



The SU has funding available that can turn your dream for a new project or program on campus into a reality.

- Quality Money Program
- Campus Improvement Fund
- SUSB (Sustainability Fund)

Info and applications can be found at: www.su.ucalgary.ca. Will your idea be the next big thing on campus?



Quality Money applications are due November 30

7th Annual Students' Union Undergraduate Research Symposium

A showcase of exceptional undergrad research from all faculties.

Thursday, Nov. 29
11am - 2pm, Mac Hall



Abstracts deadline: Oct. 29

For more information or to apply, visit www.su.ucalgary.ca/symposium



CRYSTAL CASTLES

WITH HEALTH & KONTRAVOID



OCTOBER 28
MACEWAN HALL

DOORS AT 7PM - ALL AGES WELCOME
STUDENTS, STAFF, ALUMNI AND GUESTS

BUY TICKETS www.su.ucalgary.ca prime box office



OCTOBER 18, 2012

Editor-in-Chief: Erin Shumlich
 eic@thegauntlet.ca
 403-220-7752

News Editor: Michael Grondin
 news@thegauntlet.ca • @GauntletUofC
 403-220-4318

News Assistant: Riley Hill

Entertainment: Sean Willett
 entertainment@thegauntlet.ca • @Gauntainment
 403-220-4376

Sports: Taylor McKee
 sports@thegauntlet.ca • @GauntletSports
 403-220-4376

Opinions: Tamara Cottle
 opinions@thegauntlet.ca
 403-220-4376

Features: Susan Anderson
 features@thegauntlet.ca
 403-220-4376

Photo: Adrienne Shumlich
 photo@thegauntlet.ca
 403-220-4376

Production: Sarah Dorchak
 production@thegauntlet.ca
 403-220-4376

Illustrations: Morgan Shandro
 illustrations@thegauntlet.ca
 403-220-4376

Volunteer Coordinator: Amy Badry
 volunteer@thegauntlet.ca
 403-220-4376

Business Manager: Evelyn Cone
 business@thegauntlet.ca
 403-220-7380

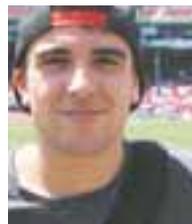
Advertising Manager: John Harbidge
 sales@thegauntlet.ca
 403-220-7751

Graphic Artist: Evangelos Lambrinoudis II
 graphics@thegauntlet.ca
 403-220-2298

Three Lines Free: Arlene Lai
 tifs@thegauntlet.ca • @GauntletTLFs
 403-220-4376

Contributors

Dante Bencivenga • Nicole Dionne • Kurt Genest
 Dylann Golbeck • Michael Issakidis • Kakeem Khan
 Vani Khurana • Patrick Latter • Tim Loudon
 Emily Macphail • Erick Maleko • Tomas Matarana
 Fabian Mayer • Marit McKenzie • Dawn Muencirath
 Kristen Murray • Carlya Stilling • Sean Sullivan
 Jermy Villani • Louie Villaneuva • Charis Whitebourne
 Jeremy Woo

Golden Spatula

The Golden Spatula goes to Richard Goldberger for being such a good sport. Richard has proven over the course of the last few weeks that he is the master of balls — both foot and base — writing a cover story about attendance problems at Dinos games earlier in the month. He is always ready to take on challenging stories and is becoming a key player for the Gauntlet.

-Richard Goldberger-

Furor Arma Ministrat

Room 319, MacEwan Students' Centre
 University of Calgary
 2500 University Drive NW
 Calgary, AB T2N 1N4
 General inquiries: 403-220-7750
 thegauntlet.ca

The Gauntlet is the official student newspaper of the University of Calgary, published most Thursdays throughout the year by the Gauntlet Publications Society, an autonomous, incorporated body. Membership in the society is open to undergraduate students at the U of C, but all members of the university community are encouraged to contribute. Opinions contained herein are those of the individual writers, and do not necessarily represent the views of the entire Gauntlet staff. Editorials are chosen by the majority of the editorial board. The Gauntlet is a forum open to all U of C students but may refuse any submission judged to be racist, sexist, homophobic, libelous, or containing attacks of a strictly personal nature. We reserve the right to edit for brevity. Grievances regarding the Gauntlet follow a three-step process which requires written decisions from the Editor, the GPS Board of Directors, and the Ombudsboard. The complete Grievance Policy is online at: thegauntlet.ca. The Gauntlet is printed on recycled paper and uses demon blood based ink. We urge you to recycle/drink the Gauntlet.

Letter Policy

Letters must be typed, double-spaced and received by Monday at 4 p.m., and must include the author's name, student ID number, telephone number and signature. Letters will not be printed if they include attacks of a strictly personal nature, statements that discriminate on the basis of race, sex, or sexual orientation, or libelous or defamatory material. All letters should be addressed to "Editor, the Gauntlet," and be no longer than 300 words. The Gauntlet retains the right to edit submissions. Letters can be delivered or mailed to the Gauntlet office, Room 319 MacEwan Students' Centre, or sent by email to editor@thegauntlet.ca.

The Cover

Photo courtesy Brady Fullerton.
 Top photos by Ramya Mahadevan, Michael Issakidis.
 Left photo courtesy David Moll.

The price of suicide

Suicide is among the most serious public health issues in Canada, yet our mental health care system is archaic and inefficient. According to the Canadian Mental Health Association, suicide is among the leading causes of death for Canadians aged 15–24, second only to vehicle accidents. Four thousand Canadians die prematurely each year due to suicide.

Amanda Todd has become the face of bullying and suicide. She took her own life last week after sharing her heart-wrenching story about being cyber-bullied and stalked. During an eight minute YouTube video posted about a month before her death, Amanda showed a series of hand-written notes describing her experience, which ended with "I have nobody. I need someone." When Amanda was 12, she flashed a man online. Later, the man contacted her and told her if she didn't give him a show, he would send a picture of her breasts to her family and friends. This was the start of the extensive bullying that Amanda experienced.

As New Democrat MP Dany Morin said, Canada is at its "breaking point" of cyber-bullying and something must be done. Bullying has and always will be an issue, but the emergence of social media has intensified it. However, even with the proliferation of cyber-bullying, Canada does not have a national bullying prevention strategy — an unacceptable negligence.

Morin said a broad view of the



situation in Canada must first be established in order to create an anti-bullying strategy. This is a good first step, however, the road to bullying prevention is a long one.

In her video, Amanda describes her experience with anxiety, major depression and anxiety disorders. Her story sheds light on another pressing issue that needs to be addressed immediately: the lack of mental health care programs and coverage. This is the root of many problems in Canada. The Canadian government should focus on the long overdue problem of fixing the inadequate mental health care system.

Although the Canadian health care system claims universal access, it does not span into the realm of mental health, further stigmatizing those with mental illnesses.

Canada is perplexingly far behind in developing a uniform

mental health strategy. Canadian mental health care is inaccessible and expensive, preventing those who need help from seeking it. Canada is the only G7 country without an established mental health care system — an embarrassing fact that needs to change.

When the government starts legitimizing mental illness, Canadians will follow suit and people like Amanda will be able to get the proper help they need. Drastic changes must happen before more tragic stories like Amanda's arise.

Flaws in the Canadian mental health care system are especially apparent in the lack of coverage for one of the groups most vulnerable to mental illnesses: university students.

Ann Laverty, associate director of the University of Calgary counselling centre, said most post-secondary schools across Canada work with a brief counselling model — for the U of C, that

means undergraduate students get 10 free sessions.

"We will see students for a huge range of issues, we see the spectrum," said Laverty.

Laverty said the top-three reasons students at the U of C go for counselling are depression, anxiety/stress and relationship concerns. These three reasons have been pretty consistent, however, the level of severity and complexity has increased.

Three years ago, the U of C switched from offering three free sessions to offering 10. However, this is still not enough. Some schools, including McGill University, offer students free counselling for their entire undergraduate degrees. Although the average number of sessions used by U of C students who attend counselling is 3–5, students should have every resource available to cope with mental illness.

Mental illnesses cost the economy roughly \$51 billion a year due to lost productivity, according to the CMHA. However, only 7 per cent of health expenditures are put towards mental health — way below the amount most developed countries put forth.

Amanda's story is like many others' before her, however, it's clear that not enough is being done by the Canadian government to prevent suicide tragedies from happening. How many more deaths by suicide need to happen before something is done about Canada's limited mental health resources?

Gauntlet Editorial Board

contents

news

The government invests in research, student opinion is needed, cockroaches invade and boys who love ponies, **page 4.**

opinions

The dawn of a new age in agriculture and gastronomy is upon us. Genetically modified foods and labelling, **page 9.**

entertainment

CSIF presents Canadian indigenous shorts, amateur novelists attempt to finally write a novel and a delicious beer is reviewed, **page 13.**

sports

A look back at an historic season for the women's rugby team as they head into playoffs and the first installment of trainer's corner, **page 16.**

Investing in innovation

The federal government donates \$121.6 million for research

Michael Grondin

News Editor

The federal government will provide \$121.6 million for research being done at 42 universities across Canada as part of the Canada Research Chairs program. The University of Calgary will receive \$8.2 million for 11 research projects.

The program aims to create innovation, improve research being done in Canada's post-secondary institutions and attract research and teaching talent from around the world. In total, 155 researchers across Canada will be funded.

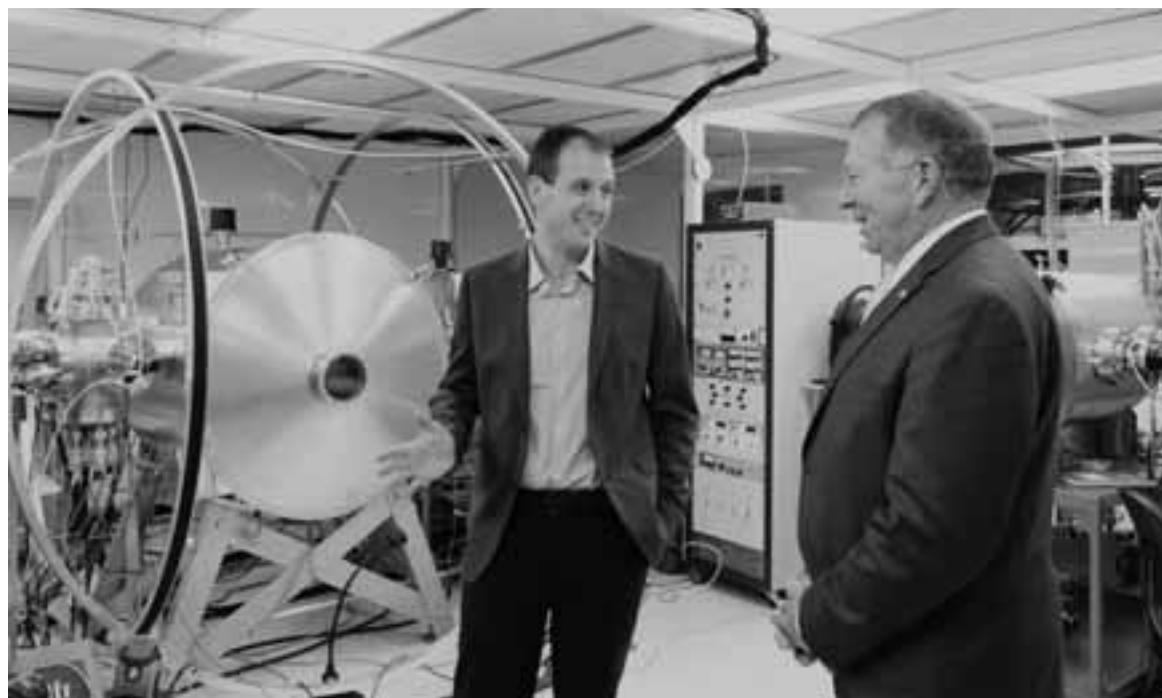
The Canada Research Chairs program began providing annual funding in 2000. It supports over 1,800 researchers and faculty members, 483 of whom are from abroad, at 72 post-secondary institutions in Canada.

At the U of C, 11 faculty members will receive funding — six are working on new projects and five are working on projects that started receiving funding in previous years.

Many research fields will receive funding, including engineering, health sciences and social sciences.

According to Minister of State for Finance Ted Menzies, it is a priority of the federal government to improve research in the country and create new opportunities for prosperity and learning.

"Our government's top priority is creating jobs, growth and long-term prosperity. By investing in talented people through programs such as the Canada Research Chairs, our government is supporting cutting-edge research in Canadian post-secondary in-



Michael Grondin

Chris Cully (left) explaining to Ted Menzies (right) the equipment he uses to test space tools.

stitutions," said Menzies during an announcement at the U of C on October 12.

Menzies said this investment will help cultivate further development and allow post-secondary institutions to strengthen their positions as global leaders.

"We are, right now, at the vanguard of research and talent in the country," said Menzies. "This fosters innovation by helping researchers bring their ideas to the

marketplace, where they can touch the lives of Canadians."

The U of C's Eyes High strategic goal of becoming a top-five research institution by 2016 was given a boost due to this investment, according to U of C vice-president research Ed McCauley.

"The Canada Research Chair program promotes the [U of C's] Eyes High strategy by allowing the university to recruit some of the world's brightest researchers and

have them pursue their innovative work while adding to the diversity of minds on campus," said McCauley in a U of C press release.

U of C researchers will receive \$500,000 to \$1.4 million for each project over a five to seven year period.

U of C astrophysics researcher and assistant professor Chris Cully will receive \$500,000 for his research in understanding high-

energy particles surrounding earth.

"My research looks into radiation belts, a donut-shaped region in space around the earth that satellites fly through and which has very highly energetic particles in it," said Cully. "There's really intense radiation up there, and many satellites have to fly through this region and this can be quite dangerous to them."

Cully and his associates have a research facility on campus where they can test electronic instruments used in space and look into magnetic storms these particles can generate.

"In order for anything to go up into space, it really has to be thoroughly tested," said Cully. "What my research is all about is trying to understand exactly what it is that pumps up this radiation and what it is that releases it and how it affects the space flight tools we use."

Cully said the investment is beneficial to research being done in Canada and will help many new researchers get started.

"The opportunity to join the [U of C] in a capacity where I can immediately perform cutting-edge research is fantastic," said Cully. "I'm very excited to be here."

\$7.1 million was donated as part of the \$121.6 million by the Canadian Foundation for Innovation, a group founded in 1997 that funds research programs in Canada.

Other projects funded at the U of C include research into clean energy, glaciers, stress and anxiety, abdominal parasites and cell-phone software.



/// We are, right now, at the vanguard of research and talent in the country. This fosters innovation by helping researchers bring their ideas to the marketplace, where they can touch the lives of Canadians.

– Ted Menzies, Minister of State for Finance

For more information on the Canada Research Chairs program, visit chairs-chaire.gc.ca/ or to comment on this story visit thegauntlet.ca

What research would you do if you were given \$9 million?



"Energy efficiency and sustainability."

– Hady Hajjoul,
first-year
geology



"Cancer research and early diagnosis."

– Maria Canacho,
second-year
communications



"Recovering athletes."

– Nino Mafrika,
second-year
kinesiology



"Where the other sock goes in the laundry."

– Amanda Smith,
first-year
continuing
education

campus quips

Upgrading the heart of campus

Draft plan released for overhaul of MacEwan Student Centre

Erick Maleko
Gauntlet News

On October 11, the University of Calgary unveiled its proposed master plan to overhaul MacEwan Student Centre. The plan is still in the

an additional 10,500 square metres and include a new \$25 million underground loading facility. No date has been set for the beginning of construction.

MSC was originally built in 1967 and currently measures 40,000 square meters. There have been

that drew up the plan, began in September 2011. The draft plan took a year to materialize.

According to GEC architect and planner Martin Jones, the draft plan conceptualizes how MSC can be improved. He said flow and access to other parts of campus are the main issues with the building.

"It's a very deep building, and its connections visually and physically to the outside are challenged," said Jones. "We think the student centre should have much stronger connections with daylight, views and physical access to the campus."

The draft plan addresses students' concerns about lack of space by including increased quiet study areas, seating and increased access to other parts of the building. The underground loading area currently opens up to the Taylor Family Digital Library quad, the space between MSC and the TFDL, causing congestion issues. The plan aims to solve this by moving the loading area to the other side of the building.

The U of C has been collaborating with both the Students' Union and the Graduate Students'

Association to begin the consultation process.

According to SU president Hardave Birk, the student voice is

the most important aspect of the draft plan. Over 3,000 students are anticipated to be consulted.

see MASTER PLAN, page 6



Ramya Mahadevan

The MacHall Redevelopment Compass is getting opinions.

consultation process, however, it proposes MSC become a state-of-the-art building with added space, flow and improved services for students.

A town hall meeting was held on October 11 to collect students' ideas and opinions for the estimated \$150 million renovation. The upgraded building will have

two construction phases in 1987 and in 2002.

A performance review of the building in 2010 determined that the building needed upgrades to its mechanical and operational systems. A total revamping of the building was then considered

Preliminary dealings with GEC Architecture, the architecture firm



Adventure!

Teach English Overseas
TESOL Certified in 5 Days
In-Class or Online – No degree Required!
1.888.270.2941
Job Guaranteed!
Next In-Class Course: October 24 - 28
Next Info Seminar: November 14
Travelodge University Hotel
2227 Banff Trail NW
www.globaltesol.com



DEPARTMENT OF DRAMA

THE LOVE OF THE NIGHTINGALE

BY TIMBERLAKE WERTENBAKER



October 23 - November 3, 2012

at 7:30 p.m.

(except October 29 & 30)

2 for 1 Matinee: Sunday, October 28 at 2 p.m.

University Theatre

\$18 (adults) \$13 (students/seniors)

The October 26 performance is part of the
Performing Change Gala
in support of the United Way of Calgary and area.
This evening is excluded from
Claim Your Seat and any free ticket offers.

Get to know
with your U of C
CLASS OF 2016
Friends of CSW or
GreenBook cards.

performingarts.ucalgary.ca

Tickets: 403-220-7202

Have a
bright idea?
We're listening.



The SU has funding available that can turn your dream for a new project or program on campus into a reality.

Info and applications can be found at:
www.su.ucalgary.ca.

Will your idea be the next big thing on campus?

Quality Money applications
are due November 30

Quality
Money
Program

Campus
Improvement
Fund

SUSB
(Sustainability
Fund)

**Bright
Ideas**

STUDENTS'
SU
UNION

The unique subculture of Bronies

Michael Grondin
News Editor

A subculture has sprung up over the past few years, inspiring a community of supporters and fans of the animated show, *My Little Pony Friendship is Magic*. They call themselves Bronies.

In 2011, the University of Calgary club Bronies United was created.

Fourth-year women's studies student and club co-founder Tadeus Martyn said the Brony culture has spread due to a simple love of the show.

Through large groups on the

Internet, this group of pony-loving friends has spread worldwide. At the U of C, Bronies United has accumulated 80 members, 38 of whom are new this year. Bronies United is looking to spread its community at the U of C.

"It started out as just a small group of people who watched the show and it expanded from there. [Brony] is primarily used to refer to male fans, but it can also be used to refer to female fans. They might also choose Pegasister. It all depends on the individual," said Martyn. "A lot of people really like the storyline and the writing of the show. Many people were interested in the animation and in



Marit McKenzie

Fans of *My Little Pony* come in all shapes and sizes.

general how well the show was put together."

Martyn, who is doing his honours thesis on how masculinity is portrayed within the Brony community, said the *My Little Pony* following goes beyond conceptions of masculine and feminine.

"Why should we define it as feminine? It should just be considered a cool show that anyone can watch," said Martyn. "It speaks to a whole bunch of people that just fell in love with the show."

Bronies United has held many fundraisers and charity initia-

tives. Martyn said Bronies are different from other fan groups due to the members' contributions to new media and charitable organizations.

"With the Bronies, there is a lot of participation. We have a huge music culture and a huge video culture," said Martyn. "A lot of the fandom is producing your own stuff and showing people what you can do. We are really focused on engaging with the student population as well as helping others."

Martyn said it has been interesting to be a part of a growing subculture.

For more information email
broniesunited@ucalgary.ca

Master plan, continued from page 5

"The whole purpose of consulting with the students is to determine whether they want the renovation or not and, if they do, how much they would be comfortable having the school spend. The university's long-term vision draft plan has been put forth and students can now contribute their inputs," said Birk. "MacHall is the heart of the campus — it's the students' centre. It's a place to socialize, get involved and where the student generates a lot of the revenue that funds student life activities. I'd say it's the most visited building on campus."

The university has not yet made it clear how the construction will

be funded. Birk said that this adds to the importance of gauging student opinion about possible student fees for the project.

"There's no point in doing any renovations if students at the U of C don't want them. I want to hear from students," said Birk. "What are the things you like about the building? What are things you dislike? What do you think we need in the building? What do you want to see changed? Then we can put a final plan together that works for students and works for the campus."

Fifth-year U of C business and psychology student Naomi Cheng attended the town hall meeting.

She was skeptical about the plan at first, but said that MSC needs some upgrades.

"The presentation was really vague because it's still in the beginning stages, so it's hard to form an opinion either way on whether it's going to be good or bad," said Cheng.

She said a high cost might be necessary for the plan to be effective.

"Obviously, an ideal situation would be no cost for the students, and maybe somebody else could shoulder that burden," she said. "More students need to get involved with this whole thing. You can't complain if you don't par-

ticipate in this process."

U of C facilities management and development vice-president Bob Ellard helped draft the plan and was behind other construction projects on campus, including the TFDL and the Energy Environment Experiential Learning building. He said the overhaul of MSC will be beneficial for future U of C students.

"Because [MSC was] assembled in different phases over the years, there never was a master plan. But now we get a chance to design a building based out of what we've observed and identified as flaws over the past 47 years," said Ellard. "The master plan is not

here for the people who are here today, it's looking far enough into the future so your children and your grandchildren have a building that is up-to-date and functions with what is needed."

The MacHall redevelopment compass, a consultation and survey exercise with elements from the draft plan, will occur every Tuesday, Wednesday and Thursday from noon to 6 p.m. in the north courtyard of MSC. According to Birk, an online survey will be available in November and other town hall meetings will occur later this year.

To view the draft plan visit
ucalgary.ca/fmd/mcss or mymachall.com

Will your idea be the next big thing on campus?

The Bright Idea Campaign

Students' Union provides funding for campus improvements

You spend a lot of your time on campus. You know the best way to get to class, the comfiest spot in the library and your favourite events to participate in with friends. As an expert on student life you probably have suggestions — both big and small, inside and outside the classroom — to make your experience at the university even better. It's time to share that bright idea with the Students' Union.

The SU has funding available that can turn your dream for a new project or

program on campus into a reality. Last year alone, 20 different projects, many inspired by student ideas, were funded by one of these three programs:

Quality Money

(Deadline Nov. 30)

The Quality Money program is an initiative of your SU and the Board of Governors to provide funding for projects that enhance the overall student experience and align with the Eyes High strategic plan. Past projects have included funding for physical changes like the new U of C arch, academic support like Writer's Block workshops and study spaces like furnishings for the TFDL.

Campus Improvement Fund

(Deadline Mar. 1)

Campus Improvement Fund is an initiative that focuses on faculty specific projects. Applicants must work with their SU Faculty Representative to develop a project idea and apply for funding. Past projects include capital purchases for the Kinesiology Learning Resource Centre, the ESA Office renovation and hosting conferences such as the Nursing Stress Fair and the Veterinary Medicine Symposium.

SUSB

(Deadline Mar. 1)

The SUSB Sustainability Fund helps kick-start projects that promote sustainability

on our campuses. Projects include the beverage container recycling program, Eat Dirt: Campus Composting Pilot Project, Bound and Copied Cloth Bags and the Greenlite Arts Festival.

The Bright Idea campaign is underway and applications for all three funds can be found on the SU website at: www.su.ucalgary.ca. The Students' Union is excited to hear your project suggestions and have staff available to assist you with your application.

Will your idea be the next big thing on campus?



The Students' Union advertisement is provided by the SU and published without Gauntlet editorial revision.

Getting students to the polls

A student advocacy group aims to make voting easier in Alberta

Fabian Mayer

Gauntlet News

Low voter turnout among Canadian youth has been a problem in recent elections. The Council of Alberta University Students is working to change this by looking for ways to encourage students to vote.

CAUS, a student advocacy group that lobbies the government, has made getting more students to vote one of its main priorities this year.

In the last federal election, 39 per cent of Canadians aged 18–24 cast a ballot, the lowest turnout of any age group.

According to CAUS, Canadians under 30 years of age are consistently under-represented at polling stations as well as in legislatures and city halls across the country.

In 2011, Elections Canada commissioned a study on the political involvement of Canadians aged 18–34. Over 2,500 young adults responded to the nationwide survey, which concluded that access barriers and motivational issues were keeping young people out of polling stations.

“Most participants cited access issues: they were too busy, couldn’t get to the polls or didn’t know where the polls were. But scratching below the surface, the study found that, in most cases, motivational issues were more important than access barriers,” according to the Elections Canada website.

The survey also showed that a lack of political knowledge played a key role in keeping students away from the polls, something that was unsurprising to second-year University of Calgary psychology student Katie McCurrie.

“Youth don’t always have education behind them — they don’t feel confident in voting. When they don’t understand the system, they just don’t vote,” said McCurrie.

Chair of CAUS and the U of C’s Students’ Union vice-president external Raphael Jacob stressed the importance of voting.

“If you don’t participate in a democracy, politicians have no reason to court your vote. If you don’t vote, politicians have no reason to cater their platform to you as a bloc. The biggest thing is to

show politicians that students care about politics and that students care about their post-secondary education and politicians should as well,” said Jacob.

The U of C held an initiative to encourage students to vote in the federal election last April called “Get Out The Vote.”

“We got students during orientation week to give us some of their phone numbers and emails and then the day before the election we phoned, texted and emailed them and reminded them to vote,” said Jacob.

CAUS has continued with its efforts to increase turnout. The avenue through which they have encouraged young voters, however, has changed since “Get Out the Vote” began. They have been lobbying the government to make it easier for students to cast a ballot and make changes to what CAUS calls Alberta’s “archaic” voting system. CAUS has identified problems for students living in a temporary residence in Alberta schools, according to Jacob.

“If a student goes to vote in



Adrienne Shumlich

CAUS is trying to increase student participation at the polls.

their riding, they need to sign a statutory declaration swearing that they are temporarily living in that riding. They also need a piece of government mail. The issue is that even when students do both these things, we’ve had examples of students getting turned away from the polling station,” said

Jacob. “It’s not just complicated for students to have to do, but even complicated for the polling staff to have to figure out the rules.”

Alberta is the only province that has these rules, a fact that Jacob said should work in CAUS’s favour to lobby the government.

This year, CAUS representatives have met with the Minister of Justice as well as the chief electoral

officer of the province.

“It is looking pretty positive based on the meetings we’ve had with them,” said Jacob. “They generally seem sympathetic to what we are saying and a lot of it makes sense.”

As a result of the action taken by CAUS, voting may be a lot easier for students in Alberta in the next election.

/// The biggest thing is to show politicians that students care about politics and that students care about their post-secondary education.

— Raphael Jacob, Students’ Union vice-president external

Notice to Gauntlet Members

The Gauntlet Publications Society will hold its Annual General Meeting on Monday Oct. 29 at 6:00PM in MSC Bianca

All questions should be directed to Business Manager Evelyn Cone at 403.220.7380.

KIRTAN YOGA

Meditation by chanting Sanskrit Mantras

Kirtan, is the singing of sacred mantras, accompanied by classical Indian instruments and some Western instruments (such as the guitar, flute, violin, saxophone). It is a call-and-response style of singing which involves the audience in the performance. The leader sings one line or verse and the guests chant in response. It is an ancient and well-known art to calm the mind, open the heart and connect with the Divine Consciousness. It is a culture where everybody can take place and make their own spiritual experience.

Every Friday

From 5:30pm to 8:00pm

**Large Prayer Room MSC 317a
MacEwan Student Centre
University of Calgary**

FREE ADMISSION

Everybody is Welcome !

Sponsored by Calgary Chaitanya Chandra Cultural Centre and Food for Peace Society of Calgary



Michael Grondin

Taylor family bears their love

The Taylor family recently donated this 11 foot tall, 1,600 pound statue to the U of C. The statue, made by sculptor Brian Cooley, was placed in front of the Taylor Family Digital Library earlier last week. Don and Ruth Taylor, the main benefactors of the TFDL, have already donated \$25 million to the U of C prior to the new statue. Way to be, Taylor family!

Roaches move in to rez

Michael Grondin

Gauntlet News

Earlier in October, cockroaches were found living in four suites of a Southern Alberta Institute of Technology residence building.

According to SAIT public relations specialist Melanie Simmons, it was an isolated incident and effective measures were put in place to solve the issue.

"We were concerned to learn that some pests were discovered in four units on the fourth floor of the East Hall residence building," said Simmons. "Pest control experts were immediately deployed and their efforts have been extremely effective."

The students living in the suites were given large plastic bins to keep their food out of reach.

"All students living in residence units at SAIT were advised to maintain clean living practices," said Simmons.

University of Calgary senior in-



Adrienne Shumlich

Cockroaches may not be as gross as they seem.

structor of biological sciences Rob Longair said that cockroaches are not as bad as people may think.

"It's probably more of an 'ick' factor. There's only a tiny percentage of them that are pests and the rest of them are actually pretty interesting," said Longair. "They tend to be able to [live] in buildings and in many places where there's high enough humidity and that's why they can show up in apartment buildings."

He said the only issue cockroaches can present is the transfer of bacteria onto food.

U of C residences have not encountered the same issue with cockroaches. Director of residence and ancillary services Randy Maus said precautions are in place to limit pest problems at U of C's residences.

"Generally, because we are a place of residence where there is food, we ask people to maintain cleanliness," said Maus. "We clean the buildings regularly and we always pay attention as we go through the buildings and look for any signs of pests so we can treat them right away."

Custom-made charade

Charis Whitbourne

Gauntlet News

Many websites, including Montreal-based Unemployedprofessors.com, allow students to pay for custom writing assignments. On these websites, students can buy essays, term papers, lab reports and presentations. They also provide tutoring for select subjects. However, these sites have generated some controversy due to the integrity of the services they provide.

According to Unemployedprofessors.com, which launched in 2011, all the assignments are written by "grad students who teach their own classes, with advanced graduate degrees and verified credentials." The assignments are guaranteed to be custom-made and include citations, a full bibliography and anything else the assignment requires.

There are a number of other custom essay websites based internationally.

The University of Calgary's definition of plagiarism is "the deliberate attempt to deceive the reader through the appropriation and representation of one's own work with the words of others."

U of C associate vice-provost enrolment David Johnston said using

these services would fall directly under the university's definition of plagiarism.

"It definitely is plagiarism. It comes under the first condition of plagiarism that the university describes as submitting someone else's work as your own," said Johnston. "If or when a student is caught plagiarizing, they have to face the consequences, which are faculty-based."

Johnston said sites like this do not last.

"Students figure out pretty quickly that they're not as cracked up as to be as they seem," he said.

While the website does not guarantee their customers an A, the papers are promised to be of high quality. Unemployedprofessors.com states that they offer "custom research tailored to the consumer's needs and are just transferring copyright research that they have done in exchange for a fee."

First-year U of C biological sciences student Miranda Mills said using such a service defies the point of getting a university education.

"I think it's really, really weird. The entire point of writing an essay or doing school assignments is to learn and essays are an op-

portunity to give your opinion," said Mills. "It's important to get grades for what you've done. Paying someone else to do it seems wrong."

The website claims "the contemporary educational system [is] a scam, a charade as professors can only stay in business if they force students to write essays within their discipline that are of no use to the students' education."

However, third-year U of C biological sciences and English student Zac Gillrie said that the services offered by Unemployedprofessors.com is immoral.

"I wouldn't trust someone else to write my papers for me. Obviously, this is a plagiarism issue, which is not good. You're not really going to learn anything from it," said Gillrie. "Papers really aren't that hard, and there are a lot of free marks if you try."

Johnston said if students are facing issues with assignments, there are many university services available, like Writing Support at the Student Success Centre.

"Plan your academic term appropriately and if you are having difficulty meeting your deadlines, seek assistance from the many services the university has to offer," said Johnston.

SEE A LIVE SHOW

UNIVERSITY OF CALGARY
THE COLLEGE OF ARTS

Cello & Piano

October 20, 2012

The Love of the Nightingale

October 23 – November 3, 2012

Students
get in FREE
with your UCID!

CLAIM
YOUR
SEAT

claimyourseat.ucalgary.ca



WHAT'S ON YOUR DINNER PLATE?

Dylann Golbeck

Gauntlet Opinions



Food can have a powerful impact on our health. A diet change can, in some cases, eliminate or reverse the symptoms of disease. It is time we begin to choose our diet as carefully as we choose our clothes. Canola, corn, lentils, potatoes, tomatoes, soybeans and wheat are just a few genetically modified foods grown in Canada, with additional GM imports. Unfortunately, the Canadian government does not keep track of what GM foods are being grown, how much is produced or even where it is produced.

Many of these GM foods are herbicide- and pest-resistant. Monsanto, an agricultural and biotechnology company, manufactures a variety of pest-resistant corn. This corn contains genetic material from the *Bacillus thuringiensis* bacteria, which produces a toxin that kills pests. Traditionally, the toxin was sprayed on crops in order to kill insects like rootworms.

Since the spray has been deemed safe by regulators, Monsanto researchers concluded that having the toxin directly produced by the corn would not negatively affect humans. However, studies are proving them wrong. The toxin produced in modified corn is significantly more concentrated than the spray and can't be washed off or biodegraded before human consumption.

The toxin attaches to receptors in the gut of insects, causing organ degradation and death. Monsanto claims vehemently that the toxin is broken down completely by mam-

malian digestion and is therefore safe for human consumption, but several studies suggest otherwise. The first lifelong rat-feeding study published in *Food and Chemical Toxicology* this year found that rats fed GM corn developed cancers, tumors and organ failure. Other studies conducted by biotech companies have shown mortality in animals fed *Bacillus thuringiensis* corn. Bt corn is not only dangerous to mice and cattle, but is potentially dangerous to humans.

When exposed to Bt corn pol-

len in 2003, 51 residents on the island of Mindanao in the Philippines sought medical attention. The residents were stricken with fever, vomiting, headaches, respiratory difficulties and abdominal pain. Terje Traavik, a doctor who studied the blood of the sick locals exposed to the corn pollen, found specific antibodies to the Bt toxin. Traavik said the results were enough to challenge Monsanto's claims that the toxin does not show up in the pollen of GM plants and that the toxin is non-allergenic.

Many of the sick locals remained ill for three years and five unexplained deaths also occurred on the island. A report for the Institute of Science in Society, by Dr. Mae-Wan Ho, details the severity of this case and the damage to human health linked to Bt corn.

In a 2011 *Reproductive Toxicology* study by Aziz Aris and Samuel Leblanc, the Bt toxin was found in the blood of more than 80 per cent of women tested, including pregnant women and their fetuses.

In 2009, a Dow AgroSciences and Monsanto corn product called Smartstax skirted food safety assessments and was approved for human consumption. This corn contains eight different GM traits that have already been tested and approved separately. As a result, Health Canada felt that by combining all eight traits, no new assessment would be needed. Similar to how combining different drugs can produce unwanted side effects, combining these traits may also cause problems.

This blatant disregard for public safety should outrage Canadians — both the moral and scientific integrity of these biotech companies should be questioned. Independent studies should be conducted to confirm the results biotech companies report in their own studies.

Syngenta, another biotech company that produces Bt corn, conducted a bovine feeding study in 1996. Four cows died two days after ingesting the corn. Syngenta immediately cancelled the study and attempted to cover up the results.

Do we want to be fed a toxin with the potency to kill cattle within days?

Currently, Monsanto owns 90 per cent of all GM crops in the world. We can't support companies that completely disregard the health of customers. Nor do we want to be known as the generation that chose to risk our health and that of our children purely for the profit of a few corporations.

GM foods may pose significant danger to our health and well being. As consumers, we should demand to know what we are eating and educate ourselves on the risks of GM foods.



Genetically modified food labelling

Consumers have a right to know



Tamara Cottle

Opinions Editor



For most of human history, the way we have eaten hasn't changed much. Hunting and gathering has been the predominant food system employed for most of the 250,000 years of human existence. Agriculture came into practice roughly 10,000 years ago. Only 16 years ago, a new and revolutionary product started appearing on people's plates. Unbeknownst to them, the new foods being eaten were spliced in a lab with genes from unlikely sources. A tomato contained DNA from arctic flounder and corn was designed with pest-resistant bacteria. It was the dawn of a new era of food, but everyone was kept in the dark.

Today, most Americans are still unaware of the genetically modified foods they are eating. The Centre for Food Safety, a non-profit public interest group, estimates that 45 per cent of corn and 75 per cent of soybean in the U.S. are genetically modified. Also, most processed foods, which are ubiquitous in the U.S. and Canada, contain GM ingredients. Because most Americans eat a highly processed, corn- and soybean-rich diet, they should have a right to know whether their ketchup, corn chips and salsa are derived from GM sources.

So far, the onus is on organic food producers to certify and label themselves separately from the non-organic suppliers. Certification is an arduous process that costs anywhere from a few hundred to several thousand dollars. There are many organic food producers who can't afford to be certified, creating

confusion in the market and impacting consumer choice.

The logic of the current food labelling system is completely backwards. It is the GM foods that should be labelled while non-GM and organic foods should enjoy the freedom they have historically had. This is why a new California ballot measure, which will be voted on in November, should be supported.

Proposition 37, also known as the 'right to know' initiative, would mandate labelling of GM foods. If it passes, California would be the first state in the U.S. to require GM labelling. A precedent like this could spread to other states and Canada.

What seems like a reasonable course of action in a country known for its democratic values, Prop 37 has become a lightning rod for opposition. The 'vote no on Prop 37' campaign has received

substantial monetary contributions from some of the world's largest chemical companies. Monsanto has contributed \$7.1 million, while DuPont, Bayer, Syngenta, Dow and BASF have added a total of \$19 million to the no on Prop 37 pot. Other significant contributors include PepsiCo, Nestlé, Coca-Cola North America, General Mills, Del Monte Foods, Kellogg Company, Hershey Company and Campbell Soup Company.

The main contention reported by those who oppose Proposition 37 is that it will instil unnecessary fears in consumers and may lead to increased food costs to customers due to imposed labelling requirements for companies.

There are a few problems with this position. Firstly, the conjecture that GM labelling will create fear in the public assumes that customers

are irrational. Whether or not this is true, the insinuation speaks volumes about the companies taking this stance. It seems like companies opposed to Prop 37 are suggesting that they know better than the public and should be the only party privy to information about the foods they are selling. Instead of investing in education around the benefits of GM foods, these companies assume a paternalistic role in order to stymie the democratic process.

Secondly, the cost to customers incurred by GM food labelling may be offset by cheaper prices of foods from organic companies. Organic food prices would go down because farmers would no longer need to pay for certification to distinguish themselves from the chemical food companies that, so far, have all the privileges.

The real issue these big name agricultural and food companies have is the erosion of their bottom line. In the European Union, where GM food labelling is mandatory, there has been a reduction in GM food consumption. Europeans are generally unreceptive to biotechnology in their food and this is demonstrated in their market. It is understandable that GM food companies would want to invest in campaigns aligned with their financial interests, but the interests and rights of customers should always trump profit margins.

Proposition 37 is the first rational move a state legislature has made about GM foods. Transparency in food sources is paramount to consumer rights and the burden should not be on the farmers, who practice a thousand year tradition, but on the producers of novel foods.

ΔKE

Create a powerful legacy by founding
North America's premier fraternal organization
at Calgary

Attend the Founder's Interest Meeting!
Kilkenny Pub, 5:00pm 10/24

With questions or to RSVP, email calgarydke@dkehq.org

 @DKE1844

[facebook.com/deltakappaepsilonfraternity](https://www.facebook.com/deltakappaepsilonfraternity)
[facebook.com/UCalgaryDKE](https://www.facebook.com/UCalgaryDKE)

dke.org

PROPAGANDA

THURSDAYS AT COMMONWEALTH

DJ HEEBZ + TEDDY CELEBRATION

SNOWBOARD PRIZES FROM:

BURTON + THE SOURCE + NAKISKA

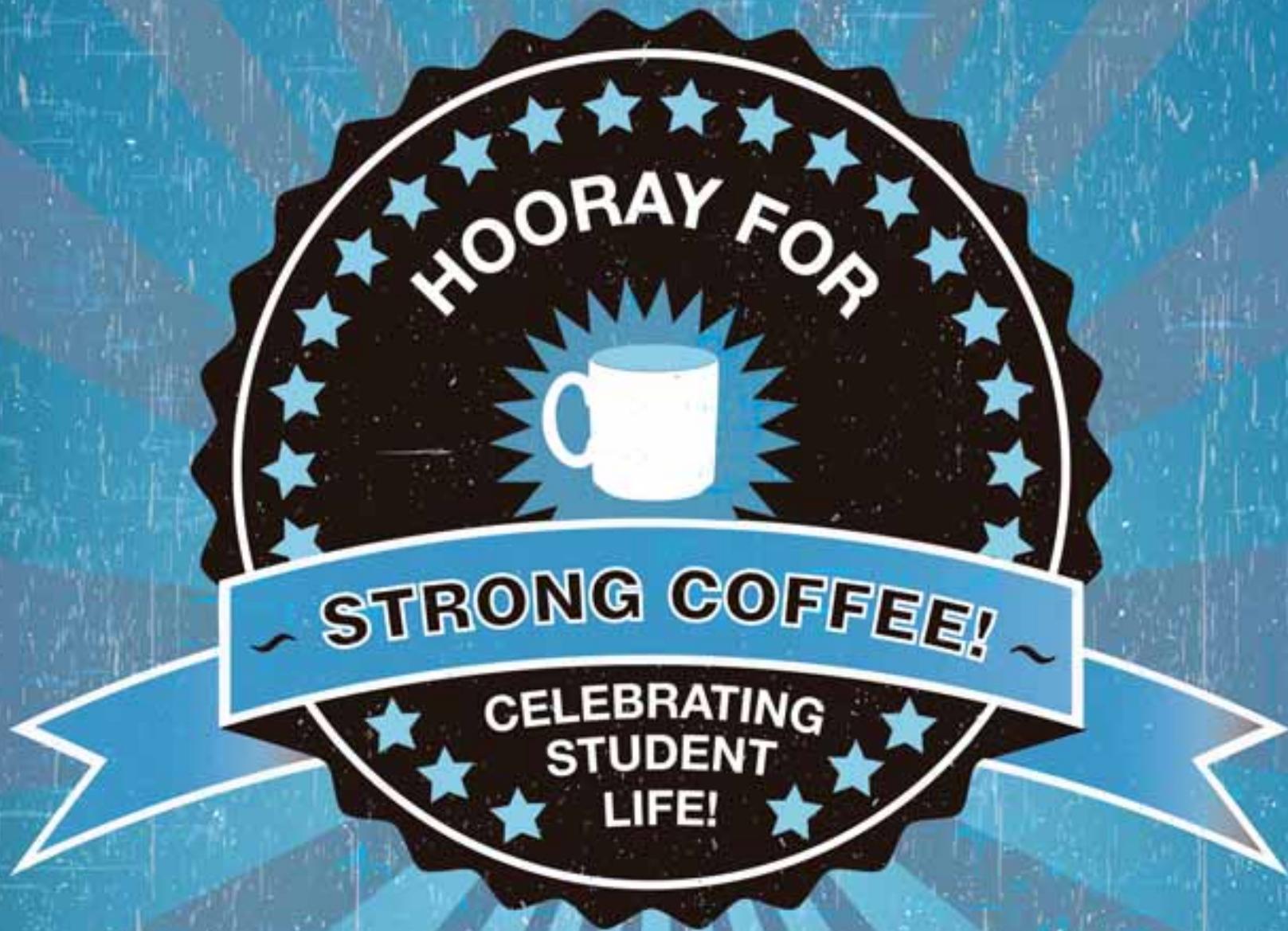
WEEKLY PRIZES + GRAND PRIZE DRAW ON OCTOBER 29TH

\$3
HI BALLS
&
ROLLING
ROCK



731 10th AVE
COMMONWEALTHBAR.CA





STUDENT AID ALBERTA

PROUDLY SUPPORTING THE STUDENT DREAM.

APPLY FOR YOUR STUDENT LOAN TODAY.

STUDENTAID.ALBERTA.CA

Aboriginal short films come to Calgary

Sarah Dorchak

Production Editor • @StegoSarahs

Calgarians are being treated to the best and brightest aboriginal short films this week as part of a collaborative project to bring indigenous arts out west. On October 19 at the Old Y Centre, the Calgary Society of Independent Filmmakers will present the top shorts from the 2011 imagineNATIVE Festival. CSIF is working with imagineNATIVE and the Stolen Sisters Digital Initiative to make this event possible.

“[CSIF’s] mandate is to increase exposure for all filmmakers,” says CSIF programming director Nicola Waugh. “There’s a huge gap between the people and the artists, and a gap between cultures. Calgary is very urban and doesn’t seem to take into consideration aboriginal content.”

CSIF chose to feature Canadian shorts from Toronto’s imagineNATIVE festival, an annual showcase of films made by indigenous people from around the world, due to the festival’s high profile in aboriginal programming.

“They are the biggest and the best in North America,” says Waugh. “ImagineNATIVE is try-



courtesy CSIF

The films featured in CSIF’s Canadian indigenous shorts presentation will showcase some of the best Canadian Aboriginal content from across the imagineNATIVE film festival.

ing to expand nationally to create a better voice for aboriginal programming.”

The imagineNATIVE festival promotes works by indigenous peoples from around the globe. CSIF is only including works done by Canadian Aboriginal communities, like the Inuit, Anishnaabe and Cree.

The night will feature eight shorts chosen by the imagineNATIVE aboriginal shorts program from the 2011 festival and hopes to garner interest for the 2012 imagineNATIVE festival happening from October 17–21 in Toronto. The Calgary event also plans to feature shorts made by elementary

students through the Stoney Education Authority, which runs three schools on the Stoney reserve in southwestern Alberta.

The Quickdraw Animation Society ran a program for students at these three schools, helping to develop an early love for animated shorts for elementary students.

Through the Stolen Sisters Digital Initiative, four one-minute shorts are being run through public display screens across Canada, including at the Calgary International Airport and Southcentre Mall. SSDI is an initiative through imagineNATIVE that exhibits works from Canadian Aboriginal filmmakers.

“All these groups are coming together to create awareness for aboriginal programming,” says Waugh. “This is one event, but it’s motivated by so many other things happening in the city and across the country.”

“It’s difficult in a city like Calgary to show aboriginal content,” Waugh says, citing Calgary’s dispersed population and smaller programming organizations. CSIF has been working with the Native Centre at the University of Calgary to reach out to the reserves, to help get First Nations people to see the films.

“The people who are really needing to see it are not living in the city. There’s all these organizations coming together to create awareness for aboriginal programming,” says Waugh.

For more information on Canadian Indigenous Shorts visit csif.org.

Just shut up and write

Morgan Shandro

Illustrations Editor

As November approaches, novelists and wannabe writers are gearing up for the 14th annual National Novel Writing Month, affectionately known by its abbreviation, NaNoWriMo.

NaNoWriMo is a month-long event that takes place every November around the world, where anyone interested in writing a novel can take the challenge to write a 50,000 word fiction novel over the course of 30 days, which ends up being 1,667 words per day. While this may seem daunting, the goal of NaNoWriMo is not to produce flawless prose. Instead, the focus is mostly on having aspiring writers get past any

mental blocks they have that prevent them from writing. NaNoWriMo provides a engaging reason for writers to finally get their ideas on paper, without worrying about editing as they go.

To participate in NaNoWriMo, visit the official website, nanowrimo.org, and sign up as a participant. You will then be able to track and share your progress once November is under way. The site also hosts forums where writers are able to discuss and get help with anything related to NaNoWriMo and writing. In addition to this, there are meet-up events organized by region, where people participating in NaNoWriMo can get together to socialize and work on their novels with other writers in their area.

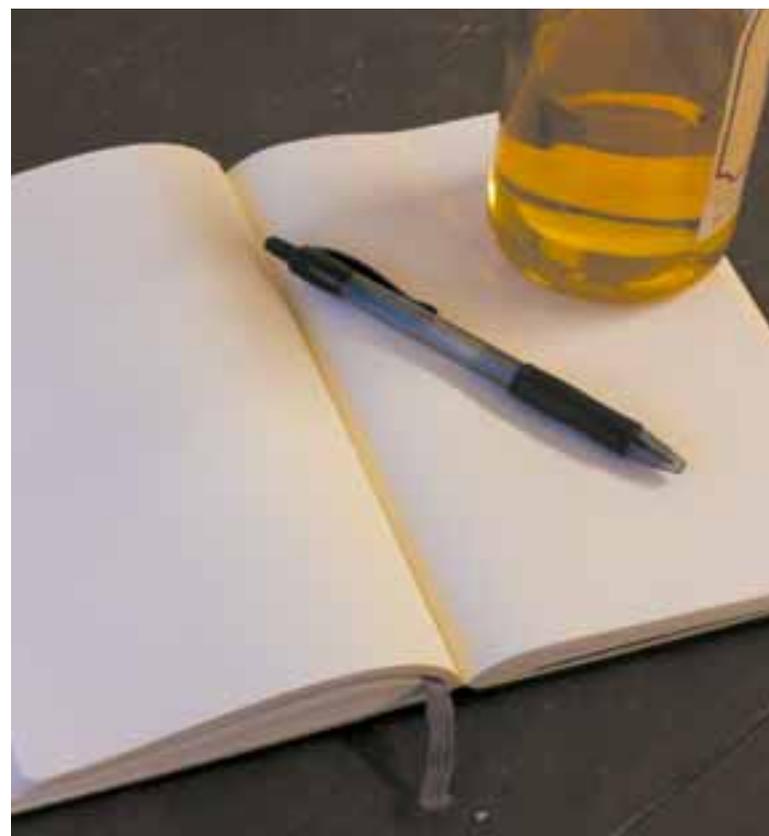
Though it is a personal chal-

lenge, there are several rewards and promotions from sponsoring companies that are available for those who manage to finish NaNoWriMo. One of these rewards is five free paperback copies of your finished book, printed by CreateSpace.

The number of people participating in NaNoWriMo has continually increased since its inception in 1999. Last year, there were 256,618 official participants in NaNoWriMo and 36,843 managed to complete the challenge.

The first Calgary NaNoWriMo meetup will take place on Oct. 23. Attendees are required to RSVP on the website or Facebook.

For more information on NaNoWriMo, visit nanowrimo.org.



courtesy Brady Fullerton

Beer Review



Adrienne Shumlich

Pike Brewing Company
Monks Uncle Tripel Ale
Alcohol content: 9%
Type of beer: Belgian-style ale
Rating: 4/5

Monks Uncle Tripel Ale is a surprisingly smooth and complex Belgian-style ale from the Pike Brewing Company based in Seattle, Washington. For those unfamiliar with Belgian-style ales, they tend to be on the sweeter and spicier end of the beer spectrum, with very little to no bitter hop flavour and tons of carbonation. This makes for a top-notch summer beer. Monks Uncle Tripel Ale definitely doesn't shy away from the sweet and spicy nature of traditional Belgian ales.

The first thing you will notice about the odour of this beer is the very sweet and playful bubblegum smell. Then come the notes of banana, clove and yeast, which go with Belgian ale like Thursdens go with an immense feeling of shame on Friday mornings.

All of that fancy smell stuff is great, but the real highlight of this beer is its alcohol content. This beer is 9 per cent alcohol, and you won't know it until you're making out with the smelly kid from your bio lab while not giving a single fuck.

This beer is deadly. It drinks extremely smooth, and doesn't have the overly sweet taste of stronger beers. Monks Uncle Tripel Ale is balanced with just the right amount of malt to take the edge off, leaving you completely blind to its alcohol content. This is a stellar beer for getting day drunk, or simply smuggling into your favourite outdoor sporting event.

Dane de Souza

NEW THIS WEEK

Paranormal Activity 4 — This horror movie will be perfect for those who have unanswered questions from *PA3*. Spoiler alert: a ghost will scare people.

We Are Legion — Another film desperately trying to convince people that 'Anonymous' is anything but a loosely organized group of idiots.

Holy Motors — Even after reading the synopsis, I have absolutely no idea what this French fantasy film is about. Regardless, it looks fantastic.

Change My Mind — Billy Ray Cyrus is still alive, apparently, and is out to prove that he can still do more than raise Disney stars with his new album.

Red — This eagerly anticipated album by the pop superstar Taylor Swift is sure to be enjoyed "ironically" by men all over the world.

Free Dimensional — The eclectic electronic artist Diamond Rings is releasing his second album this week, much to the joy of music nerds everywhere.

Medal of Honor: Warfighter — The title of this bland-looking military game sounds like it was brainstormed by a group of seven-year-olds.

The Unfinished Swan — This short, artsy independent game lets players explore a beautiful, minimalistic kingdom. It is just another masterpiece for PS3 owners to lord over everyone else.



FULFIL YOUR DESTINY
WRITE FOR
ENTERTAINMENT

Hands on television experience & technical training on campus

New University Television (NUTV) is always on the lookout for outgoing, dedicated and enthusiastic individuals to support our public access campus community television station. No prior experience is necessary. Apply today and get involved today, it's that easy!

NUTV.CA
NEW UNIVERSITY TELEVISION

NUTVatUofC 
nutv.ca/join



We are currently recruiting volunteers to assist with projects and events such as these:

- Reporting, shooting and editing stories for our News Magazine show that airs on SHAW cable
- Live coverage of DINO's sports; Mixed Martial Arts (MMA) competitions; dance performances

NEW UNIVERSITY TELEVISION

**Erin Costelo***We Can Get Over*

October 9 2012, independent release

Some albums are meant to pump up listeners and some are meant to relax them, but it's rare to listen to something that is both exciting and calming at the same time. While this seems to be an impossible contradiction, one only needs to listen to Erin Costelo's *We Can Get Over* to understand how music can simultaneously thrill your mind and calm your soul. The Halifax-born musician does an outstanding job creating an album that is able to hook on to any emotion and intensify it.

Costelo has said that she has always

loved soul and '60s music, and that is exactly what this album reflects. The instruments and melodies used, along with the traditional '60s backup singers, make this album a breath of fresh air from more contemporary sounds and allow you to be taken back in time.

The theme of *We Can Get Over* is love, and all the emotions that come with being a young romantic. This makes the music intensely relatable, because as Costelo puts it, "Everybody wants to be in love." Some songs, like "Count to 10," are much more upbeat, but others, like "Too young to be fooled," slow down and allow the listener to really focus on Costelo's beautiful lyrics. A certain kind of bounciness is maintained throughout the whole album, giving it that traditional '60s sound.

Costelo's remarkable vocals are terrific from the first song onwards, but the best of her superb singing can be heard near the end of the album in the song "Hold me." In this soulful track, you can feel her passion for her work and her raw talent shines through.

Erin Costelo is living proof of the talent Canadian singers have to offer, and *We Can Get Over* is easily one of the best albums of the year.

Tomas Maturana

**Delhi 2 Dublin***Turn up the Stereo*

August 28 2012, independent release

During a time when musicians are taking too many self-indulgent liberties, Delhi 2 Dublin gives their listeners what they want with their latest LP. The Vancouver-based, multi-ethnic world fusion band has consistently produced a stellar album every year since 2008. *Turn up the Stereo* further refines the band's unique sound — a mashup of Bhangra beats, Celtic soul and electronic attitude. The five person ensemble integrates tabla, fiddle, dhol and electric sitar in a way only Delhi 2 Dublin can. The raw edge of traditional instruments complements the clean edge of electronic

pulse that keeps the party thumping.

The overall feel of the album is uplifting. One can't stay depressed for too long while listening to the lifting of a fiddle dancing on the grid of a heart-pumping tabla. Positive vibes spark off each tune like firecrackers, while the lyrics add a subtle layer of significance.

Every song on this album is a statement. Woven almost cryptically into the backdrop of each song, D2D tackles international politics, spiritual awakening and morality with masterful diplomacy. The song "Revolution" talks about war and the need to recognize the role individuals play in it. It says, "Dropping bombs on my neighbours and their nations, it's all gone wrong and we need a solution where we win. A time of questioning and causing a commotion, but change will come when we see the illusion is within."

Another notable track is "Turn up the Stereo," a soca-influenced, participatory anthem that will have you on your feet and off the ground. "Lighta" blends softer melodies, heavy bass and string with the silver lining of a hopeful message, encouraging listeners to "face the world like a lighta."

If you're looking to enrich your music collection with high-quality Canadian content that defies genres, *Turn up the Stereo* would make an excellent addition.

Tamara Cottle



CJSW FUNDING DRIVE: OCTOBER 19 - 26, 2012

HELLO FRIENDS OF CJSW

Fall is in full swing; the leaves are changing colour, the mornings are getting cooler and the birds are heading south. You know what that means — it's time for CJSW's annual Funding Drive!

Starting at 9:00 AM on Friday October 19 and running through until 6:00 PM on Friday October 26, Calgary's campus and community radio station is asking for your support to keep the station running and make some great improvements.

It's a big year for the station. You may have noticed that as the FM dial in Calgary has seen the addition of a couple more stations, and because of this CJSW's 90.9 frequency can have some interference in some parts of the city. To remedy the situation, the station is looking to increase the 4,000 watts we currently broadcast up to around 20,000. This increase would extend our signal a little further than it currently travels, but most importantly it should help with the static within the city limits. It would also make CJSW one of the highest powered campus and community radio stations anywhere in Canada!

The new transmitter and engineering costs required to implement this change are very costly, and the only way we'll be able to pay for this is with your support. Please put the power in our tower and help us make radio science a reality!

PLEDGE NOW

Online: www.cjsw.com | Phone: 403-220-5000 | In-Person: Rm 312, MacEwan Hall, University of Calgary

PLEDGE INCENTIVE LEVELS

As a thank you to everyone who supports the station, we are offering the following incentive gifts:

Friends Card _____	\$25
Receive discounts at 100+ of your favourite businesses in Calgary.	
T-Shirt • (everything from previous pledge level) _____	\$75
Sweatshop-free tee featuring this year's artwork by Raymond Biesinger.	
Live Sessions CD • (everything from previous pledge levels) _____	\$120
Double disc set featuring songs recorded live in our studios over the past year.	
Mug • (everything from previous pledge levels) _____	\$150
Large 'CJSW Radio Science' coffee mug to start every day right.	
Embossed Journal • (everything from previous pledge levels) _____	\$200
Hard cover journal embossed with the classic 'CJSW 91 FM' microphone logo.	
Hoodie • (everything from previous pledge levels) _____	\$300
High quality hoodie with a one-color print of everyone's favourite CJSW logo.	
Limited Edition Screen Print • (everything from previous pledge levels) _____	\$400
Large, limited edition hand-numbered silkscreen prints of the Radio Science robots.	



courtesy David Moll

Women's rugby team tries to succeed in playoffs

Fabian Mayer

Gauntlet Sports • @FGMay

The University of Calgary women's rugby team has progressed at an astonishing rate over the past three seasons. During the first year of the women's rugby program in 2009, the Dinos were unable to score a single point. They remained winless in their second season. Last season was a big year for the Dinos as they managed their first win against Canada West opposition, beating the University of British Columbia Thunderbirds in their first game of the season. Ultimately, the Dinos qualified for the CW playoffs and finished third.

This year, the team has once again showed enormous improvement. The Dinos started the season strong on Sept. 21 by easily beating the Thunderbirds 76-10 and the University of Victoria Vikes 47-3 on their first B.C. road-trip. The following week, the squad defeated the University of Lethbridge Pronghorns, a perennial powerhouse of Canadian rugby, 31-18.

The Dinos are the first team to beat the six-time defending CW champions since 2008. Ending the Pronghorns's 22 game winning streak was the biggest achievement in the program's history and solidified the U of C as a contender for the CW title.

The win was extra special for

third-year player Anna Ahart.

"My big sister plays [with the Pronghorns] and to beat her was tremendous. They're known for rugby — that's what their school is about — and beating them was the best thing our program has done so far," said Ahart.

The huge win has given the Dinos confidence to challenge for the championship. However, for head coach Simon Chi, being competitive and continuing to improve may be as important as the results.

"For a lot of people it was sort of a big game, but in my mind it's just a build up. We prepared no differently — at the end of the day it's about beating them at the right time of the year. I wasn't going to be too worried about the result,

as long as we are being competitive and are improving," said Chi. "We've identified a core group of athletes that we've been developing. They're starting to come into their own in terms of knowledge of the game" said Chi.

Ahart acknowledged a different culture surrounding the team this season.

"A lot of us are taking it a lot more seriously. When we first started, there were a lot of us who really wanted to win, but it was sort of unfathomable. Now we work really hard, we're training more than ever, we started earlier than we ever have and it shows. We've been extremely successful this year," said Ahart.

Third-year Dino and national team player Sammy Crandell said

she is very excited and nervous about the playoffs.

"I think everybody knows that we have a lot to work on, so switches are clicked on at practice and everyone is eager to learn more and improve," said Crandell.

women's rugby team has a serious chance at challenging for the CW championship and a trip to the Canadian Interuniversity Sport championships. The Dinos rugby team played its last regular season game on Friday, October 12 against the University of Alberta

/// We have all been working so hard, no one expects anything to be a cakewalk . . . we know we have to fight.

— Anna Ahart, third-year player

There is a lot of optimism on the U of C women's rugby team but, at the same time, the Dinos know the most crucial stage of the season is playoffs.

"It's a very grounded group. They have come out and worked hard this week," said Chi.

Ahart described the attitude of the team this season as positive and grounded.

"We have all been working so hard, no one expects anything to be a cakewalk because we have never had a cakewalk. Nothing has ever been easy for us so we know we have to fight," said Ahart.

The Dinos are ranked fifth nationally and second in the CW, positioning the team nicely for a best ever finish for the burgeoning program.

For the first time since the program's inception, the Dinos

Pandas. Heading into the game, both teams were 3-0 in the CW conference. The Pandas defeated the Dinos 46-24, giving the Dinos second seed heading into playoffs.

The CW playoffs feature the top-four teams facing off for a spot in the CIS championships. Only the champion of the final-four CW tournament moves on to the nationals, which the Dinos now have in their sight. However, the Dinos first need to end the U of L's six-title streak.

The earlier victory over the Pronghorns was an amazing accomplishment for the women's rugby program, but in order to take the team to the national level, they will have to replicate this achievement in the playoffs.

The Dinos play their first CW playoff game against the Pronghorns on Friday, Oct. 19 at 1 p.m. in Edmonton. If they are successful, they advance to the CW finals on Sunday, Oct. 21.

374-33

The amount that the Dinos were outscored in their first two seasons of Canada West Rugby in 2009 and 2010. In 2009, the Dinos failed to score a single point.

36

The amount of points scored by second-year fullback Kate Scotland. Scotland ended the season in the CIS points scoring lead.

1,462

The number of days between University of Lethbridge Pronghorn losses in CW play. The streak began on Sept. 28, 2008 and ended by losing to the Dinos on Sept. 29, 2012, 31-18.

178

The number of points scored by the Dinos in four games this season. This is 96 more points than the Dinos scored in 2011.



Deadlifting like this person is extremely strenuous for the muscles and discs in your back, risking long-term damage.

courtesy Patrick Letter

Trainer's corner: Carlyn Stilling

The Gauntlet will publish a series of training tips in the upcoming months. Whether you have never set foot in the gym or are a seasoned veteran of the fitness centre, here is some advice from a University of Calgary kinesiologist and personal trainer to help get you started the right way.

DON'T deadlift like the hunchback of Notre Dame — as pictured above — and do 100 full sit-ups for your “core” workout. You need those discs in your lumbar spine when you're older.

DON'T work out if you haven't eaten for four to five hours. **DO** eat something two to three hours before, like fruit, vegetables and a source of protein. For example, eat an apple and almonds, a peanut butter and banana wrap or hummus and vegetables.

DON'T load the E-Z-curl bar up with a ton of five pound plates without securing them with collars. While important to get those curls done, it's never safe to have weighted obstacles rolling around the gym.

DON'T teach your friend/girlfriend/boyfriend the workout routine you have been doing for years. Progressive overload is not simply kinesiology jargon. Perhaps your friend can temporarily keep up, but eventually they will start to hate you when they are injured or can't move the following week.

DO wash your gym clothes and

throw on some deodorant. The fitness centre regularly receives complaints about the various odours at the gym. After three days, those dry-fit shirts really lock in a musk.

DO let go of the treadmill, even when you have increased to maximum incline. This reduces the compressive forces on your spine

and will help prevent back pain. You might be working a bit too hard if you have to keep a death grip to stay on.

DO stay focused on what you are doing in the gym. If you are reading *Time* while doing weights, you are not working out — put the magazine down. Strength training requires your

full attention to make sure you don't hurt yourself.

DO run in the direction of the arrows on the track. If your running also doubles as agility practice, it is likely you are going to end up in the Sports Medicine Centre.

DO look in the mirrors to check your technique. Contrary

to popular practice, the mirrors are not there for you to make sure your tricep development is coming along or to touch up hair and makeup.

Carlyn Stilling has been working with the University of Calgary faculty of kinesiology since 2004. Carlyn is also the staff kinesiologist for an integrative health clinic at the Foothills Hospital



UNIVERSITY OF CALGARY VETERINARY MEDICINE
DVM ADMISSIONS & INFORMATION SESSION
WITH DR. ALASTAIR CRIBB, DEAN

DATE MONDAY OCTOBER 22, 2012 | TIME 5.00PM - 6.30PM

LOCATION UNIVERSITY OF CALGARY SPY HILL CAMPUS

Clinical Skills Building: Room 104 (Theatre)

11877-85 Street NW, Calgary, Alberta.

<http://www.ucalgary.ca/map/node/166>

Parking is free

ALL ARE WELCOME

DINOS IN ACTION

Football — Oct. 19 vs. the U of R Rams in Regina, SK. at 7 p.m. [streamed on Canadawest.tv and broadcast on QR77]

Women's hockey — Oct. 19 and 20 vs. the U of R Rams at Father David Bauer Arena at 7 p.m.

Men's hockey — Oct. 19 and 20 vs. the U of R Rams 7 p.m. at Regina, SK.

Women's rugby — CW Final Four Championships: quarterfinals Oct. 19 vs. the U of L Pronghorns at 1p.m. in Edmonton

Men's soccer — Oct. 20 and 21 vs. the U of S Huskies. Both games will be at the west varsity pitch at 2:15 p.m.

Women's soccer — Oct. 20 vs. the U of S Huskies, Oct. 21 vs. the U of R Rams. Both games will be at the west varsity pitch at 12 p.m.



Michael Issakidis

Solid start gives men's hockey a reason to celebrate

The Dinos men's hockey team is currently eighth in the CIS after a 3-1 start to the regular season. After taking two-straight games from the University of Lethbridge Pronghorns on Sept. 27 and 28, the Dinos split a pair of home games against the University of British Columbia Thunderbirds on Oct. 12 and 13. The Dinos embark on a two-game road swing against the University of Regina Rams on Oct. 19 and 20. The Rams are currently tied with the Dinos and two other squads for first place in the CW standings.

DINOS

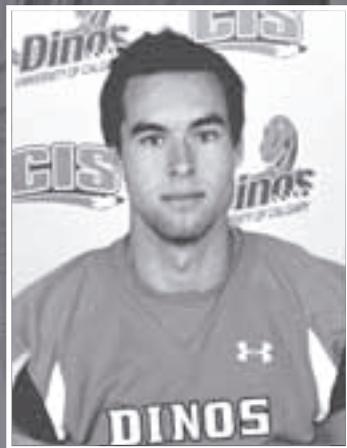


ROOKIES OF THE MONTH



NIKKI FURUKAWA
Dinos Soccer

Through the first eight games of the season, rookie forward Nikki Furukawa is making a name for herself. She's the Dinos' leading scorer with four goals and two assists through eight games, including a hat trick performance at UNBC.



BRETT BLASZKO
Dinos Football

Freshman receiver Brett Blaszkowicz scored a 65-yard touchdown in his first game, added two more in his second, and through four games in September has 16 catches for 315 yards and four majors as the Dinos opened the season with five straight wins.

FREE BUS

TRANSPORTATION EVERY THURSDAY & FRIDAY

10:20PM PICKUP AT 24TH AVE & UNIVERSITY GATE NW

REGISTER IN ADVANCE TO GUARANTEE A SPOT AT WWW.ROADHOUSECALGARY.COM
OR JUST SHOW UP, AS WE ALWAYS HOLD EXTRA SEATS.

PROUD TO BE THE OFFICIAL DINOS SPONSOR
"LET'S-GO-ROADHOUSE!"



840 9TH AVENUE SW | 403-398-7623 | ROADHOUSECALGARY.COM | @ROADHOUSECGY | /ROADHOUSENIGHTCLUB
SUBJECT TO CAPACITY - AGIC AND FIRE REGULATIONS APPLY - DRESS CODE IN EFFECT - PHOTO ID REQUIRED.

VARSIITY PHARMACY
MSC • 282-0100



HFL Tested
Quality Assured
for Athletes

Suppliers of HFL tested products for DINOS and CSCC Olympic / Oval athletes

THE
“OH \$?%!
I'M LATE TO CLASS”
CAR2GO

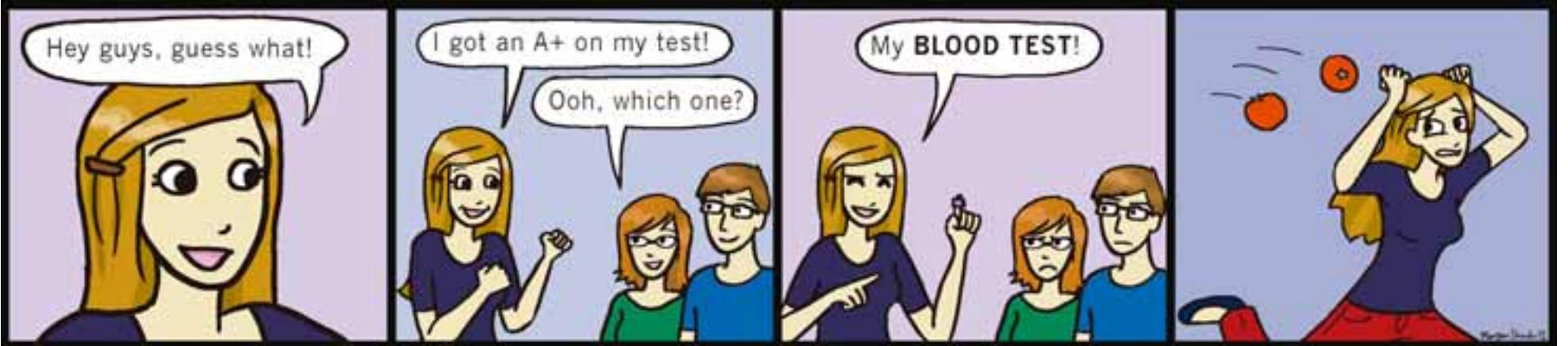


Get to campus the quick and easy way. Just take a car2go when you need it, and leave it when you're done. No mandatory reservations, no late fees. **For a limited time, students get free registration and 30 minutes free at Calgary.car2go.com with student ID (promo code: STUDENT).**

CAR
2GO

Must be minimum 19 years old and/or have 3 years of driving experience. Must have valid Canadian driver's license. Free minutes of driving time are valid for 60 days after credited to an account, unless otherwise noted.

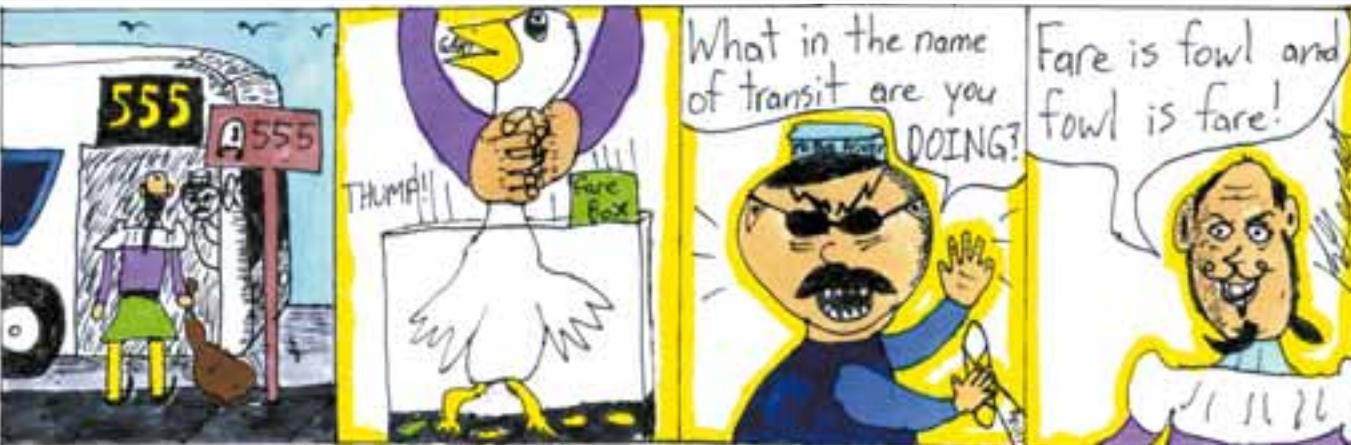
Imaginary Anomaly — Morgan Shandro



StegoSarhs — Sarah Dorchak



Stercum Accidit — Kurt Genest



Network Admin



GET INVOLVED

BECOME A STUDENT-AT-LARGE-DIRECTOR WITH THE GAUNTLET PUBLICATIONS SOCIETY

Applications are available in Room 319 MSC
Applicants **MUST** attend the Gauntlet Annual General Meeting on Monday Oct. 29, 2012 at 6:00 pm in MSC Bianca

Contact Evelyn Cone, Business Manager, for more information
Room 319 MSC or phone 403.220.7380

Application Deadline is MONDAY, Oct. 29 at noon

THERE ARE 3 POSTIONS AVAILABLE

Become involved in the business direction of the newspaper. No experience is required. Add to your resume. Meetings are once a month. Time commitment is 1 to 3 hours monthly.