



THE GAUNTLET'S
FEDERAL
ELECTION
ENDORSEMENT

pg. 7

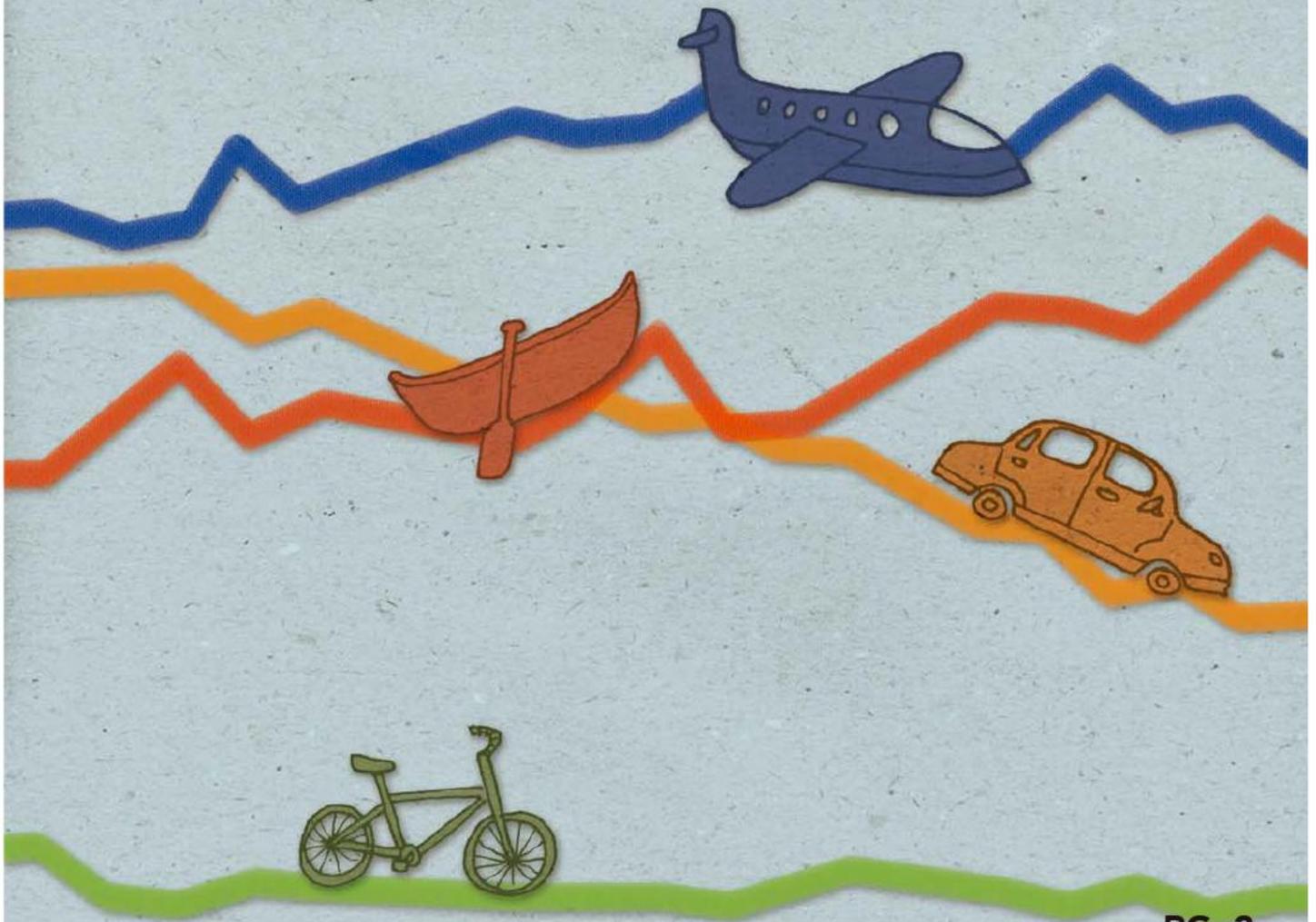
LOCAL
MUSICIANS
ROCK AGAINST
HARPER

pg. 13

TORONTO
RAPTORS
BANK ON
POTENTIAL

pg. 15

VOL. 56 | ISSUE NO. 17 | Oct 15, 2015



PG. 3

2015 FEDERAL ELECTION APPROACHES THE FINISH LINE



STUDENTS' UNION

www.su.ucalgary.ca

www.getoutthevote.ca

Pledge to Vote.

5.5 million millennials matter. You matter.



Over \$20,000 in awards!

Students' Union Undergraduate Research Symposium



Participate in a showcase of exceptional undergraduate research from all faculties.

► Abstract submission by Oct. 21 at 4:30 p.m.

Symposium: Thursday, Nov. 26, 11 a.m. - 2 p.m.
Location: MacEwan Hall
For more info: www.su.ucalgary.ca/symposium



Love YOUR Prof or TA? STUDENTS' CHOICE *since '83*

HAVE A PROF OR TA THAT INSPIRES YOU?

Nominate NOW
SU.UCALGARY.CA/TEA

NOMINATIONS ACCEPTED
SEPT 18 - OCT 30 @ 4:30 P.M.



Election Viewing Party

at **THE DEN**

6 p.m. until late | Election Day: Monday, Oct. 19

Everyone is welcome!



www.getoutthevote.ca



www.su.ucalgary.ca | www.facebook.com/suuofc | [twitter @SUUofC](https://twitter.com/SUUofC) | www.instagram.com/suuofc

GAUNTLET NEWS

Twitter: @GauntletUofC

Editor-in-Chief: Kate Jacobson 403-220-7752
kjac@thegauntlet.caNews: Fabian Mayer 403-220-4318
news@thegauntlet.caNews Assistant: Scott Strasser
sstrasser@thegauntlet.caOpinions: Sean Willett
sean@thegauntlet.caFeatures: Chris Adams
cfeature@thegauntlet.caEntertainment: Jason Herring
entertainment@thegauntlet.ca

Entertainment Assistant: Rachel Woodward

Sports: Sonny Sachdeva
sports@thegauntlet.ca

Sports Assistant: Ernie Medland-Marchen

Humour: Melanie Woods
humour@thegauntlet.caPhoto: Louise Villanueva
photo@thegauntlet.caVideo: Eric Gonzalez
video@thegauntlet.caGraphic Artist: Samantha Lucy
graphics@thegauntlet.caOnline: Clara Sadler
online@thegauntlet.caVolunteer Coordinator: Olivia Ingram
volunteer@thegauntlet.caBusiness Manager: Riley Hill
403-220-7380
business@thegauntlet.caContributors
Amjad Al-Abbi • Joe Ajeiro • Derek Baker
Jarrett Edmand • Johnny Fajal • Jill Garguis
Preetha Gopalakrishnan • Sabur Ichi • Grant Jackson
Gheer Miguel • Dawn Muenchrath • Ahmad Nasser
Nada Saleem • Rhyss Sosnowski • Philip Stapor

Golden Spatula

Philip Stapor

This week Philip took a sick picture of a bulldozer. Immediately following the photo, the bulldozer came to life, reared its head and charged after Philip. While Philip bravely stood his ground, it turns out the bulldozer just wanted its modeling fees. We're all simple working folks looking for a simple working living after all.

"Why am I taking a picture of my name?"

Furor Arma Ministrat

Room 319, MacEwan Students' Centre
University of Calgary
2500 University Drive NW
Calgary, AB T2N 1N4
General inquiries: 403-220-7750
thegauntlet.ca

The Gauntlet is the official student newspaper of the University of Calgary, published most Thursdays throughout the year by the Gauntlet Publications Society, an autonomous, incorporated body. Membership in the society is open to undergraduate students at the U of C, but all members of the university community are encouraged to contribute. Opinions contained herein are those of the individual writers, and do not necessarily represent the views of the entire Gauntlet staff. Editorials are chosen by the majority of the editorial board. The Gauntlet is a forum open to all U of C students but may refuse any submission judged to be racist, sexist, homophobic, libelous, or containing attacks of a strictly personal nature. We reserve the right to edit for brevity. Grievances regarding the Gauntlet follow a three-step process which requires written decisions from the Editor, the GPS Board of Directors, and the Ombudsboard. The complete Grievance Policy is online at: thegauntlet.ca. The Gauntlet offices are located on Treaty 7 land. The Gauntlet is printed on recycled paper using an ink squeezed from Justin Trudeau's sweaty boxing shorts. We urge you to recycle/VOTE IN THE FEDERAL ELECTION using the Gauntlet.

Letter Policy

Letters must be typed double-spaced and received by Monday at 4 p.m., and must include the author's name, student ID number, telephone number and signature. Letters will not be printed if they include attacks of a strictly personal nature, statements that discriminate on the basis of race, sex, or sexual orientation, or libelous or defamatory material. All letters should be addressed to "Editor, the Gauntlet," and be no longer than 300 words. The Gauntlet retains the right to edit submissions. Letters can be delivered or mailed to the Gauntlet office, Room 319, MacEwan Students' Centre, or sent by email to ec@thegauntlet.ca.

The Cover
Design by Samantha Lucy

Advertising

The Gauntlet's local and national sales are managed by FREE Media, an agency representing the campus press in Canada. View our Ad Sheet online for rates and publication dates. Questions about the Gauntlet's ad policy can be directed to Ron Goldberger at (403)-607-4948 or online at jyc@f-media.ca.



FEDERAL ELECTION »

Students prepare to vote in upcoming federal election

Fabian Mayer
News Editor

The federal election is just around the corner and the University of Calgary Students' Union is making its final push to encourage students to vote on Oct. 19.

The SU hopes to sign up 10,000 students with their Get Out The Vote campaign. Those students will then receive a reminder to vote on election day.

According to SU vice-president external Romy Garrido, they've already signed up around 8,000 students.

"Right now we're completely focused on classroom visits. We've booked well over 50 of them with professors," Garrido said.

During the 2011 federal election, only 38.8 per cent of eligible voters aged 18-24 cast a ballot compared to a turnout of 61.1 per cent for the general population.

Garrido said the GOTV campaign is trying to convince students their vote matters.

"There's two million of us and that's more than enough to sway an election," Garrido said. "We have enough power to actually decide who wins."

Garrido said she is seeing more parties come out with student-focused policies, but still isn't satisfied with the amount of attention student issues are getting.

"We have heard from a couple



Students will head to the polls next week to vote in Canada's 42nd federal election.

LOUIE VILLANUEVA

parties, [students] are coming up in their platforms," Garrido said. "Is it enough? I'm always going to say no."

She mentioned a recent Liberal announcement to replace student tax credits with more grants. Both the Canadian Alliance of Student Associations and Garrido had advocated for more federal student grants, but she remains cautious.

"What matters is that once they're elected, they see those through. I'll be impressed when it happens," Garrido said.

The economy has been a central campaign issue for many Canadians. Third-year computer science student Jeremy Kaiser said it was the most important issue to him.

"I have tons of friends who lost their jobs because of the economy," Kaiser said. "It's a priority for me because I'm going to get out of school soon and I want a job there for me when I get there."

Kaiser said he plans on voting but is still deciding between two parties.

"I'm swamped here at school so

I haven't been able to pay attention, I think most people are feeling that way," Kaiser said.

Second-year engineering student Avnett Gill shares Kaiser's concerns about the economy.

"It really worries me since in a couple years I'll be going to be out in the job world," Gill said.

Gill has made up her mind and is determined to cast a ballot.

"Every vote counts. It would be stupid not to. If you want to see a change you kind of have to put your foot forward," Gill said.

SAFETY »

Handguns found on campus in August

Fabian Mayer
News Editor

Two unloaded handguns were found at the University of Calgary on Aug. 27. Information about the incident was withheld from students and staff until now.

According to head of Campus Security Brian Sembo, a contractor found the guns and turned them over to Campus Security, who then contacted the Calgary Police Service.

Sembo said students and staff were not informed because the police claimed there was no threat to students and staff. Police also asked Campus Security not to reveal details while the in-

vestigation is ongoing.

"Had I felt there was a concern with this, if there was some other information, for example, there was any risk at all to students staff or faculty — we would have released the information," Sembo said.

// There was a rumour that they were located in residence. I can absolutely assure you they were not located in any residential areas.

— Head of Campus Security, Brian Sembo

Campus Security conducted a sweep of the area where the guns were found, but did not find any further firearms or ammunition.

Sembo could not reveal where on campus the guns were found, but was able to rule out some areas.

"There was a rumour that they were located in residence. I can absolutely assure you they were not located in any residential areas," Sembo said.

Students' Union president Levi Nilson said he only found out about the incident after being asked to comment on the matter

by a reporter. Nilson claims he is okay with not being told about the discovery.

"It would have been nice, but I think they were doing what they were told [by police]," Nilson said.

Nilson thinks Campus Security acted appropriately, saying he "trusts the cops on this one."

He believes incidents should be looked at on a case-by-case basis and that the university should provide students with information whenever possible.

"In instances when police don't ask them specifically, I think students should have the right to know," Nilson said.

Police have identified two suspects in the case, but haven't laid any charges.

Refugee student program welcomes new students to the University of Calgary

Tahiya Jubaydah
Gauntlet News

Refugees are currently a prominent political issue due to ongoing conflicts in Syria and Iraq. The Students' Union has partnered with the World University Service of Canada (WUSC) for nearly 30 years to bring refugees to study at the University of Calgary.

The SU assists refugee students with financing, schooling and adjusting to Canadian life. A levy was established by the SU in 1986 to fund the program.

Vice-president operations and finance Sarah Pousette said many students aren't aware of the program.

"They're getting an amazing opportunity and people don't know about it because they're fitting into the campus so well," Pousette said.

The U of C supports the program by waiving tuition and the costs of textbooks and accommodation for incoming first-year refugee students.

Pousette said she has learned a lot from her involvement with the program.

"Even though they have different cultures, they still like sending text messages. They still like



Members of WUSC and others welcomed two refugee students from Rwanda on Sept. 10. COURTESY SU
watching YouTube. They like dancing to music in their dorm rooms," Pousette said.

Second-year nursing student Jeremiah Niyonzima came to the U of C as part of the refugee student program.

Niyonzima's family fled the Rwandan genocide when he was eight. He lived in a refugee camp in Malawi before coming to Canada.

The camp where Niyonzima lived in Malawi was segregated by nationality. He was struck by Canada's multiculturalism.

"No matter the fact that everyone is from different cultures, you find yourself living together and then working together," Niyonzima said.

One of the questions for WUSC's selection process asked Niyonzima

how he would deal with a roommate with a different culture.

"Having a different culture doesn't mean you have to be against your roommates because they are of a different culture. It's just a matter of understanding them. It's just a matter of respecting them," Niyonzima said.

Co-chair of WUSC's Calgary chapter Aysha Chaudry said the

situation in Syria casts a spotlight on refugees. But she believes it is important to focus on more than one region.

"There are refugees all around the world that are currently seeking asylum from things such as religious wars or the threat of child recruitment from the military," Chaudry said. "You can't put one life over another because all of them are facing different problems in their countries they're trying to escape from."

Chaudry stressed that when the students arrive on Canadian campuses, they are no longer refugees. "When they're here through WUSC, they become permanent residents," Chaudry said. "And in four years they can apply for their citizenship."

The program has brought 29 refugee students from Kenya, Rwanda, Sudan, South Africa, Malawi and Thailand to the U of C.

Since WUSC started the program in 1978, it has sponsored over 1,400 refugee students in collaboration with 61 universities and colleges across the country.

This year's refugee students arrived in Calgary on Sept. 10. Abraham Achuil and Tamun Ahas Ras come from a refugee camp in Kenya after fleeing violence in their home country of Sudan.

Music Celebration Series

ROMANTIC NOTIONS

with pianist Krzysztof Jablonski, Honens Laureate '92

School of Creative and Performing Arts
October 17, 2015 at 8 p.m.
Eckhardt-Gramatté Hall
Tickets: \$25/\$18
scpa.ucalgary.ca | 403.210.7576

Just not ready?
Can't afford to?
It might hurt?

The best way to avoid challenges is to see them as threats

onematch.com

Every act describes your life

CITY »

Construction begins on renamed University District development

Fabian Mayer
News Editor

Construction on the University District, formerly known as West Campus, recently began in earnest, and bulldozers now roam the site.

The West Campus Development Trust (WCDDT) is in charge of designing and planning the new community, which will be built on the vacant land west of campus. The area is bound by Shaganappi Trail, 16th Avenue and 32nd Avenue.

WCDDT CEO James Robertson said work began on the site this fall.

"We're grading the site, preparing for utility installation in the spring and summer of 2016," Robertson said.

The Trust decided to rename the project University District so people understand the development is for all Calgarians.

"While we acknowledge and are big fans of the link with the university, we also wanted to make sure people understood it wasn't just for the university," Robertson said.

WCDDT plans to begin soliciting offers from builders next month.

"We hope that builders will be starting construction and we can have residents living here as early as 2018," Robertson said.

Construction of the community is slated to take place over the next 15-20 years. Robertson said they are also busy finding retailers to move in once residential areas are built.

"One of the fundamental ones that we're looking for right now is a grocery store," Robertson said.



Work has started on the planned University District development west of campus.

PHILLIP STAPOR

"We're looking at who might be willing to come as soon as possible and how big a store they would want."

Robertson said students have been consulted along the way to ensure aspects important to them are included in the development plans.

"We've taken a balanced approach to make sure that we are appealing to as many audiences as we can," Robertson said.

Students' Union president Levi Nilson sits on the WCDDT's board. He is excited about the direction the development is taking.

"All the discussions are student-focused, which is fantastic," Nilson said. "They're kind of going for a Kensington feel and, personally, I love that neighbourhood."

He thinks having more coffee shops, restaurants and pubs close to campus will enhance students' experience at the U of C.

"I've had a chance to look at their plans for the general feel of it and what kind of businesses they want to bring in and it looks pretty great," Nilson said. "If I was on campus when that was open, that would be fantastic."

According to Robertson, Alberta's

economic slowdown hasn't impacted any plans thus far, but may do so in the future.

"That will come down to the pace of development rather than the vision of the development," Robertson said. "Those are things you always look at in development. If the market is slow you just go a little bit slower."

Robertson claims Alberta's economic climate was factored into the plans due to the length of the development.

"We always anticipated that during those 15-20 years there would be some economic cycles."

BRIEFS

Dutch inquest into downing of Malaysian airliner finds Russian missile responsible

A fifteen-month investigation by the Dutch Safety Board (DSB) has confirmed that Malaysia Airlines flight MH17 was struck by a warhead from a Russian-made Buk missile system.

Flight MH17 went down on July 17, 2014. The flight was en route from Amsterdam to Kuala Lumpur when it lost contact with air traffic controllers and disappeared from radar over a section of eastern Ukraine.

The flight crashed near Donetsk, an area controlled by pro-Russian separatists. The crash was caused

by a Russian-made missile that detonated about four metres above the tip of the airplane's nose on the left side of the cockpit.

Russia was initially blamed for the incident, but denies all accusations. Russian officials claim the missile was fired from within Ukrainian-controlled territory.

The Russian manufacturing firm that creates Buk missiles supports this claim. They said the shrapnel found at the crash site comes from a missile type no longer used by Russian military forces. They claim that particular model was still used by Ukrainian forces, however.

All 298 people aboard MH17 died in the crash.

Record number vote in advanced polls

According to Elections Canada, around 3.6 million Canadians voted during the first four days of the advance-voting period for the 2015 federal election.

This represents a 71 per cent increase from the 2011 federal election, when roughly 1.8 million voted during the first three advance-voting days.

Complaints of long line-ups emerged at many of the 4,950 advance polling stations.

The advance-voting period lasted from Oct. 9-Oct. 12. Monday was the last day. The official voting day takes place on Oct. 19.

Alaska decides to ditch Columbus day

The state of Alaska has officially renamed Columbus Day to Indigenous Peoples Day.

Although Alaska marks the first state to officially rename the holiday, a growing list of local and municipal governments have renamed or denounced the holiday in recent years.

Columbus Day has been criticized by indigenous groups for celebrating a dark part of North America's history.

"Alaska is built upon the homelands and communities of Indigenous Peoples of this region, without whom the building of the state would not be possible," said Alaskan governor Bill Walker.

TUITION & FEES »

U of C to implement new \$500 admissions deposit

Fabian Mayer
News Editor

Prospective University of Calgary students will now have to pay a \$500 non-refundable deposit to secure their admission. This new policy takes effect in the fall of 2016. The deposit will then be applied to tuition if the student decides to attend the U of C.

Registrar Angelique Saweczko said the decision to implement the admissions deposit was made after the university had problems filling seats.

"We were finding, especially in some of the high demand programs, is that students were accepting the admission offer, but weren't intending on coming," Saweczko said.

The U of C missed enrolment targets last year, with undergraduate enrolment decreasing by roughly five per cent. The largest drop was in engineering, where enrolment decreased by around 19 per cent.

"We have programs with lots of waitlists and we want to ensure we are maximizing our space for students," Saweczko said.

She hopes the new policy will allow the university to more accurately predict enrolment.

"By implementing the tuition deposit it gives us a better sense of the students who are really planning on coming in the upcoming year," Saweczko said.

Saweczko wasn't sure what will happen to the money from deposits paid by students who don't wind up attending the university.

"We're not looking to make money from these deposits, that's not really the intent. We just want students to make a firm commitment."

According to Saweczko, the university has been working with high school guidance counsellors to ensure prospective students are aware of the new practice.

"Because this is common practice at other universities, it wasn't a surprise and there wasn't really any negative reaction to it."

NANNY / BABYSITTER NEEDED

2 Children, flexible hours, for three times in a week, duties include helping with homework, meals, errands, and picking up from school.
\$315/for one week.
contact
bb89471@gmail.com

Open textbooks gain momentum

Fabian Mayer
News Editor

Open textbooks are gaining momentum at the University of Calgary after being used in several philosophy and math courses this semester.

The Students' Union is hoping to promote further adoption by creating a new Open Educational Resources (OER) network. The network will bring together advocates for OERs from around campus.

SU vice-president academic Stephan Guscott is pushing for wider adoption of open textbooks among U of C faculty.

"It's really about raising awareness so that we understand what open educational resources are so we can use them more effectively," Guscott said.

He hopes to get the network up and running by the end of October.

"The sooner we get started the sooner we can start doing stuff," Guscott said. "It's at the top of my priority list."

U of C philosophy professor Richard Zach is developing an



Professors Richard Zach and Nicole Wyatt developed an open source logic textbook that is free for students.

open textbook with fellow faculty member Nicole Wyatt. The logic textbook will be used for a second-year logic course at the U of C.

Zach also used the book for a course he taught at McGill University last year. He believes open textbooks offer several advantages over traditional textbooks.

"There are two things that students care about. One is 'does the text help me learn' and 'is it going to cost me a lot of money,'" Zach said.

Zach thinks the work required for instructors to switch over to open textbooks is a big part of what keeps professors from using them more.

"Switching textbooks is always

hard for an instructor. It's almost like preparing a new course," Zach said. "It's a lot of work, but just keep in mind that by not doing that, you're making your students pay a lot of money."

He also touted the advantages open textbooks offer instructors over traditional ones.

"It's also flexibility for the

instructor. That was one of the reasons we started this open textbook project because we just weren't happy with the textbooks that were out there," Zach said.

The textbook was developed with grants from the faculty of arts, the Alberta Open Textbook Initiative and the Taylor Institute for Teaching and Learning.

LOUIE VILLANUEVA

FEDERAL ELECTION »

Res students face new obstacles when voting

Fabian Mayer
News Editor

Canada's new Fair Elections Act changed the way students living in residence must prove their eligibility to vote.

Prior to the new law, the director of residence services could declare a signed list of all students living in residence. Students could also ask someone to vouch for them at polling stations.

Now, each student must have an individual form proving their residency. Students' Union president Levi Nilson found out about the changes after meeting with Elections Canada.

"To add that extra step in the process was going to potentially be a big issue," Nilson said. "Potentially a lot of people would have shown up on Oct. 19 and they weren't going to have anything."

Nilson met with Residence Services to see what could be done. Associate director of residence services Rany Maus said they were able to come up with a solution.

"We generated letters and put them in their mailboxes that essentially said 'this student lives here, this is confirmation,' so they can use

that to register," Maus said.

While Maus said the process is time-consuming, he believes it is worthwhile.

"We're supporting the voting process. I think that's important to us to make sure that students have their right to vote," Maus said.

Residence Services considered leaving it up to students to get their forms signed, but Maus believes they made the right choice.

Despite forms being provided to students, Nilson still thinks it will be more difficult for students living in residence to vote.

"I think any added steps is always a little bit more of a discouragement and it's disappointing, but that's why we're doing Get Out The Vote in the first place, to kind of ease everybody into it," Nilson said.

Nilson hopes things go smoothly for residence students voting on election day.

"Vote. And if you can't vote, let the RSA or the SU know so we can make sure that doesn't happen again," Nilson said.

The University of Calgary hosted an all-constituency polling booth last week that allowed students to cast a ballot in their riding, regardless of where it is located.

THROWBACK THURSDAY »



Oct. 3, 1983: Ground is broken on the construction of Scurfield Hall. The building, which houses the Haskayne School of Business, opened in 1986.

OPINIONS

EDITORIAL »

The *Gauntlet* endorses

While we all wish the longest election in modern Canadian history could've gone on longer, Canadians officially go to the polls on Oct. 19.

As students, we hear a lot about how we need to get out and vote in order to make our voices heard. But sometimes you can't be bothered to read up on which candidates are the best fit for your precious ballot.

In the final week leading up to voting day, various publications across the country will publish formal endorsements of parties and their respective leaders. As people who've spent the last eleven weeks being overly excited by every tiny detail of this election, the *Gauntlet* decided to do the same.

Naturally, we endorse Prime Minister Stephen Harper for his grey, aerodynamic helmet and cold aura of calculated control. Canada is a vast, multicultural nation that is always changing, so we are best led by a machine who requires regular oil changes and has a removable control panel. And the Harpertron 2015 offers a sleek new design with eighteen brand new catchphrases. Just tap his elbow and the Harpertron 2015 will spout out talking points like "preserve Canadian identity" and "economic stability."

The Harpertron 2015 is programmable with dozens of family-friendly songs, including Billy Joel's "The Piano Man," and Elton John's "Benie and the Jets." The latest model of the Harpertron comes with an optional compartment containing a



SAMANTHA LUCY

niqab he can pull out in the case of declining poll numbers.

We also endorse New Democratic Party leader Tom Mulcair. Mulcair ran his campaign on the promise that the NDP is "ready for change." He also offers the most literal change. Just like your elderly grandpa, Mulcair promises to give every citizen a shiny new quarter to buy a soda pop from the corner store.

That distant, dead emptiness in his eyes may be a sign of the ghost of Tommy Douglas trying to wrest control of his physical form and save tanking NDP polling numbers. Upon Mulcair's election, he will burst forth and reveal his true and final form, showering Canada in the socialist hellscape we were all promised. This should be encouraged.

If you vote NDP, you are required to perform a ritual summoning after your trip to your polling station.

Sacrifice your firstborn child to the socialist gods, so it costs less for Mulcair to follow through on his promise of universal childcare.

As a student newspaper, we are also legally contracted to direct a portion of our endorsement towards Justin Trudeau and the Liberal party simply because he promises marijuana legalization. Under a Trudeau government, we are incredibly excited to pay taxes on weed and buy it from a high-end retailer rather than having to deal with Weed Rick and his weird old rusty pickup truck down the street.

While a Trudeau prime ministership would mean the decline of small businesses like Weed Rick's, he will ultimately bring in thousands of dollars in shampoo endorsement deals and canoe modelling ads. With Trudeau in charge, Canada will easily win "most attractive political

leader." Sorry David Cameron — maybe next year.

The bottom line is that all of these human candidates — and the one cybernetic humanoid candidate — have their flaws. It's unlikely you'll find one you wholly agree with or completely trust with Canada's economy and livelihood. There are pros and cons to every party platform, but that shouldn't stop you from voting at all.

It may be a choice between a state-of-the-art AI construct, the vessel of a socialist ghost or a very successful hair model, but it's up to us as voters to decide which one we want to lead our country.

Do your research, think things through and make the best decision for you. Most importantly, don't be an idiot. Go vote for someone.

Melanie Woods
Gauntlet Editorial Board

FEDERAL ELECTION »

Niqabs don't have to be empowering

Kate Jacobson
Editor-in-Chief

The last few weeks of Canada's federal election have been dominated by a public debate about a woman's right to wear a niqab while declaring the Oath of Allegiance during a citizenship ceremony.

A niqab is a hair and face covering worn by devout Muslim women, primarily Sunni. Like a hijab, a niqab covers a woman's hair and neck. Unlike a hijab though, a niqab also includes a face covering with a narrow slit for a woman's eyes.

Zunera Ishaq, who challenged the niqab ban in court, recently took her Oath of Allegiance while wearing one. She proved her identity to an official beforehand for security purposes.

Conservative party leader Stephen

Harper believes it is inappropriate for a woman to cover her face during a citizenship ceremony. Both Liberal party leader Justin Trudeau and NDP leader Tom Mulcair stated they have no issue with a woman wearing a niqab during a citizenship ceremony, provided she proves her identity to an official beforehand.

The niqab debate has become this election's defining issue. Conservatives argue that the niqab is patriarchal and oppressive, while progressives argue the niqab is empowering for women who choose to wear it. Both of these arguments, however, have their fair share of problems.

I don't particularly like the niqab, because I don't particularly like women being told what to do. But women's choices being shaped by

the expectations of patriarchal societies is not, as the niqab debate suggests, a problem unique to Muslim communities.

Framing the niqab as the most pressing and seemingly singular obstacle that women face in Canada is both disingenuous to the struggles facing Canadian women and, frankly, incredibly racist. Women face a variety of barriers, obstacles and unfair expectations in all societies. Makeup is a good example of this.

I wear makeup on a day-to-day basis. I got into the habit in high school, and now I feel weird if I go out of the house without wearing any. When I take my citizenship oath, I'll probably be wearing makeup.

But do I wear makeup because I genuinely like it or because I am expected to by a patriarchal

culture? Honestly, I don't really know. But the government has no business making that decision for me. And they aren't — because wearing makeup is a westernized cultural expectation for women, not a Muslim one.

Something doesn't have to empower women for it to be legal. Is lipstick empowering? Are high heels empowering? Is a niqab empowering? Maybe. But more to the point — who cares? The government has no business running some sort of pseudo-feminist barometer on women's clothing choices.

The niqab is rooted in a patriarchal tradition. But so are a lot of things, and they aren't illegal. And further limiting women's choices by banning what we can and can't wear isn't going to help anyone.

short form

Do you plan on voting in the upcoming federal election?



"I do. It's important for our generation to have a say."

— Ethan Ross,
first-year drama



"I'm an international student. But if I could I wouldn't."

— Tengis Jargalsaikhan,
first-year international business



"I already voted."

— Laaiba Nawal,
second-year sociology



"I do. It's my civic duty."

— Genevieve Johnner,
first-year natural sciences

Photos: Babur Ilchi
Interviews: Tanner Yzerman

Hard work and a lazy Conservative could win Calgary Confederation for the Liberals

Fabian Mayer
News Editor

It's hard to overstate the futility Calgary Liberals have experienced at the federal level over the past five decades. Since Pat Mahoney's 1968 win in Calgary-South, several dozen candidates have put their name on Calgary ballots for Canada's historically most successful political party. All have lost.

The Liberals seem poised to change that losing streak this election. The new riding of Calgary Confederation is one of a handful where the Liberals have a chance to end their drought. In fact, it's looking increasingly likely.

Candidate Matt Grant clearly knows being a Liberal in Calgary means the odds are stacked against him. He frequently boasts about starting his campaign two years ago and knocking on 100,000 doors. His campaign has been going a long time, and it shows.

That Grant has the best-organized campaign was evident within days of the writ drop on Aug. 2. Red lawn signs were up around Calgary Confederation by the first full weekend of the campaign.

NDP and Conservative signs only started appearing on lawns in significant numbers a couple of weeks into August. The lawn sign game is

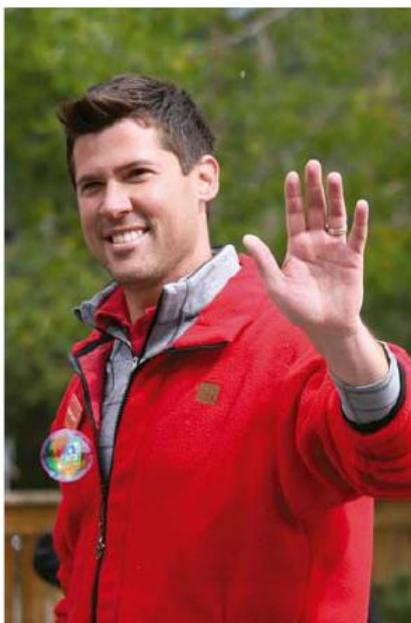
better for measuring a party's campaign infrastructure than its levels of support, but Grant is still winning it.

He has also been among the most successful Liberal fundraisers in the country. Those funds are now being spent on advertising around the riding. Grant's face adorns large posters in train stations and a billboard facing Crowchild trail. Commuters in the riding have a hard time getting to work without seeing the smiling face of their Liberal candidate.

By contrast, signs of Conservative candidate Len Webber's campaign are conspicuously difficult to find. The former Progressive Conservative MLA and minister won the nomination for the riding all the way back in September of 2014.

While certainly the most experienced politician, an all-candidates' forum at the University of Calgary did not show Webber to be the most effective speaker. He was less articulate than the other candidates and lacked a strong grasp of the issues. To be fair, student issues featured prominently in the debate, likely placing Webber, the oldest candidate, at a disadvantage.

While Grant knows he faces an uphill battle as a Liberal, Webber seems somewhat complacent as a Conservative candidate in Calgary.



Matt Grant (left) might upset Len Webber (right) in this election.

And when you look at Webber's past election campaigns, he can be forgiven for being overconfident.

In each of his three Calgary-Foothills victories, Webber won with around 50 per cent of the vote. He has never been in the kind of competitive race developing in Calgary Confederation this election.

A riding level poll conducted in mid-September had Grant and Webber virtually tied with 38 and 37 per cent support respectively. The Liberals have gained momentum nationally since then, and Grant will likely benefit from that.

However, Webber's Conservative Party are still the best at getting

COURTESY MATT GRANT AND LEN WEBBER
their voters out to the polls. Committed voters skew older and need less coaxing to cast a ballot.

This is where the Liberals' local organizational strength will be key. If they can match the Conservatives' get-out-the-vote effort, Calgary could send its first Liberal MP to Ottawa in nearly five decades.

STUDENT LIFE »

Jobs in direct sales are bad for students

Preetha Gopalakrishnan
Gauntlet Opinions

This fall, students will begin another year of panicking about not having enough experience for an entry-level position upon graduation. They will seek out any chance to get ahead — internships, startups and the traditional student positions layered on University of Calgary noticeboards.

But lurking among those flyers are ads for a corporation looking for student sales representatives — Vector Marketing. Bold headlines tout a path to financial success, self-employment and valuable experience.

At first glance, these flyers appear to offer an attractive opportunity, one that looks like everything an inexperienced student is looking for. Many students disregard the ads. But some sign up, hoping Vector will be their ticket to quick money and easy experience.

But then reality hits — instead of the imagined entrepreneurship opportunity, students are given a contract-based sales position selling



Selling CUTCO knives may work for experienced salespeople, but not for students.

CUTCO knives. Employees face commission-based salaries with no benefits and need to buy the knives in a starter kit before they can sell them. If these kits aren't bought outright, then their cost comes out of the employee's pay until they are paid off.

Yet students keep signing up for

Vector and keep leaving disappointed. Why is this?

The way Vector presents itself makes the company seem like a perfect fit for a kid in university — no set hours, no expectations and no experience needed. And like niche cosmetics, weight loss wraps or any

other multi-level marketing job, it's true that people can make a lot of money with Vector. But it requires sales experience, connections and time — things the average student just doesn't have.

Students often find they have difficulties selling more than a few sets

of knives before their connections dry out, and few students have the time or experience to find new people to sell to. This often leads to students leaving Vector with a box of unsold CUTCO knives and a chip on their shoulder.

Students who have never encountered a company like Vector before won't understand that their promises of wealth and success come with a handful of understated caveats. Most salespeople who have been around the block know how to spot a multi-level marketing company from a mile away. But a student who has only held down a couple of retail or fast-food jobs may not see the difference between something like Vector and a normal sales job.

Vector tries their best to seem as appealing to young people as they can, but students should make sure they know exactly what they're getting into before they take the plunge.

If you understand the risks and feel like you have the experience and skills it takes to sell knives in between classes, then Vector might just work for you. But, realistically, you probably just aren't cut out for it.

COURTESY LEXGER

FEATURES



CUTCO Collegiate: Direct Sales at the University of Calgary

LOUIE VILLANUEVA

Scott Strasser

News Assistant

(With files from Jason Herring)

Most students expect their degrees to net them a job after graduation. But what if you could land one before leaving university? The Students' Union often allows businesses, marketing firms and non-profits to rent space in MacHall to advertise their programs, essentially creating a year-long career fair.

The sentiment — connecting students with employers they otherwise wouldn't have access to — sounds well-intentioned. But students aren't swayed easily, and targeted marketing campaigns often fall on deaf ears.

University of Calgary students proved that recently by taking to reddit — a popular online forum — to criticize Vector Marketing, a direct-sales company that recruits students on campus.

One reddit user started a discussion thread on Sept. 18 in the r/ucalgary subreddit. The user criticized Vector's recruitment tactics on campus, and other redditors

quickly joined the discussion.

"I'm sick of the scams, the clipboards, the interruptions before and during class, for what amounts to human pop-up advertisements in real life," they wrote.

Vector has gained notoriety both online and on campus, where they do much of their recruiting. Former employees and recruits claim the company misleads students by painting an inaccurate picture of what working there is like.

"I went to one of their interview sessions and it was probably the biggest time-waste I've ever been involved in," another user wrote. "It is literally a way to make money off the backs of naive or desperate people."

A 2013 article published in *Business Insider* points out five signs to watch for when considering joining a multi-level marketing company. If the company focuses more on recruiting than selling, encourages you to sell to friends and family or asks you to pay for basic supplies, *Business Insider* says the business might be a scam.

Vector is the marketing arm of CUTCO Cutlery, a company that uses direct sales tactics to sell knives

and other household products. The company has over 250 offices in North America, and generates annual sales over \$250 million.

Vector hires sales representatives as independent contractors

After noticing the r/ucalgary thread, Dickie created a reddit account to defend Vector and answer students' questions via an 'Ask Me Anything' (AMA). She said other Vector employees also created reddit

// I'm sick of the scams, the clipboards, the interruptions before and during class for what amounts to human pop-up advertisements.

— reddit user criticizing Vector Marketing

— non-salaried staff. Reps set appointments with prospective customers and perform in-home demonstrations of the product. Basically, they hope to sell knives based on an in-home version of show-and-tell — like the Tupperware parties your mom held in the '90s.

"It's a demonstrable product, so that's why we demonstrate in the homes of customers," Vector national campus recruitment manager Sherri Dickie said. "We let them try our products, compare them with their own products and then they make a decision."

accounts to help defend the company.

Dickie hoped to provide another side to the story. But soon after starting the AMA, she stopped answering questions.

"In hindsight, we should've realized a reddit AMA was too much of an opportunity for a community of anonymous critics to attack without knowledge what we do and the success stories we have," Dickie said. "Some of the comments there were bordering on slander. It didn't make sense to continue the conversation."

A group of former Vector employees and university students

created a group called Students Against Vector Exploitation (SAVE) in 2003 to expose what they called Vector's unethical business practices. The group's Yahoo page has 1,219 members, but went dark several years ago.

Members of SAVE claimed the money employees use to buy sample kits is where Vector profits most. Vector sales reps have to make a deposit on a CUTCO sample kit for \$99 before they can start selling.

For most university students, that's no small investment. But Dickie said the kits are refundable if a rep leaves the company.

"If someone decides to move on and they don't want to keep the product, they can return it for a complete refund. We do not profit from a sales rep paying a deposit for their sample kit," Dickie claims.

SAVE claimed that new employees are encouraged to start selling to friends and family to build a clientele. Vector hopes those connections will lead to referrals to their friends and families' social circles, so reps can grow their sales at an exponential rate.



SCOTT STRASSER



LOUIE VILLANUEVA



Students took to reddit to voice their concerns about the aggressive marketing tactics they claim Vector is using to recruit. COURTESY HUSTVEDT

Dickie argues this business practice is common in many industries, like real estate or financial planning.

Others have criticized Vector's pay structure. Sales reps are either paid per appointment or given a commission based on their sales — whichever sum is higher. They earn \$17.25 per appointment if they don't sell a product, or 10 per cent commission on what they sell that week. If they sell more knives, their commission can rise to 35 per cent.

Vector's critics say the high price of CUTCO products make the knives difficult to sell, meaning an employee is likely to earn only the base-pay. If a rep continuously fails to sell a product, a more experienced employee will accompany them until they can close a deal.

"The problem is finding the clients, organizing a demo, commuting and performing that demo is not worth [\$17.25]," one reddit user wrote in the thread.

But Dickie argued Vector's pay structure actually increases the likelihood of making a sale. She said reps sell product roughly 60 per cent of the time.

"If the only way I was going to get paid was based on commission, I might be more aggressive and [customers] would be turned off by that, even if they like the product. With the base-pay system in place, the representative is relaxed and the

customer is relaxed. In turn, we actually sell more because it's a great product in a relaxed setting," Dickie said.

Vector's critics claim employees often log several unpaid hours each week. Employees aren't paid for training sessions and former reps say Vector encourages its workers to participate in phone jams — group meetings to cold-call potential customers.

Dickie said the meetings and phone jams help reps improve their sales and grow their clientele, but those hours aren't billable.

"We hold phone jams and workshops with the purpose of giving [sales reps] the tools, support and training to help them achieve all their goals," Dickie said. "While none of these are mandatory, we find that most representatives find them valuable."

Vector has received 118 complaints via Better Business Bureau — a site that measures businesses based on the length of time they've been open, transparency and licensing credibility — since 2012. Grips range from customer issues with advertising to problems with the product or service. According to the website, only 25 of these complaints were resolved.

So why does a company like this do business at the U of C?

Vector has recruited here since 2001. This year, they booked an information table in MacHall from the SU for 13 days. The company has partnered with Career Services and business clubs in the past.

But fifth-year U of C science student Kevin Blakey said Vector's recruitment tactics have been more aggressive than those partnerships imply.

"They come into classrooms. They do their speeches at the beginning of large classes. They put their clipboards in peoples' hands and insist you pass them around. They wait outside and talk to people when they're coming out," Blakey said.

An organization needs to get permission from the professor before visiting their classroom. Clubs, organizations and SU election candidates often visit classrooms. The *Gauntlet*

asked the SU if there were any policies for classroom visits from recruiting companies, but they were unable to provide an answer.

Vector reps used to write advertisements on classroom whiteboards, but Dickie said they stopped after both students and professors complained. She denied the allegation that Vector recruiters visit classrooms or distribute clipboards in lecture halls — a recruitment tactic many participants of the r/ucalgary thread criticized.

Blakey's experience draws Dickie's claim that Vector recruiters adhere to U of C policy into question.

"I had this box at school. Every time a clipboard was handed to me, I would keep it and put it in the box. I got up to about 30 clipboards before the box was thrown out by people who were cleaning. But it was getting ridiculous," Blakey said.

SU vice-president operations and finance Sarah Pousette said they have guidelines vendors must abide when using information tables. Companies can't solicit passersby; people have to approach their table first. Vendors are supposed to stay within three feet of their table. They also aren't allowed to pass out pamphlets, which must be picked up from the table.

"I think it's fair we allow anyone who doesn't break the law and follows the rules to sell their business on campus. However, Vector has broken most of [these] rules," Blakey said. "There are a lot of people who I think would agree with me because Vector does those things quite blatantly."

Pousette said that after noticing the r/ucalgary thread, the SU approached Vector's information table in MacHall to notify them of the complaints.

"We approached the company and said 'hey, this is a concern. We're concerned when students are concerned,'" Pousette said. "This was the first time it was brought to our attention that students have been complaining in other places about it, online in this case."

Although Blakey and some participants from the r/ucalgary thread claim Vector approached students away from their tables, Campus Security hasn't received any formal complaints.

SU director of marketing and communications Robyn Dinnadge claims the SU made sporadic visits to Vector's booth after they saw the reddit thread to ensure the company follows guidelines.

"We contacted Vector Marketing to let them know about the complaints and reminded them that any future breach of the guidelines may result in not allowing them to return to MacHall," Dinnadge said. "There is every indication that they are complying with the guidelines."

"We don't try to police who comes and who doesn't, but there are certain policies," Pousette said. "If a company doesn't follow our guidelines, we have in the past said, 'sorry, you can't come back!'"

But Vector's reach extends beyond the corridor connecting MacHall and Science B.

Derek Hassay is a U of C marketing professor in the Haskayne School of Business. Hassay researches direct sales techniques and is considered an expert on the subject. He also sits on Vector's academic advisory council — a board of industry experts who advise Vector on the changing dynamics of the sales industry.

"For me as an entrepreneurship and marketing professor with research focus in those areas, I'm interested in enabling people to pursue entrepreneurship," Hassay said. "Everyone in the direct sales industry is an entrepreneur. For \$99, which is the average cost of a sample kit with these companies, you get to have your own business."

In 2005, Hassay partnered with Vector for his Marketing 449 course. Calling the experiential learning project Selling Smiles 101, his students sold CUTCO products to raise money for the Children's Wish Foundation (CWF). Since 2005, his students have raised \$221,000 for the charity's Alberta branch.

Before settling on Vector, Hassay approached a range of direct sales companies. Many companies didn't agree to his conditions, which forbid students from signing up as employees. The company could not solicit students after the course finished and had to provide sample kits for free.

"I didn't like that most companies said my students had to sign up," Hassay said. "In my position, there's no way these students were signing

up for anything. I wanted them to be given the product."

Vector agreed to his conditions, and treated students like pseudo-employees during the course. However, since they are not employed by Vector, students did not receive the \$17.25 per appointment, nor did they receive commission from what they sold. All proceeds went to CWF.

Students were not graded on how much product they sold.

// People were writing comments that were so hurtful and disturbing. People were saying they wished he had cancer and died.

—Vector national campus recruiting director Sherri Dickie

Marketing student Aliya Noorani took Hassay's course last year. She set the record for the most individual sales that year, raising around \$10,000 for CWF. Noorani admitted she was wary of working with a company that had a poor reputation among students.

"I didn't hear great things about Vector; that they just try to get students to, for lack of a better word, do their bidding for them," Noorani said. "That put me off a bit. But the way Dr. Hassay brought in Children's Wish, I forgot about the whole Vector thing and focused more on [the charity]."

In accordance with their terms and conditions, Noorani said Vector did not contact her after the course.

A video of Hassay from Vector's official YouTube channel uploaded

in 2011 shows him discussing the benefits of student summer jobs. He mentions that joining Vector is a good opportunity for students to gain sales experience.

Hassay said the video was posted as a way to share the file within the Vector organization.

"It was actually a piece we did for parents of children who were in Vector. Some [parents] were wondering what this all means in the grand

scheme of things for their children. The fact it was still up on YouTube — I had no clue," Hassay said.

Vector removed the video on Sept. 21 in the midst of a separate reddit controversy. Dickie said they removed the video because of the abuse Hassay received in the comments section.

"We took the video down because there were people writing comments that were so hurtful it was disturbing," Dickie said. "People were saying they wished he had cancer and died."

In the video, Hassay spoke generally about summer employment and only mentioned Vector by name once, but reddit users slammed the professor for being involved with the company. Direct sales are not for everybody.



Dr. Hassay has used CUTCO products in his class.

COURTESY JAY IM

Dickie said Vector provides students with sales training that can supplement their future careers. She claims most criticisms of direct sales comes from people who don't succeed at it.

"It's a lot easier to blame the company than to say 'I didn't try very hard.' But after 25 years, I can tell you countless stories of people who appreciate their Vector foundations as they moved on in their careers," Dickie said.

A 2009 study from Dow Jones affiliate Factiva found that direct sales companies grow substantially during recessions. Job loss, program cuts and a waning economy can bring out anyone's inner entrepreneur. We've

seen all of these conditions in Alberta over the last several months.

Vector works for a very specific kind of student, but most people on campus don't buy what they're selling. But despite an angry online response and Vector's waning reputation among students, Dickie said they will continue to recruit at the U of C.

"I think this is like that telephone game that kids play, where once something gets all the way around the circle, it doesn't resemble what it started as," Dickie said.

For better or worse, direct sales are here to stay.

FUN FACTS ABOUT CJSW

Want a quick primer on CJSW? These facts should get you started:

- We receive over 3,500 records per year.
- Mayor Naheed Nenshi read the news on CJSW when he was a student at the U of C.
- Our series "Today in Canadian History" hit #1 on the iTunes podcast charts with over a half-million downloads to date.
- We host around 100 live band performances in our studio every year.
- Our annual charity hockey tournament "Slurpee Cup" has raised over \$20,000 for local charities.
- CJSW was the first station in Calgary to feature a female DJ.
- "Megawatt Mayhem," Saturdays 10:00 to 12:00 PM, is the longest running metal show in Canada.
- Over 100 awesome local businesses support the station every year by participating in a discount card for station donors.
- We support over 50 different festivals through the year including Sled Island, Calgary Folk Music Festival, Afrikadey!, Lilac Fest, Blues Fest, and the Calgary International Film Festival.

HOW TO GET INVOLVED

The station has over 300 volunteers from the university and community at large. Volunteers can receive industry-standard training in audio production, library archiving and on-air broadcasting. Every DJ you hear on the radio is a volunteer who programs for the love of music and spreading the word to their communities.

Students from the University of Calgary can take advantage of spoken-word training from



our news department, access our 100,000-piece library, and make valuable connections in Calgary's arts and culture sector. If you host a show, you will have thousands of listeners ready to hear your message.

If you're interested in getting involved with Calgary's only campus and community radio station, email office@cjsw.com or drop by the station located at Room 312 in MacEwan Hall, just around the corner from the Ballroom.

WHAT IS CJSW?

CJSW is Calgary's campus and community radio station, broadcasting 24/7 throughout the city on 90.9 FM, and around the world at cjsw.com. The station is maintained and operated by a group of six staff members and over 300 amazing volunteers.

Our goal is to provide an alternative to commercial media by recognizing and promoting the diverse musical styles, points of view and cultures that exist within our city. CJSW strives to provide programming to a diverse audience by programmers that are varied in their ethnicity, culture, gender, sexual orientation, age, and physical and mental ability. Our diverse programming includes music, arts, spoken word and multicultural programs.

With our ongoing commitment to providing a true radio alternative in the Calgary region, CJSW is listener-driven radio, with a very loyal audience. This loyalty is particularly evident during the station's annual week-long funding drive, during which the station raises approximately \$200,000 annually - the highest amount raised by any campus or community radio station in the nation!

A model for the rest of the community radio sector in Canada, the award-winning radio produced at CJSW shows the power, vitality and importance of volunteer-programmed radio.

LOCAL FESTIVAL »

Wordfest celebrates 20th anniversary with spotlight on Canadian writers

Emilie Medland-Marchen
Sports Assistant

Wordfest, Calgary's premier literary festival, is returning to local bookstores and libraries from Oct. 13–18 for its 20th anniversary. The festival is celebrating a milestone year with a high-profile lineup that includes writers like *The Book of Negroes* author Lawrence Hill and Adam Shoalts, who writes novels about his Arctic expeditions.

The festival focuses on both emerging and well-established authors. University of Calgary professor Christian Bök, whose poetry collection, *The Xenotext: Book I*, was recently released in Canada, will discuss his work at the festival. Another of his books, *Eunoia*, was adapted into a performance to be presented during an accompanying local dance festival.

Interim General Director Shelley Youngblut thinks this year's Wordfest will be one for the books. Wordfest is a highly respected Canadian literary festival — Wordfest secured prolific novelist Margaret Atwood as a headliner in 1996, the festival's first year.

"Wordfest was big from the get-go



Former Calgary poet laureate Kris Demeanor will perform at Wordfest on Oct. 17.

COURTESY ALLAN LORD

20th Anniversary Celebration on Oct. 17.

Youngblut says. "We're known for giving emerging writers their first chance at reading at a major festival."

Many of the featured emerging writers are Canadian. Toronto author Trevor Cole, who was shortlisted for the Governor General's Literary Award, hosted a Creative Writing Master Class on Oct. 13, while former Calgary poet laureate Kris Demeanor will perform at the

20th Anniversary Celebration on Oct. 17. Youngblut says bringing a solid lineup of Canadian artists to the festival is one of Wordfest's focal points.

"We've really made an emphasis this year to focus on Canadian writing — partially because it's our 20th anniversary and partially because it's just so good," she says. "There's a lot of great books and we have a lot of really high-profile

authors who will not disappoint."

One returning event is the popular "Literary Death Match," held on Oct. 15. The event is a reading series where authors read from their best works in a rap battle format. Their performances are critiqued by a series of judges, who take reactions from the audience into consideration.

Some events in Wordfest are more political. "Stephen Harper Revealed" takes place on Oct. 18,

the night before the Canadian federal election. The talk features John Ibbitson, author of the biography *Stephen Harper: The Making of a Prime Minister*. The event is bound to be heated, but Youngblut says the timing is deliberate.

"I had always planned for Stephen Harper's biographer to be in Calgary the day before the election. I honestly think Calgarians want to have a really strong sense of what's going on," she says.

Youngblut is excited for the festival to kick off, stressing the importance of words in all mediums.

"Writers spend so much time thinking about things and they're dying to share it. We're calling this a reader's festival. It's wordy goodness," she says. "I really want people to understand that every great thing, whether it's music or film or theatre, begins with the word. And people at our festival are the best practitioners of it. They really want to interact with you. And there's a bar. What more could you want?"

Wordfest runs from Oct. 13–18 at various locations throughout Calgary.

For more information about Wordfest, visit wordfest.com

MUSIC FESTIVAL »

Inaugural Calgary roots music festival launches

Jason Herring
Entertainment Editor

A new festival is hitting the Calgary music scene as the Wide Cut Weekend roots festival launches at various downtown Calgary venues from Oct. 15–17.

The festival showcases roots music from artists across the province. According to the Wide Cut Weekend website, roots music is "music that lies at the 'root' of contemporary North American pop and rock" and encompasses genres like Americana, bluegrass, folk and country.

Artistic director Allison Brock hosted the popular *Wide Cut Country* radio show on Edmonton's CKUA for over 15 years. She says she's wanted to start a roots festival for a long time, but wasn't able to get it running until now.

"We've been working on the festival for about a year and a half. We formalized the idea about a year ago

at the Calgary Folk Fest in the green room," Brock says. "Three friends accosted me when I went into the green room and said, 'we wanna do a roots music festival and we want you to be the artistic director.'"

The inaugural festival focuses exclusively on talent found within the province, with acts like Crystal Plamondon, Tom Phillips and Scott MacLeod headlining. Brock explains that the local focus allows the festival to showcase the province's musical roots, but says there's no shortage of talent on display.

"The vision was ultimately to showcase what amazing talent we have in this province," Brock says. "And with our artists, it's pretty hard to go wrong. It's a pretty serious lineup."

But as Brock turns her focus to future iterations of Wide Cut Weekend, she envisions the scope of the festival increasing.

"Ultimately, I think there's a lot of room to grow — to increase

venue size and to look outside the province to Western Canada, to national and international artists," she says. "There's even been ideas to have satellite communities having the festival at the same time as Calgary, in Lethbridge or Edmonton or Red Deer. There's a lot of potential for growth out there and we've received such amazing feedback that we definitely want to keep it going."

Aside from the artists themselves, Brock says a focus of the festival is highlighting venues in the city that stage roots music throughout the year. During the weekend, bands will play at Wine-Ohs, Ironwood Stage & Grill, Mikey's Juke Joint, the Nite Owl and the #1 Legion.

The festival is also running a 'bass bus' that will operate throughout the weekend, driving between the venues and making it easy to move between concerts.

Wide Cut Weekend begins at



Tom Phillips is performing at Wide Cut Weekend.

COURTESY TOM PHILLIPS

Wine-Ohs on Oct. 15, where festival performers will play throughout the evening. If you're not already a fan of roots music, Brock says the weekend is the best place to familiarize yourself with the scene.

"If you're not aware of what the roots music scene is like in Alberta, you can come to any venue on either night and you're going to get a

really good taste," she says. Wide Cut Weekend runs from Oct. 15–17 in five downtown Calgary venues. Festival passes are \$49 online or from Heritage Posters and Music. Individual day passes are \$25 for Friday and \$30 for Saturday.

For more information about Wide Cut Weekend, visit widecutweekend.com

LOCAL MUSIC »

Local musicians rock against Stephen Harper

Jason Herring
Entertainment Editor

As the Canadian federal election draws to a close, a group of Calgary musicians are protesting Stephen Harper and his Conservative party through the *Rock Against Harper* compilation album. They'll bring their love of music and disdain for the prime minister together on Oct. 16 with a release party at Broken City.

Co-organizer Kenna Burima says the event was inspired by growing political engagement in Calgary's underground music scene.

"I was approached by a fellow musician, Seth Leon, and we got together to brainstorm ways that we, as musicians in our community and our scene, could potentially become more politically engaged as we got closer to the federal election," Burima says. "We approached a bunch of bands, seven in total, and we asked them to write songs against Harper. The bands we asked were as excited to do this as I was."

Tracks composed for the event range from traditional folk protest songs to charged-up punk-rock anthems. Burima's band, the Pygmies, wrote a song called "Degenerate" with lyrics like "you've fucked up the



Kenna Burima's band, the Pygmies, wrote "Degenerate" for *Rock Against Harper*.

COURTESY ARIF ANSARI

environment and I find your hair unfortunate." And feminist punk band The Shiverettes recorded a track entitled "Stephen Harper, Suck My Dick."

Despite the comical nature of many of the songs, Burima says there's still a serious aspect to the event.

"We wanted to take some humorous shots at Harper, but we're also becoming aware of where our country is and in what direction it's going under our current leadership. We're just really happy with how engaged people in all parts of our community seem to be," she says.

Other bands releasing songs on the compilation are HexRay, Sons of Bears, Geek Beet, The CJs and Minimum Engagement.

Lyric sheets will be handed out to everyone who attends. Burima hopes this will help engage audiences by emulating the atmosphere of classic protest songs.

"When I started getting the song lyrics and mixes, I realized these were songs people were going to want to sing along to," Burima says. "That's part of the fun of the protest song. And even though that

was strong for a few decades in the '60s and '70s, I think it's on the comeback."

Rock Against Bush, a compilation from American punk bands protesting the re-election of George W. Bush in 2004, was an inspiration for the compilation. The Calgary event follows similar songs and concerts by bands like Yukon Blonde, Dan Mangan and The Barr Brothers protesting Harper.

Burima thinks there's a reason so many artists are coming together under the same political banner.

"There's a lot of variables that factor into why there's a predilection for artists to be more left-leaning. Part of being an artist is that you inevitably live a little on the fringes. If you're an artist, you're doing your work because you love it. You're not necessarily doing it for the almighty dollar," she says. "I think that because of the way we live our life, we have more inclination to want to support social programs that we like. We use public transit so we want to have public transit that's readily accessible."

For now, Burima says she and her friends in the music community are optimistic about the election.

"There's a huge excitement knowing the direction that our country has been going could potentially change with this swell of young voters, of indigenous voters," she says. "People who haven't necessarily been excited with politics or engaged with politics that are seeing that their vote can actually change and affect the outcome of a federal election."

The *Rock Against Harper* release party is taking place at Broken City on Oct. 16 at 9:00 p.m. Cover charge is \$9. The album is also available to purchase online at rockagainstharp.bandcamp.com.

PRINT »

Calgary author Zsuzsi Gartner talks time at the *Gauntlet*

Emilie Medland-Marchen
Sports Assistant

Canadian author Zsuzsi Gartner has a prolific resume. The University of Calgary graduate's most recent short story collection, *Better Living Through Plastic Explosions*, was shortlisted for the 2011 Giller Prize. Her work has been published by *CBC*, *NPR*, *The Globe & Mail* and *The Walrus*, and she currently teaches creative writing to graduate students at the University of British Columbia.

She was also a co-editor of the *Gauntlet* 32 years ago, back when we had no computers and print media was thriving.

We caught up with Gartner before Wordfest, where she'll speak at several events throughout the week. You can see her full schedule at wordfest.com/schedule.

The *Gauntlet*: What are your memories of your time at the *Gauntlet*?

Zsuzsi Gartner: What I remember most vividly is the all-nighters and semi-all-nighters we pulled trying to get the paper out twice a week for Wednesday and Friday issues. They often involved a hair-raising drive to the printers since we had to deliver photographed pages — pre-e-mail, pre-computer layout.

We laid out the paper physically using X-Acto knives and rulers. I remember one screaming fight between me and our photo editor that ended with her slamming the dark-room door shut just before my hurled X-Acto blade wedged into it — I have no idea what I was so pissed off about.

There was great camaraderie and much squalor in the *Gauntlet* offices in those days. A number of us practically lived in the office. Despite our infighting, we were pretty united against the Students' Union and other campus enemies.

G: How did your time at the *Gauntlet* help shape your career as a writer?

ZG: It was pretty pivotal in sending me on my way to a career in journalism. I wrote for the paper for two or three years before spending a year as co-editor, then I got a summer job afterwards at the *Vancouver Sun* before travelling around Europe.

After, I went back and worked at the *Vancouver Sun* again, and then took a one-year journalism degree at Carleton University in Ottawa. The program was further training for people who already had a degree and some experience. That led me to Toronto to work for the entertainment section of *The Globe & Mail* before producing at CTV's *Canada AM*.



Zsuzsi Gartner was the *Gauntlet*'s co-editor in 1982. COURTESY ZSUZSI GARTNER

I quit after that and was a freelance magazine writer for years.

G: What was it like to transition to full-time work as an author and journalist after graduating from the U of C?

ZG: The journalism part was a natural transition, but the path to being a published fiction author was much longer and more difficult. I did an MFA in Creative Writing at UBC which was good for focusing the mind and forcing me to write fiction, which eased

me away from journalism. Journalism made me have a thicker skin, and enlarged my knowledge of and curiosity about the world, which is useful for a fiction writer. I'm still not a fan of insular, deeply personal, inward-looking fiction and non-fiction

G: Were you involved in the Creative Writing department at the U of C?

ZG: There was no department back then. I took the one creative writing course offered. It was taught by W.P.

Kinsella, who really didn't know how to teach, but had a lovely reading voice. Ronald Wright — who's pretty damn famous now and is also speaking at Wordfest this year — was in my class and we started a writing group together with some of the other students, which was pretty useful and inspiring.

G: We've heard you may be reading an article from your time at the *Gauntlet* at Wordfest. Can you explain that?

ZG: I wanted to bring with me a literary magazine we published that year as a *Gauntlet* supplement. I'm still trying to find it. It included a terrific poem by a Calgary writer who died last month, Murdoch Burnett, and I wanted to read it in tribute. It was influential for me as a way of looking at the writer's life and what poetry, what literary writing, should aspire to.

G: What would your advice be for university students looking to get engaged in the literary community and become writers or journalists?

ZG: Read, read and read some more. Read real books. Don't self-censor. Don't pretend to be someone you're not. And write like you mean it.

Edited for clarity
and brevity

NEW MUSIC »



CHVRCHES
Every Open Eye
September 25, 2015 (Virgin)

Scottish synth-pop trio CHVRCHES burst onto the indie-electronic music scene in 2013 with their stunning debut album, *The Bones of What We Believe*. The group returns with *Every Open Eye*, the long-awaited follow-up to their first album.

CHVRCHES' first release was a poppy collection that featured occasional excursions into darker territories. But on *Every Open Eye*, the band recommits to pop music, focusing almost entirely on catchy hooks and infectious synths.

The album opens with a powerful one-two punch. Opener "Never Ending Circles" marks a confident and triumphant return. Lead single "Leave a Trace" follows, depicting a smothering boyfriend that lead singer Lauren Mayberry describes as the "nastiest, snidest tune" on the album. Those emotions shine through and make "Leave a Trace" an album highlight.

"Clearest Blue" follows shortly

after with a blend of yearning lyrics and cheerful instrumentals. The track flawlessly captures the mood of the album, making it the finest work on *Every Open Eye*.

Other standouts include "Empty Threat" and "Playing Dead." The former glides by with blissful synthesizer arrangements while the latter deals with a negative relationship by denying it ever happened. It's a powerful cut and Mayberry belts it out brilliantly.

Instrumentalist Martin Doherty takes over vocals from Mayberry for mid-album track "High Enough to Carry You Over," but fails to carry the same energy in his voice.

The only exception to the album's dominantly upbeat nature is "Afterglow," a raw track that appropriately finishes off the high-energy record.

The album's quality is a testament to the effort the band puts into their craft. CHVRCHES wrote and recorded the album in just five months, despite touring constantly since releasing their debut. But even with a rushed schedule, the album remains confidently polished.

Every Open Eye is an electrically charged piece of work. It was tough for their sophomore effort to match the quality of their debut, but CHVRCHES improves on their own style.

CHVRCHES are a budding powerhouse in the genre and *Every Open Eye* is undoubtedly one of this year's best albums.

Derek Baker



Deafheaven
New Bermuda
October 2, 2015 (ANT+)

San Francisco black metal pioneers Deafheaven broke through in 2013 with their sophomore album, *Sunbather*, a fusion of heavy drone, brutal walls of sound and tortured vocals. They return with *New Bermuda*, an album that sees the band mix their metal tendencies with ethereal guitar riffs and post-rock-influenced instrumental passages.

Of course, Deafheaven haven't lost their penchant for blistering metal. All vocals on the record are screamed by singer George Clark. "Brought to the Water" opens the album with distorted guitars and frenzied drumming. As the track progresses, heavy guitar riffs transform seamlessly into wavering tremolo before jolting back into a heavier sound.

This fluidity is constant throughout *New Bermuda*. Tracks fluctuate between searing metal and Smashing Pumpkins-esque alt-rock without missing a beat. The mix of

these styles results in an evocative sound filled with more emotion than most black metal manages.

The tracks on the album are certainly given time to evolve — the record's five songs stretch over 46 minutes. But Deafheaven uses the extended track lengths perfectly, and no song outstays its welcome.

New Bermuda dabbles in shoe-gaze music as well. On tracks like "Luna," the band is shrouded under a heavy wall of sound, granting the music a soft, mysterious quality.

The band even adds piano to the mix. A quiet keyboard solo is attached to the end of the opening track while album highlight "Gifts for the Earth" replaces guitar riffs with an emotional piano line to end the album.

Lyrics are vivid and poignant, but you'll have to pick up a lyrics sheet to understand them. Clark's singing is powerful but incomprehensible.

One problem with *New Bermuda* is the way songs end. Nearly every track on the album ends with a fade-out, which feels like a bit of a cop-out. After tracks spend so long building up to an emotional climax, having the music just fade away is underwhelming.

Deafheaven are a band unafraid to push boundaries, and *New Bermuda* is their most daring work yet. This album is as good as modern metal gets.

Jason Herring

STAFF PICKS »
OCTOBER 15 - 22

Friday, October 16:

Live out your childhood nightmares at Wordfest's Adult Spelling Bee. One by one, participants come up to the stage and are given a word to spell — but if they get the word wrong, they must remove an article of clothing.
Time: 7:30 p.m.
Place: Motel Theatre at Arts Commons

Saturday, October 17:

Visit the University of Calgary's planetarium for an event about the relationship between science fiction and the night sky. Find out what sci-fi classics kept famous astronomers up at night.
Time: 8:00 p.m.
Place: Rothney Astrophysical Observatory

Sunday, October 18:

Get spooked by Theatre Calgary's production of *The Crucible*. Arthur Miller's classic play about the Salem witch trials that analyzes the dangers of mass hysteria.
Time: 2:00 p.m.
Place: Max Bell Theatre

Monday, October 19:

After exercising your right to vote, head to the Den to watch results from the federal election trickle in. There will be election-themed drinks specials all night.
Time: 6:00 p.m.
Place: The Den and Black Lounge



Neon Indian
VEGA INTL. *Night School*
October 16, 2015 (Mom + Pop)

Synth wizard Alan Palomo returns to the indie music scene with a brand new concoction of tunes. Palomo, who releases music under the alias Neon Indian, was champion of the 'chillwave' movement in the late '00s. But his new record, *VEGA INTL. Night School*, sees him drop stale chillwave staples for a revitalized sound sure to get bodies shaking.

It's been four years since Palomo's last album. He spent much of that time playing DJ sets, and *VEGA INTL.* reflects that club-like atmosphere.

The album is a futuristic laser show, replete with smoke machines and dancefloors.

Despite all the shimmering lights, the true genius of *VEGA INTL.* is its juxtaposition of past and present, as Palomo seamlessly blurs the lines between present day synth-pop now and its exaggerated future. The album unfolds in the kaleidoscopic haze of ultramodern disco music.

Palomo's infectious charisma grounds the album, even through hectic instrumentals. The album's pace is unhinged and jolts frenetically.

Instrumental interludes enter songs mid-hook while beats drop and leave baselines exposed, only to morph into entirely new arrangements. The effect is intoxicating. *VEGA INTL.* is a dystopian club crawl and it's impossible not to become lost in the world he has created.

Peeling apart the layers of *VEGA INTL.* is daunting, but tropical influences bubble to the surface. "Hit Parade," "Annie" and "Slumlord Re-lease" all dabble in palm tree imagery while synths crash like waves. Considering the album was

finished on a cruise liner, this comes as no surprise.

But the album's true centerpiece is late cut "Baby's Eyes," a slow-burning late-night party jam.

Palomo's versatility is unparalleled and the multi-layered complexity of *VEGA INTL.* is bound to conjure glitzy narratives. But make no mistake — this is a dance record through and through. Grab your neon pumps and mirrorball earrings — *VEGA INTL. Night School* is in session.

Jarrett Edmund

ANNUAL GENERAL MEETING

There will be an annual report from the editor-in-chief and business manager.

October 29 from 4:30–7:00 p.m.

That Empty Space

2511 17th AVENUE SW

#MYVILLAGEEYC

403.888.1200

A 100% GLUTEN FREE, HALAL PIZZERIA WITH DAIRY FREE, VEGETARIAN, & VEGAN OPTIONS

JOIN OUR VIP REWARDS PROGRAM IN STORE & START GETTING REWARDED TODAY!

#PIETFORWARD

IS YOUR TEAM OVER-WORKED, UNDER-FUNDED, & STILL KILLIN' IT?

FIND OUT HOW OUR 'PIE IT FORWARD' PROGRAM HELPS YOU REWARD YOUR TEAM & TAKE IT TO THE NEXT LEVEL

BASKETBALL »



The Toronto Raptors hope to redeem themselves after being swept by the Washington Wizards last season.

COURTESY KEITH ALLISON

Toronto Raptors bank on potential for improved 2015-16 campaign

Grant Jackson
Gauntlet Sports

Coming off a banner season that saw them post a franchise-best 49 victories, Canada's lone NBA franchise, the Toronto Raptors, find themselves at a crossroads.

Last year, the Raptors saved their worst performances of the season for the playoffs. Despite a strong regular season, they were swept out of the postseason in the first round by the Washington Wizards. Following this embarrassing exit, the club's General Manager, Masai Ujiri, decided to take the roster in a different direction.

As a result, the Raptors figure to play a decidedly different style this season, exchanging last year's focus on isolated offensive sets

for a newly minted defence-first approach.

The Raptors lost three key players in the offseason — Greivis Vazquez, Amir Johnson and Lou Williams. Vazquez was a three-point threat whose offensive inconsistency and horrendous defence often left Raptors fans infuriated.

Williams scored a respectable number of points for Toronto last year, but did so while providing the style of defence you might expect from a pylon.

The Raptors also said goodbye to Johnson, whose hustle and defensive skill made him a fan favourite. Despite his talent, health concerns forced the Raptors to let Johnson go.

Despite these question marks, the new-look Raptors squad has some legitimate potential. New acquisitions like DeMarre Carroll,

Cory Joseph and Bizmack Biyombo promise a new focus on defense for the Raptors.

Carroll was the prize of the Raptors' offseason and promises to add two-way punch to what became an inconsistent lineup last year. And veteran Luis Scola might be 35 years old — a senior citizen by NBA standards — but he is coming off of a great performance for his native Argentina at the 2015 FIBA Americas Championship tournament, where he was named MVP.

This team also has notable potential in rookies Delon Wright and summer league star Norman Powell.

Lastly, there's newcomer and Toronto native Anthony Bennett. In two years, the 2013 draft's first-overall pick has been traded twice and bought out once, all while posting the lowest points-per-game of

any first-overall pick since 1966. But Bennett is only 22 and still has time to develop into a decent player.

While he may never be a superstar, Raptors fans can expect an athletic big man who can get up and down the floor, grab some rebounds and bring some energy off the bench.

I would have a hard time telling anyone that this Raptors team is significantly better than last year's. They remain a club banking on their potential, which could just as easily end up being disastrous as exceptional. But with a roster focused more on defence and ball movement, Toronto certainly has a good chance to continue the progress they have made over the last few seasons, and may soon become a legitimate Eastern Conference contender.

UPCOMING GAMES

**Dinos Hockey (W)
vs. UBC**
Oct. 16, 7 p.m.



The Dinos women's hockey team got off to a rough start this season, going 1-3 through the first four contests. Two back-to-back games against the UBC Thunderbirds will give them a shot at redemption. The first of the pair will take place at Markin MacPhail Centre at 7:00 p.m. on Oct. 16.

**Dinos Basketball (M)
vs. Mount Royal**
Oct. 16, 7 p.m.



The Dinos men's basketball team rolled through their first two games, reeling off wins against the University of Saskatchewan and the University of Alberta. They'll look to continue their undefeated streak against Mount Royal at the Jack Simpson Gym on Oct. 16.

**Dinos Rugby (W)
vs. Lethbridge**
Oct. 17, 2 p.m.



With a sterling 3-0 record, the Dinos rugby team enters their last regular season game as the only undefeated squad in the Canada West division. They'll get in one last tune-up before the playoffs when they take on the University of Lethbridge at U of C's Field 7 on Oct. 17.

**Dinos Soccer (M)
vs. Alberta**
Oct. 17, 2:15 p.m.



The Dinos men's soccer team's 2015 season continues against the number-one ranked University of Alberta Golden Bears. With Dominic Russo continuing his torrid scoring pace, the game should be a close one. It kicks off at West Varsity Soccer Pitch at 2:15 p.m.

**Dinos Soccer (W)
vs. Victoria**
Oct. 18, 12 p.m.



The Dinos women's soccer team has won seven of 10 games so far this season, ranking them first in the Canada West. They take on the University of Victoria while looking to keep that position as their season reaches its final few games. The match will take place at West Varsity Soccer Pitch at 12:00 p.m.

DINOS HOCKEY »

Dinos hockey swept in season openers

Johny Faul
Gauntlet Sports

The Dinos men's hockey team saw their home opener against the University of Saskatchewan Huskies slip away in a high-scoring affair as they suffered a 6-5 loss in overtime.

The Dinos started the game well, leading 2-0 after the first frame. But when the second period began, head coach Mark Howell noticed a different team taking the ice.

"We came out unfocused," Howell said. "When you come out unfocused

you take penalties and we couldn't kill penalties either."

The Dinos' special teams struggled, allowing the Huskies to rack up four goals in the second period. U of C fought back, however, scoring two goals to tie the game up at 4-4 heading into the final period.

The third frame began like the first, with the Dinos bringing a strong effort level and the team generating an abundance of chances. With 11:02 left in the third period, Dinos forward Elgin Pierce tallied a brilliant four-on-four goal to give his club a one goal lead.

But the Huskies continued to wear down the Dinos with their physical play. With 1:15 left in the game, U of S pulled their goalie. They were able to wire the tying goal past Steven Stanford seconds later, sending the game to overtime.

The Dinos' lack of discipline sunk them as the action ramped up. They took a game-changing cross checking penalty at the end of regulation.

On the man advantage to start the extra frame, the Huskies were able to complete the comeback, scoring a powerplay goal just 53

seconds into overtime.

"Consistency is hard," Howell said after the loss. "It's what makes good teams and we were letting ourselves drift mentally tonight. We have to be more consistent and be better defensively."

The Dinos and Huskies continued with a rematch on Oct. 10, that saw the Huskies win 1-0, handing the U of C their second straight loss. The Dinos now look ahead to a back-to-back set of games against the University of British Columbia Thunderbirds on Oct. 16-17 in Vancouver.

NHL rule changes will enhance fan experience

Ahmad Nasser
Gauntlet Sports

The NHL has implemented some intriguing new rules for the 2015–16 season that look set to reverse the league's recent trend of declining offence. The changes should open up scoring for the league's top offensive stars, and could set hockey fans up for a much more exciting experience when games reach their tipping point.

Two particular changes stand out among the rest, and figure to be among the best updates to modern televised professional hockey since video replay was first introduced over a decade ago.

The true game-changer is the inclusion of three-on-three overtime as a replacement for the long-standing format of a five-minute four-on-four overtime period. Starting this season, if a game remains tied after 60 minutes, teams will settle the score with five minutes of three-on-three hockey. This will likely open up enough space to allow offensive creativity to run rampant. If neither team scores in the overtime period, a shootout will then determine the victor.

While the previously used four-on-four overtime period could be effective, it resulted in far too many games decided by shootouts.



The NHL's new three-on-three overtime format should allow offensive stars like Sidney Crosby to thrive.

COURTESY MICHAEL MILLER

Though the shootout is held in high regard by fans, many in the league feel it is simply a 'lucky' way to decide games, as it relies on a very specific type of offensive skill instead of the fundamental aspects of team play that define the sport.

While there was considerable pushback against the proposition of removing the shootout altogether, the inclusion of three-on-three

overtime serves as an excellent compromise. It will likely decrease the amount of shootouts fans get to see — as the space created by sending out fewer players brings a greater chance of back-and-forth offence and thus, more overtime game-winners — but the excitement factor is sure to remain.

Another key change is the coach's challenge, which allows head coaches to call for an in-game

review of goals scored if they feel the opposing team was offside or interfering with the goalie.

The coach's challenge and its predecessor, video review, have become staples in many professional sports, helping to decrease the risk of human error in officiating.

More importantly, they enhance the fan experience, reducing the sense of injustice felt by fans watching miscalled plays. Where

human error may have previously led to incorrect calls and bad officiating, the addition of measures like video review and the coach's challenge ensure that fans feel vindicated when these things occur.

While the new rules changes figure to significantly change the game, they'll surely bring about more excitement, and should do an excellent job of getting fans more involved.

CLEAR COVER, BLACK BACK.

Make any report look great!



**Bound
AND COPIED**

MacEwan Student Centre, lower level





According to new research, those looking to improve their heart health may have to double or quadruple their daily physical activity.

COURTESY RYAN MCGUIRE

No magic number for optimal workout time

Emilie Medland-Marchen
Sports Assistant

A recent study published in the cardiovascular health journal *Circulation* suggests that 30 minutes of daily physical activity, the guideline suggested by the American Heart Association, is not enough for optimum heart health.

The study, presented by professor Jarett Berry from the University of Texas Southwestern Medical School, tracked the daily activities of 370,460 people over a 15-year period. Those who exercised for 30 minutes each day had only modest reductions in the risk of heart failure, whereas those

who quadrupled that exercise time had a much lower risk. These results suggest that 30 minutes of daily exercise is not a 'magic number' for optimal exercise. Optimum results come from double or quadruple that amount.

This new information throws a wrench into the plans of many students and young adults who struggle to balance work and studies with physical exercise. It also conflicts with Alberta public schools' implementation of a 30-minute daily physical activity requirement, as the study suggests that this mark should be a bare minimum rather than a complete guideline.

But this study isn't a radical one. It simply reflects the fact that a

sedentary lifestyle has become normalized in Canadian living. Many people struggle to find the time to fit in just 30 minutes of exercise each day and would feel guilty knowing they won't be able to fit in the full one to two recommended hours of exercise.

But this shouldn't guilt people into feeling they have to exercise more. It's hard enough for many people to fit 30 minutes into their busy lifestyles, let alone two hours — especially students, who may be in class and studying for up to 12 hours a day.

These problems are perfectly understandable for those with hectic and demanding lifestyles. It's too much to expect someone

coming out of a sedentary lifestyle to jump straight into two hours of daily activity. In fact, doing so could lead to injury, or put someone off of exercising altogether.

halfway there. While two hours of daily physical activity may be optimal, everything between that mark and 30 minutes still brings a greater reduction of the risk of

30 minutes of daily physical activity, the guideline suggested by the American Heart Association, is not enough for optimal heart health.

Students and workers shouldn't feel guilty for not being able to do more than 30 minutes a day of daily physical activity, but they should still strive to reach the two-hour daily goal, even if they only get

heart failure.

It may be difficult, but starting small and building slowly should allow for progression towards greater heart health — even if it takes a while to get there.

DINOS SOCCER »

Dinos go undefeated in Crowchild Classic series

Sonny Sachdeva
Sports Editor

The Dinos men's soccer team emerged as the victor in their back-to-back Crowchild Classic matchup with the Mount Royal Cougars. Taking on the Cougars on Oct. 10-11, the Dinos won their first match 3-2 and finished the second instalment with a 1-1 draw.

The weekend results improve the Dinos' record to 4-2-2, positioning them fourth in the Canada West division. Provincial rival University of Alberta sits atop the standings with a 7-1 record.

While the Dinos have a tough task ahead of them if they hope to move up the standings over the final weeks of their season, one member of the team is already making waves on a division-wide level.

Fourth-year Dinos forward

Dominic Russo currently leads the Canada West with seven goals — already tying his goals total from last season with four games remaining — and sits third in the division for points with eight overall.

Russo has been a driving force for the Dinos offense, scoring in six of his club's eight games thus far. However, his finest moment came against the rival Cougars in the first match of the Crowchild Classic, when Russo led the team to victory with a hat-trick in the final 10 minutes of the game.

"They never give up," Dinos team manager Eddie Bardana said of his team's late-game heroics. "They're always in it. As long as they keep positive and keep fighting, anything's possible."

The Dinos will need those heroics to continue if they hope to keep

their record, as their next game comes against the top-ranked University of Alberta Golden Bears on Oct. 17.

The Dinos and Golden Bears split their regular season series last year, with each winning one of the two games — though the Golden Bears' 4-0 victory was a much more dominant affair than Calgary's 2-1 win.

However, U of A got the best of their rival in the playoffs, ousting the Dinos in a 1-0 shutout victory.

With an opportunity for revenge on the line and Russo firing on all cylinders, the Dinos should have a strong shot at extending their undefeated streak when they take on the Golden Bears. Following that match, they'll finish their regular season with a game against the MacEwan University Griffins on Oct. 18, and a back-to-back set with the University of Winnipeg Wesmen on Oct. 24-25.



The Dinos' offence has been thriving recently.

LOUIE VILLANUEVA

HUMOUR

Editor: Melanie Woods
humour@thegauntlet.ca
@GauntletUofC

CAMPUS FEUDS »

Bake sale feud between clubs quickly escalates into Food Network-style war

Jill Girgulis

Watches too much *Cutthroat Kitchen*

Last Wednesday, Campus Security received reports of a Food Network-style bake-off occurring between clubs at the table in Science B. Students from the Archaeology Students' Association and the Yoga United club were locked in a *Chopped*-style competition when responders arrived.

Students claim the feud was a result of overscheduling.

"We booked the table two months ago and then showed up with our tupperware containers full of hand-crafted organic almond butter squares," Yoga United president Hannah Berry said. "And the archaeology folks were already set up there. We immediately knew we had to settle things."

The rules of the bake off required both clubs to produce their three tastiest treats using ingredients from the other club's table. The closest chemistry professor served as the judge for the three rounds.

"Right away I thought we were screwed," Berry said. "I've eaten real dirt that tastes better than their 'dirt & worms' pudding."



Friendly bake sales turned sour last week in Science B as an intense bake off started.

COURTESY ELIZA ADAM

The Yoga United club came out on top in round one with their spreadable cream cheese and peanut butter Oreo® crumble.

"Adding the cream cheese, that was my idea," Berry said. "The smooth, refreshing taste perfectly

compliments the crunchiness of the Oreo® cookie. I might pitch this dessert to La Taqueria."

Archaeology club president Brian Lait was impressed with his club's ingenuity.

"We wanted to make something

hot, so my VP Finance raided the nearest chemistry lab and came back with, like, six Bunsen burners," Lait said.

Lait and the archaeology students then upset the Yoga club with back-to-back wins in the next two rounds.

Their chocolate pecan banana bread ice cream sandwich dessert was described by the judge as nurturing and familiar.

"This is so much bigger than us versus them. My great-aunt's chocolate pecan banana bread's reputation was on the line!" Lait said.

The archaeology crew's rainbow marshmallow squares were enough to pull out a win, leaving Yoga United humiliated and without anywhere to sell their handmade treats.

"The judge told us that we'd been 'chopped'," Berry said.

When asked about her decision to throw a red velvet cupcake in Lait's face after her club conceded, Berry denied any malicious intent.

"It was well past noon and I just assumed he was hungry after spending all day at his bake sale. — if you can call it that," Berry said.

Apart from the noticeable lack of operational bake sales on Wednesday, the episode did not appear to negatively impact the general student population.

The two clubs will meet again in two weeks. Both are scheduled to hold Halloween-themed bake sales outside the Fitness Centre in Kinesiology B.

HOT TIPS »

Four creative ways to use your leftover turkey

Melanie Woods

Loves Walter very much

Thanksgiving is a holiday of family, food and football. But when the dishes are cleared and family have gone home, many of us are left with piles of delicious turkey we don't know what to do with. The Internet might suggest making a delicious turkey soup or sandwich, but we believe in creativity and innovation. With that in mind, here are some handy ways to use all that leftover turkey.

Juice: Artisanal juice bars are all the rage right now, with many popping up around the city. Throw your leftover dark meat, stuffing and mashed potatoes into a blender, juicer or Magic Bullet®, set it to high and enjoy the nutritious and delicious result on the way to your next spin class. The chunkier, the better. If you have to chew your drink, it means you're working hard for your nutrition.

Political protest: If you aren't happy with Canada's new government on Oct. 19, make your voice heard. Take the discarded pieces of your holiday bird and write a message of unrest on a hillside. The scattered carcass will symbolize the torn and broken dreams of your political future, rallying the people to rise up. The humble turkey shall be a call to arms for the revolution.

Companionship: Feeling lonely? Reassemble your Thanksgiving turkey into a tasty pal to keep you company. Your friends may leave you and your family may die, but Walter will always be there. He always listens, even during your darkest days. And as Walter slowly becomes foul over the coming weeks, the stench of rotting food will remind you of all of your own incompetencies in the world. You and Walter are really one and the same — rotting carcasses of flesh left to turn sour in the cruel air of the world.

Modern art: Carefully arrange the components of your Thanksgiving feast on the steps of the Suncor Energy building downtown, photograph it and sell the prints to a high-end modern art gallery. This particular way of using your leftover turkey is a physical representation of the decline of middle-class values and the death of the Canadian dream in the wake of corporate capitalist ventures and the mass-market economy.

Separated into white and dark meat, the rich and the poor are forever at odds within our financial structure and laid bare for the cruelties of society to pick at. Are we not all just the unclaimed remnants of the last supper of industrial capitalism, laid out by an omnipotent god on the steps of our own future only to be forever picked at by the carrion birds of corruption? We are all the bones of a great skeleton of hope laid out to bleach in the cold industrial sun, reflected off of the downtown monoliths of business dominance.



The leftovers of your turkey dinner have many uses.

COURTESY DIDRICKS

HOT TIPS »



This Magic 8 Ball® holds the answers.

COURTESY DENISSE ALARCON

Top five ways to pass your midterms

Nada Salem
Highlighter Games champion

Midterm season is back, and many students find themselves worrying about making it through those big tests. If the traditional advice of studying hard, doing your readings and going through practice questions doesn't work for you, we have five easy tips to help you pass your midterms.

Call Mike Ross from the hit television show *Suits*: He may be a hot-shot lawyer now, but he's still the same Harvard-wannabe we all love. Just let him whiz through your textbook and you're set to go. Keep in mind that Mike charges extra when Shakespeare's involved.

Implant a microchip storing a copy of the textbook into your brain: It's definitely a possibility that your brain will go haywire, but that shouldn't stop you. Don't worry about the surgical procedure, the blood, the piercing

headaches, the paralysis — no pain, no gain.

Buy a Magic 8 Ball: Rather than going all out for your exams, invest in something small and simple. It's cheap, quick and reliable.

"Outlook not so good," is the perfect answer to an essay question asking you to describe political reform in medieval Italy.

Travel back from the future: By the time science finally makes it possible, you will forget all about your exams. Or you'll patiently wait for 70 years and actually come back to retake your midterms. If either works, your life was probably shit.

Use the supplies you bought: If you're feeling sentimental, use that endless pile of blank index cards stacked away in your room to build the biggest fort you can to hide from all your responsibilities. Then, let the semester's Highlighter Games begin.

HOROSCOPES »

Your future is written down, just like these books

Melanie Woods

Better a witty fool than a foolish wit



Libra
(Sept. 23 – Oct. 22)

You will read James Joyce's *Ulysses* backwards on a dare from a friend and discover it's actually the story of a sad, confused dog.



Scorpio
(Oct. 23 – Nov. 21)

William Shakespeare will approach you in a dark alley, call you a "fucking loser with no direction in life" and then disappear into the night. Weren't Shakespearean insults supposed to be funny?



Sagittarius
(Nov. 22 – Dec. 21)

After reading T. S. Eliot's "The Lovesong of J. Alfred Prufrock," you will actually start measuring your life in coffee spoons. You have accomplished 9,782 coffee spoons so far.



Capricorn
(Dec. 22 – Jan. 19)

Your professor will decide to model class after *Game of Thrones*. You will arrive to class every day to fight for your life and honour, facing betrayal, sex, lies and death at every turn. In the game of POLI 319, you get an A or you die.



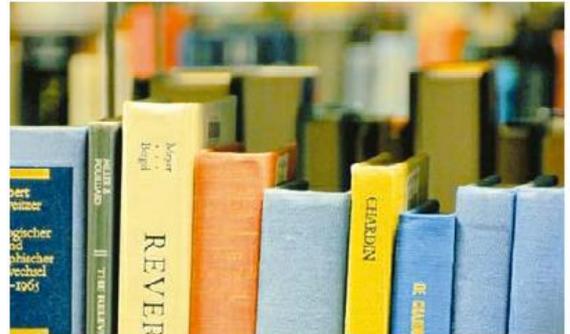
Aquarius
(Jan. 20 – Feb. 18)

Your future is grim. This horoscope is haiku. Really sucks for you.



Pisces
(Feb. 19 – March 20)

While riding the train you



The literature of the past holds the key to our future. COURTESY FAUNGG

will encounter a group of people of various social strata claiming to be on their way to Canterbury. The knight seems like a real dick.

ley's *Frankenstein*, you will die very suddenly. Nobody will bring you back to life because nobody cares enough.



Aries
(March 21 – April 19)

You will find yourself inexplicably drawn to a green light. And so we beat on, cars stuck in traffic, borne back ceaselessly into rush hour.



Taurus
(April 20 – May 20)

Your grandmother will inexplicably be replaced by Canadian literary icon Margaret Atwood. Rather than baking cookies or doing other grandmotherly things, she'll point out the similarities between our society and many classic dystopias, claiming that we as a human race will inevitably bring about the downfall of our world due to the evils of industrial capitalism and the folly of corporate ambition. You'll realize she's kind of right.



Cancer
(June 21 – July 22)

The tall man from the *Harry Potter* series will knock on your door late one night to explicitly clarify that you are not a wizard.



Leo
(July 23 – Aug. 22)

While working on your novel, you will remember that Milton was completely blind and still wrote the epic poem, *Paradise Lost*, hundreds of years ago. You can see just fine, own word-processing software and wrote about a quarter of a shitty novel no one will ever publish.



Virgo
(Aug. 23 – Sept. 22)

When you lose the television remote in the cushions of your couch, you will call Sherlock Holmes to help you solve the mystery. He will arrive, criticize your choice of suede over leather and promptly leave.

It's time to choose your Canada, U of C.

Romy Garrido
VP External



On October 19, your vote has never mattered more.

It's a phrase that is said during every election ever. These types of appeals aren't effective because they often turn out to be false. One's vote usually means piling on in a landslide victory or being cast into a meaningless pile on the losing side. These appeals don't work because it's never as close as the pundits say it is and there usually isn't that much of a choice to be made. Well, this time it couldn't be closer and the choices couldn't be more drastic.

The NDP, Conservatives, and Liberals have all been within 3% of each other in the polls for the last two months. Despite having substantial policy differences on immigration, pipelines, the economy, security, education and health care, these parties have remained essentially deadlocked. You have a choice this election and, along with your fellow students across Canada, have the power to make that choice matter.

There is one variable with all this: the youth vote. Historically, the youth vote has stayed home on Election Day — sure, students do tend to vote, but even still, 18-24 year olds have not voted at the same rates as older Canadians. But with such stark differences between the three main parties and renewed support for other parties like the Greens, the youth vote will come out in a big way.

We saw it happen in the provincial election. Polling has shown that the youth vote was a major factor in defeating the longest serving provincial government in Canadian history on May 5. Now you have the power to choose your Canada on Oct 19.

Volunteers with the SU have been working tirelessly to make sure that their peers are going cast their ballots. Our volunteers will be calling each of the 7,000 pledges to vote we've collected so far to help them find their polling stations — which are open from 7:30 a.m. - 7:30 p.m., Oct 19.

We're going to remind each pledge that they need two pieces of ID to vote: one to establish their identity and one with their current address. We'll also be reminding people to register to vote and that even if they do not register ahead of Election Day they can still

register at the polls. In The 23 other schools across Canada participating in this federal GOTV campaign means that this will be the most significant youth voter mobilization effort in years.

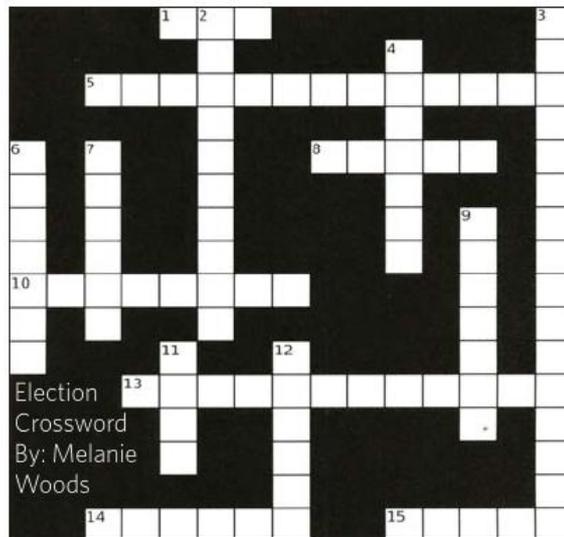
The energy of this campaign has been unreal and I encourage you to get involved if you want to make a real difference in this election. **Sign up to volunteer at uofcsu.getoutthevote.ca/volunteer or contact Romy, the SU's VP External at suvpext@ucalgary.ca.**

Remember: the most important thing you can do in this election is vote. The second most important is volunteering to ensure others do the same.



The Students' Union advertisement is provided by the SU and published without Gauntlet editorial revision.

CROSSWORD »



Election
Crossword
By: Melanie
Woods

ACROSS:

1. Green Party candidate for Calgary Confederation.
5. The head of the government of Canada.
8. Elizabeth May is the leader of the _____ party.
10. Oct. 19 marks the end of the longest _____ in modern Canadian history.
13. The current ruling party in Canada.
14. Former MLA and Conservative candidate for Calgary Confederation.
15. Liberal candidate for Calgary Confederation says he's been campaigning for two years.

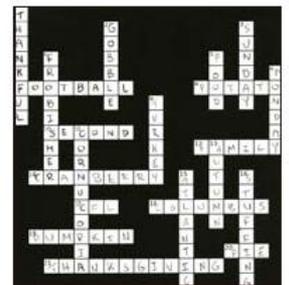
DOWN:

2. Tom Mulcair is the leader of the federal New _____ Party.
3. Canada's federal electoral system

is a _____ system.

4. Justin is following in the footsteps of his father Pierre as leader of the federal _____ party.
6. Promises "real change."
7. Canada's current Prime Minister.
9. Rachel Notley's federal counterpart.
11. The Students' Union is encouraging students to get out the _____.
12. Former CBC journalist and NDP candidate for Calgary Confederation.

LAST WEEK'S
CROSSWORD »



What's black and white and read all over?
The stories you'll write for the *Gauntlet!*
Email
humour@thegauntlet.ca



Suspended Termination – Rhys Sosnowski



It Goes Without Saying – Dawn Muenchrath

Handling Conflict In Your Everyday Life: A How-To Guide



1. Identify the source of the conflict, and define all aspects of the issue. Try to see things from the other person's perspective, and do your best to fully understand your own feelings, too.



2. Start thinking about what you want/need to say. Try to frame your thoughts in a way that is honest without being petty or unkind. Write it down and rehearse.



3. Think about how the other person might respond. Really think about. Imagine all the possible scenarios, no matter how unrealistic. Obsess about the issue until it has become a giant, insurmountable entity.



4. Stop kidding yourself. Burn this comic and book the first flight out of the country. You can start a new life there.

Living Easy – Gheeni Miguel

