



LET'S TALK ABOUT SEX WEEK, BABY

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NITE OWL MOVES AWAY FROM LIVE MUSIC

pg. 8

DINOS MEN'S HOCKEY OUTLASTS MOUNT ROYAL

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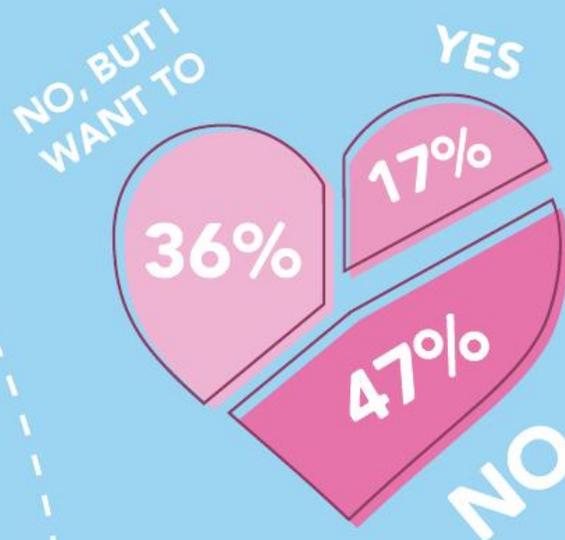


WHAT STUDENTS HAVE TO SAY ABOUT SEX pg.6

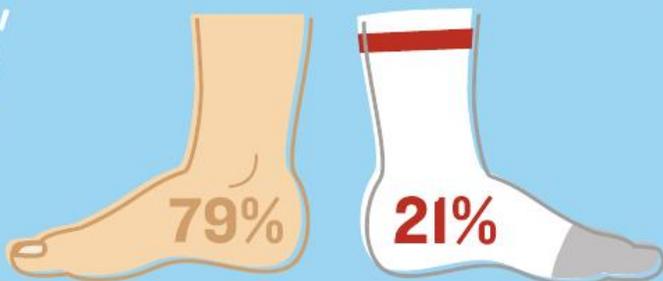
HAVE YOU EVER HAD SEX ON CAMPUS?



HAVE YOU EVER HAD A THREESOME?



SOCKS ON OR OFF DURING SEX?





STUDENTS' UNION

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Trans 101

Alphabet Soup



BDSM 101

practice safer sex

Power Relations in BDSM

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sex week

Sexual and Gender Wellness Week



UNIVERSITY OF CALGARY SU Wellness Centre



February 1 - 5 in MSC for full schedule go to: www.su.ucalgary.ca/sexweek

NOTICE OF NOMINATION DAYS

THE STUDENTS' UNION, UNIVERSITY OF CALGARY

Notice is hereby given that Nomination Days are Monday, February 8 to Wednesday, February 10, 2016 and that nominations for the election of candidates for the following offices will be received at the Students' Union, MSC 251 between the hours of 10 a.m. and 3 p.m. on Nomination Days and at Foothills HSC G744 on February 8, 2016 from 11 a.m. - 1 p.m.

Offices Available

Number of Vacancies

President	1
Vice President Academic	1
Vice President External	1
Vice President Operations and Finance	1
Vice President Student Life	1
Faculty Representatives, Arts	4
Faculty Representative, Cumming School of Medicine	2
Faculty Representatives, Haskayne School of Business	2
Faculty Representative, Kinesiology	1
Faculty Representative, Law	1
Faculty Representative, Nursing	1
Faculty Representatives, Schulich School of Engineering	2
Faculty Representatives, Science	3
Faculty Representative, Social Work	1
Faculty Representative, Veterinary Medicine	1
Faculty Representative, Werklund School of Education	1
Board of Governors Student at Large Representative	1
Senate Student at Large Representative	2

Co-Chief Returning Officer:
Nolan Hill
Students' Union, MSC 251
elections@su.ucalgary.ca

Co-Chief Returning Officer:
Dan Medland-Marchen
Students' Union, MSC 251
elections@su.ucalgary.ca



Dated at the University of Calgary in the City of Calgary, Province of Alberta, this 25th day of January, 2016.

As of January 25, 2016, Nomination packages will be available online or at the SU main office. Visit www.su.ucalgary.ca for more information.

Students for Literacy

Book Sale

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10 a.m. - 4 p.m.

MacEwan Student Centre

Find a book • Make a donation

All proceeds directed to the promotion of literacy in our city.



Volunteer Services

GAUNTLET NEWS

Twitter: @GauntletUofC

Editor-in-Chief: Kate Jacobson 403-220-7752
ec@thegauntlet.ca

News: Fabian Mayer 403-220-4318
news@thegauntlet.ca

News Assistant: Scott Strasser

Opinions: Sean Willett
opinions@thegauntlet.ca

Features: Chris Adams
feature@thegauntlet.ca

Entertainment: Jason Herring
entertainment@thegauntlet.ca

Entertainment Assistant: Rachel Woodward

Sports: Sonny Sachdeva
sports@thegauntlet.ca

Sports Assistant: Emile Medland-Marchen

Humour: Melanie Woods
humour@thegauntlet.ca

Photo: Louise Villanueva
photo@thegauntlet.ca

Video: Eric Gonzalez
video@thegauntlet.ca

Graphic Artist: Samantha Lucy
graphics@thegauntlet.ca

Online: Clara Sadler
online@thegauntlet.ca

Volunteer Coordinator: Olivia Ingram
volunteer@thegauntlet.ca

Business Manager: Riley Hill
403-220-7380
business@thegauntlet.ca

Contributors
Prince Alram • Jaié Alegre • Derek Baker • Lisabelle Barraza
Queenie Cagalada • Jarrett Edmund • Jill Girgulis
Andrew Gosse • Lorenzo Marci • Fernando Moreno
Philip Stapor • Claudia Wong

Golden Spatula

Andrew Gosse
Andy's from Red Deer, which is a thoroughly ok town. Andy, however, is far from thoroughly ok. He is, in fact, more than ok — he's really great, and we're glad he came up to the Gauntlet. Hopefully it's thoroughly better than Red Deer. Granted, that's not a very high bar.

Furor Arma Ministrat

Room 319, MacEwan Students' Centre
University of Calgary
2500 University Drive NW
Calgary, AB T2N 1N4
General inquiries: 403-220-7750
thegauntlet.ca

The Gauntlet is the official student newspaper of the University of Calgary, published most Thursdays throughout the year by the Gauntlet Publications Society, an autonomous, incorporated body. Membership in the society is open to undergraduate students at the U of C, but all members of the university community are encouraged to contribute. Opinions contained herein are those of the individual writers, and do not necessarily represent the views of the entire Gauntlet staff. Editorials are chosen by the majority of the editorial board. The Gauntlet is a forum open to all U of C students but may refuse any submission judged to be racist, sexist, homophobic, libelous, or containing attacks of a strictly personal nature. We reserve the right to edit for brevity. Grievances regarding the Gauntlet follow a three-step process which requires written decisions from the Editor, the GPS Board of Directors, and the Ombudsboard. The complete Grievance Policy is online at: thegauntlet.ca. The Gauntlet offices are located on Treaty 7 land.

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Letter Policy
Letters must be typed, double-spaced and received by Monday at 4 p.m., and must include the author's name, student ID number, telephone number and signature. Letters will not be printed if they include attacks of a strictly personal nature, statements that discriminate on the basis of race, sex, or sexual orientation, or libelous or defamatory material. All letters should be addressed to "Editor, the Gauntlet," and be no longer than 300 words. The Gauntlet retains the right to edit submissions. Letters can be delivered or mailed to the Gauntlet office, Room 319 MacEwan Students' Centre, or sent by email to ec@thegauntlet.ca.

The Cover
Design by Samantha Lucy

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ACCESSIBILITY »

Students call for non-binary and trans inclusive change rooms

Melanie Woods
Gauntlet News

University of Calgary students are coming forward with concerns regarding trans and non-binary accessible spaces in the university's kinesiology building change rooms.

The change rooms currently include separate group spaces for men and women, but no individual or family changing facilities. Users have expressed concern with the lack of such spaces.

According to Active Living senior director Kurt Kinnear, three individuals have complained directly to Active Living about the lack of access in the last year.

Trans student Quinn Nelson originally brought their concerns to Active Living in November. Nelson said they were told to change in the Q Centre for Sexual and Gender Diversity if they didn't feel comfortable in either the men's or women's change rooms. They said the suggestion was well-intentioned but unhelpful.

"They just didn't understand that that wouldn't work," Nelson said.

Nelson questioned the university's lack of facilities in a Jan. 16 Facebook post subsequently shared by the Q Centre.

"Just like all students, I paid a non-optional \$35.90 fee this semester to access University of Calgary recreational facilities. But the facilities have NO safe spaces for me to change+shower as a non-binary trans person, especially given my gender expression, and this is not okay"

Nelson hopes student concerns will lead to the creation of an inclusive space.

Trans student Brett Mason filed a



Quinn Nelson wrote a Facebook post discussing the lack of trans accessible change rooms. MELANIE WOODS

letter of complaint with the university on Jan. 21.

"Though the person at the help desk said I could use whatever change room I feel the most comfortable in, that is exactly the problem — I don't feel comfortable in either and likely wouldn't be that safe in either," Mason's letter read.

Mason's letter also highlighted a lack of access for disabled individuals and families.

"A gender neutral, accessible family change room would have a positive impact on accessibility in more ways than just trans accessibility. Most gender inclusive change rooms I've seen are also family change rooms and made to be

accessible for people with physical disabilities," Mason said in the letter.

U of C women's studies program coordinator Rebecca Sullivan is working with concerned students to bring the issue forward to the Office of Diversity, Equity and Protected Disclosure, but wants to "do it right the first time."

"It's an urgent issue, but it's an issue that needs some consultation, some reflection and some long-term solutions," Sullivan said.

Kinnear said the university is open to working with concerned students to improve facility access.

"The building with the change rooms was built in the 1960s and at

that time, such requirements, including family and individual change rooms, were not considered," Kinnear said.

Similar concerns prompted the Students' Union to submit a proposal for gender-neutral multi-stall washrooms on campus. Administration approved the proposal in November 2014 and the gender-neutral washroom officially opened in MacHall last year.

Gender and sexuality issues have been at the centre of heated debate in Alberta after the government introduced new guidelines surrounding LGBTQ students in schools earlier this month.

ADMINISTRATION »

U of C announces Syrian refugee bursaries

Fabian Mayer
News Editor

The University of Calgary announced on Jan. 20 that it will provide up to 33 bursaries to Syrian refugees settling in the city. Funding for the initiative will come from a fundraising effort, with the university matching up to \$100,000 of the community-raised funds.

Roughly 2,000 Syrian refugees are expected to arrive in Calgary over the coming months. U of C associate vice-

president government and community engagement John Alho said selected students will come from this group.

"This will be in support of the Syrian refugee families that arrive in Calgary," Alho said. "We would anticipate there will be strong uptake on the program."

According to Alho, the \$6,000 bursaries will help refugee students cover the costs of education in their first year.

"The intent is really to help individuals make that transition into the

U of C and get them settled in," Alho said. "We wanted to mobilize our campus community to be part of the solution."

The university has also committed to providing free English language training for 10 Syrian refugees each term. The program will run for just one year, though Alho did mention the possibility of renewing the program in future years.

"As the situation on the ground evolves and if there's increased demand we might revisit that," Alho said.

University president Elizabeth Cannon weighed in on the program in a statement.

"With all the wonderful efforts being made across our city and throughout the country, to house, clothe and feed refugees when they arrive, we are happy to open our doors and remove economic barriers to ensure Syrian students can move forward with their education," Cannon said.

Students can contribute by visiting ucalgary.ca and following the links.



FABIAN MAYER

Anti-abortion activists provoke campus debate

Fabian Mayer
News Editor

A group protesting abortions with graphic images of aborted fetuses provoked discussion on campus on Jan. 21. The group set up with posters and pamphlets between MacHall and the Taylor Family Digital Library.

Alex vande Bruinhorst was one of three individuals holding posters and handing out pamphlets from the Canadian Centre for Bio-Ethical Reform.

"We ask people what they think, we hear them out as to why they support it or why they're against it and we try to obviously change their mind," he said.

Vande Bruinhorst claimed showing people the images makes them less likely to have an abortion.

"We've found when people wanted to fight an injustice the most effective way was just to show people the evidence of both the injustice, as well as the victims who are being harmed by that injustice," he said.

Vande Bruinhorst was confronted by students who believe the group should not force students to look at the images. He argued that students have the option to disregard the posters.

"We're not grabbing anybody and forcing them to look at our signs," vande Bruinhorst said. "They could just turn away."

Abigail Barth was one of the students who stopped to speak with the protestors. The masters of social work student believes showing these images at universities is irresponsible.

"We know that there is a high prevalence of sexual assault on campuses continent-wide and it runs the risk of retraumatizing these women and men who have been in a vulnerable situation and in the case of the women, might have had to have an abortion," Barth said.

First-year masters of science student Douglas Doyle Baker also engaged with the protestors. He was upset by the images for other reasons.

"What I mostly took issue with today was being filmed. I didn't know I was being filmed until I glanced over," he said.

// We're not grabbing anybody and forcing them to look at our signs.

— Anti-abortion activist
Alex vande Bruinhorst

The group says it films only for security purposes and claims the footage has been deleted.

Head of Campus Security Brian Sembo provided a statement on the matter.

"This group did not follow appropriate protocol and book through Meetings and Special Events as stated under the Use of University Facilities for Non-Academic Purposes policy. Campus Security informed the group of this requirement, and the group was reminded to follow this booking procedure for any future events."

UPass prices slated to rise 16 per cent by 2019

Scott Strasser
News Assistant

Students starting their degrees will likely see a substantially pricier UPass by their senior year, as Calgary Transit and the University of Calgary discuss price increases for the service through 2019.

The UPass recently increased from \$125 to \$130 for the winter 2016 semester. According to Calgary Transit, the price should remain frozen until September 2017.

But the UPass could see a \$10 price jump in September 2017, putting it at \$140. By the fall of 2019, it may cost as much as \$151 per semester.

Students' Union vice-president external Romy Garrido said the pass is gradually becoming less affordable for students. She criticized the lack of student consultation regarding UPass price hikes.

"It's disappointing to see the city

taking advantage of this mandatory non-instructional fee," Garrido said. "There's nothing students can do about it. It's something the university negotiates with Calgary Transit and we're kind of left out."

The price of the UPass is determined by student surveys and ridership counts.

If the proposed rates are approved, the UPass will rise from \$117 to \$151 between 2013 and 2019.

"We're still getting a significant discount," Garrido said. "But that begs the question, 'what's the limit?' At one point does it become unaffordable for students?"

The UPass isn't the only transit fare increasing in price. By 2018, adult monthly passes may rise from \$99 to \$107 per month. The low-income pass could go from \$44 to \$53.50 per month.

"Fare price increases are required to offset Calgary Transit's increased operating costs and to generate enough revenue to help

us provide transit services at the same or improved levels," said Ron McKendrick, Calgary Transit's manager of operational planning, in a statement.

Calgary Transit conducts surveys to gauge how many students use their services. Garrido, who was surveyed while in line for her UPass, questioned the viability of these surveys.

"If they're surveying students who are picking up their sticker, it's likelier those students use transit regularly," she said. "If they're surveying students in the parking lot, I'm sure students there would have a different answer to how often they use Calgary Transit."

At \$130 per semester, Calgary's UPass is relatively inexpensive when compared to other Canadian cities. Vancouver students currently pay about \$152 each semester, while Ottawa has one of the most expensive UPass programs at \$195 per semester.

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SEX WEEK »

Let's talk about Sex Week, baby

Lianelle Barraza
Gauntlet News

Got sex on your mind? Start February off by checking out Sex Week, which offers five days of workshops, events and movie screenings on sex and gender-related issues from Feb. 1-5.

Sex Week is a collaboration between the Students' Union, Q Centre, Wellness Centre, Women's Resource Centre and the Faith and Spirituality Centre.

Q Centre coordinators Leah Schmidt and Katie O'Brien said the collaboration between campus organizations means this year's Sex Week will better capture student interest.

"Sex Week tries to provide fact-based education on issues and have a chance for people to talk about issues not generally talked about," Schmidt said. "We are trying to make the conversation about sex and gender-related issues more approachable."

The BDSM workshops and Friday Campus Carnival are some of Sex Week's most anticipated events. These workshops stress the importance of maintaining safe sexual conduct.

"A lot of people who are brand new to these issues can come out to these events and learn about what's out there," Schmidt said. "Sex Week offers the chance for people to



The week will feature information sessions on everything from faith to BDSM.

LOUIE VILLANUEVA

learn about sex and gender without feeling like it's wrong."

O'Brien said one of the biggest issues surrounding sex and gender is the reluctance for students to explore and start non-judgemental conversations.

"The point of Sex Week is to open the dialogue," O'Brien said. "A lot of people may feel uncomfortable starting a conversation about sexual orientation or gender-related issues, and Sex Week helps make this conversation more relatable."

Sex Week has grown to encompass topics like gender diversity, sex toys and orgasms, sexual orientation and faith.

Student's Union vice-president student life Kirsty McGowan says Sex Week offers students education on sex and gender in a fun and safe environment.

"Sex Week touches on so many topics surrounding sex, that people who aren't regularly engaged in this kind of context can get involved," McGowan said. "Sex Week

offers a fun introduction to the topics that are often avoided in conversation."

Documentary screenings of *Orchids: My Intersex Adventure* and a play called *Oblivion* by Johnathan Brower will be featured on Feb. 2.

"I think that it's something a lot of students will have interest in engaging with. It elicits so many topics that it will appeal to such a wide range of the student population," McGowan said.

RESEARCH »

Research group looks at youth mental health

Claudia Wong
Gauntlet News

University of Calgary researchers are working to identify psychosis predictors for high risk youth.

Psychosis is a medical condition that includes a disruption in brain functioning. Symptoms include confused thought, increased suspiciousness, grandiosity, impulsivity and disorganized communication.

Georgia Carstensen and Catherine Marshall are research coordinators focusing on youth at risk for mental illness at the U of C Mathison Centre for Mental Health Research & Education.

"Disorganized communication is something that a person might not notice about themselves," Carstensen said. "But their parents, friends or teachers might notice that their thoughts trail off or they have trouble expressing what they want to say."

While most people rarely experience the symptoms described above, this happens frequently to people who are at Clinical High Risk (CHR) and can disrupt several social functionings.

"If someone is at CHR, they may be having quite significant symptoms that are very distressing, but they still question the experiences they are having. They haven't had that loss of contact with reality," Carstensen said. "If someone is having a psychotic episode, they may not have that doubt anymore."

Student mental-health issues have been a recent focus for both the university, which is in the middle of rolling out a new mental-health policy, and the Students' Union.

"Young adults can also be prone to having these experiences because of stress associated with attending university and some of the pressures and adjustments that come along with that," Marshall said.

Despite CHR being an indication of psychosis, most people who display symptoms don't go on to develop a mental illness.

"A rough number is about one-third of people [at CHR] will go on to develop a first episode of psychosis and two-thirds will not," Marshall said.

Music Organ Series

MAGISTRATI ET DISCIPULI

With organist Neil Cockburn



School of Creative and Performing Arts

February 2, 2016 at 8 p.m.

Eckhardt-Gramatté Hall

Tickets: \$25/\$18

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BRIEFS

Pipeline fight brews over Energy East

A fight over pipelines is once again making news across the country as mayors and premiers from around the country squabble over the proposed Energy East pipeline, meant to transport oil from Alberta to New Brunswick.

Montreal Mayor Denis Coderre voiced his opposition to the pipeline, which would traverse Montreal. He argued the environmental risks outweigh the economic benefits.

The rejection drew ire from Saskatchewan premier Brad Wall, Wildrose leader Brian Jean and even Calgary Mayor Naheed Nenshi, who all argued pipelines are a safer way of transporting oil when compared to rail.

Prime Minister Justin Trudeau met with Coderre on Jan. 26. Afterwards, he said Ottawa will be a "responsible mediator" in the pipeline dispute.

With Northern Gateway and Keystone XL all but dead, Alberta and its oil producers are seeking a new pipeline that would allow them to sell to markets other than the United States.

short form

What do you think about sex week on campus?



"It's not something people are comfortable talking about."

– Maria Cervera Roza,
second-year natural science



"I've never heard of it."

– Allan Rocha,
PhD in computer science



"I've seen it around, but I haven't gone."

– Jimena Rodriguez,
fifth-year biomedical science

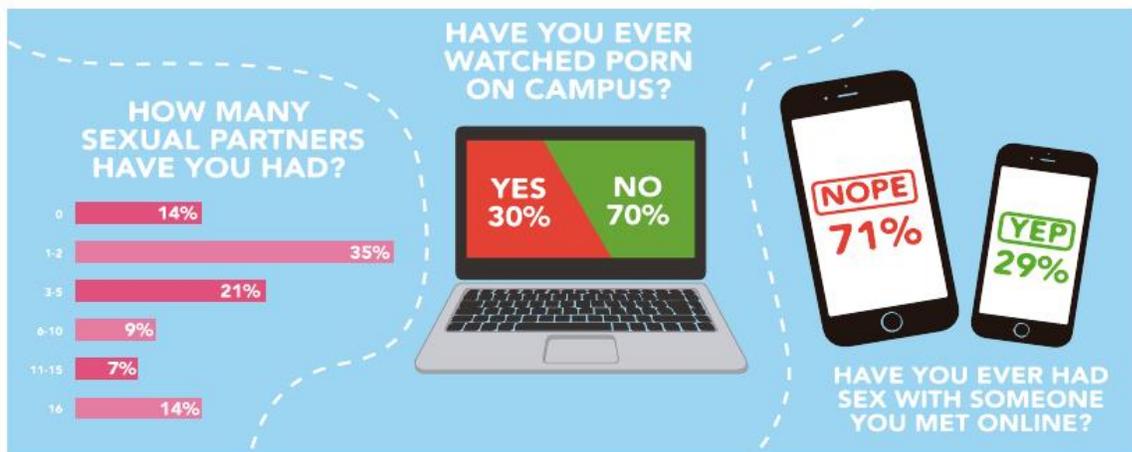


"It encourages more awareness. I agree with that."

– Fadi Istaya,
second-year civil engineering

Photos: Rachel Woodward
Interviews: Andrew Gosse

EDITORIAL »



What students say about sex

If you see someone walking around MacHall dressed as a vagina, you aren't in the middle of a weird dream — it's just Sex Week. A collaboration between various campus groups, the University of Calgary's annual week of dildo-ring-tossing, condom giveaways and awareness workshops will take place from Feb. 1-5.

And along with Sex Week comes the *Gauntlet's* annual sex survey. A smorgasbord of fun facts and way too much information, our survey is an informal cross-section of the student populace and what gets them off. Who's doing the do? Where are they doing it? How are they doing it? And for goodness' sake, who's still paying for porn?

This year, 244 people responded anonymously to our questions on everything from sex positions to porn-viewing habits.

To start, 37 per cent of respondents said they've had sex on campus. As expected, many said they'd done the deed in residence. But apparently,

the MacHall washrooms also get a lot of action. One person even said they had sex in a janitor's closet in the Arts Parkade. Other popular choices include classrooms, hallways and the TFDL stairs — though hopefully not the fancy glass ones in front of Good Earth.

Fewer people — 30 per cent — said they'd watched porn on campus than done the actual deed. So either porn-watching in general is less popular than the real thing, or U of C students find it more convenient to have actual sex under Elizabeth Cannon's roof than watch a video of it in the back of a lecture hall.

When it comes to the weirdest places people have masturbated, people have pleased themselves on planes, trains, tractors and automobiles. And also apparently at the MacHall Dairy Queen. If you ever decide you want to observe the Students' Legislative Council's weekly meetings in the Council Chambers, remember that people have allegedly masturbated

there too. And based on the number of responses relating to various classrooms and lecture theatres, the seat in your ECON 201 lecture was probably the site of some steamy self-action at one point or another.

All of these stats getting you in the mood? One respondent said the weirdest thing said to them during sex was their partner asking who they were voting for in the upcoming Students' Union elections. One lucky respondent was proposed to in the midst of the act, and another was told "my sister pulls my hair harder than that."

Our survey is hardly scientific, but it is one way of looking at the larger sex picture at the U of C. There are a lot of crazy and questionably true responses, but there is also simplicity in the stats. 29 per cent of people have had sex with someone they met online. 42 per cent of people said they'd faked an orgasm. And 21 per cent of people are weirdos who prefer to keep their socks on during sex.

Statistics like these remind us that

the U of C is a diverse place. When we asked how many sexual partners people have had, the same amount — 14 per cent — said that they'd had zero as those who'd had more than sixteen different partners, with the remaining 72 per cent of people falling somewhere in the middle. Finding out that 14 per cent of people are in the same boat as you — one way or the other — can be reassuring.

There aren't really right answers when it comes to sex. Sure, you probably shouldn't masturbate in a C-Train car, empty or not, and enthusiastic consent is mandatory, but having sex with 20 different people or not having sex at all is your decision. Sex as a concept is messy, confusing and full of surprises — socks on or off.

But, to the person who said their favourite sex position was "whatever works" — if there is a right answer, it's that one.

Melanie Woods
Gauntlet Editorial Board

ACADEMIA »

Academic papers are needlessly complex

Scott Strasser
News Assistant

As a communications studies major, I've always found it frustrating how wordy and convoluted many of my course readings are. Week after week, I find myself sloggling through 30-page essays with 60-word sentences and an idea that could easily be communicated in half the space. It feels like I'm forced to look up what exactly words like egregious, obfuscate and hitherto mean every fifth sentence. Why do academics feel the need to prove how smart they are with long-winded explanations for their ideas?

For example, here's an excerpt from Stuart Hall's theory of encoding and decoding that I read for my COMS 475 class on pop culture studies: "The 'object' of these practices is meanings and messages in the form of sign-vehicles of a specific kind organized, like any

form of communication or language, through the operation of codes within the syntagmatic chain of a discourse."

Almost every sentence in the whole damn essay is like that. And this theory isn't particularly difficult. Hall is arguing that the creator of a media message always has a preferred way he or she would like that message to be interpreted. Sometimes the message recipient doesn't accept that interpretation, so they form their own reference code. Simple. But by page 30 of this essay, it might as well be written in Russian.

Academics should strive to make their ideas as accessible as possible. Writing impenetrable prose just

makes it harder for readers to understand what they're trying to say.

Academics convince themselves their ideas are too complex for non-scholars to understand, but that's rarely the case. TED Talks are a great example of a medium that communicates complex ideas in a simple, clear manner. There's no reason why written explanations can't also be simplified.

When I'm full, I don't say that gastronomic satiety admonishes me that I have reached the ultimate state of deglutition consistent with dietic integrity. I just say that I'm full. I don't know why academics can't do the same.

SEX WEEK »

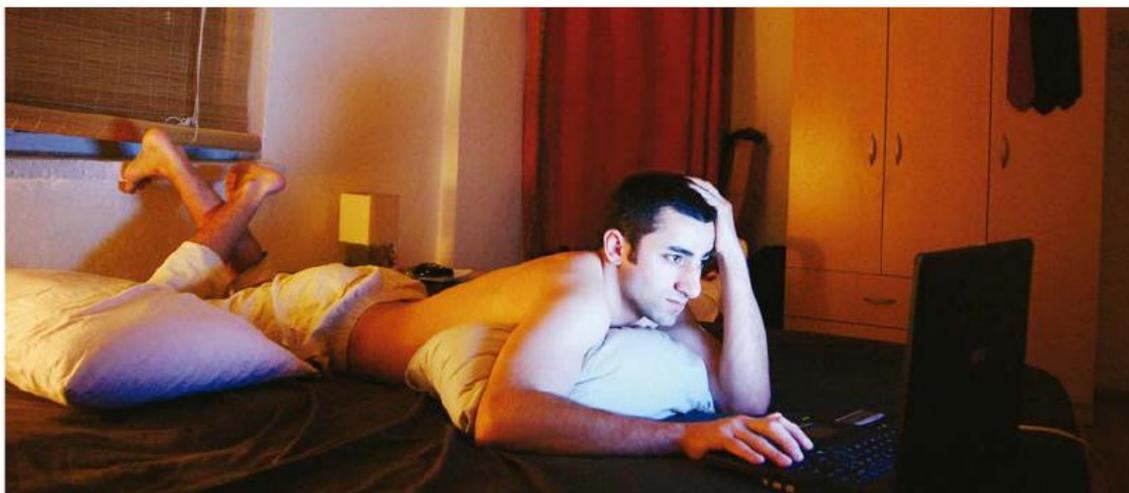
Does ethical porn consumption exist?

Sean Willett
Opinions Editor

Consumers are picky about where their products come from. We want meat that wasn't raised in a factory farm, clothing that didn't come from a sweatshop and electricity that isn't fueled by pollutants. But this sense of consumer consciousness seems to end at a product most people use, but few people talk about — porn. Is it possible to ethically consume porn?

Either way, people watch a lot of it. Like, an astronomical amount of porn. Last year alone, over 87 billion videos were viewed on the streaming website Pornhub. And that's only a fraction of the behemoth that is internet porn — while estimates vary, somewhere between 20 and 30 per cent of all web traffic is porn related. Porn websites get more traffic than Netflix, Amazon and Hulu combined.

But, like so many other industries built to serve massive consumer bases, porn has left countless victims in its wake. Both professional and amateur porn industries have long histories of mistreating their actors, targeting women in dire financial need and trapping them in abusive cycles. Actors are also routinely pressured into performing acts that are uncomfortable or dangerous, with even more sexual abuse happening behind the scenes. Porn



Non-abusive porn exists, but trying to tell it apart from traditional porn can be almost impossible.

COURTESY MELISSA MAPLES

also helps normalize sexual violence — 40 per cent of all porn depicts violence against women.

But these aren't necessarily problems intrinsic to pornography. The porn industry may be inherently abusive and manipulative, but what about porn made by people outside of this system? While it's difficult to find porn like this on popular websites, it does exist. It's usually made by people who film and produce their own videos, so they're free to only perform in ways that they feel safe and comfortable with. Both professional and amateur actors have gone down this route, and it seems to be a growing trend in online porn.

But this type of independent work is still a tiny minority of the porn available online. Part of the reason is the troubling popularity of deliberately violent and abusive porn — 88 per cent of the most popular porn scenes depict violent acts, with women being the target of this violence 94 per cent of the time. There is a demand for watching sexual violence, one the mainstream porn industry is all too happy to cater to.

Plus, picking out non-abusive porn takes research, patience and time — none of which sound appealing to most people hurriedly looking for something to masturbate to. Even if you know

how awful porn is, it's all too easy to just ignore those problems and watch it anyway. It's the same reason people watch the NFL, even though it's common knowledge the league ignores the welfare of its players — it's hard to give up something you like, especially when it's being constantly shoved in your face. Besides, how could one person's viewing choices change anything?

The truth is, they can't. At least not in any way that really matters. One less person browsing Pornhub isn't going to stop the porn industry from chugging along as it always has. Real change has to be made at a structural level, and

we need a drastic shift in the way we talk and think about the role of porn in society.

So is there any point in trying to be a conscientious consumer of porn? Sure — if you're willing to put a bit more effort into your self-love sessions. And it will do some good, even if it's on a pretty small scale.

But if you really want to make a change, you have to do something more than change your personal habits. Support legislation that helps keep porn actors safe and point people towards other options. After all, pretty much everyone watches porn. We might as well work to make it better.

SENSE AND SENSUALITY »

How to play it safe with anal sex

Lorenzo Marcell
Gauntlet Columnist

When did anal sex get so popular? Not too long ago it was widely considered a taboo act reserved for gay couples. But last year it was the most googled term in Prince Edward Island — way to go, PEI.

But increased popularity leads to an increased risk of injuries like anal fissures. Good luck convincing your partner to try anal again after that awkward hospital trip. Here are some pointers to make sure you — or your partner — aren't turned off anal forever.

Porn may have convinced you otherwise, but fluids from the human body — like the mouth or vagina — cannot sufficiently lubricate an object for anal sex. This is important, as you can cause a tear if you don't use lube.

If you're going to try anal, buy some quality lube. I recommend using a mixture of silicone and

water-based lube. You can also find lube designed for anal — Sliquid Sassy is a good choice. Remember to use a lot, probably twice as much as you think is necessary.

Another big misconception lies around condom usage. You should use condoms for anal. For starters, it's a good habit to have. And if your penis has fecal matter on it and you put it in a vagina, you'll give your partner an infection. But if you're using a condom, you can switch it and keep going, which is faster than going to disinfect yourself. And if you're a considerate partner, condoms limit clean up, unless you want your partner to have some awkward bowel movements in the near future.

If you're an anal beginner, you'll also want to take it slow — glacially slow. If you bring the idea up to your partner, give it a few weeks before a penis enters an asshole. Start small. Suggest your partner try masturbating with a plug or dildo in their ass. Trust me, your

eyes are bigger than your asshole. Maybe have some mutual masturbation sessions with plugs in — bonus points if both parties use them.

Can anal be uncomfortable? Yes. You have an object in your ass. But it can also be pleasureable. People with prostates enjoy receiving anal because it stimulates the organ, which can induce powerful orgasms if done correctly. Anal sex can also stimulate the g-spot, as the lining of the rectum is thin enough that pressure can be felt in the vagina.

These are just a few pointers to prevent unnecessary risks, but if you're serious about doing anal, I suggest you do some research. Make sure to take it slow, have lots of foreplay, use a ton of lube and communicate. If something feels wrong, stop immediately. If you don't enjoy it, don't worry. It certainly isn't for everyone. And make sure to have fun — after all, it's only sex.

COMMENT

RE: UPass program wastes student money

"First off, the UPass is only \$130 this semester. It could go up to \$135 next semester, but there hasn't been any official announcements.

Second, eligibility for low income passes is calculated on household income, not personal income. If half of students that take transit live in households with yearly income above the cut-off (e.g. with their parents), they would need to buy a regular pass, and total costs would rise to \$7 million again.

Third, the UPass is designed to encourage people to take transit to school. People who drive are forced to subsidize people who take transit, making driving less attractive and transit more attractive. Saves the environment and reduces congestion.

Fourth, the UPass is designed to be "revenue neutral" for Calgary Transit and is based on student ridership and current rates. CT does a very good job keeping track of student ridership and

can statistically determine how much money they would make without the UPass, they then set the UPass price appropriately so that they make the same amount of money. If student ridership increases/decrease, UPass prices increase/decrease. If regular fares increases/decrease, UPass prices increase/decrease. If U of C dropped the UPass CT would still make the same amount of money from students at U of C, just students who drive wouldn't be subsidizing those that take transit.

I honestly didn't think the Gauntlet could get this bad."

SAEBAR
via Reddit

RE: Campus businesses thrive as economic uncertainty looms

"One thing the Den should do is not serve food on wood."

Chant Cowen
via Facebook

MUSIC VENUES »

Calgary's Nite Owl moves away from live music amid economic uncertainty

Jarrett Edmund
Gauntlet Entertainment

Nite Owl, a popular downtown bar and music venue, is shifting its focus away from live music to a more traditional club setup. The venue's general manager and part-owner Jay Bonham says the change was prompted by the current economic climate. He hopes the shift will provide a space for older demographics.

"We've got to do what's best for business, especially in this economy. Booking shows is tough because of our dollar," Bonham says. "The clientele is gonna be a little bit older. We're just trying to find a place where people who are 25–35 can go out."

The space has a turbulent history — Nite Owl first opened in summer 2014 after the Vinyl Retro Dance Lounge, the building's previous tenant, ceased operations. But despite its short lifespan, the venue has become a staple of Calgary's emerging local music scene. The Nite Owl's now-former talent buyer BJ Downey says he's disappointed with the decision.

"Business is business. It literally has nothing to do with the music," he says.

Downey also expressed frustration that the Nite Owl is moving away from live music after what he thinks was too brief of a trial run, citing upcoming music festivals and this summer's opening of the National Music Centre as proof of the city's emerging scene.



Popular downtown venue Nite Owl is shifting its focus towards the club scene.

PHILLIP STAPOR

"At this very moment, Calgary's music scene is just breaking through," he says. "But you can't grow a music venue in a year and a half."

Night clubs turn bigger profits than music venues, which is the main reason Nite Owl is changing back to a traditional club venue, starting with DJ sets on Feb. 5 and 6. Bonham feels that the inconsistency of live-music booking makes it difficult to consistently turn a profit.

"The problem is that on Friday and Saturday sometimes we're not even open," he says. "We have to be open every night."

Bonham says the venue hopes to

continue supporting the local live music scene, despite economic constraints.

"We're most certainly not turning our back on the live music community," Bonham says. "It's not good for business to turn your back on clientele. But we gotta make money. I love live music. It's just that at the end of the day the bills have to get paid."

But Downey, who thinks the change is disingenuous for a venue whose website boasts the tagline "All About Live Music," is doubtful the Nite Owl will continue to garner support from members of the local music scene.

high school kids trying to gain experience to members of famed Calgary bands like Viet Cong and The Dudes.

"There have been numerous bands started on stage," Downey says.

For young musicians, he says the opportunity to play in front of a supportive crowd and meet local talent is unparalleled.

"It's three bucks to get in, you're gonna get to know the bands, go out for beers and you never know what's going to happen," Downey says. "It's a good way to break out and play some shows."

The idea of "Rockin' 4 Dollars" was conceived in Halifax over a decade ago before being reborn in Calgary last year. Downey says he considers himself a step-dad of the event, as he helped bring the show to the prairies.

"Over the year we've given away \$5,600 to bands, and somewhere close to 3,000 beers," Downey says. And at the end of each set, the audience is encouraged to line-up single-file and shake hands with the performers, much like a hockey game.

Downey thinks the move to Broken City couldn't be more appropriate for "Rockin' 4 Dollars" — the bar, a local favourite, fills up on weeknights with relative ease. He has faith in the show's longevity, despite a change of scenery.

For Nite Owl, one question remains — what will happen to their *Tetris* machine? Club-goers, as Downey notes, don't play *Tetris*.

The only thing that's certain is that in a matter of weeks, all of Nite Owl's high scores will be erased. *Tetris* or otherwise.

SEX WEEK »

Five foods sure to get you in the mood — for sex

Sara Albright
Gauntlet Entertainment

It's the most wonderful time of the year at the University of Calgary — Sex Week. In celebration of the occasion, we compiled a list of foods sure to get you in the mood for love.

There's plenty of vigorous debate over whether these frisky foods — commonly referred to as aphrodisiacs after Aphrodite, the Greek goddess of love — actually increase sexual libido. But a glass of red wine during a romantic oyster dinner will rarely lead you astray.

Cayenne peppers: Like most spicy foods, cayenne peppers are trusted

stimulants because they contain capsaicin, a chemical that increases your heart rate and makes you sweat. There's no doubt these spicy treats will leave you thirsty for more than a tall glass of milk.

Cherries: This springtime fruit is well-known for its sexual undertones, historically representing reproduction and rejuvenation. Plus, it's been said that if you can tie a cherry stem into a knot in your mouth, you're a damn good kisser.

Pomegranates: You'll have plenty of time to get to know your partner if you're preparing a pomegranate — a rare fruit where the time required

to peel it is greater than the time it takes to consume it. But it's worth the trouble, as beneath the pomegranate's thick husk is a forest of juicy, mouth-watering seeds.

Chocolate: Word on the street is that chocolate contains serotonin, which can contribute to feelings of contentedness. Bonus points for fondue, which you can use to dip other sensual foods into.

Literally any suggestively shaped food: Bananas. Avocados. Oysters. Carrots. Figs. Spolumbo's sausages. Itzakadooie popsicles. Anything that looks like genitalia is bound to stimulate your senses.



Pomegranates are sure to get your rooster crowing. COURTESY SHAI BARZILAY

ARTIST COLLECTIVE »

Strike a pose at Calgary's vogue ball

Rachel Woodward
Entertainment Assistant

Local artist collective The Bad Girls Club YYC is presenting their fourth annual Vogue Ball on Jan. 30 at Dickens' Pub. For the uninitiated, voguing refers to a stylized form of modern house dance that originated in Harlem during the '80s. It often involves a competition with a judge and audience.

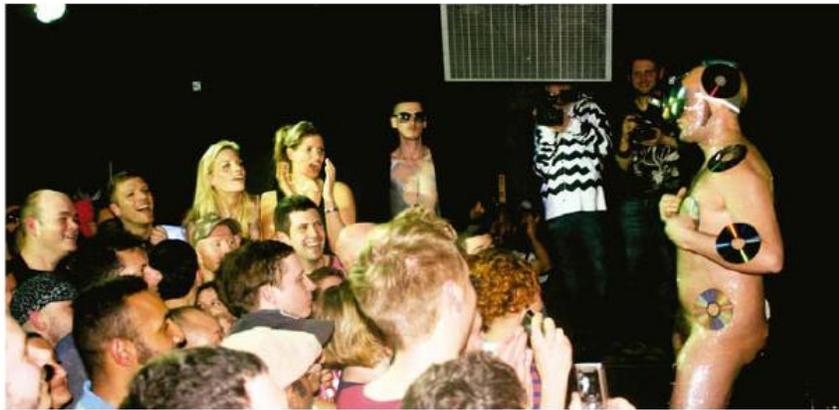
Each of the Bad Girl Club's vogue balls feature different themes. This year they've chosen to celebrate wealth and luxury — or at least the illusion of it — with the theme of opulence. Guests and performers are asked to attend in their most extravagant attire.

Similar vogue balls have been popular in the LGBTQ community for years. Bad Girls Club founder Tony Tran says the growing prevalence of these events inspired him to start a local tradition.

"It was really a place for the competitors to feel safe, accepted and to emulate the character or persona that they wanted to put on for that particular evening," Tran says. "Because this culture formulated out of an marginalized community, it was a place for them to emulate the character they wanted to be in life. It's a safe place for people of all sexualities, of all colour. People dress up however they want to dress up."

Participants can compete in a number of categories. The "Executive Realness" bracket is for those dressed for the office, while the evening's final category requires guests to wear gold or silver down the runway.

Tran says Calgary's vogue community is much smaller than other



The vogue ball encourages participants to dress to the nines.

COURTESY BABASU

major cities, but believes events like this help it to expand.

"I think it's very celebrated because there's nothing else like it in Calgary or even in Alberta," Tran says. "There's also an educational aspect to it, of what the dance form is about, what the actual ballroom scene is like in New York City. That's why bringing in guests is super important for us."

An array of prizes will be awarded to competitors who showcase

the best moves, but Tran says the community's positive reception to the event is what's most important.

"At the end of the day I hope that I'm able to offer something for any youth that I come across or student of mine that I teach, for them to feel like they are accepted for who they are," Tran says. "[Vogue] isn't just a dance form and it isn't just a function, but it is a place for people to feel normal and like

themselves and like they have a community of their own."

The ball features returning dancers from previous events, as well as local DJ Teddy Celebration and Bad Girls Club's DJ SoniDef.

Tickets for The Bad Girls Club Opulence Ball are \$15 in advance or \$20 at the door.

For more information or to purchase tickets, visit facebook.com/thebadgirlsclubyyc

STAFF PICKS »

JANUARY 28 - FEBRUARY 4

Thursday, January 28:

EMMEDIA launches the *Alternative* film series, which showcases works produced by indigenous filmmakers, including *Mikomiing*, a documentary about a Saskatchewan Anishinaabe fisherman.

Time: 7:00 p.m.

Place: EMMEDIA Screening Room on 11th Ave.

Friday, January 29:

The *BIG* Winter Classic local music festival kicks off, aiming to showcase nearby talent in a season with few concerts. Bands like 36? and Freak Heat Waves will headline.

Time: 4:30 p.m. - 12:00 a.m.

Place: Broken City and Last Best Bar

Saturday, January 30:

Exposure, Calgary's only photography festival, holds their official opening reception. The evening will showcase professional photos of the Rocky Mountains.

Time: 7:00 p.m.

Place: The Whyte Museum of the Canadian Rockies

Sunday, January 31:

High Performance Rodeo closes with a showing of *Life, Death and the Blues*. California blues artist Tim Williams performs in a play exploring the cultural complexities surrounding the genre.

Time: 2:00 p.m.

Place: Martha Cohen Theatre

Wednesday, February 3:

Calgary International Film Festival presents *The Fear of 13* as part of their monthly Doc Soup documentary series. The film is a monologue constructed from a four-day long interview with a convict facing the death penalty for rape and murder charges.

Time: 7:00 p.m.

Place: Cineplex Eau Claire

101 Things You've Always Wanted to Know about Sex



Kirsty McGowan
VP Student Life



Admit it: you have questions about sex. Everybody does! That's why from Feb. 1 - 5, the Students' Union, SU Wellness Centre and the Women's Resource Centre (WRC) are teaming up to bring you Sex Week. Check out workshops, lectures and discussions all around MacHall, covering everything you've ever wanted to know about sex.

Check out **Alphabet Soup** kicking off Sex Week at 2 p.m. in That Empty Space. Ever wonder what "pansexual" means? What is the difference between "transgender" and "transsexual"? Why does LGBTQIA+ have so many letters? Come to our Alphabet Soup workshop to discover an introduction to the queer community, a discussion of language and terminology, how to talk about queer topics, and a debunking of common myths. This workshop is no-holds-barred, so bring all of your questions!

Check out **Orgasm FUNDamentals** Friday at 5 p.m. in the WRC, Eudaimonia team facilitates a discussion-based workshop that will focus on the physiology and psychology of all orgasms; we will also discuss cultural associations and the impact they have on our sexual experience as humans.

Still haven't found what you're looking for? Not to worry, we're not done yet. On Monday come by the **Sex Week Carnival** in the North Courtyard of

MSC. Other workshops and lecture topics this week include

- Healthy Relationships
- Trans 101 Workshop
- Sex Toys 101
- Movie screenings and more!

Sex Week runs Feb. 1 - 5 throughout MacHall. For a complete list of Sex Week events and details, visit www.su.ucalgary.ca/sexweek

The Students' Union advertisement is provided by the SU and published without Gauntlet editorial revision.

BRIEFS

B.o.B. claims the Earth is flat in social media spree

Can we pretend that airplanes in the night sky are like shooting stars? Frankly, that sounds more reasonable than some of the things the popular Atlanta rapper B.o.B. has been proclaiming on Twitter.

The artist, who released his fourth album, *Psycadelik Thoughtz*, last August, took to social media on Jan. 24 to insist that planet Earth is flat, not round.

"No matter how high in elevation you are... the horizon is always eye level ... sorry cadets... I didn't wanna believe it either," B.o.B. says in one tweet. "A lot of people are turned off by the phrase 'flat earth' ... but there's no way u can see all the evidence and not know... grow up."

Astrophysicist and *Cosmos* host Neil DeGrasse Tyson tried to debunk the rapper's assertions.

"Duude — to be clear: Being five centuries regressed in your reasoning doesn't mean we all can't still like your music," Tyson tweeted.

B.o.B.'s claims didn't stop there — he also spoke out to expose "human cloning centres" and question NASA's 1969 moon landing.

NEW MUSIC »

Les Gordon
Atlas EP

December 11, 2015 (Kitsuné)

French musician Marc Mifune released his EP *Atlas* late last year under the stage name Les Gordon. The six-song release is his first under the Kitsuné label, which previously put out electro-pop albums from now-established artists like Two Door Cinema Club and La Roux.

In *Atlas*, Mifune creates an aural journey with ambient that's easy to get lost in, fusing electronic beats with acoustic instrumentation. *Atlas*'s songs are filled with samples of stringed instruments like cello, mandolin and ukulele set over smooth electronic beats. Vocals are present, but they're used as an extension of the music rather than as its main focus.

The title track is a strong opener for the EP, setting the stage for

the rest of the album. The folksy song paints a colourful and organic picture with its sound. The following "Transradio" brings similar treats.

Mifune's words are hard to understand — partly because of the electronic distortions and partly because they're in French — but all the elements blend together seamlessly to make something truly special.

With only six songs, it's difficult to tell if there is a clear standout among the set. However, the marimba-filled "Magma" and the darker-sounding "Brume" are both strong contenders. The former is a danceable track that bounces along pleasantly, while the latter is a breathy piece that aptly suits its foggy title.

The upbeat "Horizon" closes off the EP perfectly. With a 6/8 time signature that's unusual for electronic music, the track showcases Mifune's creativity and musical talent. Though similar in style to the previous songs, "Horizon" takes on a more positive atmosphere.

Atlas is a serene piece of work by a budding musician. Les Gordon has gained a new fan in me with this release and I encourage you to give it a listen. A full album can't come soon enough.

Derek Baker

Savages
Adore Life

January 22, 2016 (Matador)

Silence Yourself, Savages' 2013 debut, silenced many of their critics. The London post-punk group burst onto the scene with a fully formed sound, creating heavy, aggressive punk where every bass riff and snare hit feels painstakingly calculated. In a genre typically characterized by chaos and spontaneity, Savages subverts those expectations.

Their new album, *Adore Life*, uses many of the same tools that made their debut so successful. At the band's core is frontwoman Jehnny Beth, whose vocals are the highlight of nearly every track. On songs like "Surrender," her striking, brazen voice calls back to Kim Gordon's exceptional work with Sonic Youth.

Beth spends most of *Adore Life* reflecting on non-romantic love. Her pervading attitude is best summed

up in "Sad Person," where she sings "love is a disease, the strongest addiction I know."

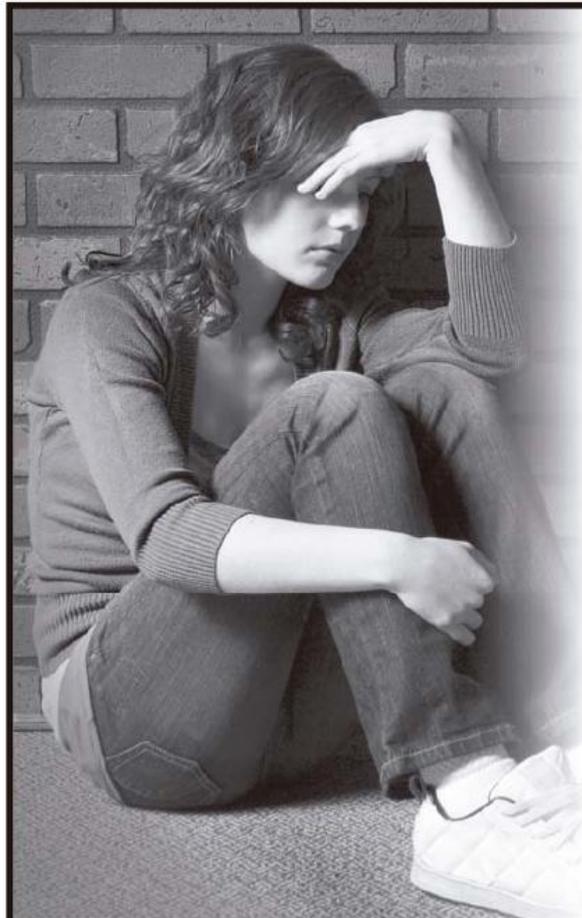
It's not a coincidence that love is the primary focus of the album's best track, "The Answer," which kicks off *Adore Life* as a blistering cut driven by repetitive, pounding drums. "Love is the answer," Beth chants menacingly throughout the song, and it's hard to tell whether or not the sentiment is sincere.

A lot of introspection lies beyond the intense and often suffocating instrumentals of *Adore Life*. "Evil" is a frenzied attack on homophobia, while "I Need Something New" grapples with lethargy over an unsteady beat. And "Adore" poses the question of if it's okay to enjoy life even though there are countless injustices in the world.

The few tracks where Savages stray from their thoughtfulness and decisive songwriting are the album's only flaws, like "T.I.W.Y.G.," a messy and directionless song you'd expect even the Ramones to leave on the cutting room floor.

But there's more than enough material on *Adore Life* worth checking out. Savages' sophomore album is another captivating post-punk release from a band you can expect to be one of the genre's front-runners for years to come.

Jason Herring



❧ *Cheer Up ... For God's Sake* ❧

As you go through college, take comfort in the fact that there is nothing new under the sun. While there is never going to be anyone with identical genes who will experience life exactly as you do, your feelings, good and bad, emotions, good and bad, are universal. Life as you know, comes in phases, getting a college education is one phase. This is around the time in which your prefrontal cortex is fully developed and when you become more aware, emotionally, that your behaviour affects others. It is a time of greater self-awareness, particularly awareness of a moral conscience. Up to this point your behaviour has been mostly shaped by fear of punishment, or what you can get away with. With a moral appreciation of consequences, your behaviour should be shaped by a desire to pursue goodness, for goodness' sake. This is a narrow road, but it brings peace of mind, success and happiness. It is also the surest road to wisdom. So try not to despair when the day seems dreary or the task seems impossible. Bad times never last, and you will adjust like you've always done. Don't be hard on yourself, after all, you did not make yourself and you are not responsible for the factors that shaped you up to this point. Never forget that we live in our minds and so just as negative thoughts bring you down, positive thoughts will lift you up. And so it is important to control your thoughts. This, by the way is one of the triumphs in life — the control of what we allow our mind to dwell on. No one knows where thoughts come from, but thank God that we can shut out the bad ones and nurture the good ones. Work hard, and try to remain honest, so you can keep growing in your ability. You are capable of much more than you realize. Learn self-discipline and organisation so that work doesn't spill into play, and your play is not spoiled by guilt from work left undone. Try never to panic. Better to seek help and buy yourself precious time to recover from trouble. Offer good advice and don't hesitate to seek counsel. We are all in this together. Don't be embarrassed to embrace faith but do not become self-righteous or a hypocrite. Your friends may not tell you so, but they will respect and admire you as a spiritual person. After all, true spirituality is about learning to love others. You will find that the more you pray, the better you know yourself and the less mistakes you make. Pray for those you don't like and forgive others so that it is easier to forgive yourself. Overcome your shyness, not by heavy drinking or by using drugs, but by reminding yourself that we are all shy more or less. In fact, shyness tends to be a function of self-awareness. You are about to come into your own so learn to pick up after yourself and hang in there. You have yet to taste the best that life has to offer.

— Compassionate Listening Society of Alberta

DINOS HOCKEY »



LOUIE VILLANUEVA

Dinos men's hockey outlast MRU in double overtime thriller

Sonny Sachdeva
Sports Editor

In front of a raucous crowd of 12,859 at the Saddledome for Jan. 21's Crowchild Classic, the University of Calgary Dinos and Mount Royal University Cougars men's hockey teams put on a performance for the ages.

The attendance numbers easily eclipsed last year's 8,882, breaking the all-time record for most spectators at a game between any two CIS clubs — a mark that had stood since 1968.

Those present certainly weren't disappointed, as the Dinos and Cougars put forth a skilful back-and-forth display that included two overtime periods.

Neither team managed to break through in the opening period, despite each mounting some spectacular chances. However, it was the Dinos that built up the most momentum over the first period — earning a pair of promising powerplay opportunities and wiring a dangerous shot off the crossbar in the final minute of play.

The U of C successfully built off that momentum to break the deadlock early in the second period. Forward Max Ross buried the leading goal, pulling a toe-drag by a Cougars defender before slipping the puck

past Mount Royal netminder Cam Lanigan.

Mount Royal, however, kept pushing forward. The Cougars finished the period outshooting the Dinos 20-13.

Midway through the third period, Mount Royal capitalized on those opportunities. Just minutes after Dinos goaltender Steven Stanford came up with a brilliant glove save to preserve the lead, Cougars forward Matt Bellerive levelled out the score with just over seven minutes left.

The two clubs remained tied at the end of regulation, prompting a period of 4-on-4 overtime, while the Cougars continued to test Stanford, he kept his team in the game and extended the contest into a second overtime period — this time consisting of 3-on-3 action.

The U of C finally earned a shot at clinching the victory in the final overtime segment when a brutal high-sticking infraction from Mount Royal captain Matthew Brown gave the Dinos a four-minute powerplay.

Three and a half minutes into the double-overtime stretch, and with the powerplay winding down to its final moments, Dinos forward Cain Franson put the puck on net as Ross crashed the crease. The latter forward picked up the rebound and roofed the game-winner off his backhand, netting his second goal of the night.

It was undoubtedly a memorable moment for Ross, especially given the size of the record-breaking crowd.

"It's really cool," Ross said after the victory. "We've all played here before, but not in front of however many thousands of students were here. It was nice to see all the people in red."

While the theatrics of the Crowchild Classic made the win all the more meaningful, the victory also earns the Dinos a much-needed pair of points as they continue to fight for a playoff spot.

/// At the end of the day, it's an emotional game, so you find a way to get two points. Our guys gutted it out and found a way.

"I think the guys have been a little bit down," Ross said. "We're not used to being in this position, so it's nice to have a little bit of excitement going into a game."

Ross' team certainly delivered on that excitement. Dinos head coach Mark Howell was pleased with the victory, even if the game seemed up for grabs at times.

"I thought we had moments where we were real good and moments where we made the game hard on

us," Howell said. "At the end of the day, it's an emotional game, so you find a way to get two points — and we need two points right now. Our guys gutted it out and found a way."

While many of the Dinos have now played in numerous Crowchild Classics at the Saddledome, the lustre of the event has yet to fade.

"The players love the game," Howell said. "It's the fourth time they've played in it, and it's an important game. They all know when it is. Every year it's gotten better and better — from 4,500 to 9,000 to now 14,000.

It can be distracting, but I thought our guys played real well."

The Dinos continued their Crowchild Classic success in the second half of the back-to-back series, beating Mount Royal by a score of 3-1 on Jan. 22 at Father David Bauer Arena.

With the two victories in tow, the Dinos' record now stands at 9-9-4. They will now travel to Edmonton to face last year's champions, the University of Alberta, on Jan. 29 at Clare Drake Arena.

DINOS SCORES

The Perfect Weekend



The Dinos put forth one of the finest weekends in the history of their program on Jan. 21-23, going 12-0 as both their men's and women's teams won every game played in basketball, volleyball and hockey. The U of C's perfect record marks the first time in 27 years that the Dinos have gone undefeated over a weekend of Canada West play.

Dinos Basketball (W) vs. Trinity Western 81-50, 76-63



The Dinos women's basketball team won their third and fourth games in a row when they toppled Trinity Western University on Jan. 22-23. Fifth-year post Kelsey Lund led the way, scoring a combined 33 points over the two games to lead the Dinos in scoring.

Dinos Basketball (M) vs. Trinity Western 108-86, 119-75



The Dinos men's basketball team also swept their pair of games against Trinity Western, taking their record to 12-3. Leading scorer Thomas Cooper came up with 51 points over the two games. The Dinos have now won eight divisional games in a row.

Dinos Volleyball (W) vs. MacEwan 3-1, 3-0



Getting back on track after a pair of losses last weekend, the Dinos women's volleyball team dominated MacEwan University on Jan. 22-23. Rookie Rachel Solecki, who was filling in for injured veteran Janna Ogle, led the team in kills in both matches.

Dinos Volleyball (M) at MacEwan 3-0, 3-1



After taking down the MacEwan University Griffins in back-to-back games, the Dinos men's volleyball team has now won nine of their past 10 divisional games, including six in a row. Connor Frehlich led the U of C team in kills in game one, while Curtis Stockton did so in game two.

DINOS HOCKEY »

Dinos women's hockey extend winning streak with 3-2 Crowchild Classic victory

Emilie Medland-Marchen
Sports Assistant

The Dinos women's hockey team emerged victorious in the first half of their Crowchild Classic series against Mount Royal University, winning 3-2 on Jan. 21 at the Saddledome.

The U of C started the game on the offensive, taking control and hemming the Cougars in their own zone for much of the period, outshooting them 11-5.

An early goal for Dinos rookie Chelsea Court put the U of C up 1-0 against their crosstown rivals. A late Dinos penalty, however, nearly undid the team's strong first period.

Dinos head coach Danielle Goyette was pleased by her team's start, though she believed they could have done more.

"We could have put maybe two goals more in the first period," Goyette said. "But that's the problem with the game — we never know what's going to happen. At the end of the day, our fans really came out big and we need to say thanks to them."

Mount Royal picked up the pace in the second period, scoring two minutes in and tying the game at 1-1.

But the Dinos fought back with a play from rookie Delaney Frey, who managed to infiltrate the Cougars' defence and score off of a breakaway. Frey was surprised she got that prime opportunity.



The Dinos outscored the Cougars 9-3 over their two back-to-back Crowchild Classic victories.

LOUIE VILLANUEVA

"The girl got really close to our blue line and I got it and I realized it was a breakaway," Frey said. "I was pretty nervous so I didn't want to screw up. But in my head I was thinking 'shoot!'"

Her goal briefly took back the lead for the Dinos until Mount Royal's Jansessa Jenkins scored her second goal of the night with two minutes left in the second period. The goal left the teams

tied heading into the third period.

The Dinos, however, took the lead early in the third period with a goal from Rylee Smith, holding onto that lead for the remainder of the match.

Coach Goyette was impressed by Smith's hustle on the ice.

"Rylee came back tonight and was able to give it everything she had," Goyette said. "She knew what to do. And for me, plays like that show how

much character she has."

Despite the emotional win, Goyette said her team needed to remain focused if they hoped to right the ship on their lacklustre season.

"Our goal is to make the playoffs," Goyette said. "As a team, we know it's there, and we don't take it for granted. I want the girls to enjoy the victory tonight, but we need to prepare for the game to-

morrow and enjoy the time after."

The Dinos' preparation paid off in game two of the series, as they won 6-1 against Mount Royal on Jan. 22 at Flames Community Arenas.

Dinos captain Iya Gavrilova led the way, scoring a hat-trick to take her season totals to 15 goals and 34 points in 22 games. Gavrilova currently leads the CIS in both goals and overall points.

FAN EXPERIENCE »

Crosstown rivalry spills off the ice at Crowchild Classic

Queenie Cagulada
Gauntlet Sports

The rivalry between the University of Calgary Dinos and Mount Royal University Cougars was hard to miss at the fourth annual Crowchild Classic on Jan. 21. Fans from both institutions decked themselves out in team colours and packed the Saddledome.

With a record-breaking turnout of 12,859, there was no mistaking the fact that fans from both universities took the event seriously. And in addition to the exciting on-ice action that took place, the off-ice battle of school pride played a significant role in generating the event's remarkable energy.

Students at the event weren't shy about sounding off when asked why their campus reigned supreme.

"MacHall is probably better, the food is probably better. The guys are probably better, the girls are probably better." U of C student

Cory Cameron said. "I can't even think of one thing that's not probably better."

Mount Royal's fans weren't convinced. The Cougars faithful came out in full support of their team, filling their side of the arena early on while donning face-paint, holding handmade '#beatUofC' signs and even — in one very odd case — showing up adorned with a real cougar fur.

Mount Royal student Sajjan Jabbal claimed the die-hard support for his club was warranted.

"Mount Royal, they just have a better team," said Jabbal. "They're more athletic, just overall — they're better. They're going to win. And the school is better too."

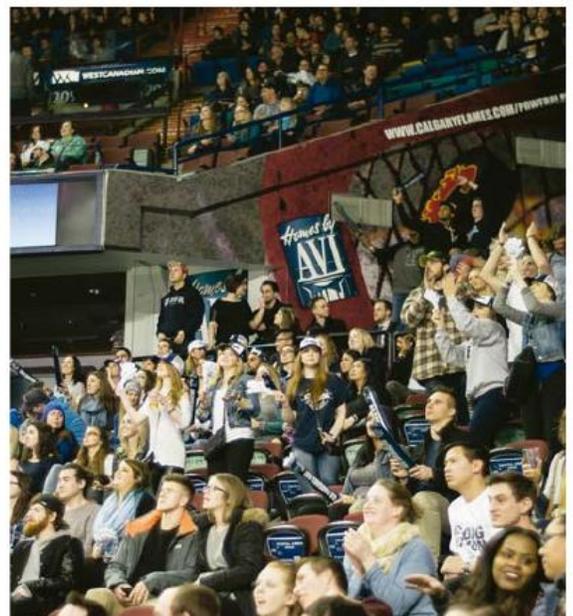
While the Cougars were eventually swept in both games by the Dinos men's and women's hockey teams, there was one area Mount Royal may have actually been better — holding their liquor. U of C student Hayden McBennett found that out the hard way.

"I haven't ever been to one before now," said McBennett, when asked about her favourite Crowchild Classic memory. "But being puked on — that was definitely not one of them."

"And it was a Dinos fan," McBennett continued. "We're excited for a win — I support that. I get behind that. But don't puke on me, man."

Despite the occasional mishap, the night was an undeniable success for all involved. With nearly 13,000 students, alumni and faculty filling the Saddledome to cheer on their teams and break a few CIS records, the evening's electric atmosphere managed to rival the games of the Saddledome's usual tenants, the NHL's Calgary Flames.

With the annual event growing rapidly with each passing year, the crosstown rivalry is sure to continue thriving, meaning students from both universities can look forward to a bigger and better Crowchild Classic next year.



Mount Royal fans cheering at the Crowchild Classic.

LOUIE VILLANUEVA

FOOTBALL »

Stamps' Eric Rogers signs with NFL's San Francisco 49ers



COURTESY JIM BAHN

Sonny Sachdeva
Sports Editor

While the Calgary Stampeders' 2015 season didn't end as they hoped — losing in the Western Final to eventual Grey Cup champions, the Edmonton Eskimos — there was one bright spot for our local CFL club. Rookie receiver Eric Rogers put forth an exceptional season, finishing the 2015 campaign with 1,448 receiving yards and 10 touchdowns, leading all CFL catchers in both categories.

It seemed as though the Stampeders had found a foundational star

upon which to build their future, just as they did with quarterback Bo-Levi Mitchell. But, as has been the case with many CFL stars, Rogers parlayed his standout season into a ticket to the bright lights of the NFL.

The San Francisco 49ers signed Rogers to a two-year deal after the Stampeders agreed to release the 24-year-old from his CFL contract.

It's certainly a disappointing turn of events for both the CFL and the Stampeders, but it's not an entirely surprising one. The league has dealt with situations like this one for years, as top performers continue to jump at the opportunity

to leave the CFL and head south to earn more money.

The same goes for Rogers. Per ESPN's Adam Scheffer, the former Stampeders is set to take home a \$100,000 guaranteed base salary alongside a \$125,000 signing bonus and \$75,000 in other bonuses. It's the most lucrative deal given to any CFL player since former B.C. Lion Cameron Wake signed a four-year \$26-million deal with the Miami Dolphins in 2009.

A dangerous combination of size and speed, Rogers has the potential to join Wake as one of the most successful NFL transfers in CFL history.

OPINION »

Crowchild Classic lives up to its name

Fabian Mayer
News Editor

Competing chants of "Let's Go Dinos" and "M-R-U, M-R-U" rang out in the Saddledome on Jan. 21 as students took part in the fourth annual Crowchild Classic.

The crowd of nearly 13,000 provided an electric atmosphere. The sedate businessmen that usually occupy the arena's lower bowls were replaced with rowdy young people looking to blow off steam. Levels of intoxication varied, but levels of enthusiasm did not. Add in a crosstown rivalry, and you got a truly enthralling event.

Nobody needed prompting from the jumbotron to cheer on their team or join in chants attempting to drown out rival fans. The considerable buzz in the stadium was akin to one of the Calgary Flames' rare playoff runs.

The crowd's intensity was matched by the players, who gave the fans exactly what they were looking for — a close-fought, high energy game. Both teams clearly relished the opportunity to play in front of such raucous and plentiful spectators.

And the fans weren't disappointed, as the teams were never separated by more than a goal

in the men's game, adding to the tension even before the thrilling double-overtime finale.

Since the Crowchild Classic's inaugural 2013 game, attendance has tripled from the initial 4,275. The event breaks the CIS attendance records for hockey every year and it likely won't be long before they're able to sell out the Saddledome.

It's no secret that the Dinos have some of the worst attendance numbers in the entire country — this year's Crowchild Classic drew more people than all of the Dinos' 2014-15 regular season games combined. And complaints among students about the University of Calgary's lack of campus culture are common.

There are no easy fixes for either of those issues, but for at least one night, Dinos players felt the support of their university community and students proved they have some school spirit. It's a step in the right direction on both fronts.

"Classic" was a bold label to give the event when it was first held. But just four years in, the marquee game is living up to its name and becoming a highlight of the university and city sports calendar alike.

Are you?

Run to become a Students' Union Elected Official.

Influence policy. Make connections.
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Nomination packages are available starting Jan. 25 at the SU office or online. Campaign funding is available.

Nomination Days: Feb. 8-10, 2016.
10 a.m. - 3 p.m. at the SU Office.

Nomination Days Foothills:
Feb. 8, 2016. 11 a.m. - 1 p.m. in HSC G744.

Visit www.su.ucalgary.ca/elections for details.



SEXONOMICS »

University of Calgary offers class on successful sex in a failing economy

Melanie Woods

Already started her independent project

In response to Alberta's crumbling economy, the University of Calgary will offer a new course on staying intimate with your partner despite desperate economic times.

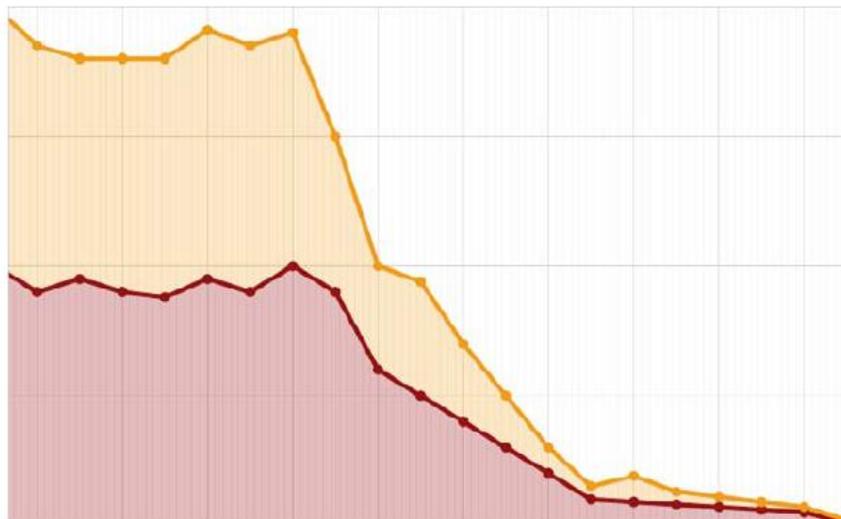
The course, titled "ECON 411: Bear markets in the bedroom" will be taught by economics professor and self-proclaimed sex-haver Dick Jameson.

"Sex is hard enough when things are going well," Jameson said. "Add in the uncertainty of whether or not you and your partner will have jobs the next morning and it gets real tough."

Jameson said the course was conceived in response to other popular sex courses.

"We had a really positive reaction last semester to POLI 456: How to manage your sexual feelings for Justin Trudeau," Jameson said. "Students loved the intimacy of discussing their personal sexual fantasies involving our new Prime Minister in a class of 60 people."

ECON 411 includes an experiential learning component and oral exam. "We're bringing in custom sex dolls



Plotted on a graph, your sex life (red) tumbles downward with the economy (gold). MELANIE WOODS

wearing slightly too large business suits with frowny faces and hands clutching unread resumes," Jameson said. "It really sets the mood."

Jameson said that while students may have absolutely zero reasonable job prospects in their respective fields, they can still look forward to a single night of pleasure before endless days of economic hardship.

"University is about preparing students for the world ahead," Jameson said. "And when oil dips to prices cheaper than a BakeChef sub, a lone night of intimacy is more valuable than ever."

The course will teach students how to compliment their partners even if their lives feel meaningless, emotionally remove themselves

from the fiscal crises around them and generally think of happier times.

"We really try and focus the sex act on positive aspects of the economy to distract from the negative," Jameson said. "Remember that time Ralph Klein just gave away the province's money without acknowledging the potential for later fiscal

repercussions? So many kids got new iPod shuffles that year."

Third-year engineering student Kevin Freeman said he's excited for the opportunity to take the course with his girlfriend. He hopes it will improve their sex life.

"Ever since I lost my internship at Suncor, I feel like my girlfriend's just not that into me," Freeman said. "Just like Alberta's economy, my manhood is directly tied to the price of oil."

Freeman also hopes the course will improve his girlfriend's sex drive.

"Nothing gets your girl in the mood like reminding her of the instability of neoliberal capitalist systems," Freeman said.

Freeman's girlfriend, third-year biology student Kelsey White, disagreed.

"Maybe, like Alberta and financial stability, it'll teach Kevin to fucking appreciate what he's got before it's too late," White said.

Jameson hopes the course will show students how similar the economy is to sex.

"Wild fluctuations, lots of sweat, some guy named Jim fucking you over," Jameson said. "Sounds like every sexual encounter I've ever had."

SEXUAL TRANSPORTATION »

Study proves train emoji most sexual of all emojis

Melanie Woods

insert "ok-sign" emoji here

In a recent study by the Institute for Emotive Communication, the emoji depicting a classic choo-choo train was revealed to be the most sexual of all emojis.

The study analyzed the responses of 6,900 participants.

Head researcher Chad Throbson wasn't surprised by the results.

"Nothing gets me going quite like that sweet choo-choo," Throbson said.

Throbson said that other researchers expected the popular eggplant emoji to pull out ahead.

"The choo-choo train encapsulates all aspects of sexual love and desire," Throbson said. "Not simply phallic, it invokes imagery of the sexual need and the sexual act simultaneously."



A grassroots organization called Mothers Against Train Emojis (MATE) has sprung up in response to the teens' overuse of the icon.

"My son Daniel will not be using foul train language or anything like it," MATE founder Patricia Levin said. "I will find a way to delete the possible use of it or any similar icons — subway cars included — from his device."

When asked for comment, Daniel Huffington replied with an "ok sign" emoji followed by two corn-cob emojis.

HOROSCOPES »

Your future is super sensual

Joie Atejira

Ready for anything



Aquarius
(Jan. 20 – Feb. 18)

Your hotline's going to bling, and it will be the booty call you've been waiting for.



Pisces
(Feb. 19 – March 20)

Don't forget to remind your roommate not to drop by you and your friend's "study session" tomorrow night.



Aries
(March 21 – April 19)

After a particularly adventurous evening, you'll find several green Skittles in unexpected places.



Taurus
(April 20 – May 20)

While you will try to channel the energy of Taurus the bull in bed, the result will be more like "small baby calf."



Gemini
(May 21 – June 20)

You're the captain now.



Cancer
(June 21 – July 22)

You will invite your partner over for "Netflix and chill," but they'll show you how much more fun "Hulu and do you" is. Thank goodness it wasn't "Shomi and blow me."



Leo
(July 23 – Aug. 22)

Your partner will decide that watching the last four episodes of *Friends* is considered foreplay. You will be forced to dump them immediately the next morning.



Virgo
(Aug. 23 – Sept. 22)

You will finally be able to apply all your older sister's sexual advice when you hook up with her ex.



Libra
(Sept. 23 – Oct. 22)

Cancel your plans and drop by 7-Eleven. Her parents aren't home and those little taquitos are three for \$2.



Scorpio
(Oct. 23 – Nov. 21)

You will have to buy a new bed — check the IKEA as-is section.



Sagittarius
(Nov. 22 – Dec. 21)

Your neighbours will come up with a new nickname for you after repeatedly being kept up by your howling. Congratulations, "moon-dawg."



Capricorn
(Dec. 22 – Jan. 19)

After a night involving bells, whistles, three metres of packing tape and a single strand of red thread, you'll wish your partner hadn't seen *50 Shades of Grey*.

LETS TALK ABOUT SEX »

Talk about sex with your girlfriend's dad

Sebastian Cox
Definitely not my real name

When navigating a new relationship, one of the biggest roadblocks is spending time with your partner's parents — particularly their dad. He may believe you're unfit to date his precious child, or maybe he just resents you for being a manifestation of his offspring's transition to the cruel realities of adulthood.

But your real problem may be much simpler. Maybe you just dread interacting with your partner's father because you always stumble through conversations about dad topics, like the Home Depot or fiscal conservatism. I recently discovered a foolproof way to alleviate that tension in my own relationship — talking about sex.

Before my revelation, I was timid about acknowledging anything tangentially related to the birds and the bees.

"I am unaware of the concept of sexual intercourse, and, frankly, have no interest in ever partaking in it," I proclaimed during my first dinner



Talk about the Home Depot and your deepest sexual fantasies with your girlfriend's father.

COURTESY JEEPERSMEDIA

with my girlfriend's family. It garnered a few strange glances, but the ruse solidified her father's illusion that I wasn't banging his daughter.

Everything changed when I discovered a new technique. I was sitting in my girlfriend's basement with her father for some obligatory bonding over Sunday afternoon football. A commercial was on and

the room descended into an uncomfortable silence as he cracked open another Co-Op Gold Lager. Futilely scanning my brain for a new topic of conversation, I sputtered out, "I wish to talk about sex now!"

What followed were the longest 15 seconds of my life. Surprisingly, my sweetheart's father was elated to hear me break the sexual ice. We

discussed a myriad of topics ranging from our favourite kinks to our preferred pornography — his favourite is BDSM, while I've always been partial to the classic casting couch vibe — to whether our respective members were circumcised. I have never felt closer to him — or my girlfriend, for that matter.

Now when I enter my girlfriend's

house, I immediately locate her father so I can chat about my latest conquests.

"Atta boy!" he exclaims as he heartily pats me on the back, letting me know how proud he is of the flagrantly sexual relationship I have with his precious daughter.

I now cherish joining him in the man cave for some ice-cold brews.

cash reward for undergrads



The **Shell Experiential Energy Learning (SEEL) Program** provides funding to University of Calgary undergraduates in all disciplines for field trips, conferences, special projects and other activities focused on sustainable energy, environment and economy.

The SEEL Program enhances the hands-on learning experience for individual undergraduates and undergrad student clubs and organizations. Sponsored by Shell Canada, administered by the University of Calgary with applications judged by students.



DEADLINE TO APPLY
Monday, February 15, 2016

For more info and an application form, visit: ucalgary.ca/provost/SEEL

LETS NOT TALK ABOUT SEX »

The top four people you shouldn't talk about sex with

Jill Girgulis
Your girlfriend's dad is not one

With the Students' Union's annual Sex Week upon us, students are encouraged to have frank discussions about sex. However, it's hard to know who to talk with about sex and who to avoid. Some people lead to scintillating conversations, while others to awkward encounters. But for everyone's sake, please don't talk about sex with any of these people.

Your dentist: They like to make small talk, but still. You risk mispronunciation when you try explaining your sex life with a mouth full of fluoride trays. "Condom" starts to sound like "gonorrhoea" and suddenly you're in a heap of trouble.

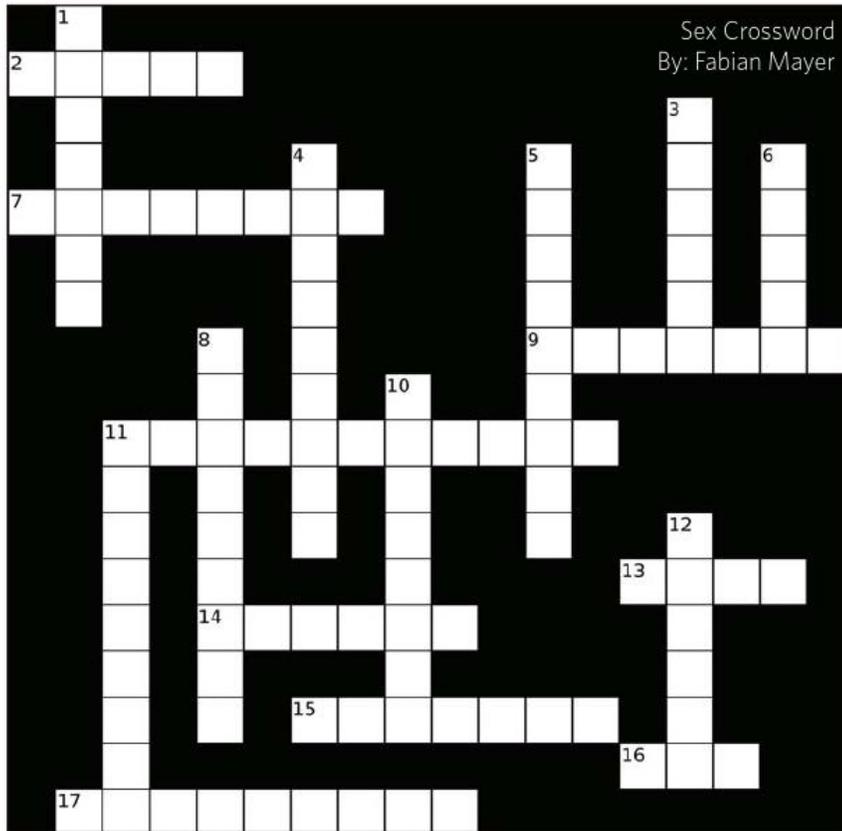
Your hairdresser: You're seeking a snazzy new 'do, they're seeking a nice fat tip. You both have priorities. Getting your hair cut is a big deal — one wrong hairstyle can shatter your social status — so keep things professional and refrain from

chatting with your stylist about the nasty stuff. Remember the Golden Rule: don't tell the person wielding scissors intimate details of every single one of your sexual exploits.

Your blog's devoted fan-base: Your dank movie memes blog is finally starting to gain traction — but do you really want to alienate three of those four dedicated followers with a particularly crude *American Pie* meme referencing your latest adventurous night out? This isn't technically talking about sex, but you know what they say — a picture's worth a thousand words, and that's a whole lot of dirty talk.

Your grandma: I think it's safe to say that the majority of elderly matriarchs prefer conversing with their grandchildren about safe topics like fixing bingo matches and stealing dentures. But hey, your grandma might be saucier than most. Just don't talk about sex with your grandmother via social media, or else risk her accidentally posting your sexual history as a "fun" status update.

CROSSWORD »



ACROSS:

2. According to our survey, 21 per cent of University of Calgary students like to keep this article of clothing on during sex.
7. This action derives its name from the latin Fellatus, meaning "to suck."
9. After this magazine stopped publishing nude photos, you now have to read it for the articles.
11. Wikipedia says other terms for this include "drinking from the furry cup," "carpet munching," and "muff-diving."
13. Short for Richard.
14. This incurable STI is the same virus that causes cold sores.
15. The first of these were meant to be reusable.
16. Onomatopoeia for male masturbation.
17. The "M" in BDSM.

DOWN:

1. Make sure sex involves enthusiastic and continuous _____.
3. One of the first and most prominent "sexologists."
4. $13 \times 5 + 196/49$.
5. These sex toys usually have a flared base.
6. This town in Newfoundland shares its name with a commonly used sex toy.
8. This STI leads to painful urination

and a pus-like discharge for both men and women.
 10. On average, Canadians are _____ years-old when they first have sex.
 11. The most common STI reported in Canada.
 12. A female version of this was approved by the FDA in 2015.

LAST WEEK'S CROSSWORD »



Volunteer with the Gauntlet!
 Email: humour@thegauntlet.ca

Filbert Cartoons - L. A. Bonte



n00b @ lyfe - S.M.



