



U OF C  
RECEIVES  
\$75 MILLION  
GRANT

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READY FOR  
SEASON

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VOL. 57 | ISSUE NO. 12 | Sep 8, 2016



WELCOME BACK TO  
THE U OF C

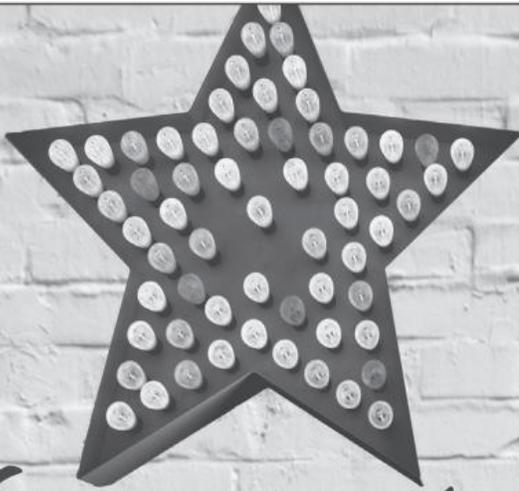




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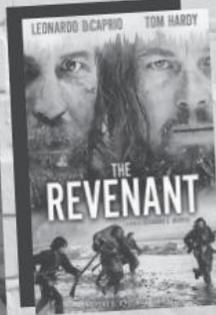
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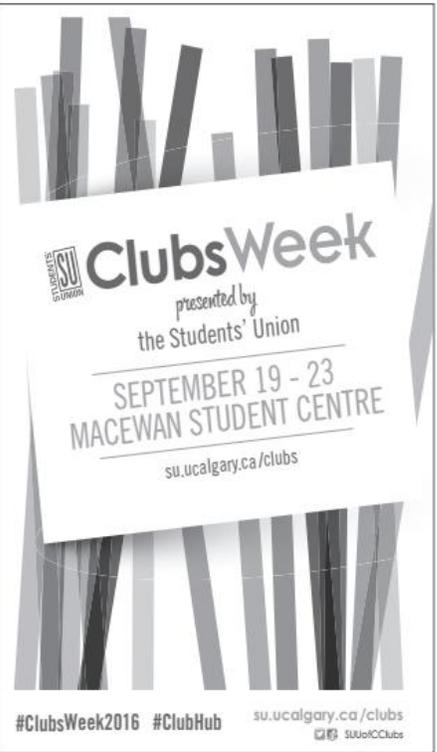


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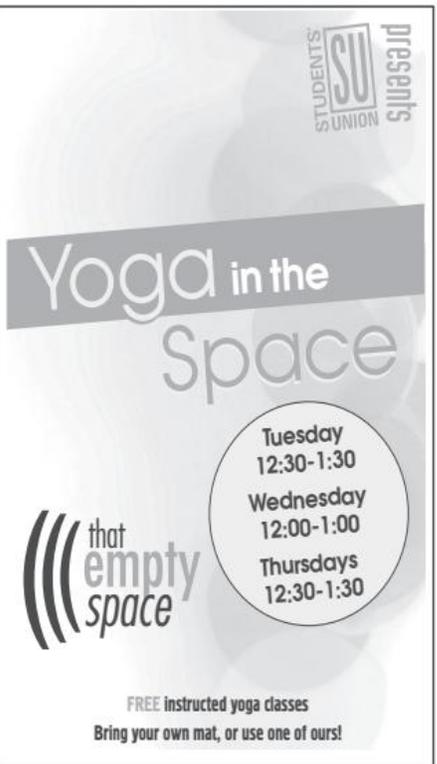
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Golden Spatula

Paige Stoffregen

Stoffregen literally translates into "Material Rain" in German. Did you know that? I did. But seriously, check out this gal's article. It'll make you want to float down the Rhine with a Bratwurst and a Maß of Hefeweizen.

"What a day. What a lucky day."

Furor Arma Ministrat

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The Gauntlet is the official student newspaper of the University of Calgary, published most Thursdays throughout the year by the Gauntlet Publications Society, an autonomous, incorporated body. Membership in the society is open to undergraduate students at the U of C, but all members of the university community are encouraged to contribute. Opinions contained herein are those of the individual writers, and do not necessarily represent the views of the entire Gauntlet staff. Editors are chosen by the majority of the editorial board. The Gauntlet is a forum open to all U of C students but may refuse any submission judged to be racist, sexist, homophobic, libelous, or containing attacks of a strictly personal nature. We reserve the right to edit for brevity. Grievances regarding the Gauntlet follow a three-step process which requires written decisions from the Editor, the GPS Board of Directors, and the Ombudsboard. The complete Grievance Policy is online at: [thegauntlet.ca](http://thegauntlet.ca). The Gauntlet offices are located on Treaty 7 land.

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Letters must be typed, double-spaced and received by Monday at 4 p.m., and must include the author's name, student ID number, telephone number and signature. Letters will not be printed if they include attacks of a strictly personal nature, statements that discriminate on the basis of race, sex, or sexual orientation, or libelous or defamatory material. All letters should be addressed to "Editor, the Gauntlet," and be no longer than 300 words. The Gauntlet retains the right to edit submissions. Letters can be delivered or mailed to the Gauntlet office, Room 319 MacEwan Students' Centre, or sent by email to [ec@thegauntlet.ca](mailto:ec@thegauntlet.ca).

The Cover

Design by Samantha Lucy

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THE GAUNTLET ALWAYS  
ACCEPTS NEW  
VOLUNTEERS



## RESEARCH FUNDING »

# University of Calgary receives \$75 million research grant

Scott Strasser  
News Editor

The Canadian federal government will provide the University of Calgary with \$75 million over seven years to go towards energy-related research, the U of C officially announced September 6.

The funding marks the largest energy sector-related research grant in the U of C's history.

"Certainly in the energy space, this is far and wide the biggest investment," said U of C president Elizabeth Cannon. "We did of course have the provincial government committing \$100 million to our medical school, which predominantly is for brain, mental health and chronic disease [research]."

Liberal MP and minister of veteran affairs Kent Hehr officially announced the research grant on behalf of the Canadian government at the Energy, Environment, Experiential Learning building on Tuesday at 4:00 p.m.

"Our government is committed to using science in evidence-based decision-making," Hehr told the crowd of roughly 100 attendees. "We want to make the most of Canada's scientific and research strengths, to be the best in areas we really have potential to dominate on the world stage."

The funding is part of a broader \$900-million research announcement made by the federal government. The money comes from the Canada First Research Excellence Fund's second round of funding. CFREF goes



More than 100 people attended the announcement. JUSTIN QUAINANCE

towards research on energy extraction practices and reducing environmental impacts of oil extraction.

Schulich School of Engineering professor and Canada Excellence Research Chairholder in Materials Engineering for Unconventional Oil Reservoirs Steven Bryant is the scientific leader of the U of C's research strategy, dubbed the Global Research Initiative in Sustainable Low Carbon Unconventional Resources.

"What this is going to allow us to do is have a lot more collaboration with different parts of science and different parts of engineering," Bry-

ant said. "We're already doing that, but this takes it to a level beyond and to a larger set of applications. Now we have the opportunity to work with an even broader set of folks, both within and outside the university, to address a wider set of problems."

According to the announcement, the U of C's strategy will incorporate roughly 270 faculty members, students and scholars from various disciplines.

The strategy will also involve collaboration with the University of Alberta, which also received a \$75-million energy-related research grant

from CFREF, as well as the Southern Alberta Institute of Technology.

"\$150 million in federal funding coming to the province — I think it's fantastic news in a difficult time," Cannon said. "Our proposals are very synergistic. We've had collaborations with the U of A for many years."

In his speech at the announcement, Bryant said the transition to a low-carbon future is the biggest challenge humanity faces.

"Petroleum demand is going to continue several decades into this transition and ever more of that petroleum is going to have to come from unconventional resources," he said. "Meanwhile, we have to deal with CO2 and the legacy of running a global economy on fossil fuels."

According to Cannon, the U of C's program also includes international partnerships with institutions in China, Mexico and Israel.

"One of the things all those countries have in common is that each one has significant unconventional hydrocarbon resource assets," Cannon said. "For example, in China they have a lot of shale gas and they're trying to move away from coal to gas as part of their global commitment surrounding emissions."

"But it's challenging from a geological point of view to extract those resources, so we've developed a research centre in Beijing with partnerships with some of the Chinese universities to bring our capacity together and generate new ideas," she said.

More than 50 universities in Canada applied for CFREF grants.

## TUITION & FEES »

# Admin fee scrapped for group study abroad

Scott Strasser  
News Editor

University of Calgary students participating in group study abroad programs will now have to shell out less cash to travel the world.

The U of C's Tuition and Fee Consultation Committee has removed a \$150 administrative fee for students taking part in the programs.

Former Students' Union executives Levi Nilson and Romy Garrido flagged the admin fee as unnecessary at a Tuition and Fee Consultation Committee meeting last February.

"Ms. Garrido and Mr. Nilson found it odd students were paying a \$150 admin fee for group study abroad programs when there was already a study abroad mandatory non-instructional fee which was supposed to pay for those same costs," said SU vice-president external Tristan Bray, who now sits on the committee. "[The university] looked into it and decided they would no longer be charging the \$150 admin fee."

Group study abroad programs at the U of C typically include a lumped cost to cover airfare, visa requirements, accommodation and meals. The admin fee was included in the program cost.

The changes were implemented this summer, meaning students participating in group study abroad programs will not have to pay the \$150 this year.

According to their website, the U of C's Centre for International Students and Study Abroad office facilitates more than 40 group study abroad programs around the world.

Because the admin fee was previously approved by the U of C Board of Governors, deputy provost Kevin McQuillan said students who took part in past programs will not be reimbursed for the \$150 fee.

"When we look at the student

service fees, it does not cover all activities within a unit and there are some units that have to charge additional fees for services," McQuillan said. "We recognize that group study programs are transformative experiences for our students and we want to make them as accessible as possible."

Bray said around 500 students participate in group study abroad programs each year. The SU asserts that removing the admin fee saves students a total of about \$75,000 a year.

"We're just happy we were able to save students some money and it's a fairly transparent process," Bray said.



# Outrun the Stigma becomes non-profit

Scott Strasser  
News Editor

A University of Calgary student initiative to address mental health awareness became a not-for-profit organization this May, paving the way for the group's expansion.

Outrun the Stigma was created in 2013 by the U of C's Distress Centre on Campus club and the Mental Health Awareness club. The organization holds an annual walk/run around the U of C campus every fall. Participants can choose between running five kilometres or walking three kilometres.

"We had noticed there was a gap in runs [for] mental health awareness, so we decided to start Outrun the Stigma," said OTS co-founder Amy Li, a second-year MD student in the Cumming School of Medicine.

Now four years old, OTS became a certified not-for-profit organization this spring. Li said the biggest change since May is the ability to take the organization "to the next level."

"Our goal is to expand our online story-sharing platform and annual running event to different universities around Canada," she said. "I think since becoming an NPO, we've taken a more professional step towards becoming a nation-wide organization."

The organization's online story-sharing platform gives an outlet to those who want to tell their stories surrounding mental health.

"The story-sharing platform is something where we know from research that the best way for reducing mental health stigma is through that person... sharing stories of recovery, which is why it's such an important part of our organization," Li said.

OTS also organizes a Mental Health Expo alongside the annual walk/run. The event brings together guest speakers, local organizations, business and charities aiming to reduce stigma surrounding mental health and mental illness.

Since their inception in 2013, OTS has raised over \$24,000 for Distress Centre Calgary.

The fourth annual Outrun the Stigma event will be held on October 16 at the U of C.

For more information, visit  
[outrunthestigma.ca](http://outrunthestigma.ca)



JUSTIN QUAINANCE

## U of C groups show their pride at annual Calgary Pride Parade

Scott Strasser  
News Editor

Chilly weather and overcast skies did nothing to dissuade thousands from attending the Calgary Pride Parade on September 4.

The annual parade is the signature event of Calgary Pride, an 11-day celebration of gender and sexual diversity and the LGBTQ community.

More than 4,000 participants from 140 groups and organizations marched this year. Around 60,000 spectators lined 9th Avenue as the high-energy parade made its way downtown.

The University of Calgary was well-represented at the event, with more than 350 people marching.

U of C president Elizabeth Cannon marched, as well as representatives from nine U of C faculties and various student groups.

"It was a great display of our commitment to diversity and inclusion," Cannon said. "We've always had an inclusive community at the university, but to go out and participate in broader events in Calgary shows the rest of the city and beyond what we have and what our values are."

Faculty of Arts dean Richard Sigurdson said the U of C's presence has increased at Calgary Pride in recent years. The Faculty of Arts marched officially with a banner for the first time this year.

"We didn't have an organized university event until a couple years ago and then so many people from

the university came to march," he said. "Just as the Pride Parade has grown tremendously over the last few years, so too has the contribution from the university."

Student representation in the parade was at an all-time high. The U of C Students' Union and members of the Q Centre marched for the fourth consecutive year, while 16 members of the Queers on Campus student club marched in the parade sporting tie-dyed shirts.

"One of our core values as an organization is inclusivity and I think this is our chance to celebrate the huge success the SU's Q Centre has been," SU president Stephan Guscott said before the parade.

As always, the Calgary Pride Parade included a strong political presence. Alberta premier Rachel Notley

marched for the second consecutive year. Liberal MP and minister of veteran affairs Kent Hehr also took part.

This year's parade grand marshal was transgender writer, musician and filmmaker Rae Spoon.

Following the parade, participants converged at Shaw Millenium Park for Pride in the Park, which featured a live concert, marketplace and beer gardens.

The U of C also had a booth at Pride in the Park.

"We talk about connecting to the community. [Pride] is an important way to be able to do that and demonstrate what we stand for," Cannon said.

With over 60,000 spectators, organizers estimate 2016 marked the largest ever attendance of the Calgary Pride Parade.



# Copyright infringement prevalent on U of C server

Scott Strasser  
News Editor

The University of Calgary wants to clamp down on copyright infringement and illegal downloads on its servers. The U of C Copyright Committee met on August 24 to discuss how the university deals with illegal downloading on computers connected to the U of C network.

The Canadian government passed the "notice-and-notice" law in January 2015 under the Copyright Modernization Act. The law requires that internet service providers send infringement notices to suspected pirates of copyrighted material.

The U of C provides services similar to those of a digital network provider. According to provost and vice-president academic Dru Marshall, the U of C is legally required to attempt to track down IP addresses associated with unauthorized downloading on the university's server.

"What happens is they will send an infringement notice to the network service provider and then we have to make reasonable efforts to identify the user associated with the IP address. If that user can be identified, we forward the notice to the user and the content owner is

notified that the infringement notice was delivered," Marshall said.

According to Marshall, it's difficult to pinpoint illegal downloaders on campus. Knowing the IP address of a computer doesn't always result in identifying the person who was using it.

Marshall brought up the U of C's computer labs as an example of the difficulty of identifying illegal downloaders.

"We can certainly track an IP address, but the difficulty is that the owner of that device is not necessarily the downloader of content. Someone can use someone else's computer without that person's knowledge," Marshall said.

The U of C has a contentious history with copyright management, having opted out of its model license agreement with Access Copyright in 2011.

Access Copyright is a copyright collective that ensures universities have licenses to use and distribute copyrighted works, while compensating authors and publishers for their work.

The U of C had a license agreement with Access Copyright for 15 years.

After opting out, the U of C developed its own copyright policy and established a Copyright Office to maintain compliance. The U of C is now responsible for ensuring all

material used in classes is legally attained and cleared for copyright.

"We have obligations under [the] law that we have to meet. It's important our community is aware of those obligations and responsibilities," Marshall said.

Marshall said she doesn't know if copyright infringement or illegal downloading have increased in general, or if they are seeing a current spike at the U of C.

"I would say we don't really know that it's increasing because we don't have the historical data to make that conclusion," she said. "Certainly we have received notices since January 2015 and we're doing our due diligence on those notices."

While it can be stressful for students to receive an infringement notice, it rarely means the copyright holder will take legal action.

But Marshall said people who illegally download from a U of C computer can still face serious consequences.

"The penalties can be quite severe," Marshall said. "Violators may be subject to penalties both under the regulation of the university but also under law."

According to Marshall, copyright infringement will be discussed at the next meetings for both General Faculties Council and the U of C Board of Governors.



JUSTIN QUAINANCE

# Residence move-in day sets U of C record for first-year students

Scott Strasser  
News Editor

Nearly 2,000 new and returning students moved into residence at the University of Calgary on September 4.

The annual move-in day saw approximately 850 first-year students settle into their new homes on campus — a U of C record.

"It is obviously a crazy high number, 850 first-years," said Residence Students' Association president Kendra Toth. "My prediction is that maybe there are a lot more students from out of province and a lot more international students. Either way, it's exciting that we have that many first-years. It means a lot more energy in residence."

More than 1,200 first-year students applied to live in residence this year. First-year buildings Rundle Hall and Kananaskis Hall reached capacity, meaning freshmen students will also take up a floor of Yammuska Hall, the U of C's designated second-year residence building.

According to Residence Services associate director Randy Maus, around 700 first-years usually live on campus.

"I think a big part of it is the residence experience and the value it brings," said Maus. "First year is a very important time to connect with other students. You need to build that support network to understand the campus."

Maus said living on campus is a great option for new students.

"It's the only time in your life you're going to live with everybody who is going through a similar experience," he said. "You have so many resources available in terms of mentoring, tutoring. It's nice because you're on campus, so it's easier to plug into the campus experience and take in whatever club or activity you're interested in."

The high number of first-years in residence follows residence fee

increases last winter. The largest hikes approved by the U of C Board of Governors — 5.75 per cent — affected first-year residence buildings Rundle Hall and Kananaskis Hall and came into effect May 1.

Those fee increases came despite Calgary's average rental prices for apartments and condos going down this past year.

Maus said residence and the Calgary rental market can't be accurately compared.

"A lot of people try to compare us as apples to apples in the market, but for what you get, it's very different," Maus said. "Yes, there's a place to sleep, but considering all the community activities, the programming and the resources available in making that [residence] experience, it's a little bit different."

While many first and second-years still choose to live on campus, the same can't be said for upper-year students.

Earlier this summer, Residence Services offered a \$500 credit to students who could refer a friend to live in residence. The referral program applied to third and fourth-year students as well as graduates.

Maus said the referral program failed to pick up steam.

"It's surprising, but our uptake was not very big in taking advantage of that incentive. We tried it because in our upper-year residences we had a little bit of extra room," he said.

First-year political science student Andraya Holmes was among those moving into Rundle Hall on Sunday. She said living on campus made the most sense for her, as she's from Vernon, British Columbia.

"[Residence] is close to everything and it's the easiest option for me without a car," she said. "I'm excited to hang out with everyone on my floor."

Move-in day featured nearly 500 student and staff volunteers on hand to help students carry boxes to their new rooms.

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* ARKY 325 L02	Les civilisations anciennes <small>Ancient Civilizations</small>	ma/je	15h30	75 min
ART 235 L03	Introduction à la photographie <small>Introduction to Photography</small>	ma/je ma/je (Lab 03)	12h30 14h00	75 min
GEOG 205 L03	Portail sur la géographie <small>Gateway to Geography</small>	ma/je	9h30	75 min

COURS OFFERTS À L'HIVER 2017				
* BIOL 305 L01	L'organisme humain <small>The Human Organism</small>	ma/je	11h00	75 min
* MUSI 305 L01	La musique de la diaspora française des 20 <sup>e</sup> et 21 <sup>e</sup> siècles <small>Composers and Musical Cultures</small>	ma/je	12h30	75 min

ma/je = mardi et jeudi (T/R)   lu/me/ve = lundi, mercredi et vendredi (M/W/F)

\* These 300-level courses do not have a 200-level prerequisite. Second year good standing status may be required.

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# International tuition fees at SAIT see large hikes

Scott Strasser  
News Editor

Although a post-secondary tuition freeze in Alberta is in effect for domestic students, the Southern Alberta Institute of Technology is hiking the cost of tuition for its international students in a big way.

International student tuition at SAIT will increase as much as \$500 per class — nearly 60 per cent — for some programs this year.

"Fees for international students were adjusted for approximately two thirds of SAIT's programs to ensure we are able to recover the costs of delivering those programs to international students," said SAIT spokesperson Chris Gerritsen.

SAIT's medical radiologic technology program will see a 56 per cent increase this year, from \$27,171 over two years to \$42,393, while its professional cooking program will jump from \$26,600 over two years to \$37,010 — an increase of 39 per cent.

International students at SAIT received letters in July informing them of the fee increases.

International student tuition is typically much higher than domestic tuition, as it is not subsidized by the government. According to SAIT's website, tuition for international students ranges from \$5,550 to \$11,000 per semester.

The website says tuition fees for international students are subject to change.

"As a publicly funded institution, SAIT is responsible to ensure there is



International student tuition recently saw increases up to 56 per cent at SAIT.

no burden to the taxpayers of Alberta to deliver programs to international students," Gerritsen said.

There are around 1,100 international students at SAIT, with about 500 beginning their first year this fall.

Gerritsen said SAIT has a number of support systems in place to help international students with fees and expenses.

"We encourage any students concerned about their fees or expenses to contact the Registrar's office to discuss the available options to ensure a successful path to graduation," he said.

The Alberta government implemented a two-year tuition freeze for post-secondary institutions in September 2015, meaning universities and colleges in the province can not raise tuition rates until the fall of 2017.

But the freeze does not apply to international students.

"International student tuition has been an exception to any tuition reg-

ulation for at least the last 10 years," said former University of Calgary Students' Union president Levi Nilson. "It's always been an issue for students' unions and associations. That's a very scary proposition, when tuition can be raised by any percentage and any time by the Board of Governors."

Students' Legislative Council at the U of C passed a policy on potential international student tuition increases in November 2015, outlining its stance against such hikes.

"It's disheartening that we're see-

ing some of the things we've been worried about [occur] at other schools," Nilson said.

Numerous Canadian universities have increased international student tuition in recent years, including the University of Manitoba, University of Toronto and University of British Columbia.

Last fall, UBC's Board of Governors approved international tuition increases of 37 per cent through 2018.

The U of C hasn't increased its tuition rates for international students

since 2014, when they went up one per cent. The national average is three per cent, according to Statistics Canada.

Current SU vice-president external Tristan Bray said the SU opposes differential tuition pricing. He commended the U of C for not taking advantage of the tuition freeze loophole.

"Historically, the U of C has increased international student tuition in proportion to the increases in domestic tuition," Bray said. "The U of C has been exploring their options for what to do for international tuition and I think they're going to stick to their commitment to not increase it for the duration of the freeze."

Nilson agreed the U of C's decision to not increase international tuition for the duration of the freeze was commendable.

"We were very happy that the U of C had no obligation to keep international tuition within that freeze, but they did anyways. They've made no indication that they're going to be increasing it," he said.

The cost of tuition for international students taking five courses at the U of C is around \$10,000 a semester. Around 3,300 international students are enrolled at the U of C.

## BRIEFS

### Science Theatres 147 closed due to falling debris, safety hazard

With the start of Fall classes on the horizon, one of the largest lecture halls at the University of Calgary is closed due to a potential safety hazard.

Science Theatres 147 and the adjacent hallway have been barred from access since a routine inspection on July 29 found exterior concrete panels on the Social Sciences building were a potential falling debris hazard.

According to the U of C's online facilities page, the date of reopening is still unknown.

"Until the appropriate course of action and exact remedy are determined, the timing of the closure is unknown. Updates will be provided," the page reads.

The U of C's facilities maintenance team couldn't be reached for an interview.

### O-Week induction ceremony sees large turnout

More than 4,800 first-year students attended the Orientation Week induction ceremony on September 6 at the Jack Simpson Gymnasium.

Fashioned after convocation ceremonies, the event marked the beginning of Orientation Week, a four-day series of events and activities for incoming U of C students.

The ceremony featured a pep rally and faculty cheer off, as well as a keynote speech from Stanford University professor Kelly McGonigal.

More than 6,000 first-year students attended the first day of activities on Orientation Week.

"This is the first day of the academic semester. Over 6,000 first-year students showed up today. They're excited, energetic and today is all about the future," said U of C president Elizabeth Cannon.

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# OPINIONS

EDITORIAL »

## Tuition freeze loopholes hurt international students' wallets

The Alberta government implemented a two-year tuition freeze last September, meaning post-secondary institutions are not allowed to raise tuition fees until the fall of 2017.

However, the freeze only applies to Canadian students. Tuition for international students can still increase by however much a university or college in Alberta deems fit.

Last week the Southern Alberta Institute of Technology announced they were increasing their tuition fees for international students, effective this year.

To put it bluntly, SAIT's cost increases are staggering. Many of the institution's programs will cost double what they did last year for international students, with some increasing by as much as \$500 per course.

SAIT's actions demonstrate a growing trend. In recent years, several Canadian universities have hiked their international student tuition rates, including the University of Manitoba, University of Toronto and University of British Columbia.

If you're not from Canada, a post-secondary education here is becoming increasingly difficult to pay for. International students already shell out more than twice as much as domestic students for tuition, as they are not subsidized by the provincial government. Some international students at SAIT will have to pay around \$22,000 this year. The ability to arbitrarily raise international student tuition is a loophole the government needs to address.

SAIT justified their fee increases



SAMANTHA LUCY

by claiming the extra revenue will help them "recover the costs of delivering those programs to international students." The college argued that as a publicly-funded institution, they shouldn't burden Alberta taxpayers with helping them deliver an education to students who aren't from Canada.

It's a weak argument. SAIT's two-year professional cooking program will increase by 39 per cent, from \$26,600 over two years to \$37,010. SAIT claimed rising costs of protein and produce contributed to the need to increase the program's fees. But just how much could the price of protein and produce go up to justify that sort of increase? And why should students from other countries be the ones to pony up for it

while local students continue to pay the same?

To give SAIT credit, they did inform incoming international students in July that their tuition was going to increase. And their website does point out that tuition rates are subject to change. The college also claims they have programs and support systems for international students, such as payment plans, financial aid and non-repayable bursaries and awards.

But knowing two months in advance doesn't help at all. Informing them in July does not give students time to find backup plans or save — especially if they are travelling in from outside of Canada. Imagine what incoming international students thought when they

opened those letters from SAIT and read their program was going to cost double what they were expecting.

Outside the current two-year freeze, domestic tuition in Canada is capped by the Consumer Price Index. That means tuition cannot rise by more than the annual inflation rate, which is generally a few per cent. But there's no regulation or rule for differential tuition pricing, which international tuition falls under. That means increases like what happened at SAIT could happen at the U of C too.

Luckily, they haven't yet. The U of C Board of Governors hasn't increased international student tuition since 2014. Even then, the increase in 2014 was only by one per cent, which is less than the national average.

Other universities could learn from the U of C in terms of differential tuition pricing. Historically, our fee increases in this area have gone up in proportion to our domestic tuition increases. That's the way it should be. International students shouldn't be punished because they moved here from another country and the province doesn't subsidize their education. International students bring diversity to our universities and colleges. It's not fair for them to be taken advantage of.

Past and current student leaders at the U of C say they see no indication that the university is going to go back on its word and increase international student tuition. Let's hope it stays that way.

Gauntlet Editorial Board

## short form

Should international students pay higher tuition?



"No, moving to a new country is stressful enough"

– Anagh Katayan,  
first-year biological sciences



"No, it's unfair to pay more for the same product"

– Omar Mufti,  
first-year political science



"No, students should be able to afford studying around the world"

– Lucas Harrison,  
first-year business



"No, we shouldn't punish people wanting to study here"

– Mia Larsen,  
first-year international relations

GENERATION SEX »

## How to lose your virginity in university

Lady Marmalade  
Gauntlet Columnist

While the campus eagerly awaits September's onslaught of new life, there is always a growing anxiety around the amount of "firsts" that will take place as the fresh faces embark on their university experience. For some, it's the first all-nighter, first car and first time on your own in the real world. There will also be a very real exploration of self that takes place. Your limits will be tested, you'll get a real taste of independence, and maybe someone will even stick their hand down your pants for the first time.

I lost my virginity in university,

and I know that this is a common experience for many. For starters, I'll admit I was one of the lucky ones. My first sexual experience consisted of candles, Norah Jones and lots of trust. But I know this is unique.

There is a lot of grey area around the loss of virginity. Ever since I was little, the images that flew through my head when I thought of losing my virginity involved pain, blood and a penis in a vagina. The unfortunate part of this facade is that not every relationship I've been in has involved a penis and a vagina — and this is definitely not the case for many queer relationships.

Another issue with this skewed idea of virginity involves what dur-

ing a sexual encounter marks the "loss" of it all. When genitals touch? When one partner orgasms? After having phone sex for the fourth time? There is really no set moment that can be used as a reference.

Luckily for this generation, it can be a pretty unimportant issue. The first time you have sex can involve many things as long as there is open consent given.

I'll give you the usual speech. Use a condom. There will be people lining the campus streets whipping condoms of all shapes and sizes and flavors at you during your first few weeks here — use them. Dental dams are great tools for performing oral sex on people with vaginas

because it prevents the transfer of fluids while distributing sensation over a greater area. And there are so many different forms of birth control that it's almost overwhelming.

Sex is nothing to be ashamed about. It's good to talk about sex openly and without judgment. Talk to your friends about sex, talk to your partners about sex, and make sure you check in with yourself about sex. Have sex if you want, don't have sex if that's not your thing

"No" means no. "Yes!!" means yes. Communicate. Don't rush yourself. Figure out your body and ask for what you want.

Photos: Justin Quaintance  
Interviews: Tina Shaygan



# Do content warnings compromise academia?

Tina Shaygan  
Opinions Editor

Inappropriate use of trigger warnings limits open discussion

Last week, the University of Chicago sent a letter to their incoming class stating that their campus will not allow 'trigger warnings' or 'safe spaces' to challenge the values of academia. You may have noticed in some of your classes that professors initiate 'warnings' or call for a 'safe space' to inform students that a potentially controversial or difficult to discuss issue may arise.

This is a noble idea. Professors that send these warnings do so with the intention of making people in their classes more comfortable. And people who have gone through traumatizing or difficult situations deserve to have their experiences accommodated for. Trigger warnings may also make it easier for people faced with mental health concerns to engage in the same discussions as those who are not. In order for us to learn anything from these debates, we need to hear everyone.

The concept of safe spaces is to make room for those with differing experiences than our own to challenge our normative judgement. For this to happen, we need to ensure individuals with views different than what we are used to are actually able to speak for their experiences.

But the concept of safe spaces can be grossly misinterpreted, damaging the intellectual nature of post-secondary, and hurting those that need safe spaces and trigger warnings the most. Universities should stand up to this misguided interpretation.

When safe spaces and trigger warnings are used to accommodate traumatizing or sensitive experiences, we cultivate a cul-



Content warnings create debate on campuses. **JUSTIN QUAINANCE** treatment to keep our own views unchallenged.

My second-year religious studies class was a 75-minute, twice a week nightmare caused by groups of students that absolutely refused to discuss topics like the stoning of women, on the grounds that it offended their religious beliefs.

Stoning women is a very real thing that still happens. Invoking a 'safe space' to refuse this discussion does absolutely nothing to change the association of such violent act with religion, nor does it do anything to help the women who fall victim to it.

Having your views challenged isn't the same thing as having them legitimately and systematically shut out of society. It is also not the same as having mental health concerns that trigger serious health concerns. People with sensitive experiences and mental health concerns often need safe spaces and trigger warnings to engage in the learning process. It is invalidating to demand the same

Paige Stoffregen  
Gauntlet Opinions

Trigger warnings are essential for students facing mental illness

The increasingly prevalent debate over content warnings — particularly in an academic setting — raises concerns about some of the ways in which the needs of people dealing with trauma or invisible disabilities can be dismissed.

It is quite common to see institutions such as universities and college campuses strive to ensure accessibility for visibly disabled students, so it shocks me that requests for accommodations for less visibly disabled students, such as those with post-traumatic stress disorder or anxiety, are met with such contention and even refusal.

If content warnings for students with conditions such as epilepsy are common and acceptable, then a content warning for someone who has experienced trauma shouldn't be unfeasible.

Content warnings are often critiqued as blockades or censors of academic freedom and exploration. But this is hardly the case, when all a content warning entails is a string of words at the top of a lecture slide, syllabus or paper.

At no point are the individuals requesting these warnings asking that sensitive subjects exit campus discussions. The intent of content warnings is to allow any person who may be triggered by the topic the appropriate time and space to address their relationship with the impending subject.

This may mean being able to prepare for and control their response to the trigger or

removing themselves from the situation in order to address their mental health concerns.

It never means that other individuals will be less able to delve into the study of the subject.

Another common misconception is that including content warnings encourages an overly sensitive population, unwilling to hear opinions that exist outside their worldview, or that if people are so easily triggered by the content in an academic setting, they won't be able to function in the "real world".

This sentiment, while not only dismissive of people with trauma-related disorders, disregards the fact that these individuals already have to deal with the reality of living with their disorders every day. This also comes close to the insinuation that those with mental illnesses or other invisible disorders cannot ensure their own mental health in the academic sphere as it currently exists, then they are simply unfit to pursue higher learning.

If anything, we should strive to create a community that attempts to help those dealing with mental disorders, rather than contributing to the perpetuation of dismissal regarding these serious issues in academic settings.

It isn't outlandish to provide those with such disorders as PTSD and anxiety a brief acknowledgment of the discussion of sensitive and potentially triggering topics. Weighing the inconvenience of including a short content warning with a large audience against a potential panic attack or dissociative episode creates a clearer idea that, maybe, we should reassess the way we think about mental illness in the context of academic institutions.

## This Week in MacHall

Monday, Sept. 12

### Cinemanía in the Den

Cinemanía: now in The Den! Great sound system, big screen and comfy couches... the SU presents free movies at 7 p.m. on Monday nights in The Den. This week: Zoolander 2.

Tuesday, Wednesday, and Thursday

### Yoga in the Space

Yoga in the Space - The SU presents free instructed yoga classes in That Empty Space. Tuesdays and Thursdays at 12:30 p.m. and Wednesdays at 12 p.m.

Tuesday, Wednesday, and Thursday

### #TextbookBrokeAB

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plus:

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Complete listing of student events, concerts and more:

[www.su.ualgary.ca/events](http://www.su.ualgary.ca/events)





# ENTERTAINMENT

FILM FESTIVAL »

## Calgary Film Festival lineup stacked with international and local talent

Rachel Woodward  
 Entertainment Editor

As the Calgary International Film Festival draws near, the city prepares for the annual 12-day showcase of international, local and experimental films.

Now in its 17th year, the festival will show over 200 films under categories including documentary, music on screen, short film and world cinema. Different days focus on different categories.

While films are brought from countries including Libya, Peru, Israel and Ukraine, CIFF executive director Steve Schroeder says that this year's festival has a special emphasis on Alberta-grown film.

"There are some big new things and big new themes. One of the things is that we are really seeing an increase in the numbers of really strong Alberta films and short films in the festival," he says. "We are and will remain the type of festival that will show every type of genre from as many places in the world as we can — but it is very interesting to see our own Alberta industry and filmmakers really emerge."

Some Alberta-specific showings include *Alberta Spirit 2016*, a collection of short films to be shown at Theatre Junction GRAND on September 25. The films showcase short stories from prairie musicals to Brett



*Manchester by the Sea* and *Burn Your Maps* show some familiar faces to audiences.

Kissel's rise to stardom. Aboriginal storytelling is also a theme. Directed by Kelton Stepanowich, *Gods Acre* tells the tale of the rising water around traditional lands and an isolated man grappling with the decision to leave or stay.

On October 1, Canadian TV classic *Heartland* will screen its 10th season premiere as a part of the festival. The event will feature a collection of fan activities including a Q&A with the cast and red carpet event on Stephen Avenue.

Schroeder says that involving fans in behind-the-scenes features of films is an important goal of the festival.

"Our new behind-the-screen series is a whole range of programming that is off the screens for audiences to connect with the makers of the films. [So it] ranges from a tour of the new Calgary Film Centre to things like [Andrew Simpson], who is one of the most famous wolf trainers in the world [and] is right here in Alberta. He trains the wolves in *Game of Thrones*, so we are having panel discussions with him," he says. "We are always looking for more ways for filmmakers themselves to be in direct contact with the fans."

Highlights of this year's festival in-



COURTESY CALGARY INTERNATIONAL FILM FESTIVAL

clude an animated short film titled *Window Horses*, starring the voices of Sandra Oh and Ellen Page. Feature films will premiere as headliners and screenings will present many familiar faces to audiences.

*Burn Your Maps*, a film directed by Jordan Roberts, stars Jacob Tremblay from *Room* and Vera Farmiga. It will show at Eau Claire on September 23.

Casey Affleck and Michelle Williams star together in *Manchester by the Sea*. The film tells the story of Lee Chandler, a man forced to take care of his 16-year-old nephew after the death of his brother. The film is pro-

duced by Matt Damon.

"The thing about a film festival is that it is a mind blowing range of vision and styles. We are an audience-focused festival," says Schroeder. "We want to connect a wide range of film lovers and regular everyday people to this incredible world of cinema that's being made out there. My objectives for the festival are to create an environment where every aspect of attending the festival feels special."

Tickets for CIFF are available online.

For more information, visit [calgaryfilm.com](http://calgaryfilm.com)

BEAKERHEAD »

## Beakerhead performance hopes to *Touch* audiences

Rachel Woodward  
 Entertainment Editor

Have you ever wondered what would happen if one of your senses was isolated and you were forced to experience a situation through only your nose, ears or mouth? Eric Rose — the artistic director of Ghost River Theatre — wondered this exact thing.

"We started thinking about our total theatre approach where we involve all of our sense and all of the ways in which we use the theatre to create the experience. What happens if we use just one of the senses?" Rose says. "People think about virtual reality as an altered reality and in fact we have the power to alter our reality by altering the way that we think about how we perceive the world."

As a part of Ghost River's six-part "senses" performance series, *Touch*

will let limited audiences experience a situation through just the sense of touch. Organizers will blindfold participants and take them through the Aveda Institute to transform their reality through the experience of touch alone.

*Touch* is the third installment in the series. It follows *Tomorrow's Child*, which featured sound and *Taste*, which blindfolded participants in a restaurant setting in order to alter how they experience their meals.

"One of my favourite things to do is to have my hair washed at a salon. I started thinking about the amount of touch that hairdressers, estheticians and spa workers would have to do," Rose says. "I started thinking about an interesting idea [of] doing a performance using some of the Aveda rituals, do it in a salon and combine it with storytelling principles."

*Touch* will premiere for Beakerhead this year. Beakerhead is an annual festival in Calgary that explores science and art through exhibitions and activities. The festival will take place from September 14–18. *Touch* will present twice a day during the festival, with 10 audience members participating in each show.

"What's fantastic about Beakerhead is that they engage both science and art. I feel like what we are doing is a perfect example of this," Rose says. "It's not about paying your ticket, sitting in an audience and the light goes down and the performance happens on stage. It's an experience where part of the performance is located inside of the audience. People are really hungry for something that is offering them a new way of perceiving themselves."

Rose stresses that the *Touch* per-



The performance features the sense of touch. The performance is extremely unique in Canada and even the world.

"There's only 10 people that will experience [each] performance. It's very intimate," he says. "It's astonishing to me the level of imaginative resource we have inside of ourselves and how much it delves into

our memory and our imagination to be triggered by a touch."

*Touch* will take place at the Aveda Institute for two performances daily throughout Beakerhead.

For more information, visit [ghostrivertheatre.com](http://ghostrivertheatre.com)



THEATRE »



COURTESY BENJAMIN LAIRD

# Vertigo kicks off 40th season

Rachel Woodward  
Entertainment Editor

Vertigo Theatre will celebrate its 40th anniversary season this month with a rendition of the 1946 classic *The Big Sleep*. The play is adapted for Vertigo Theatre by Aaron Bushkowsky and directed by Craig Hall.

Vertigo's 40th season will revolve around the theme of mystery by re-vamping five genre staples, including Agatha Christie's *The Hollow* and Frederick Knott's *Wait Until Dark*.

*The Big Sleep* is a film-noir style mystery. In the play, a millionaire's daughters are blackmailed and he hires private investigator Philip Marlowe to get to the bottom of things — until things get sticky.

Local actor Curt McKinstry performs in the show as various characters. McKinstry is a University of Calgary alumni and he says that his experiences at the U of C helped his career as an actor in the city.

"One of the biggest strengths of the U of C program is that it gave us all a sense of creating professional experiences for ourselves," he says. "If you look at a lot of the new theatre companies that have popped up, they were started by U of C alumni. That program really gave students

a sense of 'get out there. If the work isn't available, make it for yourself'."

As the season opener for the company, *The Big Sleep* will set the tone for the mystery theme.

"It's one everyone can latch onto and everyone is familiar with," McKinstry says. "I think it resonates with a lot of people's minds. It's an exciting, fun mystery with some really great characters."

McKinstry says that in his 25 years as an actor, his experiences on Calgary stages have been among the best.

"I've seen a good stretch of the theatre community over the years. I remember when I first started, it wasn't as big as it is now," he says. "Over the years, it's really expanded. It's become a rich and vital theatre community here in Calgary and one that is really the envy of Canada, from what I understand. Actors that come here always remark on how gracious and accepting the community it is and how much is really going on here in the city."

Tickets for *The Big Sleep* are \$20 and available online. The show runs from September 17 to October 16 at the Playhouse theatre.

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For more information, visit [vertigotheatre.com](http://vertigotheatre.com)

STAFF PICKS »  
SEPTEMBER 8-15

**Friday, September 9:**

The Calgary International Film Festival will show trailers for all the films featured over the 12-day festival. There will be free popcorn for attendees. The first 100 audience members will receive a survival kit containing all the supplies needed for 12 straight days of watching movies, short films and documentaries.

Time: 4:00 p.m. to 7:00 p.m.  
Place: Globe Cinema

**Friday, September 9:**

This is the last day to attend the monthly Inglewood Night market. Vendors will sell artwork, jewelry crafts and food alongside wine and beer gardens and food trucks.

Time: 5:00 p.m. to 11:00 p.m.  
Place: Various Inglewood locations

**Wednesday, September 14:**

Beakerhead begins this week and will take place over the next five days. A combination of art and science fills the festival with over 60 events, from larger-than-life art installations to 3D projections. Food and drink is available and most events are free.

Time: Various times  
Place: Various locations

**Thursday, September 15:**

On the third Thursday of every month, Telus Spark presents Adults Only Night. This month's theme is energy. There will be discussions of "energy hacks" and how to create energy from unusual items.

Time: 6:00 p.m. to 10:00 p.m.  
Place: Telus Spark Science Centre

GAMING »

# Virtual Reality arcade levels up Calgary gaming scene

Clara Sadler  
Gauntlet Entertainment

Want to walk through a video game, shooting zombies and slicing fruit for real? Now you can.

Level 1 Escape has brought Western Canada's first virtual reality arcade to Calgary and it feels like *Star Trek's* holodeck.

The arcade, consisting of two bay stations with VR headsets, headphones, sensors and controllers, allows players to fully immerse themselves within their chosen game. While it may feel disorienting at first, this separation allows players to focus in on the game. Once players are set up in the VR equipment, they can choose what games they want to play from an online library.

Rather than having to invest hundreds of dollars into a personal VR system, Level 1 managing partner Kevin Wong says the arcade allows people to try VR gaming at a reasonable price.

"Because it's such a new technology I think there's always those early adopters, and there's always some people willing to try but not fork out thousands of dollars to do it," Wong says. "Maybe you don't want to dish out \$1,300 to get the headset and equipment and then have to buy each game for another 40 or 50 bucks."

Level 1 VR offers a large library of games. *The Lab* — one of the more popular titles in the arcade — takes full advantage of the VR environments as players explore a futuristic laboratory, picking up objects or petting robotic dogs. Mini games within *The Lab* make you fend off hordes of attacking barbarians with a motion-controlled bow and arrow



Gamers are able to tap in to their favourite games. COURTESY LEVEL 1 ESCAPE or pilot a mini drone to take out invading space aliens.

VR zombie survival games offered by the arcade let games gun down hordes of the undead, with gameplay reminiscent of old school *House of the Dead* light-gun arcade games. And a VR edition of *Fruit Ninja* is simultaneously incredibly fun and surprisingly difficult, reminding you that you are nowhere close to being a real-life ninja.

While slicing virtual fruit and slaying zombies is fun on your own, Level 1's VR Arcade has co-op capabilities. Players in each VR bay can connect the systems and play games cooperatively or competitively.

Although Level 1 started as an escape room company, Wong says expanding to VR gaming was a way for the company to stay ahead of the curve and keep people entertained with the latest gaming trends.

"We're always looking at what's out there what's new, what's cool out in the world, what people are

discussing. And we think VR is one of those things that is the future of entertainment," Wong says. "I think VR eventually will be at a certain point where everyone will have one, [like] a Playstation or an Xbox."

While the Virtual Reality Arcade has been booked to near capacity since opening, Wong says there are plans for expansion.

"We're expanding to the other side of our current facility. We'll be doubling to 6,000 square feet. Along with that, we have a lot of escape rooms planned, but if this takes off we have some extra space where we can probably bring in more VR stations," Wong says. "Our goal is to stabilize the system because it's still fairly new, expand our game roster and make sure that players have the best experience possible."

Bookings are available online. Tickets are \$60 per session.

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For more information, visit [level1escape.com](http://level1escape.com)



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THEATRE »

# Alberta Theatre Projects revamps classic piece

Ally Baharoon  
Gauntlet Entertainment

**W**aiting for the Parade had its world premiere 40 years ago at Alberta Theatre Projects. After making a victory lap around the world, the play returns to Calgary, its hometown and the setting of the story.

Artistic producer of Handsome Alice Theatre Kate Newby brought the play back to represent the current Canadian landscape. She says the play maintains its funny and nostalgic themes with only a change in cast.

"Calgarians are very excited to see the play back in town. It is a nostalgic piece about many of our grandparents' generation," Newby says. "It is also important historical piece of Calgary and a piece



The piece tells stories of women during WWII and is set in Calgary. That is really powerful for women, which we rarely see on stage."

Newby received her BFA in acting at the University of Alberta and her MFA in directing from the University of Calgary. She comes from a military family. Her grandfather fought at Vimy Ridge in WWI and

her father was a prisoner of war in WWII in Stalag Luft III, the location of the famous Great Escape.

The play is about five women who struggle to survive in WWII, while in Calgary they faced challenges of acceptance during the war.

COURTESY KENNETH LOCKE

"Stories being told from the female perspective during wartime are rare," Newby says. "We think we are an inclusive community but there are times when people are still being excluded and judged. We have a ways to go but we are trying," she says.

Newby is a proponent of stories from female perspectives and what it means to be female. The tagline of her theatre company is 'unleashing the female voice.'

"Our world is driven in a masculine corporate way, so to be able to give a perspective in a female point of view is essential," she says. "We live in a world where there is war around us and the fear of war. We still haven't progressed in that regard. The world is driven by the war machine with history repeating itself. We are still seeing refugees and people being misplaced."

*Waiting for the Parade* will run September 13 to October 1 at the Martha Cohen Theatre. Tickets are available online.

For more information, visit [atlive.com](http://atlive.com)

NEW MUSIC »



July Talk  
*Touch*  
September 9, 2016 (Island)

After releasing their self-titled debut album in 2013 and the EP *For Your Bloodshot Eyes* in 2014, Toronto-based July Talk return with *Touch* — a 10-track album featuring some of the group's most evolved and also disorienting work yet.

Lead singers Peter Dreimanis and Leah Fay fill the album with tortured ballads of the maneuver through modern-day love affairs. The album demonstrates a more mature sound from the group, but

tracks like opener "Picturing Love" set the tone for an upbeat album, while "Beck + Call" carries this energy with decent lyricism and a consistent, heavy rhythm.

The album shifts with "Now I Know," where the sound transfers to a strange mix between light pop and Dreimanis's dark vocals. The track brings a tone where July Talk's signature contrasting voices don't work as well as fans might be used to.

The album tends to fluctuate between dark, heavy sound and lighter pop, but energy returns with "Push + Pull" before the title track leaves the album on a similar note that is started with.

Though the album demonstrates a more mature sound from the band, there is a lack of a consistency throughout the album. The vocal contrast — while still present — seems to feel less honed that it was in the group's first album.

*Touch* demonstrates what seems to be a stepping stone for the band to find a more concrete sound, while still utilizing Dreimanis and Fay as contrasting vocals in an organized way.

The album will no doubt still quench eager fans' thirst for new music from the band. July Talk is touring the album through North America and Europe for the rest of the year.

Rachel Woodward

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CAMPUS STYLE »



JUSTIN QUAINANCE

Student Sarah Vooy's innovative look blends posh accessories for a rainy day on campus. Coordinated pieces present a pulled-together outfit that reflects this year's fall colour palette. Sarah pairs a navy blue trench coat with knee-high rubber rain boots to create a west-coast vibe. The blue tones in her outfit pair nicely with the dusty reds featured in her umbrella and tote bag. Complemented by knitted knee-high socks and hints of a striped dress, this versatile look is an eye-catching way to beat the weather. But the best part of this outfit is its price — with pieces from Superstore, Atomic Body Jewelry on campus and vintage finds, Sarah's outfit proves that anyone can look stylish on a student budget.

Emilie Medland-Marchen



UPCOMING  
GAMES**Dinos Football  
vs. UBC**

September 9



The Dinos football team will take on the University of British Columbia Thunderbirds on September 9 in their annual Kickoff game. The Dinos will face their Canada West rivals from last season at MacMahon stadium on Friday at 5:30 p.m.

**Dinos Soccer (W)  
vs. Thompson Rivers**

September 10



The Dinos women's soccer team look to continue their successful early season in a match against the Thompson Rivers University WolfPack on the west varsity soccer pitch. The team returns from Montana to continue the Canada West season at 12:00 p.m.

**Dinos Soccer (W)  
vs. UBCO**

September 11



The Dinos women's soccer team play back-to-back games on the September 10-11 weekend, taking on the UBC Okanagan Heat at 12:00 p.m. The team then goes on to face Mount Royal University in their Crowchild Classic.

**Dinos Basketball (W)  
vs. MRU**

September 18



The Dinos women's basketball team take on cross-town rivals MRU in their first game of the year. After a successful run last season, the team will look to secure a Canada West title this year.

**Dinos Cross Country  
at Telus Spark**

September 18



The Dinos cross country team will start their season by competing in the Terry Fox Run at the Telus Spark on September 18. This will be the season-opener run for the team before heading to the Saskatchewan Open.

## DINOS FOOTBALL »



EMILIE MEDLAND-MARCHEN

The boys are back in town  
Dinos football ready to kick off 2016 seasonEmilie Medland-Marchen  
Sports Editor

The Dinos football team experienced a changing of the guard this year — but there's plenty of new talent waiting in the wings.

After a pre-season training camp from August 13-26, a non-conference win against the University of Regina Rams and a 23-14 win in their first match against the University of Manitoba Bisons, the football team is back on home turf to take on the University of British Columbia Thunderbirds in their annual Kickoff game on September 9.

For head coach Wayne Harris, it's business as usual. Despite former Dinos head coach Blake Nill now leading the Thunderbirds, the team sees their opponents as just another obstacle on the path to winning the Hardy Cup.

"When we're up against UBC, it's about playing the way we're capable of," Harris said. "Not getting our focus redirected towards things that don't matter. We get to play them twice in the season this year, so it'll be interesting to see what happens."

The Dinos had an exceptional regular season last year, heading into the Canada West championships undefeated with a host of talented players including star quarterback Andrew Buckley and running back Mercer Timmis. But in the Hardy Cup against UBC, fate finally caught up to the Dinos. A series of penalties hurt the team in their effort to contest for the top

spot in the Canada West conference. And with Nill on the other side of the field — and many of the current Dinos having played underneath him — there was bound to be some tension.

Despite a relatively close final score of 36-24 and a nearly perfect season, the loss was heartbreaking for the Dinos. It was the second year in a row the team missed out on winning the Hardy Cup — history had repeated itself. The Dinos walked away from the season knowing that they had narrowly missed out on claiming a title that, based on the way they had played throughout the regular season, should have been theirs.

It was a heartbreak for the team. But for Harris, the past is in the past. Losing key offensive veterans at the end of last season added to the tough final game, but the incoming rookies on this year's team offer a chance for a fresh start.

"Every year is a different year with a slightly different team and a slightly different culture," he said. "Hopefully some new leaders will emerge to carry us through."

When Harris stepped into the head coach position at the start of last season after his previous role as an assistant to Nill, his approach to the game rippled throughout the squad. Dubbed the "Harris effect," his leadership brought the Dinos to an undefeated 8-0 record throughout the regular season. This year, Harris has the chance to once again

make his strength as a coach resonate throughout the team. With a group of freshman talent stepping in and the loss of significant veteran players, he'll have to build from the ground up.

"We've definitely got some excit-

ing talent coming forward," Harris said. "Our guys on defence do an outstanding job, and then we're really looking for the leadership of [quarterback] Jimmy [Underdahl] to unite our offence. We've got some guys who have had to step it up."



The Dinos' defence retains many top players. EMILIE MEDLAND-MARCHEN



Last year, the Dinos' record-breaking offensive squad featured nine first-team All-Canadians. Six of those players have now graduated, including quarterback Andrew Buckley, running back Mercer Timmis and kicker Johnny Mark, all of whom have moved on to the CFL. It was a strong draft class for the Dinos this year, but the departing players also means that the current offensive team will have to step up their game to compete with the top teams in the Canada West.

But there is some new talent waiting in the wings. Fifth-year quarterback Jimmy Underdahl has played patiently beneath the shadow of Buckley for the past five years. He'll finally have his chance to start now that Buckley has moved on to play for the Calgary Stampeders. After finishing in the top 10 in passing last season, Underdahl is definitely up for the challenge. His experience is a valuable asset to an offence whose top positions have been shuffled this season.

Last week, Harris said he was confident in the ability of Underdahl to step up to the plate.

"There has certainly been some big changes at main positions, like at quarterback with Andrew Buckley," said Harris. "But Jimmy Underdahl has been with the program for five years now and has been a strong leader. He has all the skills necessary to be very successful. We expect to still be able to have lots of offensive production."

After a late August pre-season training camp, there's still plenty of opportunity for brand new faces. First-year quarterback Josiah Joseph is a key recruit this year from the Okanagan Sun after he led his team to a British Columbia Football Conference championship last year.

"Honestly, I've always wanted to win a Vanier Cup," Joseph said. "Anything I can do to help the team, whether it's run short yardage or be ready for backup, it's whatever I can do to help. Even if



No. 25 Josh Quarles is one of the many offensive recruits picked up this year. I have to stay home and not play, I'm just prepared to do whatever I can."

Joseph's energy is valuable to infuse the team with support from the ground up. Coupled with new recruits on defence and nine key returning defensive starters, the Dinos have the backbone necessary to hold their own against the Thunderbirds.

This year the Dinos' defence is largely intact, as a number of returning players — including nine starters — are back in play. Defensive linemen Cory Robinson and Connor McGough are two keys to

anchoring the line this year. McGough was a second team All-Canadian last year. Together, the two players were important factors in only allowing an average 131 rushing yards per game last season.

Joining them are defensive backs Adam Laurensse and Robert Woodson, both first team All-Canadians last year. Woodson led the conference with five interceptions last season. Supporting him on the back line is new recruit Brennan Van Nistelrooy, who joined the Dinos after being drafted by the B.C. Lions 48th overall in last year's CFL draft. Defence is

set to be a strength for the team this year, as the coaching staff will be led by CFL veteran Tom Higgins.

"Defensively, we haven't had quite as many changes with most of the backfield returning and the defensive line back entirely," Harris said. "We feel confident that we have a good program moving forward, but certainly there's a lot of work still to do."

In special teams, there's a race for the kicking position vacated by perennial All-Canadian Johnny Mark, the CIS all-time leader in scoring and field goals. While Mark moved on to play for the Saskatchewan Roughriders in this year's draft, his position is challenged by fourth-year kicker Alec Curtis and newcomer Niko DiFonze, who joins the Dinos this year from Winnipeg.

The Dinos are now back in Calgary after that 23-14 win against the Bisons but they'll have their work cut out for them against the Thunderbirds. For these two teams, the rivalry runs deep, but for Joseph, there's a lot of excitement too.

"It's going to be awesome," Joseph said. "I've got some family coming out, so it's going to be a great game, a preview of the Hardy Cup this year and a rematch from last year."

Kickoff starts at 5:30 p.m. on September 9 at McMahon stadium. Admission is free for students.

## PLAYERS TO WATCH

### Jimmy Underdahl



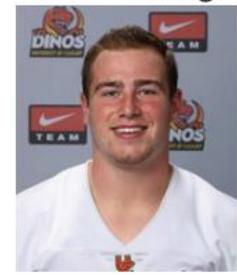
Fourth-year quarterback Jimmy Underdahl tore up the field last week in the season opener against the University of Manitoba Bisons. His leadership will be on full display at Kickoff.

### Alec Curtis



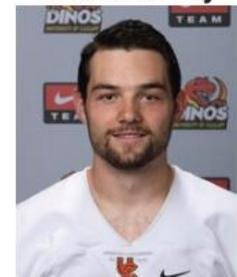
After training under kicker Johnny Mark for four years, Alec Curtis has big cleats to fill. But he's ready to step into the role — he hit a huge 45-yard field goal last week against Manitoba.

### Connor McGough



A fourth-year defensive anchor and second team All-Canadian, Connor McGough will be a major force in holding the Thunderbirds' offence at bay this season.

### Austen Hartley



This fourth-year receiver will support quarterback Jimmy Underdahl as a receiver this week. After teaming up with Underdahl last week, expect to see them work together at Kickoff.



THURSDAY SEPT. 22 5:00 P.M., 319 MACHALL  
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All are welcome. Come learn about writing, photo, video and web volunteer opportunities available at the Gauntlet and stick around for a journalism movie screening after!



# How to compete like a short track speed skater

Anneke Pederson  
Gautlet Sports

Competition season is the time when an athlete's training is put to the test. Strategies are honed as each athlete battles their way to the top over the course of seven months.

This year at the Olympic Oval, the top speed skaters in Canada will be competing at their best, jockeying for positions on the Canadian national team to secure their ticket to compete internationally. This year, I'll be one of them.

Competitions are a stressful time for high-performance athletes. Competitive speed skaters race almost every weekend and being at your best is necessary when at every opportunity a position on a team or a chance for a medal is on the line. But I try not to focus too much on the details. What I love most about competition is the excitement of the race itself.

The roar of the crowd, the clanging of the final lap bell, the smell of gunpowder. The skaters — anywhere from about four to eight people — line up a foot behind the line. The starter waves everyone forward.

"Go to the start." The electronic gun is raised. The skaters wait at the line.

"Ready." Each athlete crouches, their back legs prepared to launch them forwards like hockey players on a breakaway.

Then, with a loud bang and a flash of light, they're off. Upon entering the corner, the skaters move their feet quickly, moving into the basic position they're known for. While every race is fast at some point, some races start faster than others. If it's 500m, it's an all-out sprint. If it's a 1000, 1500 or 3000m race, it may start a little slower while everyone jockeys for a good position, akin to the physicality of roller derby. The skaters' quick steps change to long, rhythmic ones as they pick up speed, applying more pressure to the ice. They're fighting force, racing the clock and trying to outsmart their opponents.

Placement is more important in short track despite each race being timed. Even the most well planned race can go awry. No one knows who will win. Perhaps the leader will tire, or even slip and fall. Maybe they'll take another skater down with them. Maybe there are hidden alliances. Maybe two skaters in the back of the pack will rush forward to take the lead, crushing their opponents with beautifully synchronized passes and blocks.

Passing is not as simple as you might think. Aside from what we call "suicide passes" — a desperate, last-minute attempt to get ahead — most passes are set up a lap in advance. Passes can also get you disqualified if executed improperly. For example, when passing a skater just before the beginning of



Passes in short track speed skating are often planned laps in advance. EMILIE MEDLAND-MARCHEN

the corner, you need to be ahead of them by the black markers, otherwise the other skater technically has the right of way and you are impeding the first skater's track.

Signalling the final lap, a bell clangs and the spectators go wild. Coming up to the finish, every athlete looks close. In a final attempt to claim first, the first two skaters shoot their blades forward to touch the line.

With so many skaters so close in ability, speed and strength, "shooting the line" is a common way to finish a race. Even when alone, some skaters will do this to get the

best time they can, which may help give them a higher seeding later in the competition. Short track speed skating is a complex sport that requires solid technical knowledge, endurance, explosive muscle and strategy. In a race situation, every millisecond can count against you.

You can catch all the action for yourself this season. The Olympic Oval on campus will host the International Skating Union (ISU) World Cup Short Track Speed Skating competition from November 4–6, and later on in the year the ISU World Sprint Speed Skating Championships from February 25–26.

Skaters from around the world will battle it out for World Cup medals at these exciting events. Tickets are available in advance on the ISU's website.

But for students, that's not all that's happening at the oval. The Intercontinental Short Track Invitational is held October 7–9, as well as other competitions scattered across the year.

Admission to these events are often free to the public. You can check out the Oval's website for more details or plan a visit to the Oval to see the fastest sport on ice for yourself.

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## THE HETEROSEXUAL AGENDA »

## City of Calgary gears up for annual 364-day long Straight Pride Parade

Melanie Woods  
Gay ally

As Calgary's annual Pride Week wraps up in a flurry of rainbows, the city has already launched another marquee celebration of identity. The annual Calgary Straight Pride Parade kicked off literally the exact moment the Pride Parade ended.

"We're really glad the LGBTQ community got their day," organizer Joe Smith said. "I love *Modern Family*. But we need our time to celebrate too."

Smith said organizers had to rush to clean up stray rainbow flags in time for the event.

"As soon as the blockades for the LGBTQ pride parade were taken down, we got ours up and running," he said. "It's usually a pretty smooth transition. Straight Pride doesn't take a lot of effort — the city's kind of constantly set up for it."

The Straight Pride Parade will involve activities such as walking to work, taking the C-Train, buying groceries and getting stuck in traffic. Crosswalks in the city will be left painted white to commemorate the event. Organizers estimate over one million people — nearly the entire population of Calgary — will participate in some way or another.



Heterosexuals rejoice in their ability to openly express affection during Straight Pride. COURTESY KELLEY BOONE

Smith said the event will run 24 hours a day, seven days a week over the course of nearly an entire calendar year.

"You know — nine in 10 people are straight," he said. "So we figured 364 out of 365 days in a year we should celebrate what being straight means and the daily oppressions we face."

While issues like blood donation

bans for gay men, gender expression in schools and marriage equality are brought to the forefront during LGBTQ Pride, Smith says straight people face unique conflicts too.

"Somebody once looked at me funny when I made out with my wife on the train," Smith said. "That's oppression and emblematic of the struggles straight people face day-to-day."

Smith said this year's Straight

Pride will also feature gender-specific washrooms and film screenings with heterosexual romantic leads at popular theatres across the city.

"Sure, trans people want to pee wherever they feel comfortable," Smith said. "But does anyone ever consider that I want to pee too?"

When told that gender-neutral washroom legislation won't infringe

on his ability to urinate, Smith protested.

"Sure, maybe," he said. "But frankly, people need to consider what we think, too. During Straight Pride, I promise you will hear the voices of straight people."

Just as straight allies are welcome at LGBTQ Pride celebrates, Smith said LGBTQ people are welcome during Straight Pride.

"We welcome LGBTQ allies too," he said. "I mean, we all love Ellen Degeneres. But don't be too obvious about it, you know? I wore a rainbow for your day, you can wear clothing related to arbitrary constructs of gender the rest of the year, okay?"

Members of the University of Calgary club Heteros on Campus will also be involved.

"We don't have any specific events," HOC president Stacey Lougheed said. "We just kind of have our hands in the day-to-day workings of everything. The dozens of gender-segregated washrooms across the U of C? You have us to thank for that."

Lougheed said she's most looking forward to one of the signature events of Straight Pride — Valentine's Day.

"I heard they were bringing in unnecessarily heteronormative greeting cards and maybe even a new film based on a trashy romance novel," she said. "Representation matters."

## HOROSCOPES »

## Your #future is currently subtweeting you right now

Jill Girgulis

Follow me on Twitter. Please.

**Virgo**  
(Aug. 23 – Sept. 22)

In a drug-induced state, you will accidentally upload a Vine of yourself taken 10 minutes after your wisdom teeth surgery. You will then experience all the highs and lows of your six seconds of fame before passing out on the couch.

**Libra**  
(Sept. 23 – Oct. 22)

You will suffer a concussion after walking into an ornately decorated "U of C 50 Years" light-post while playing *Pokemon Go*. When you go to the hospital to get checked out, you will be thrilled to discover that your exam room is a Pokestop.

**Scorpio**  
(Oct. 23 – Nov. 21)

You will create 16 proxy Facebook accounts so it looks like people actually appreciate your insightful posts about our generation's over-reliance on social media as a source of self-esteem. You just catfished yourself, dumbass.

**Sagittarius**  
(Nov. 22 – Dec. 21)

You will procrastinate working on your first lab of the semester by spending an entire evening on Pinterest. You will end up pinning so many DIY-decoration ideas that you will feel confident in your abilities to stage a wedding between a can opener and a random thumbtack.

**Capricorn**  
(Dec. 22 – Jan. 19)

You will throw your laptop

from the top of Aurora Hall after receiving 27 offers to add a random preschool classmate to your LinkedIn network.

**Aquarius**  
(Jan. 20 – Feb. 18)

You will accidentally visit Christian Mingle while researching a religious studies paper and then proceed to be endlessly spammed by singles in your area every time you open your laptop. You will eventually be forced to quit the Internet and seal your fate as an out-of-touch spinster.

**Pisces**  
(Feb. 19 – March 20)

Kim Kardashian-West, DJ Khaled and Taco Bell will all attempt to add you on Snapchat. You will decline both Kim K. and

Mr. Khaled in favor of filling your feed with delicious greasy taco snaps.

**Aries**  
(March 21 – April 19)

At 3:14 a.m., you will traverse so far into YouTube that you end up watching a video of yourself watching videos on YouTube, *Inception*-style.

**Taurus**  
(April 20 – May 20)

Your number one goal in life will be achieved when BuzzFeed Community decides to promote your quiz, "What does your taste in pencil shavings say about your relationship status?"

**Gemini**  
(May 21 – June 20)

You will be granted seven

million dollars after you inadvertently use the last possible unique hashtag in the English language, #mybirdhouseisfatterthanyourlight-house.

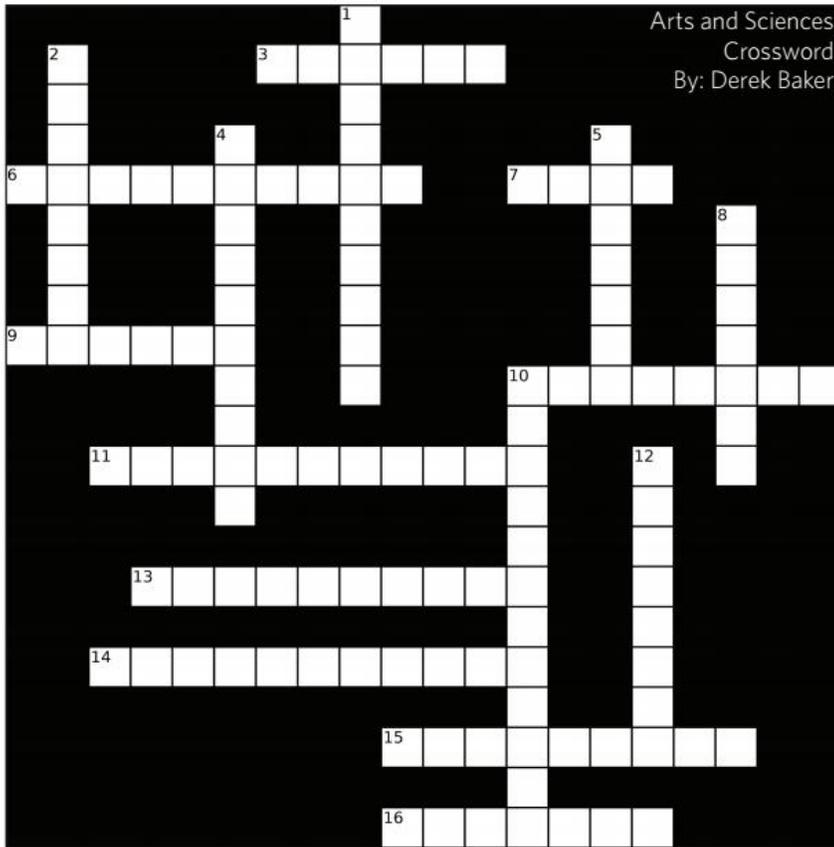
**Cancer**  
(June 21 – July 22)

You will be heartbroken to learn that after 15 weeks of incessant trolling of Taylor Swift's account, Instagram deactivated the snake emoji and replaced it with a blonde version of the salsa dancer.

**Leo**  
(July 23 – Aug. 22)

You will finally take the plunge and sign up for Twitter after putting it off for eight years, only to realize that everyone's into Snapchat now. You will have zero followers.





Arts and Sciences  
Crossword  
By: Derek Baker

ACROSS:

3. Ornate sculptures and buildings have been made from this white metamorphic rock.
6. This year, Beakernight will light up the streets of this community.
7. Biologists use this gelatinous substance to culture bacteria on petri dishes.
9. Sir Isaac \_\_\_\_\_ developed the theory of gravitation upon observing an apple fall from a tree.
10. One of last year's highlights of Beakerhead included a fiery version of this arcade game.
11. Plants use this green compound to capture light energy and convert it into chemical energy.
13. Hyped as an event combining science, arts and engineering, \_\_\_\_\_ will take place in Calgary from Sept. 14-18.
14. \_\_\_\_\_'s work will again be featured at Beakerhead, blending light and large inflatable rabbits.
15. A subgenre of science fantasy inspired by early industrial steam-powered machinery in its aesthetic.
16. This early astronomer and physicist's work proving the heliocentric model of the solar system was originally condemned by the Catholic Church.

DOWN:

1. This flask is characterized by its

- conical shape, allowing liquids to be easily swirled around to mix.
2. This flask's base is more spherical in shape.
4. This local collective glass blowing studio will have work showcased at Fort Calgary during Beakerhead.
5. An artist uses this flat surface to mix his or her paints on.
8. Red, blue and yellow make up the \_\_\_\_\_ colours, which can be used along with black and white to create any colour imaginable.
10. One of this Spanish surrealist painter's most recognizable works depicts melting clocks in "The Persistence of Memory."
12. Housing many modern art pieces, the building of this Parisian gallery is a architectural spectacle in itself.

LAST WEEK'S  
CROSSWORD »



Filbert Cartoons - L. A. Bonte



It goes without saying - Dawn Muenchrath

