



HOSPITAL  
PARKING FEES  
AN UNFAIR  
COST

pg. 8

FACTORY PARTY  
PROMISES  
INDULGENCE  
AND RAD BEATS

pg. 11

WOMEN'S  
BASKETBALL TEAM  
FULL OF  
NEW TALENT

pg. 15

VOL. 57 | ISSUE NO. 18 | Oct 20, 2016



# COPYRIGHT MUSIC ON CAMPUS

PG.4





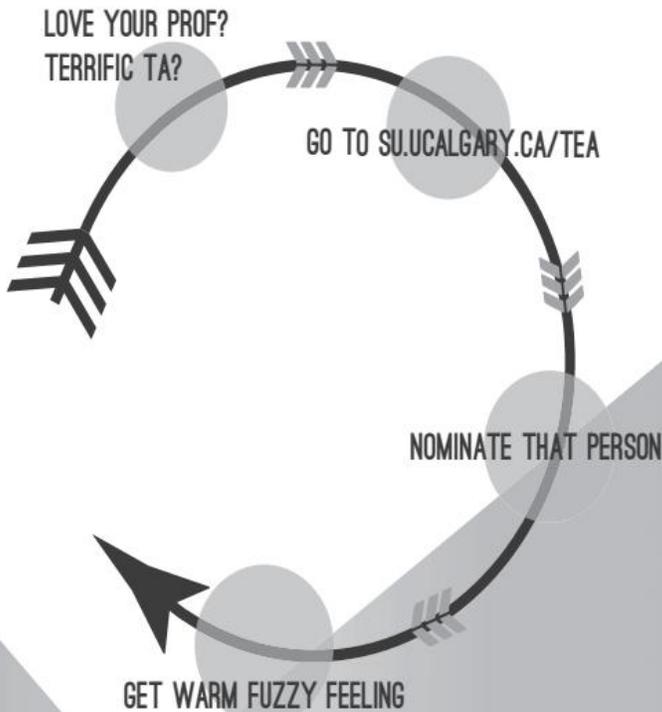
STUDENTS' UNION

[www.su.ucalgary.ca](http://www.su.ucalgary.ca)

Love YOUR Prof or TA?

**NOMINATION**

*is this easy*



**NOMINATE TODAY!**  
**SU.UCALGARY.CA/TEA**  
 NOMINATIONS ACCEPTED  
 SEPT. 16 - OCT. 28 @ 4:30 P.M.



Teaching Excellence Awards

HAVE A BRIGHT IDEA?  
*We're listening.*



The SU has funding available that can turn your dream for a new project or program on campus into a reality.

QUALITY MONEY PROGRAM	CAMPUS IMPROVEMENT FUND	SU SUSTAINABILITY FUND
-----------------------	-------------------------	------------------------

Info and applications can be found at [www.su.ucalgary.ca](http://www.su.ucalgary.ca).  
Will your idea be the next big thing on campus?



QUALITY MONEY APPLICATIONS  
ARE DUE NOV. 25 @ 4PM



Win a SKI TRIP for 10!

**FROST BITE**

University of Calgary's Official Winter Games  
January 23 - 27, 2017

Registration Deadline December 9, 2016



## GAUNTLET NEWS

Twitter: @GauntletUofC

Editor-in-Chief: Melanie Woods 403-391-8138  
ec@thegauntlet.caNews: Scott Strasser 403-988-4068  
news@thegauntlet.ca

News Assistant: Saima Asad

Opinions: Tina Shayan  
opinions@thegauntlet.caEntertainment: Rachel Woodward  
entertainment@thegauntlet.ca

Entertainment Assistant: Gurman Sahota

Sports: Emilie Medland-Marchen  
sports@thegauntlet.ca

Sports Assistant: Tommy Osborne

Humour: Derek Baker  
humour@thegauntlet.caPhoto: Justin Quintance  
photo@thegauntlet.caVideo: Sebastian Jarmula  
video@thegauntlet.caGraphic Artist: Samantha Lucy  
graphics@thegauntlet.caWebmaster: Jason Herring  
online@thegauntlet.caVolunteer Coordinator: Christie Melhorn  
volunteers@thegauntlet.caBusiness Manager: Riley Hill  
403-807-5201  
business@thegauntlet.ca

## Contributors

Prince Afrim • Gloria Elekwa • Nikayla Goddard  
Zach Green • Josh Harikema • Frankie Hart  
Jacob Huffman • Simran Kaler • Stephan Kim  
Jan Kimes • Cindy Liu • Hayden McBurnett  
Jale Robinson • Clara Sadler • Aisha Sajid  
Louie Villanueva • Kent Wong

## Golden Spatula



As quietly and quickly as a fawn, Nikayla entered our office with eyes full of innocence and wonder. She edited every flat in her sight, like a small hummingbird flitting from flower to flower. We all know she has a dark hidden identity, but no matter how many meetings we have about it, it will never be determined. We know you're up to something, Nikayla. We know.

## Furor Arma Ministrat

Room 319, MacEwan Students' Centre  
University of Calgary  
2500 University Drive NW  
Calgary, AB T2N 1N4  
General inquiries: 403-220-7750  
thegauntlet.ca

The Gauntlet is the official student newspaper of the University of Calgary, published most Thursdays throughout the year by the Gauntlet Publications Society, an autonomous, incorporated body. Membership in the society is open to undergraduate students at the U of C, but all members of the university community are encouraged to contribute. Opinions contained herein are those of the individual writers, and do not necessarily represent the views of the entire Gauntlet staff. Editorials are chosen by the majority of the editorial board. The Gauntlet is a forum open to all U of C students but may refuse any submission judged to be racist, sexist, homophobic, libelous, or containing attacks of a strictly personal nature. We reserve the right to edit for brevity. Grievances regarding the Gauntlet follow a three-step process which requires written decisions from the Editor, the GPS Board of Directors, and the Ombudsboard. The complete Grievance Policy is online at: [thegauntlet.ca](http://thegauntlet.ca). The Gauntlet offices are located on Treaty 7 land.

The Gauntlet is printed on recycled paper and uses an ink made of collective tears from the editorial staff. We urge you to recycle/go get us some kleenex using the Gauntlet.

## Letter Policy

Letters must be typed, double-spaced and received by Monday at 4 p.m., and must include the author's name, student ID number, telephone number and signature. Letters will not be printed if they include attacks of a strictly personal nature, statements that discriminate on the basis of race, sex, or sexual orientation, or libelous or defamatory material. All letters should be addressed to "Editor, the Gauntlet," and be no longer than 300 words. The Gauntlet retains the right to edit submissions. Letters can be delivered or mailed to the Gauntlet office, Room 319, MacEwan Students' Centre, or sent by email to [ec@thegauntlet.ca](mailto:ec@thegauntlet.ca).

The Cover  
Design by Samantha Lucy

## Advertising

The Gauntlet's local and national sales are managed by FREE Media, an agency representing the campus press in Canada. View our Ad Sheet online for rates and publication dates. Questions about the Gauntlet's ad policy can be directed to Ron Goldberger at (403)-607-4948 or online at [yycc@f-media.ca](mailto:yycc@f-media.ca).

## STUDENT PROTEST »

## Anti-LGBTQ activists stir up protest in front of Q Centre

Scott Strasser  
News Editor

Members of the Queers on Campus student club at the University of Calgary protested in MacHall on Oct. 14 after an anti-LGBTQ activist group set up in front of the Students' Union Q Centre.

The Christian Truth Activists (CTA) are an evangelical Christian group that advocates against non-heterosexuality and abortion.

The group's table in MacHall included posters with graphic images of aborted fetuses and sexually transmitted infections. Two members of the group promoted their messages to passersby in MacHall throughout the day.

A few hours after the CTA set up, Queers on Campus members stood by the table with a rainbow flag. Later, several dozen U of C students stopped to argue with the evangelical group.

"It's really sad that in this age we have this going on at a university campus. They're saying 90 per cent of U of C students agree with them. That's clearly not the case," said Em Rogers, an executive with Queers on Campus.

Rogers thought the proximity of the CTA's table to the Q Centre was intentional.

"I think it was definitely targeted towards the Q Centre," Rogers said. "There are other religious organizations that will set up there, but they usually don't engage with us. The proximity to the Q Centre



Dozens of students stopped to argue with the CTA throughout the day. Justin Quintance

sounds like it was planned." CTA executive director Bill Whatcott said his group was exercising its right to freedom of speech on a public campus.

"It's not a protest as much as an education. I'm here sharing the gospel with the students. This is exercising my right to freedom of speech," Whatcott said. "The university has finally relented on trying to silence and censor me, so they gave me this table."

Whatcott said he felt some passersby agreed with his message and most respected his right to free speech.

"These students obviously disagree with me, so they are counter-protesting me, which is fine.

Honestly, most of these students have been pretty reasonable, although they viscerally disagree with me," Whatcott said. "I happen to think I have the truth, therefore I really want to share this with the students."

In the midst of the protest, U of C campus security set up signs near the table warning passersby that graphic images lay ahead.

Whatcott said the CTA paid \$85 for the table, which they booked for the day until 4:30 p.m. from the U of C Students' Union.

SU vice-president operations and finance Branden Cave said the SU apologizes for giving the space to the CTA.

"We had no anticipation this

would be what was displayed," Cave said. "We book Christian groups in the tables quite frequently. We didn't know those images would be displayed and we're very sorry for that."

Whatcott is currently in a \$104-million lawsuit after attending the Toronto Gay Pride Parade dressed as a zombie. He also lost a recent Supreme Court of Canada lawsuit over his distribution of anti-LGBTQ flyers in Saskatchewan in the early 2000s.

In response to the incident, the Q Centre posted a statement on their Facebook page informing students there is an alternative route to the centre through a side stairwell if they wished to avoid the area.

## STUDENT SERVICES »

## U of C cancels subscription to RefWorks

Nikayla Goddard  
Gauntlet News

The University of Calgary's Libraries and Cultural Resources department has decided to cancel its subscription to RefWorks, a citation generator and bibliography software tool used by many U of C students and faculty.

According to Libraries and Cultural Resources, the subscription to the program will be cancelled due to both rising prices and the availability of other options. The U of C will officially cut off access to RefWorks by the end of 2016.

"The University of Calgary is ending its subscription to RefWorks on Dec. 31, 2016. If you wish to retain

your records you will need to export your citations to another bibliographic software tool prior to that date," an Oct. 6 statement from the U of C libraries' website reads. "The recommended date for completion of your export is Dec. 1."

RefWorks allows users to drag and drop citations directly into essays while keeping them stored online in a personal database. Monitoring statistics show the program is primarily used by students in the social sciences, followed by medicine and science students.

According to U of C vice-provost Libraries and Cultural Resources Tom Hickerson, the main reason for cancelling the RefWorks subscription is the software's expo-

stantial rise in cost and the decreasing value of the Canadian dollar.

Hickerson said the price of RefWorks has increased 87 per cent in the last eight years — more than 10 per cent a year.

"We first bought RefWorks in 2008 and the cost in Canadian dollars was \$14,000," Hickerson said. "The cost eight years later [is] \$26,000 in Canadian dollars. No business [should get] to go around and charge 10 per cent more every year."

Hickerson added that the U of C's libraries have gotten extra support from the provost's office in an attempt to alleviate the symptoms of the failing Canadian dollar, which has dropped as much as 20 per cent in its purchasing value.

Before deciding to cancel RefWorks, the Libraries and Cultural Resources department also went to the U of C Students' Union to ask for their support.

"We talked to them about this [cancellation] and they chose not to fund it," Hickerson said.

The availability of other packages was the final factor in dropping the service, said Hickerson. He explained that for every 1,000 titles that come in a RefWorks package, only 181 are considered "highly-used" by students.

For students or faculty who currently use RefWorks, the Libraries and Cultural Resources department suggests alternative programs such as Endnote, Mendeley or Zotero instead.





PRINCE AFRIM

## Consultation for U of C Indigenous Strategy begins around Calgary

Saima Asad  
News Assistant

Though it is still in its early stages of development, consultation sessions have begun for the University of Calgary's upcoming Indigenous Strategy.

An Inner City Dialogue was held on Oct. 17 at Fort Calgary where invited individuals offered their suggestions for the strategy. Attendees included indigenous leaders, school teachers and principals.

Chief of the U of C's First Nations Students' Association Tylor Pavlik said the university is looking for student consultation.

"They wanted a student voice on the committee to make sure everything is reflective of what the students want, as well as what the university is asking for," Pavlik said.

Set to launch this spring, the U of C Indigenous Strategy is currently focused on gauging input from various stakeholders. Students, faculty, staff and community members have been invited to sit on the Indigenous Strategy Working Group and submit their input.

"We are still very early on in cre-

ating the strategy, but in essence the Indigenous Strategy aims to create a more inclusive and more accessible campus and it is aimed to make post-secondary education more accessible, specifically towards the indigenous population," Students' Union vice-president student life Patrick Ma said.

Another consultation session will be held on Nov. 4. The On-Campus Stakeholders Dialogue will feature discussion from professors and faculty. Ma said students can get involved as volunteers.

"There are a few opportunities for students to get involved as volunteer recorders during the consultation sessions. They can apply to be recorders if they go to the Native Centre website and register as a general volunteer," Ma said.

Pavlik said the Nov. 4 session should have more input from members of the U of C.

The U of C estimates the Indigenous Strategy will be unveiled this June.

"We're looking to create a solid draft of the document sometime in February and they're going to approximately have the final meeting on April 13," Ma said.

### COPYRIGHT »

# Copyright office looks into use of music on campus

Scott Strasser  
News Editor

The University of Calgary Copyright Office is looking into the use of music at public events on campus to see if it breaches copyright law.

The U of C copyright committee last met on Oct. 5. One of the meeting's discussion items was the need for music licensing on campus.

"Most musical works are protected under copyright and streaming services — like most other music sources that individuals use — [and] are intended for personal use only," U of C provost Dru Marshall said. "In order to play music at public events, a music licence may be required."

While music is played at a variety of events at the U of C, the Faculty of Kinesiology and Active Living will be points of focus for the Copyright Office's investigation. This is due to the widespread use of music at Dinos games, the Fitness Centre and aerobics or dance classes in the kinesiology complex.

"The university is continuing to monitor that campus music licensing practices are compliant with copyright legislation," Marshall said. "This may include seeking appropriate music licensing for any recorded or live music played on campus that is not directly related to course curricula."

According to Students' Union vice-president Alicia Lunz, who sits on the university's copyright committee, the U of C may have to pay retroactive Society of Composers, Authors and Music Publishers of Canada (SOCAN) fees or Re:Sound fees for the Kinesiology faculty's use of music.

SOCAN is an annual music licens-



Music is often played at U of C sporting events. JUSTIN QUAINANCE

represent recording artists and record companies, whereas SOCAN represents songwriters and the authors of a song." Marshall said the U of C Copyright Office will look into if SOCAN or Re:Sound fees will need to be paid retroactively.

"We're continuing to monitor our procedures with a view to ensuring that music licenses are being paid where appropriate," Marshall said. "The Copyright Office can work with you to ensure you have the right licence for your venue and event, which may include royalty-free music."

The Faculty of Kinesiology provided the following statement on the matter:

"The Faculty of Kinesiology is working with the provost and Copyright Office to ensure our units are compliant with copyright legislation and that we have the right licence for our venues

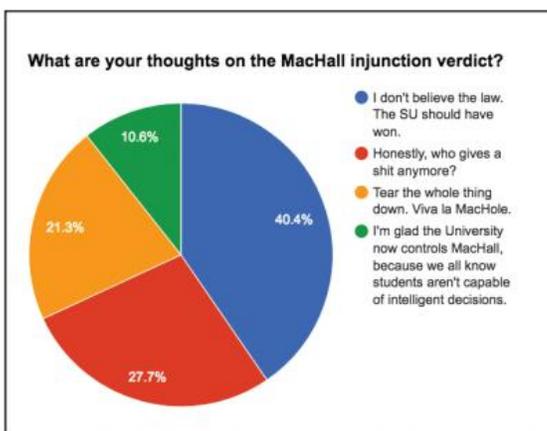
ing fee that allows a business or organization to play music without obtaining permission from the music publisher. Similarly, Re:Sound is a music licensing company that aims to obtain compensation for artists and record companies for their performance rights.

"Right now [the university] is waiting for Active Living to poll the numbers of people who attend aerobics classes and Dinos games, [to see] the most cost-effective way of going around Kinesiology and paying the fees for SOCAN and Re:Sound," Lunz said.

Re:Sound director of licensing Martin Gangnier says the fees are a way to compensate and give credit to the creator of a piece of music.

"If you use a piece of music, no matter the context, whether it be a Dinos game, a fitness event or a nightclub, if you are using recorded music, you have to pay both SOCAN and Re:Sound fees," he said. "We

### POLL RESULTS »



Check out our latest online poll at [www.thegauntlet.ca](http://www.thegauntlet.ca)

**Follow us on Snapchat!**

**Scan the code or search:**

**@GauntletUofC**



## MENTAL HEALTH »

# Annual Outrun the Stigma event raises \$19,662

Scott Strasser  
News Editor

The not-for-profit organization Outrun the Stigma (OTS) raised over \$19,000 for the Calgary Distress Centre with their fourth annual walk/run at the University of Calgary on Oct. 16.

OTS was created in 2013 by the U of C's Distress Centre on Campus club and the Mental Health Awareness club. The student-led organization holds an annual walk/run on the U of C campus every October to raise awareness of mental health issues.

This year marked the first run after OTS became a certified non-profit organization in May. The event raised \$19,662 — over \$3,000 more than the group's original \$16,000 target.

"We're just absolutely ecstatic," OTS co-coordinator Jenna Dobry said after the event. "I was blown away when I saw it. I'm so excited to give that to the Distress Centre, because they really do deserve it and need it for all those services they provide."



STEPHAN KIM

According to OTS organizers, 266 people participated in the run this year.

Prior to this year's event, OTS had raised around \$24,000 for the Calgary Distress Centre since their first run in 2013.

OTS co-coordinator Amanda Lee said participants took it upon themselves this year to increase fundraising initiatives and raise

awareness of the run. "If [people] couldn't make it to the run, they would still encourage friends and family to donate. It was really amazing to see the support we got for [the] Distress Centre because they really do provide a lot of essential services,"

Lee said.

The annual event also includes a Mental Health Expo. This year, 19 local organizations and charities in the mental health field set up booths to advertise their services, including the Calgary Counselling Centre, Organization for

Bipolar Affective Disorder and the Students' Union Wellness Centre.

"The expo is one of the very important things we do as a run. We have these organizations here to talk about their services and really educate people," Dobry said.

The event also included musical performances and guest speeches from U of C manager of Student Leadership Development Gareth McVicar and fifth-year psychology student Clare Hickie. The pair shared their personal stories regarding mental health.

Lee said story-sharing has become an important part of OTS' operations.

"We really hope to spark conversations about why we're here and what mental health really means to us," she said.

One of the run's participants was U of C alumnus Tom Hardy, who has attended every OTS run since 2013.

"Stigma is always going to be present," he said. "But if everybody works towards it, they can beat it."

According to Dobry, 266 people participated in the run this year.

## Respiratory Therapy

*A passion for technology ...  
...compassionate patient care*



College and Association  
of Respiratory Therapists  
of Alberta

www.carta.ca



CANADIAN SOCIETY OF RESPIRATORY THERAPISTS  
SOCIÉTÉ CANADIENNE DES THÉRAPEUTES RESPIRATOIRES

www.csrtr.com

## BRIEFS

### Students' Union urges students to support MacHall businesses

With the recent failure of their injunction application to retain management of MacHall, the University of Calgary Students' Union is urging students to continue supporting SU businesses in the building.

"If students want to make sure their money is still going towards programs and services we provide, that's where the Stör, La Taquería and the Den really play a big part, because all that money goes directly into student programs and services," SU vice-president operations and finance Branden Cave said.

With the loss of control of MacHall, the SU will lose \$1.9 million a year in revenue in the form of rent cheques from third-party tenants in MacHall. The university will now collect that money, which they state will be reallocated to SU programs and used to operate the building.

The U of C said the change in operation of MacHall will not affect students.

"The SU and the university are working collaboratively to ensure that MacHall remains as an important hub on campus for our students, faculty, staff and visitors," reads an Oct. 16 statement from UToday.

### Faculty of Kinesiology honours Brew & Blendz manager Annette

On Oct. 18, the University of Calgary Faculty of Kinesiology held a tribute for Brew & Blendz manager Annette Schmirler, who passed away on Oct. 14 at the age of 52.

Schmirler managed Brew & Blendz for 10 years. She was well-liked among customers for her positive attitude and had a knack for remembering names.

"Annette was a fixture in kinesiology for nearly a decade, with a distinctive, infectious laugh that sailed over the din of the students that filled Baron's Court," reads a statement from Brew & Blendz. "She had a great sense of humour, knew virtually every one of her customers by name and was considered a U of C Legend."

"Our deepest sympathies to her husband Brad, daughter Alex and son Stuart. She will be dearly missed."

At the tribute, attendees could drink a cup of Westcoast dark roast, which co-workers said was Schmirler's favourite.

Funeral services will be held at McInnis & Holloway Funeral Parlour on Oct. 21 at 2:00 p.m.

According to Schmirler's obituary, a tree will be planted in her memory at Fish Creek Provincial Park.



# Trump hat leads to fight in MacHall food court

Scott Strasser  
News Editor

For the second time this semester, a baseball hat showing support for United States presidential candidate Donald Trump has caused a stir at a Calgary post-secondary institution — this time at the University of Calgary.

In mid-September, a video capturing a squabble between Mount Royal University students over a “Make America Great Again” hat went viral. In that video, MRU student Zoe Slusar confronted fellow student Matt Linder about his baseball cap, accusing Linder of spreading hate speech by donning the cap.

Now, just a month later, Calgary Police Services are investigating a politically-charged fight over another “Make America Great Again” hat that took place at the U of C on Oct. 14.

U of C campus security and CPS both confirmed that a fist-fight between two males — one of them a U of C student — broke out in the MacHall food court on Oct. 14 around 6:30 p.m.

“The two people who got in



Calgary Police Services say both participants in the scrap claim the fight have differing versions of events at this point on who instigated, so it's an active investigation we're still pursuing,” CPS district three sergeant Clayton Martin said. “Right now we're trying to determine who the instigator of this incident was, as each party is claiming the other is the one who started the fight.”

While the scrap started after

comments were made about the hat, both participants share differing accounts of what happened afterwards.

Martin said CPS will work with U of C campus security to examine closed-circuit television footage of the altercation, though footage of the incident is partially blocked by a pole in the food court.

“We've obtained a copy of the



video, but I don't know yet what the quality of that video is or if it shows the incident very well,” he said.

Though both parties were treated at the scene, Martin said neither person was seriously injured or hospitalized.

“The person not wearing the hat appears to have suffered two bite marks and possibly a cut lip,”

COURTESY GAGE SKIDMORE (LEFT) AND MELANIE WOODS (RIGHT)

Martin said. “It doesn't appear there were any injuries noted on the person wearing the hat. That doesn't mean some may not have come up until the next day. Sometimes it takes a little bit for people to bruise.”

According to Martin, no arrests were made on either side following the fight. Both men agreed they want to move past the incident.

## STUDY SPACE »

### Science faculty regains study space in Science B

Scott Strasser  
News Editor

After 21 months of occupation by engineering tutorials, two study spaces in the hallway connecting Science B and Earth Sciences once again belong to science students.

The Faculty of Science gave the two spaces to the Schulich School of Engineering in February 2015 due to ongoing renovations of the University of Calgary's engineering complex.

Before they were given to engineering, the spaces were upgraded with new chairs, tables and glass partitions separating them from the hallway.

Some science students reported being encouraged by the spaces' upgrades in 2015, until they realized they were made to accommodate engineering students.

“[Science students] weren't very happy about it,” Students' Union science representative Zach Risdon said. “The general feel of it was ‘why do we have to give our space to engineering students?’”

While the spaces were occupied by engineering, the Devon Academic Resource Centre hosted tutoring sessions there.

“If you set foot in the space, the tutors from the Devon Resource Centre would tell you to get out. They'd say you couldn't be in there. It was a little frustrating for science students,” Risdon said.

Now that they have the spaces back, the Faculty of Science will decide what to do with them. Risdon said if the glass partitions remain, the faculty could set up a booking system similar to those used in the Taylor Family Digital Library or the EEEL building. They could also remain as open study spaces.

“We still have those two glass partitions that are there to isolate noise. We're trying to decide if we should keep those two, keep one or get rid of them both and have it as open study spaces,” Risdon said.

Renovations to the U of C's engineering complex are still ongoing, but much of the building is now accessible. The complex, which will be named the Canadian Natural Resources Limited Engineering Complex, will officially open next month. The building has been undergoing renovations since 2014.

Devon Academic Resource Centre tutoring sessions now take place in Engineering G 207.

## STUDENT SERVICES »

### U of C to soon replace Degree Navigator with new program

Josh Harkema  
Gauntlet News

The University of Calgary registrar's office will soon phase out Degree Navigator, replacing it with a software program called Academic Advisement.

Like Degree Navigator, Academic Advisement is a software module that tracks a student's degree progress.

U of C registrar Angelique Sawezcko said there are many benefits to replacing Degree Navigator. The main advantage of Academic Advisement will be its direct integration with PeopleSoft, the U of C's online management system. She said the university already licenses Academic Advisement.

“The reason we're doing this [upgrade] is the risk, the cost savings and [Academic Advisement] has better functionality,” she said. “It can be built right into the student centre. Advisors can support students with their course planning [and] there are better support mechanisms in place.”

According to Sawezcko, the phase-out of Degree Navigator will start with the Faculty of Nursing, as it's a very structured program. Following that, one yet-



The U of C used Degree Navigator for 10 years.

JUSTIN QUAINANCE

to-be-chosen major in both the Faculty of Arts and the Faculty of Science will incorporate the new module.

Sawezcko said Academic Advisement needs to be implemented in stages because of the number of programs available at the university.

“Our plan is to have most of the direct entry programs implemented for late fall of 2017 and all the other programs by the end of 2018,” she said.

Students' Union vice-president academic Alicia Lunz supports the replacement of Degree Navigator.

“There have been a lot of complaints over the last couple of years from people going by [the information on] Degree Navigator

and it not fully updating,” Lunz said. “Then, when they apply to graduate, they can't because they don't have all their course requirements completed.”

According to Sawezcko, Degree Navigator is no longer supported, so it's at risk of not working in the future. She also said Academic Advisement should work better for students doing double degrees.

“Right now double degrees are not supported in Degree Navigator. With Academic Advisement students can actually look at those joint programs together,” she said.

The U of C has used Degree Navigator for 10 years. Though there are six versions of the software, the university currently uses the fourth.



## RESEARCH »

# Federal government announces competition for 11 Canada Excellence Research Chairs

Scott Strasser  
News Editor

Eleven new Canada Excellence Research Chair (CERC) positions are up for grabs and the University of Calgary plans to apply.

Federal Minister of Science Kirsty Duncan announced a new competition for CERCs that Canadian universities can apply for. The announcement came at an official ceremony at the U of C on Oct. 12.

CERCs are senior professorships granted to internationally renowned scientists in their respective fields. The goal of the CERC program — which awards scientists and their teams up to \$10 million over seven years — is to bring the best scientific talent to Canadian universities.

"This is about attracting the best and brightest to Canada," Duncan said at the launch. "That's why we have these research programs. It's about building a research hub in Canada, it's about training the next generation of scholars and it's about building



Minister of Science Kirsty Duncan announced the CERC competition at the U of C.

SCOTT STRASSER

partnerships." While there are currently 27 CERCs at 17 universities across Canada, only one is held by a woman. Luda Diatchenko at McGill University is the Chairholder for Human Pain Genetics.

In a bid to increase diversity, the new competition will include equity criteria for applicants.

According to the Canadian government, universities that apply for the new Chairs will need to prove they have a "detailed equity plan and recruitment strategy to promote the participation of women and other underrepresented groups."

Duncan said the new competition will address the CERC pro-

gram's current gender imbalance.

"When you add women to science, when you add diversity, you change the conversation," Duncan said. "We're incredibly proud of the 27 CERCs we have. However, only one is a woman."

The U of C currently has one CERC — Schulich School of Engineering professor Steven Bryant

— who is the Chairholder in Materials Engineering for Unconventional Oil Reservoirs.

Bryant arrived at the U of C in 2014. Since then, he has led a team of researchers devoted to finding new ways to use nanoscale technology to improve in-situ oil recovery in the oilsands.

"Once you have a CERC, you are obviously doing world class research and you're attracting world class talent," U of C president Elizabeth Cannon said. "Having people like Steven Bryant and being successful in [Canada First Research Excellence Fund] competitions is absolutely what we need to be doing."

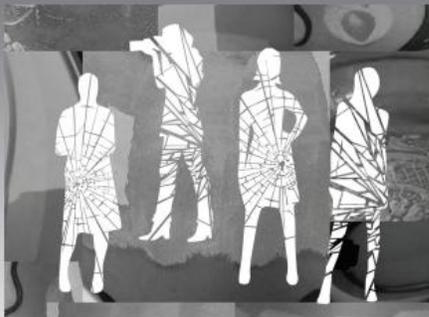
Cannon said the U of C will "absolutely" apply for the new CERCs. She said the U of C can submit a maximum of two nominations.

"We'll be aligning our nominations with our priority areas. We'll be looking at those and there will be an internal process to determine which nominations we'll put forward," Cannon said.

The CERC program launched in 2008. The first cohort of Chairholders was announced in 2010.

Don't miss live drama and music performances,  
this month at the **School of Creative and Performing Arts.**

Visit [sca.ualgary.ca](http://sca.ualgary.ca) to find out more about **special pricing for UCalgary students and employees.**



## Splendour

Explosions in the distance, gradually nearing... Four women await the return of the dictator to the palace, the fragments of their lives pieced into the mosaic of history.

In this award-winning contemporary play, "Abi Morgan's writing brilliantly encompasses both the cruel veneer of our lives and the beating heart within" (*OffWestEnd.com*). "Gripping" (four stars, *The Guardian*).

Oct. 28 - Nov. 5 in the University Theatre



## The Sonorous Saxophone

Jeremy Brown will perform within a chamber group, as a solo artist and with electronics, in a program that includes the world premiere of new works for saxophone, by Canadian composers Brent Lee and Robert Lemay, who will be in attendance.

With Laura Reid (violin); Ginaetta Baril (harp); Morag Northey (cello); Mary Sullivan (flute); Stan Climie (Bb clarinet); Sandra Joy Friesen (piano); Lana Henschell (piano); and Ralph Maier (guitar).

Oct. 29 at 8 p.m. in the Eckhardt-Gramatté Hall



## short form

Should anybody be able to book a table in MacHall?



"Everyone should have equal opportunity to book tables."

– Krista Chung,  
first-year biological sciences



"Within reason. Promoting hate shouldn't be allowed."

– Jordan Bolay,  
third-year graduate studies



"Anyone who isn't controversial should be allowed."

– Jeffrey Jen,  
third-year engineering



"Yes, as long as they're respectful to everyone on campus."

– Morountodun Okedarg,  
third-year drama

Photos: Stephan Kim  
Interviews: Jacob Huffman

### EDITORIAL »

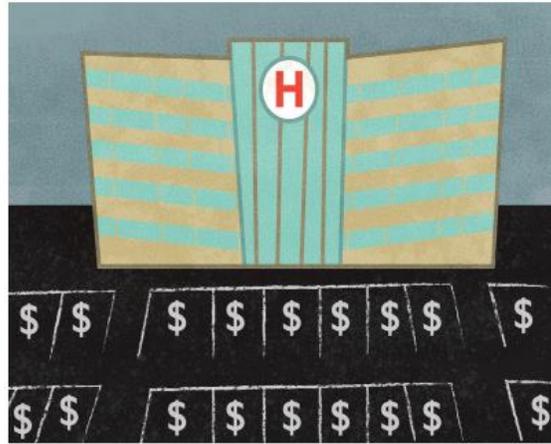
# Hospital parking fees a burden

Last month, high hospital parking fees garnered national attention when a cancer patient in Winnipeg created a petition and sprayed foam in parking meters in protest. The act spurred a necessary debate across Canada about the accessibility of our health care services.

The discontent with hospital parking fees has spread to Calgary, with the Winnipeg patient's petition boasting over 4,000 signatures. Unfortunately, the Alberta New Democratic government responded on Oct. 12 that the province cannot afford to put money into subsidizing the cost of parking.

In 2014–15, Alberta Health Services received \$75 million in revenue from parking fees, of which \$28 million was used to cover operating costs. Gouging excessive revenue out of people in a vulnerable state — sick, injured, elderly or in other need of medical attention — is not an action our government should consider acceptable. Accessible health care is highly valued in Canada and our government's policies should reflect that.

Though providing health care falls under provincial jurisdiction, the Canada Health Act states that "the primary objective of Canadian health care policy is to protect, promote and restore the physical and mental well-being of residents of Canada and to facilitate reasonable access to health services without financial or other barriers." Provinces are not required to follow the Canada Health Act, but the Alberta Health Act states that the province is "committed to the principles of the Canada Health Act."



SAMANTHA LUCY

Hospital parking prices can impose a significant financial barrier to individuals in accessing our health care services. In Calgary, a half-hour of parking will cost you \$2.25, with daily rates capped at \$14.25 or \$2,600 depending on the facility. To those already under financial stress from the associated costs of an ailment, these fees pose unnecessary stress on patients and their loved ones.

Not only is our province going against its own legislation, but it is undermining the importance that we as Canadians put on socialized medicine. A poll by Nanos Research shows that 86.2 per cent of respondents support or somewhat support public solutions to health care.

AHS does provide compassionate parking — parking free of charge — to "patients and families in the cases of financial hardship." But what is considered financial hardship is not

specified. Additionally, if an individual and their family is currently going through a traumatic medical event, the last thing someone needs is to jump through the hoops required to get this "compassionate parking."

The University of Calgary is in an interesting position regarding this issue. Our connections to both the Foothills Medical Centre and the Alberta Children's Hospital through our research and medical programs as well as location may provide some leverage in advocating for reduced prices. Though it probably shouldn't be an objective of the U of C to have a blatant response to the issue, the interconnection between our public institutions make our involvement difficult to separate.

As students, unless we have visited someone in hospital or have had an experience requiring hospitalization, our connection with health services

is generally limited. Our youth provides us good health, allowing us to remain unaware of the financial and emotional strain that health issues can inflict. Still, it is important we remain advocates for the universality of our health care system that is so deeply entrenched in our society, be that through signing a petition, writing to your Member of Legislative Assembly or simply remaining active in the debate.

As someone who spent a considerable amount of time navigating through health care systems as a child, the high parking prices in Calgary always warranted comments from my parents. I used to travel to San Antonio, Texas for medical procedures and parking was \$10.00 for a whole week. Here, \$10.00 would get you about 4.5 hours. This discrepancy is inconceivable.

Yes, our province is currently experiencing financial woes. Yes, reducing or eliminating the cost of parking for patients would increase the demand our health care system puts on our provincial coffers. But it is the responsibility of our provincial government to make healthcare accessible to all and that means lowering parking prices.

The absurdity of charging individuals requiring medical service — possibly in their most vulnerable condition — more than what is required for covering operating costs is not something our government should make excuses for.

Derek Baker  
Gauntlet Editorial Board

### CAMPUS LIFE »

# Study drugs not a long term solution

Simran Kaler  
Gauntlet Opinions

With midterms underway, many students are hiding under their beds or spending all hours of the day at TFDL, coffee in hand. If there was a magic potion to make you smarter or improve your concentration for extended periods of time, who wouldn't line up to take it? But when this solution could leave you with severe side effects and a potential lifelong addiction, it might not be so magical after all.

According to a study by Partnership for Drug-Free Kids, more than one in 20 college students misuse prescriptions intended to treat Attention Deficit Disorder and Attention Deficit/Hyperactivity Disorder

such as Adderall. Students describe the effects of these drugs as "just want[ing] to focus on the task that is in front of them," "tunnel-vision" and intense concentration. These are obviously desirable result when you're panicking over finals. But just because these drugs can be obtained from a doctor does not make them safe.

University no longer merely requires maintaining a certain GPA but also volunteer experience, jobs, clubs, sports teams and much more. Even at the U of C, whenever we hear "co-curricular record" we have the impulse to speed up and learn more about becoming extra attractive to potential employers.

We are bombarded with stress at all hours because we have reached a point where students are com-

elled to be the best, as merely getting a post-secondary degree does not guarantee a job.

Many students turn to study drugs to meet these demands.

Campus becomes a tense and pressure-filled environment. Prices for these pills skyrocket as students become increasingly desperate for help.

Students shrug off potential risks like non-academic misconduct because these drugs are quite socially acceptable when used for academic purposes. The stigma attached to marijuana and cocaine just doesn't seem to apply to misusing ADHD/ADD drugs.

But the main problem with taking study drugs to deal with stress is that it doesn't stop. If you need the drugs to get you through law

school, how are you going to get through the long hours as a lawyer? To those using the drugs, it is just a means to an end. They're thinking, "just to get me through this paper. Just until finals are over." But this mindset is dangerous.

The solution isn't clear, but one thing is — these pills are not the answer. Working for 14 hours straight on Adderall is not a time-management skill and the pressure of school only translates to pressure of the job after graduation.

These drugs avoid a solution — the work hard, play hard culture we promote as the norm will cast its effects sooner or later. While it may be easy to condemn students who take these drugs, a far more constructive solution is to look at the culture that promotes it.



SOCIAL JUSTICE CLERIC »

# Anti-LGBTQ incident shows need for responsibility in maintaining safe spaces

Melanie Woods  
Gauntlet Columnist

Christian groups frequently rent tables in MacHall from the Students' Union. They hand out pamphlets on the "joys of Christ" or "what the bible really tells you" or whatever. I usually smile at them but don't engage — they don't bother me, I don't bother them. It's a fair tradeoff.

But last week, members of the Christian Truth Activists (CTA), an evangelical Christian group that advocates against non-heterosexuality and abortion, rented a table from the Students' Union near the Q Centre.

This was not a situation of disengagement. Throughout the day, dozens of students and professors gathered to debate with them. Members of the Queers on Campus club counter-protested with large rainbow flags. Campus security officers hovered nearby. And the crowd grew as several students approached the group.

But despite outrage from students at the graphic pro-life imagery and anti-LGBTQ messages, because the CTA had paid their \$85 fee to the SU and signed a contract, they couldn't be forced to leave until their booking time expired at 4:30 p.m. When time expired, campus security escorted the CTA off campus.

A homophobic, transphobic and graphic pro-life group was able to book a table for hours next to the only designated safe space on campus for the LGBTQ community. That should never happen and is the re-



Students protested the anti-LGBTQ group's displays in MacHall. sult of huge oversight on the SU's part in not vetting who they rent tables to.

The CTA and the group's leader Bill Whatcott have a history of legal controversy. Whatcott is currently facing a \$104-million lawsuit for handing out homophobic materials at Toronto Pride. And a few years ago he was tried by the Supreme Court for distributing flyers to Saskatchewan homes arguing to "keep homosexuality out of Saskatchewan schools." A quick Google search would've shown all of that.

Instead, someone probably just assumed the CTA was one of the harmless Christian groups that often book on campus. But when you're renting a table next to a des-

ignated safe space, assumption isn't enough.

The Q Centre is a facility and service developed with the intention of creating a safe place for LGBTQ people on the U of C campus. In a world that doesn't always accept you or your identity, having that safe space is invaluable. And having access to that safe space is equally important.

The CTA table impeded access to the Q Centre, forcing the centre and SU to release a statement including an alternate route through a back entrance emergency exit stairwell. But it's 2016. I sure hope the LGBTQ community still doesn't have to only use the back entrance to feel safe.

The SU and university were right to set up alternate routes, warning

signs about the graphic imagery and a large campus security presence. They should be commended for that quick response and sincere apology after the fact. There isn't one specific person or position to blame. But on an institutional level this group should not have been allowed to book this table in the first place.

Sure, the SU and university can't strictly censor every person and item that walks through MacHall. Freedom of speech is a slippery slope and once you take away one group's rights, other's are at risk. As much as the CTA's display was cruel and hurtful, technically under Canadian law — much like the graphic anti-Muslim posters found on campus earlier this month — it didn't

qualify as hate speech, so there were no legal grounds for censoring them.

By promising a safe space on campus, it is the SU and university's responsibility to maintain that safe space — even if it's a little ways outside the Q Centre's doors.

This incident displays the need for stricter policy. The CTA's application for the table explicitly said they were focused on "issues that impact the sanctity of human life, the sanctity of human sexuality and religious freedom." That should've set off warning bells.

Instead, a hurtful, harmful group invaded a safe space on campus. This should be a learning experience for the SU — and the U of C, as with the failed injunction verdict they now operate the building, including table bookings.

"The University of Calgary is committed to creating a safe and respectful campus for all students, faculty, staff and visitors," U of C president Elizabeth Cannon said following the discovery of over 40 graphic anti-Muslim posters on campus earlier this month.

If the SU and university are committed to creating that safe and respectful campus, something like the CTA incident should never happen again. And it honestly probably won't. Everyone seems to agree the SU messed up here and any future policy will hopefully reflect that.

A stricter booking policy won't only protect our LGBTQ community on campus, but promote a safer, more respectful environment as a whole. That's a win for everyone.

JUSTIN QUAINANCE

LETTER TO THE EDITOR »

## Quality Money in need of reform for fair representation

RE: Students' Union passes identical version of previously rejected Quality Money proposals

The Quality Money committee is one of the most powerful Students' Union committees for undergraduate students, which directly "aims to enhance student experience" through an approximate \$1.6 million fund. This month, Students' Legislative Council voted to keep QM project funding to seek final approval from SLC. Though this is a step in the right direction, if neither party is provided with enough information or proper conventions for voting and debating fairly on projects, this check will not be effective — as it wasn't last year.

Last April, many projects or initiatives picked by QM for funding were initially rejected by SLC. The premise for this was that many projects picked did not seem to be feasible or

appropriate for the amount of funding provided and the quality of these picks would not be effective for enhancing student life.

As someone who served on QM last year as a student-at-large, this was both frustrating and confusing for myself and other student representatives who served on the committee. Right after SLC's rejection, an emergency meeting was called for QM where I, along with another representative, were hoping to discuss projects that we had put on the back burner. But instead the rhetoric that SLC does not have the authority to tell QM what to do was emphasized by a strong executive and staff voice and that the committee should not succumb to SLC's pressures and change the funding list.

With classic SU sass, QM intentionally disregarded SLC's request and proposed the exact same list of proj-

ects to SLC. Under the guise that the projects desperately needed to be funded, the funding was approved where otherwise funds would not have been distributed until the following academic year. For myself, this entire scenario could have been prevented and for this to change, reforms to QM and SLC approval voting for committees needs to reflect the requirement of transparency, reaching non-biased consensus and more than anything representing student interests in these decisions.

Before you think I am about to bash the SU, let me stop you — I have the utmost respect for the past and current members of the SU and admire their work to help students. But their voice and specifically the executives should not count for more. I understand they are required to know more because of the nature of their jobs, but having previous

knowledge that no other committee member is privy to should not be the reason to vote for something. In my own experience in QM, debates were specifically centered around executive knowledge and strong opinions whereas listening to all other members was more of a formality.

The committee itself is comprised of five executives, up to three faculty representatives, and two students-at-larges. Increasing the number of students or requirements of a certain number of faculties to be represented would promote diversity in the discussion for projects. Along with this, quorum rules should be changed for both a student-at-large and elected officials to be present along with the standard rule of a minimum three executives. However, having five executives with the absence of other members should not constitute as quorum it-

self. Clear guidelines should be created for student representatives and students-at-larges as to what their role in the committee is — every member has a duty to the students but only the executives are generally cognisant of theirs. If possible "blind voting" should be considered to prevent non-executives from feeling the need to vote only with executive opinion. A more standardized criterion for applications could also allow for a better understanding of what everyone in the committee is saying.

On the other side, SLC should be provided a bit more information on applications just so they know what they're voting for. You can't allow either body to fully do their job without all the information and proper checks in place.

Aisha Sajid  
Fifth-year political science



## COMMENT

**RE: Anti-LGBTQ  
activists in front of Q  
Centre stir up student  
protest**

"Sigh, another "Christian" that is not at all like Christ. I really think he needs to go to that special bonus level of hell that I'm hoping the divine plucked from my brain."

Cody Wolff  
via thegauntlet.ca

"The university is first and foremost, a place for education. How does allowing someone promoting views that a large portion of the students find upsetting and even downright disturbing contribute to a healthy learning environment? It doesn't."

Robyn Pagenkopf  
via thegauntlet.ca

**RE: SU injunction fails,  
university to seize control  
of MacHall**

"I'm here to ask the important questions. How will Bake Chef be affected? I still go back to MacHall to get Bake Chef, 10 years after I graduated."

footsoldiers\_sg  
via Reddit.com

"Then the University is just as bad as the SU. They both view the food court with nothing but naked greed as a source of profiteering and gouging of a captive audience. Totally outrageous."

Bedeoki  
via Reddit.com

## PROVINCIAL POLITICS »

# PC leadership race an opportunity for university student engagement

Tina Shaygan  
Opinions Editor

In the past, a Progressive Conservative government meant nothing good for students. Funding was cut time after time, and with Alberta's tanking economy, it is hard to imagine post-secondary institutions escaping any cost-saving measures if the PCs were still in power.

Only two years ago, the then-PC minister of Innovation and Advanced Education Don Scott introduced market modifiers and advocated for post-secondary institutions to cut programs with low enrollments to save costs. Had market modifiers been implemented, tuition for some programs at the University of Calgary would have been hiked up by 60 per cent.

But since losing the 2015 election, PC members have looked for different ways to save their sinking ship. And with the high stakes of the upcoming leadership race, now is the time to ensure that regardless of which candidate wins, things like the post-secondary funding cuts don't make it onto the PC platform.

The New Democratic Party has done a lot to address post-secondary issues — they implemented a tuition cap, brought back the Summer Temporary Employment Program, rolled back market modifiers and committed \$3.6 million to mental health funding. But there is still room for improvements. No long-term plan for mental health funding is organized yet. And while a tuition freeze is a fine solution, it is not a permanent one.

Post-secondary education won't be the most pressing issue of the next provincial election — frankly, students never are. But with the chaos that is the current state of Alberta politics,



Students protested market modifiers proposed by the PC government in 2014.

LOUIE VILLANUEVA

Students can gain significant ground. And the upcoming PC leadership race is a good place to start.

"We've been trying to let party leaders know that students are going to come out and vote in big numbers and they are a viable voting block," former Students' Union president Levi Nilson said. The SU ran Get Out the Vote Campaigns for both the May 2015 provincial and October 2015 federal elections.

"After the fact polls of the 2015 election showed the NDP would not have gotten elected — or not gotten a majority at least — had it not been for the youth vote, especially amongst university students. It was staggering how much the youth impact mattered for the party that won," Nilson said.

The Wildrose Official Opposition has also taken note of the importance of the student vote.

"We've seen some steps in the right

direction from the Wildrose and we hope that would continue to happen and continue to develop these policies and make sure post secondary is a priority," SU vice-president external Tristan Bray said.

PC leadership candidates have a chance to address post-secondary problems in a way their party hasn't done before.

"It's definitely on our radar, we want to make sure all the candidates have some understanding of post-secondary education in Alberta," Bray said.

Post-secondary is largely a non-partisan issue and advocacy doesn't have to be only through student organizations or movements.

"Elected officials want to hear what regular citizens' opinions are. Getting a meeting with your councillor, Member of Parliament or Member of Legislative Assembly isn't impossible.

Send them letters — they take these things very seriously," Nilson said.

Northwest Calgary ridings are overwhelmingly populated with students and usually highly contested during elections. Write to the PC leadership candidates on what you want to see done and the services important to you. Make it known that students are voting this time.

The history of Alberta politics is interesting — one political party leads a majority government for years, and then is never elected to govern again after losing to another majority government. Remember the Social Credit Party? Neither do I.

This is the historical trend the PC party is facing. And the leadership candidates seem to understand that their party's chances of survival depends on shifting the party's priorities. Let's make sure there is room for student voice in this transition.

## This Week in MacHall

Monday, Oct. 24

### Cinemanía in the Den: Star Trek Beyond

Cinemanía: now in The Den! Great sound system, big screen and comfy couches... the SU presents free movies at 7 p.m. on Monday nights in The Den. This week: Star Trek Beyond.

Friday, Oct. 28

### Pet Therapy

The puppies are back! Join us in That Empty Space on Friday, Oct. 28 from 12 - 1:30 p.m. for some pet therapy with our 4-legged friends from PALS.

Now until Oct. 28

### Nominate your prof or TA for an SU Teaching Excellence Award

Love your prof? Got a terrific TA? Nominations are now open for the SU Teaching Excellence Awards. The fall deadline is Oct. 28 at 4:30 p.m.

Now until Nov. 25

### Share your Bright Idea for SU Quality Money

Do you have a bright idea for a new space, project, or service on campus? Submit your Quality Money proposal by Nov. 25. Need some inspiration? Take a peek at the 150 projects we have funded so far: [www.su.ucalgary.ca/quality](http://www.su.ucalgary.ca/quality)



Complete listing of student events, concerts and more:  
[www.su.ucalgary.ca/events](http://www.su.ucalgary.ca/events)



LOCAL MUSIC »

# Factory Party to feature local bands

Hayden McBennett  
Gauntlet Entertainment

On Oct. 22, veterans and virgins of Calgary's music and arts scene will partake in the ninth installment of their take on Andy Warhol's Factory Party. Organized by Randy Gibson and Aaron Ellard, the event will take place at the Centennial Planetarium. It will feature Calgary bands from all reaches of the city alongside larger art installations as a collaboration between The Factory Party and Contemporary Calgary.

"We wanted to attract a crowd of people who wouldn't typically find themselves at an art event. We knew we needed some sort of scene," Gibson says. "I've always been a big fan of pop art and Warhol specifically so after researching the original factory parties I knew this was a good way to combine party goers with the music scene."

The Factory Party relies heavily on the open-minded approach of the '70s, allowing Calgary's emerging artists to bring a contemporary edge with performances that span across genres.

"One of the things we really admire about that time period is the experimentation — how new and open everything was. We want to embody that type of experience," Gibson says.

Gibson and Ellard have garnered a reputation for bringing together separate spheres of Calgary's movers and shakers.

"There's going to be a very large mix of individuals who would never be in the same room together, that's one of the things that makes me happiest," Gibson says. "That's the biggest pay-off, seeing everyone stary-eyed and connecting over joy."

The Factory Party touts a growing lineup of returning favourites and fresh faces. Bad Animal, Beach Season, Crack Cloud, Double Fuzz, The Famines and Lab Coast are all set to play overlapping performances in different areas of the planetarium.

Zach Choy of Crack Cloud says the diversity of the event is a highlight.

"I think we need a diverse crowd. That's how you introduce people to something that they might not listen to otherwise. It's super important to have an open mind and expose yourself to different things," Choy says.

Andy Warhol's nomadic New York gallery The Factory reigned supreme from the '60s-'80s in all matters of art, opulence, experimentation, music and debauchery.



Beach Season, Lab Coast and The Famines are among the featured bands.

COURTESY BEACH SEASON (TOP), JARRETT EDMUND (BOTTOM LEFT), AND THE FAMINES (BOTTOM RIGHT)

"Some people are there like it's a rock show, some people are there to explore the art — but it's definitely about the open mindedness of the time and the experimentation. The whole point is to do it in excess," Ellard says.

Ben Painter, lead vocalist of Bad Animal, says the band is committed to the blowout while maintaining personal relevance and depth throughout their work.

"[A lot of people] think of us as just a party band, but if you compare our stuff with bands that have a similar style, it's very different. When it comes to songwriting, I write a lot of personal things, a lot of fictional things. I think when you combine that it makes [us] really interesting — not just a stereotypical party band," Painter says.

Similarly, as a member of Crack Cloud — a home-grown, experimental post-punk, art-rock quartet — Choy recognizes the joy of the revelry along with the artistic need for deeper appreciation.

"It's a lot of fun to have people really drunk or messed up vibing to the music, but it's something completely different to have a bunch of sober people really feeling what you're putting out there and connecting to it," Choy says.

This eclectic vibe will translate through the attendance of guests and artists from the previous eight events intermingling with guests who were probably too young to attend the first events.

"Age doesn't really matter, we just want to see everyone have a good time. I think over the years we've seen a lot of different people come and go through this scene and it's different for everyone. Trends will come and go, some good some bad, but that's okay," Biesinger says. "Life is hard so if something gives a burst of joy then that's alright with us."

Ellard says it was a simple decision to bring back a Calgary cult tradition.

"Calgary needs it. People [here]

are bored. We need to bring some life back into the art scene. There are definitely some great artists and good things happening but we need to work on expanding it," he says.

Though resurrecting a tradition comes with the risk of not living up to expectation, the creators and artists involved enthusiastically squash any doubt about remaining potential.

"We want the people returning to feel that sense of nostalgia and reconnect to some really great memories, but we also want younger people to contribute something that makes it unique. It's going to be a good mix of what Calgary has to offer in terms of contemporary art and there's going to be a throw-back component to it," Ellard says.

Though The Famines aren't new to The Factory Party, band member Drew Demers — a member since 2014 — is.

"I'm really excited. This is going to be my first experience along with a lot of the people attending. I want

to bring a lot of energy. This is one of the very rare performances that we're doing for [us], not for our label or for other bands," Demers says.

Both Ellard and Gibson stress that the event will offer art, music and party lovers a chance to connect in an authentic, unadulterated way. The event will begin at 10:00 p.m.

"Come early, get everything you can out of the night. Embrace the theme — Calgary doesn't provide a lot of opportunities to dress up like this. Stay for the whole time, bring an open mind and experience the most you can," Ellard says.

Online tickets to The Factory Party have sold out, but it's not too late to grab a hard copy for \$30 at Our Daily Brett, Bar Von der Fels, Understudy or the Bridgeland Luke's Drug Mart. Limited tickets will be offered at the door. Proceeds will contribute to funding Contemporary Calgary.

For more information, visit  
contemporarycalgary.com



## DATE NIGHT »

# Rad beats and sweet treats this October

**K**nown for the rolled ice cream trend that is gaining momentum on social media, a date at Sweet Tooth Ice Cream would be the sweetest thing. The restaurant is relatively new to Calgary's culinary scene and is open from 12:00–10:00 p.m. Sundays through Thursdays and noon to midnight Fridays and Saturdays. It's a perfect and cheap way to treat both you and your date.

If music is more the mood, Café Koi will host Hip-Hop Halloween. Come jam out to rad beats and decorate a pumpkin with your date on Oct. 26 at 8:00 p.m. Tickets are \$20 per person and include a beverage.

To those who wish to give into the dark side, there is *One-Man Star Wars Trilogy*. Bring your date to the Pumphouse Theatre to watch Charles Ross tell the classic series in just 60 minutes, reenacting all the famous scenes — including battles — by himself. The show runs Oct. 18–29 and showtimes vary.

Lastly, impress your partner with a glass of wine and painting lessons at the Vin Gogh Paint Studio. Lessons are two-hour artist-guided sessions and patrons are encouraged to be artistic while sipping on a beverage — alcoholic or not — of their choosing. The program invites participants 18 years and older Tuesday to Saturday 5:30 p.m.–10:00 p.m. and is open to children on Saturday from 10:30 a.m.–1:30 p.m.

Nikayla Goddard

## LOCAL SPOTLIGHT »

# The Alley Shadows hope to shake up Calgary's jazz scene with first gig

Gurman Sahota  
Entertainment Assistant

**E**van Cribb, Evan Petkau, Gus Moberg and Ben Put were once known as Gus Moberg and The Alley Shadows before becoming The Alley Shadows over the summer.

The Alley Shadows will play their first show at the Kawa Espresso Bar on 8th Street on Oct. 28.

The jazz band features a variety of backgrounds and international influences. According to the band, they are just a group of guys who make music together.

Band founder and guitarist Moberg evolved the band into a more collaborative experience.

"I just wanted to play, so I put together my own band and we had one gig under the name Gus Moberg and the Alley Shadows," he says. "We didn't do anything until the [Kawa performance] came along with a new drummer and a little bit of a different vibe. We decided it's not just my band anymore so we became just The Alley Shadows."

The band says this way they are more open to collaboration.

"It's a cool opportunity for musicians to just do what they want and [Cribb has] come up with some challenging material," Petkau, the band's drummer says. "We've opened it up so that anyone can bring any music so you're



The band will play their first show at Kawa.

COURTESY THE ALLEY SHADOWS

never sure what to expect."

The atmosphere of the venue plays a part in how the band hopes their performance will affect audiences.

"[Kawa] has created an interesting audience and I think people attend these things [because] they know there will be good music. The customers are expecting music to be there. Their expectations stop [at] what type of music [will be played]," bassist Put says. "You can push the limits of style without worrying about how people will respond."

Although Kawa Espresso Bar is a relatively small venue, the band says it is one of the best places for up-and-coming musicians to play. Moberg says owner Les Jaworski

prioritizes providing good music for his patrons without undermining musicians.

"It is one of the best places in town when it comes to treating musicians well," Moberg says. "They try to pay as much as they can, they never try to screw you over and they want music."

The band's interest in jazz is telling considering the genre isn't often seen in the modern mainstream. While jazz music evolved in the '70s, the band says the expansion of rock music meant that jazz could not compete in popularity with other genres.

"The real reason [jazz] died was this bad attitude instead of just

embracing what is new and saying all this old stuff is important too," Cribb says. "They [rejected] new stuff and jazz became this weird academic thing full of old angry men. That makes it unapproachable. If you keep saying the music you listen to is impoverished and [jazz] isn't, then why would you go and try to listen to it?"

While taking influence from bands like Queen, The Alley Shadows attempt to be versatile in types of music they play.

"As long as you do it convincingly, you can get away with it. As long as you have an idea of sound, you can basically do whatever and still sound like you," Moberg says.

The band plays original music, but occasionally punctuates rehearsals with covers. While the setlist for Kawa is not determined yet, the band has brought in new music to experiment with in rehearsals. Future endeavours for The Alley Shadows may include EPs or even a full-length studio album.

Taking into account weekly rehearsals and the busy schedules of the group, The Alley Shadows have realistic hopes for the progression of the band.

"[We want to] make it as big as we can with the time that we have," Moberg says.

Their gig will take place at Kawa Espresso Bar on Oct. 28. Admission is free.

## LOCAL THEATRE »

# One-man show *BOOM* a treat for parents, millennials

Jake Robinson  
Gauntlet Entertainment

**A**round the third or fourth time your dad paws ineffectively at your laptop as you gently explain to him it isn't a touch screen, you're not wrong for having a common thought — maybe baby boomers would be better off in a nice comfy grave where there's no bitcoin or Uber to scare or confuse them.

So it's good that, every once in a while, a play like *BOOM* comes along. Conceived by writer, director and sole performer Rick Miller, *BOOM* was born at the High Performance Rodeo two years ago.

Miller takes the stage in a series of stories that span 25 years. He inhabits a variety of characters and nails impressions of historical figures — his Nixon/Kennedy debate is one for the ages. He also belts out the signature songs that form the soundtrack of baby boomers.

The play opens with interviews

between Miller on stage and video of actual boomers whose lives he's cannibalized to make this story. It's not until the third interview I realized the video was mute. Miller's voice carries both sides of every conversation without missing a beat.

The most jarring moments of the play are when Miller speaks in his own voice — not because he screws it up, but because it reminds you a single man is the driving engine behind the whole thing.

On stage, Miller is a chameleon on speed. He flips from Bugs Bunny to Winston Churchill to Bob Dylan without missing a beat.

*BOOM* takes the audience through the iconic moments of history and pays the price for it — iconic means predictable. While he perfectly renders the Who's "My Generation" or Elvis' "Hound Dog," the awe you feel is tempered by the inevitability of it all. Of course he was going to sing "My Generation." How could he not?

For even a casual student of history,

the ups and downs of the Cold War aren't a highlight. It's hard to get really fired up about Kennedy's presidency when you know exactly how it ends.

But *BOOM*'s merit doesn't lie in its ability to teach history. The moments that matter are the simple human ones — the tug of war between winning your parents' approval and being your own person or the goofy romantic gestures we use to win hearts. *BOOM*'s core message is one of the cyclical nature of history — the eternal struggle of growing up and making a place for yourself.

In that way this play might be better for millennials than boomers because it's about being young in a world that changes faster than you and forces you to sprint to keep up.

I went with my parents and walked out liking it more than them.

If you're looking for a feel-good piece you can clap and sing along to, save your money. *BOOM* isn't a white-washed revisionist look at a slice of history. JFK doesn't beat up communism one-handed then ride a wave of eco-



The show is a one-man musical performance

COURTESY DAVID LECLERC

nomie prosperity straight to the moon. Draft cards drive young men from their homes. Men of peace are snuffed out by pieces of lead.

*BOOM* is a testament to the range of Miller — three powerful stories and some creative staging.

Don't take your parents to *BOOM* because they're old. Don't take them because it'll be nostalgic. Take them because it's good. And take yourself be-

cause you might get some insight into your folks and end up wanting to keep them out of that grave a little longer. After all, they've already been through a lot.

*BOOM* will play at Theatre Calgary until Oct. 29. Tickets are available online and start at \$35.

For more information, visit [theatrecalgary.com](http://theatrecalgary.com)



## DANCE »

# Dracula is a ballet to sink your teeth into

Gurman Sahota  
Entertainment Assistant

Alberta Ballet will commemorate its 50th anniversary with the horror classic *Dracula*. Choreographed by Sir Ben Stevenson, the show will play in Calgary from Oct. 27–29 and Edmonton from Nov. 4–5.

"If someone wants to discover classical ballet it's a great way to be introduced because it is not a complex story. Of course it is one of the most famous horror stories of all time," Alberta Ballet artistic director Jean Grand-Maitre says. "It is respectful of the original story — it doesn't try to reinvent the classic."

Two years ago, Alberta Ballet added an additional performance to each show's routine run for a total of six performances divided between Calgary and Edmonton. *Dracula* will have four performances in Calgary, including a double feature on Saturday.

The production took six weeks of rehearsals — nearly 700 hours — to prepare. With massive sets and fly-



*Dracula* will appear on stage donning a 23-foot long cape to wow audiences.

COURTESY STEVEN VISNEAU

ing vampires, Grand-Maitre emphasizes the majesty of the performance.

"It is like putting on a Broadway show in a tenth of the time they have," he says. "We have to be quick with two days on stage [before opening night] and we have to put in 400–500 scenic elements together in record time."

The tone of the performance will

be eerie as dancers hone the haunting energy that follows *Dracula*.

"[It is] almost operatic in stature," Grand-Maitre says. "[The dancers] actually try to inhabit the characters of the undead, even in the body language. It's all quite developed."

Alberta Ballet has come a long way from its humble creation in Edmonton and is now interna-

tionally renowned. Performing classical productions and hosting a variety of dancers helped strengthen the importance of the establishment. Grand-Maitre says Alberta Ballet would not be able to survive without community support.

"Art is all about a love affair between the audience and the art. You have to keep very close con-

nections that way so it becomes a passionate and wonderful adventure for us all," Grand-Maitre says. "I always try to remember what it will do for the dancers, for the audience [and] for the art."

Grand-Maitre says that desire for new material was key in choosing *Dracula* to open the 50th anniversary season.

"Our fans are always eager to see new ballets. New work really excites them and we wanted to launch our 50th with a major ballet that we haven't done yet," he says. "*Dracula* was the one [and] it also perfectly coincides with the dates where we could do it on Halloween."

Grand-Maitre hopes the show will serve as a reminder of the beauty of life and an inspiration to audiences in both cities.

"I hope we inspire people and change people with every show. It is a big responsibility on artists, especially right now. I just hope people will come and be extremely entertained," he says.

For more information, visit  
albertaballet50.com

## NEW MUSIC »



Green Day  
*Revolution Radio*  
October 7, 2016 (Reprise Records)

With the arrival of their twelfth studio album *Revolution Radio*, Green Day returns to the commercially successful roots of *American Idiot*.

Released four years after the band's

clever trio of albums *¡Uno!*, *¡Dos!* and *¡Tré!*, it is difficult to assess the new album without being reminded of Green Day's discography. *Revolution Radio* reassures fans that the band has not strayed from their niche sound of scratchy vocals, glorious bass undercurrents and fun drumming.

Opening track "Starting Now" eases listeners with the classic Green Day sound of fast-paced guitar riffs peppered with drums. "Bang Bang" is a drum indulgent track that will remind fans of the band of previous albums. That isn't to say Green Day sticking to their classic sound is a bad thing — it's comforting to know that not a whole lot has changed.

The album continues as an homage to prior releases until its second half with tracks such as "Troubled Times"

and "Too Dumb to Die." Each song attempts to move beyond reminiscing about previous albums. "Troubled Times" is infectious as guitar riffs hit a more sombre tone and drums fade to reveal raw vocals before coming back to punctuate the chorus.

"Ordinary World" ends the album in the same way that stretching ends a workout. It's a singular track stripped of Green Day's heavy instrumentals. The vocals are simply accentuated and the album ends quietly. This final track is a foil to the rest of the songs that were laden with dense guitars and cheeky vocals.

The album is a lighter version of *American Idiot* in terms of guitar riffs and content and is a good starting point for new listeners.

Gurman Sahota

their previous work. Although the timing of the beachy release feels strange while we all settle into the beginning of winter, it will still resonate with long-time listeners of the group.

The band known for "Sex on Fire" and "Use Somebody" returns with a peppy sound that begins on an anthemic tone. Opener "Waste a Moment" is incredibly upbeat and starts the album on a positive note. The track is similar to what you'd expect at the end of a romantic comedy when the main characters finally decide to give up the fight and get married while the camera pans towards the sky to start the credits. While it's a song I've heard a hundred times before, it still comes off as fresh and fun.

The album moves the band farther away from their rock roots with "Around the World," which features

a repetitive chorus and jumpy guitar riffs. While the tracks seem to flow into each other, as the album progresses it shifts toward more pensive listening.

With "Muchacho," the album takes a turn as the simple and rhythm-based track slows it to a halt. The tracks following continue this pattern of slower and more in-depth music.

The title track is an entirely different moment of self-reflection. While literally speaking of "walls coming down," the track settles any upbeat vibes from the opening few tracks down to earth. It's a soothing track that ends the album on a peaceful and melancholy note.

The 10 tracks of *WALLS* move through an audible journey from fun to heartbreak to somber reflection. The album feels entirely complete.

Rachel Woodward

Kings of Leon  
*WALLS*  
October 14, 2016 (RCA Records)

Kings of Leon returned to the airwaves this month with their seventh studio album *WALLS*. The album plays to the familiar Kings of Leon sound while also showing some new emotionally intimate aspects not seen in

## CAMPUS STYLE »



JUSTIN QUAINANCE

Helga Packeviciute's perfectly paired ensemble ushers in the cold winter months. The fifth-year urban studies student pairs an oversized knit scarf with a vintage Etsy tweed trench coat for a cozy, streamlined look. Hints of an Ariztia leather jacket protrude from Packeviciute's coat, combined with stonewashed Primitive Culture jeans that are essential for fall. Gravitypop combat boots balance out the chunky knits. Heavy bangs, blonde highlights and natural hair and makeup are at the cutting edge of a winter aesthetic and help pull together this classic look.

Emilie Medland-Marchen



# NōD welcomes submissions for fall issue

Melanie Woods  
Editor-in-Chief

Fancy yourself the next Shakespeare, Atwood or even Bob Dylan? The University of Calgary's student-run literary journal NōD is currently accepting student submissions for their 20th issue.

A Students' Union sanctioned club, NōD is entirely run by volunteer undergraduate students. They publish two issues a year with various themes and focuses.

"NōD is a creative publication on campus — the only creative writing publication," NōD editor-in-chief Amy LeBlanc says. "We publish poetry, prose and artwork from students and non-students to really try and keep the creative atmosphere alive on campus."

LeBlanc says submissions are open to both U of C students and members of the larger community.

"Right now we're getting a lot more non-student work, but I'd really like to get as many student submissions as possible because we are a university publication," she says. "It would be amazing to really showcase the artists we have on campus."

While the most recent issue was unthemed, the theme for issue 20



The organization focuses on providing an outlet for creative writing to U of C and Calgary in general.

will be "Rebirth." LeBlanc says the theme holds special significance to NōD's recent history.

"It sounds cheesy but [this issue is a] rebirth of the magazine because NōD's had a little bit of a tumultuous history over the years," she says. "Just starting fresh with new expectations and new goals and really making sure that we see those through."

LeBlanc says that despite the theme, NōD is open to submissions

of all topics. She says one of the goals of the publication is to unite literary communities within Calgary.

"There's all these different literary communities in the city, they're really incredible and we really want to bring all of those together for students if we can," LeBlanc says.

While university can be a stressful and results-driven experience, LeBlanc says NōD hopes



JUSTIN QUAINANCE

to provide creative reprieve.

"I really think for university students specifically we're in a very driven environment where we have to work hard all of the time and kind of just put your head down and go [and] I think creative writing and artwork like we're trying to publish can be a bit of a reprieve from that," LeBlanc says. "That even if you flip open an issue and just take a couple

minutes off from studying, then that's absolutely worth it."

Students can submit creative prose, poetry and artwork to NōD via email at [nodmagazine@gmail.com](mailto:nodmagazine@gmail.com). The submission period is open until Nov. 4. The new issue will be available in early December with a launch party on Dec. 9.

For more information, visit [nodmagazine.wordpress.com](http://nodmagazine.wordpress.com)



## DINOS BASKETBALL »



CHRIS SHANNON

# Dinos women's basketball team showcases influx of new talent

Tommy Osborne  
Sports Assistant

Amidst the competitive atmosphere, constant calls of encouragement from teammates and the ever-present voice of head coach Damian Jennings, one thing is abundantly clear about the 2016-17 Dinos women's basketball team — the chemistry is something special.

Despite welcoming 10 new players — over half of the current roster — to the program, team culture is stronger than ever. With first-year students travelling from across Canada to train with the team, the influx of new talent will be a valuable asset.

Katie Upham, one of the new recruits on the Dinos team, came from Nova Scotia to join the Dinos.

"It's different basketball here," Upham said. "The girls are a lot more competitive — a lot more intense. That's why I wanted to come out here."

When asked if there were any significant reasons for the team's success — the women's team began the season with an impressive 6-1 record — Upham said that the teammates share a special relationship with one another.

"I would say how close we are off of the court," she said. "We are just one big family. I've never been on a team this close."

Upham is just one of the many new faces that have infused the team with a new kind of energy. Fourth-year veteran Brianna Ghali feels the effects of such a large group of rookies.

"We've had a culture change within the team," Ghali said. "It's been huge and I really like it. We play off of each

other — and I think we have quite good chemistry for only being together for a few months. I'm really excited about this new group."

This impressive team chemistry has allowed the new-look Dinos to secure a dominant record in the early season. But while the team already looks solid, they continue to search for new ways to improve.

Jennings uses a hands-on coaching approach, demonstrating new techniques and encouraging his athletes to think outside of the box in-game.

"The transition of that chemistry [off the court] is absolutely amazing," Jennings said. "We're waiting to see that on the floor in a really competitive, consistent way. We've shown glimpses of very exciting basketball to watch and we've also shown glimpses of a very new team together."

That competitive spirit stands on the court, most noticeably in the team's aggressive approach. A strong team dynamic means the players trust one another and bring a more unified force to offence and defence.

The approach has already led to crushing wins over their opponents, like their 84-43 dominance over Mount Royal University in the season's first Crowchild Classic.

"What we really like to talk about is attacking," Ghali said. "We want to be attacking on offence, we want to be attacking on defence. We want to out-compete our opponents — whether [that opponent is] ourselves, a scrimmage team or another CIS opponent."

Ghali's comments reflect coach Jennings' philosophy this season. He hopes to develop his team's assertiveness and push for a position

in the CIS playoffs this year.

"The real question with any team is [whether] the chemistry off the court [can] turn into something assertive on the floor," Jennings said. "When I tend to work with new groups, the click seems to happen on the floor from January onwards. If they're able to get that to transition, then that could happen before January."

The Dinos have already been dominant in many facets of the game. Five of their six wins have been double-digit victories. The defence has been stellar, forcing opponents to take shots at poor angles and coming up with plenty of stops and turnovers.

Jennings is confident that with

the influx of talent, his team is capable of taking home a Canada West championship title.

"Maybe not in the first year, but for sure in a period of time," he said. "I think the chemistry and the fact that we got together early [helps]. We could be a championship team, there's no doubt about it."

The Dinos will play the University of British Columbia Thunderbirds on Oct. 28 after a 16-day break. They will return to Calgary to play the University of Manitoba Bisons in a double header on Nov. 4 and 5, ushering in the start of the regular season.



The Dinos utilize an aggressive defence this year. CHRIS SHANNON

## UPCOMING GAMES

### Dinos Hockey (W) vs. MRU

October 20



The Dinos women's hockey team will face the Mount Royal University Cougars at the Father David Bauer Arena in their first Crowchild Classic of the season. Puck drops at 7:00 p.m.

### Dinos Football vs. Saskatchewan

October 22



The Dinos football team has secured an impressive 5-1 record this season, dominating the Canada West and securing their position as one of the top teams in the country. The team will look to earn another win against Saskatchewan.

### Dinos Swimming vs. Toronto

October 28



The Dinos swim team will take on the University of Toronto Varsity Blues in their first swim meet of the season. With 14 new additions to the team's roster this year, the Dinos will look to usher in the season with some clutch performances.

### Dinos Hockey (M) vs. Lethbridge

October 29



The Dinos men's hockey team will look to improve their 5-1-2 record on the season by securing a win against the Lethbridge Pronghorns at the Father David Bauer Arena. The teams face off at 6 p.m.

### Dinos Wrestling

October 29



The Dinos wrestling team will begin their season with the Dino Open in the Jack Simpson Gym. The event takes place all day and is open to students. The wrestling program has produced Rio Olympic gold-medallist Erica Wiebe, making this event a must-see.



TRY THIS »

# Get fit and create a delicious meal with this easy apple crisp recipe and workout routine

Christie Melhorn  
Volunteer Coordinator

It's that point of the semester where autumn sweets stare you down from every display case and menu you encounter. In the thick of midterm season, lack of sleep, stress, an intensive study schedule and excessive doses of pumpkin spice flavoured everything is a recipe for burnout. As counter-productive as it may seem, taking some time away from the flurry of flashcards and paper writing to whip up a healthy snack and sneak in a workout can help make study time really count.

Sitting for hours hunched over your textbooks or computer can be equally taxing on your body and mind. You've probably experienced those awful pinches in your back or felt like your head was going to roll off after a night of vicious cramming.

For days at home, a great way to refresh yourself is preparing a meal from scratch and getting in some workout time while it's heating. That way, you can meet two needs simultaneously and not worry that you are taking too much time away from studying. On top of that, preparing your own food ignites your senses and gives your mind a break from rigorous reading or calculations.

A tasty and nutritious dish that I like to make is an apple crumble recipe by Krista Stryker, a personal trainer certified by the National Collegiate Scouting Association (NSCA) and founder of 12minuteathlete.com. While I don't follow her exact recipe, it shows how to eliminate unnecessary calories from a dessert without losing the deliciousness.

Before you begin making it, make sure you're not hungry. Keeping fueled will prevent you from eating the entire dish before it's in the oven and maximize your workout while it's baking.

Once you're ready, here's where to start:

- Preheat the oven to 350 F.
- Chop two or three large granny smith apples into thin slices. Any apple will also work. I also like to toss the slices into a medium sized bowl as I go so my cutting board isn't cluttered.
- Coat the slices with 15 ml (one tbsp) of ground cinnamon and one ml (1/4 tsp) of nutmeg. Get in there with your hands to make sure they're all covered for maximum flavour.
- Place the apple slices in a nine by nine inch baking dish.



Kill two birds with one stone with this autumn apple crisp and workout recipe.

For the crumble, I use the same bowl for the apples. This saves on dishes and soaks up the leftover cinnamon sitting at the bottom. So, in that cinnamon-y bowl, mix:

- 237 ml (one cup) of oats
- 118 ml (1/2 cup) of flour of choice
- 5 ml (one tsp) of cinnamon
- 2.5 ml (1/2 tsp) of nutmeg
- 2.5 ml (1/2 tsp) of salt, or one ml (1/4 tsp) of sea salt
- 30–60 ml (two to four tbsp) of honey
- 30–45 ml (two to three tbsp) of almond milk
- 30 ml (two tbsp) melted coconut oil — the exact same amount of butter works well too

Now for the really fun part. Toss in anything that you want. I like to add raisins, pecans or chocolate chips. This is a good chance to use up the bottom-of-the bag cereal lingering in your cupboard. Stir the ingredients together evenly into a bowl of oaty goodness and distribute over the apples. I also like to sprinkle a modest amount of brown sugar over the whole thing before putting it in the oven for around 40 minutes.

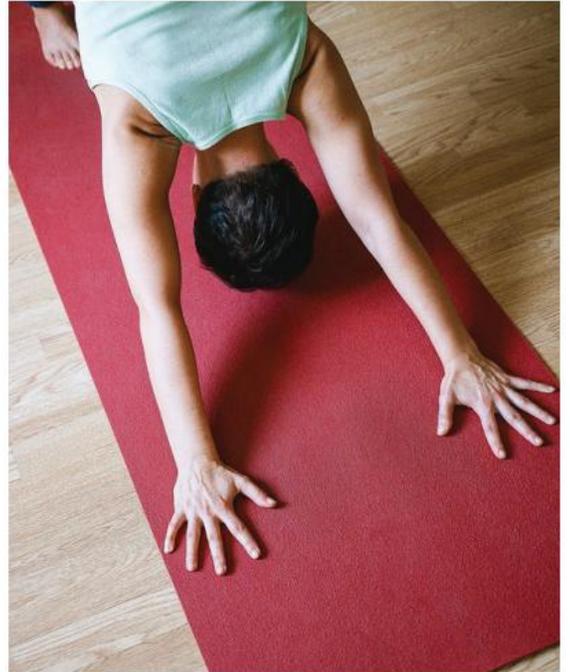
As the crumble is cooking, I often visit the account workoutprograms on Instagram for some effective and efficient workout ideas. Their feed consists of high-intensity interval training workouts and the occasional cat meme.

A great workout I pulled from the workoutprograms page is a full-

body circuit threateningly called "Killer Thursday." Each exercise is performed for 30–45 seconds with minimal rest in between and a minute of rest between rounds. The workoutprograms post recommends doing seven rounds of the exercise and this catches up to you fast. If you are just starting out, try it about three to four times and build up from there. If you complete your workout before the crumble is done, do another round of your workout or stretch.

Here's what it looks like:

- Plank Jump-Ins
- Lunges



COURTESY MISS MESSIE APPLE (LEFT) AND JENIA NEBOLSINA (RIGHT)

- Push-ups
- High-Knees
- Mountain climbers
- Jump squats

Remember to stay hydrated and listen to your body throughout the workout. There is a difference between feeling a good muscle burn and hurting yourself — don't ignore any strange discomforts and pains impeding you.

When the apples are soft and the crumble is nicely browned, but not burned, remove the pan from the oven and enjoy the scents of cinnamon and nutmeg that will envelop your kitchen as you do so. Let it cool off for about 15 minutes.

Take this time to let yourself cool down with some stretching. My ultimate study stretch is downward facing dog — it unravels the spine and loosens the hamstrings nicely.

When you're ready to eat, hopefully you will feel extra rewarded for your hard work. Making your own food with wholesome ingredients is easier on your body than processed and sugary packaged foods. This can prevent you from feeling sluggish and moody while studying.

After at least an hour and a half of baking and exercise, you will most likely return to your studying with a less angry spine, a content stomach and a clearer mind.

Sell your soul to student journalism  
... volunteer at the *Gauntlet*

New volunteer orientations Tuesdays at 5:00 p.m.  
More info online at [www.thegauntlet.ca](http://www.thegauntlet.ca)



ACROSS THE BOARD »

# Locker room talk can't exclude female athletes

Emilie Medland-Marchen  
Gantlet Columnist

Republican candidate Donald Trump made headlines again for his lewd comments — but this time, his remarks affected the world of sports.

The release of a 2005 video in which Donald Trump refers to sexually harassing and groping women without their consent has warranted responses from sexual assault survivors and feminist activists — most notably Michelle Obama who called the comments “intolerable.” In the video, Trump asserts his dominance over his female victims.

“When you're a star, they let you do it. You can do anything,” he says and admits to harassing women with sexual slurs. Trump has since dismissed the comments he made in the video, simply calling it “locker room talk.”

Trump's refusal to admit to his mistakes in a video from 2005 isn't surprising. But his reference to the comments as “locker room talk” hit close to home for athletes like LeBron James who referenced his experiences in the locker rooms of the NBA.

“We don't disrespect women in no shape or fashion in our locker room,” James said. “That never comes up.”

Yet the response from athletes regarding what “locker room talk” really means underlies a pervasive sexism that still dominates the narrative of sport culture. The complete omission of the voices of female athletes from the locker room creates a gendered argument that firmly places women outside of the sporting realm — as



The Olympic Oval is shared with the Dinos elite women's hockey program.

COURTESY TRICIA HALL

onlookers, feminist activists and non-athletes.

When I see discussions like this take place, I think back to my time as an athlete and the many hours I spent in a locker room with other women. As a speed skater in the Olympic Oval's high-performance training program, I was constantly surrounded by dedicated female athletes who spent the majority of their time skating, weightlifting and eating lunch or conversing in the locker room after practice.

The Olympic Oval speed skating program also shares this space with the Dinos athletics department. I have fond memories of walking through the hallways of the Oval and passing five-time Olympic gold medalist Hayley Wickenheiser on her way out of the women's hockey team

dressing room next door, decked out in full gear and ready to hit the ice for an early 7:00 a.m. practice.

Yet prominent sports media platforms continue to perpetuate an ill-informed, misguided narrative that women exist in a realm outside of the precious male locker room. An article from *Bleacher Report* titled “An Open Mic on Life” responded to Trump's comments by interviewing those who they claim to “spend more time in locker rooms than virtually anyone else.” This consisted of more than a dozen former and current NFL football players and coaches, questioned by an all-male reporting team.

Besides being a report whose evidence is based on an insufficient sample size, *Bleacher Report's* choice to exclude the voices of female athletes — save but one, Jen Welter, used in

this instance as a catch-all for the female voice — shows a narrow-minded view of what constitutes elite athleticism.

There are thousands of women who spend hours every day training as elite athletes. As a result, plenty of female athletes spend their time in locker rooms. And their voices — the voices of athletes like those who train twice a day through the Olympic Oval and the Dinos athletics department — have been irresponsibly removed from this conversation.

The responses to Donald Trump's commentary on sexually harassing women has been placed into two gendered categories — prominent male athletes like LeBron James and women on the outside. Even Welter, a former assistant coaching intern for the Arizona Cardinals and a former

running back for the Texas Revolution, doesn't talk about her own experiences in the locker room. She refers to the experience of NFL players.

“These are great guys, incredible men who took pride in introducing me to their daughters and their moms,” Welter said.

By referencing the men around her rather than her own experiences, she highlights the kind of narrative that women exist simply as wives, daughter, moms and support staff in high-level sport.

The commentary on “locker room talk” ignited by the video of Trump is symptomatic of the underlying sexism that already exists in sport culture. His comments have been denounced in the political sphere by the likes of Michelle Obama and in sports by male athletes and male-dominated organizations. But the refusal to extend this commentary to high-level female athletes shows big problems in the way female athleticism is included and valued in society.

When I think back to my time in sport, the conversations I've had in the locker room are some of my most prominent memories. They consisted mostly of topics like sport technique, performance or how tired my teammates and I felt that day. But more than anything, they helped to solidify the deep connection we all felt to sport — how it had permanently changed and improved our lives for the better.

That's a powerful sentiment that must be spoken for by female athletes, rather than just Trump and the male athletes he addresses.

## HOCKEY »

# Despite slow start, Flames' off-season progress worthwhile

Jason Herring  
Webmaster

After an off-season full of improvements behind the bench and on the ice, the Calgary Flames sputtered out a 0-3 start to the 2016-17 NHL season.

In the midst of the disappointing start, it's easy to overreact. But the Flames have a roster that's better than what they've shown in the season's early games, largely thanks to general manager Brad Treliving's work in recent months.

Treliving's most impressive off-season move was re-signing star left-winger Johnny Gaudreau to a six-year contract worth \$6.75 million annually. It's an incredible value for one of the sport's best young players, especially considering the uncertainty that surrounded the signing and heightened expectations after Gaudreau had an impressive tournament at the World Cup of Hockey. It was only on Oct. 10 — two days before the start of the season — that the winger inked the contract.

Treliving's patience will pay off in the long run, but Gaudreau's slow start can be attributed to the contract delay that caused him to miss training camp and early-season conditioning. But once he's back in the groove, there's no reason to think that Gaudreau can't post another high-scoring season.

The other big off-season move for the Flames was the trade for former St. Louis Blues goaltender Brian Elliott, a move intended to strengthen the franchise's weakest position from last year. Elliott hasn't had a great start to the season, but fans can expect to see his numbers move closer towards his career 2.42 GAA in coming weeks.

Although Elliott has yet to perform to expectations, Treliving's other off-season goalie acquisition Chad Johnson has put up stellar performances so far. This could be a good thing for both netminders, as Elliott has thrived under competition in the past — with the Blues, he posted his best seasons while battling for the net with current Blues starting goalie Jake Allen.

Calgary's team also looks different behind the bench, with Glen Gulutzan replacing Bob Hartley as head coach. The change comes only a season after Hartley won the Jack Adams award for the league's best coach, but it felt like a necessary one — Hartley's system emphasized stretch passes and creative zone entries but consistently failed to suppress high-quality shots. Players are still adjusting to the change, though, and there's been a few times early in this season where a skater instinctively passes the puck to an area of the ice where a teammate would've been in Hartley's system, resulting in a giveaway.

The Flames had an overhaul this off-season, with a new coach, new systems and a total of eight new players. For a young team like this, growing pains are to be expected. But with Gaudreau cementing a core that looks to dominate the league for years to come, it's clear Treliving has built a contending team. How long we have to wait to see what the Flames are capable of, though, is still up in the air.



Johnny Gaudreau finally re-signed with the Flames. COURTESY RESOLUTE



## HOT TIPS »

## Seven ways to make back \$1.9 million

Derek Baker

Basically a financial expert

After an unsuccessful injunction request by the Students' Union to maintain control over MacHall, the University of Calgary has taken over the operation of the building for the duration of the ownership lawsuit. With the ruling, the SU has lost \$1.9 million in annual revenue. Here are seven tips to make that money back.

**Have a bake sale in Science B:**

A classic technique among student clubs at the U of C for raising funds. Set up a table outside of the MacHall link and start selling an assortment of baked goods. However, simply selling cookies obviously isn't going to cut it. The SU should bake some of that edible gold stuff into their treats and charge \$1,000 a pop. If the edible gold is too difficult to obtain, they should just throw some weed into the brownies and price to reflect as such. We promise we won't tell anyone.

**Hike up su fees:**

Though probably the most controversial option, increasing the annual amount we pay to the SU — which is currently among the lowest in Canada — could be a way to make up the lost revenue. Fee hikes would need to be passed through a referendum, but if they were, the inescapable membership to our SU would ensure constant cash inflow. Plus, it would be entertaining as hell to watch the vocal libertarians on campus lose their shit over fee increases.



Can you put the entire operating cost of the SU on a credit card? I don't know, but it's worth a try.

**Create a pyramid scheme with the SU at the top:**

Those companies that give a pitch at the front of a lecture theatre promising students a job with fantastic pay may be the perfect solution. Since knives are already taken by Vector Marketing\*, might we suggest that the SU create a company that sells state-of-the-art kitchen whisks? Like, really, really cool kitchen whisks. They should employ eager first-years to do all the hard work, promising that it "looks great on your resumé" and sit pretty at the top while that profit flows in.

**Put it on the Visa:**

Money is a meaningless social construct. Does the SU really need

to balance their books? They shouldn't even bother trying to make up the lost revenue and just go into debt. Hey, everyone's doing it these days — it's the greatest trend of our generation. And if someone eventually comes after the SU for being in the red for too long, the current executive will have hopefully graduated years ago. That's something for future students to deal with. Have fun.

**Decrease prices at the Den:**

Though it may seem counter-intuitive, lowering prices at the Den may actually lead to higher profits in the long run. With cheaper prices, people will be able to get more lit more quick. This will re-



COURTESY FRANKIE LEON (LEFT) AND PRINCE AFIRM (RIGHT)

sult in a positive feedback loop, with turnt students purchasing more drinks throughout the duration of a Thursden. The SU needs us during this difficult time, guys — take one for the team and order enough triple-vodka slimes to fill a bathtub.

**Resort to stripping:**

Desperate times call for desperate measures. Who hasn't said at one point or another if things don't work out that they'll resort to stripping? Well, guess what — things aren't working out right now for MacHall. The SU needs to create a new weekly stripper night at the Den and start raking in those dolla-dolla-bills. The

stage and large concrete pillars in the Den are already perfectly set up for Magic Guscott XXL, so what's the SU waiting for?

**"Accidentally" get hit by a car:**

If you don't mind spending a few months in hospital, getting "accidentally" hit by a car is definitely the smartest idea ever. The crosswalk of doom between ICT and EEEL is the perfect place to get hit and start receiving that sweet settlement or compensation money. Who knows — lucky SU members might also get out of writing an exam or two if their department is in a good mood. Bonus points if they manage to get hit by Elizabeth Cannon's sick ride.

## HOROSCOPES »

## Will the planets align for you to pass your midterms?

Frankie Hart

Is that burnt toast? Shit.



**Libra**  
(Sept. 23 – Oct. 22)

We don't know what you did to piss off the planets this time, dear Libra, but they're ready to wreck your shit. Triple-check your alarm the night before your test just in case — Mars can be an asshole.



**Scorpio**  
(Oct. 23 – Nov. 21)

The universe really seems to have it out for you, you detestable Scorpio. It's debatable whether or not you even deserve to know how they're gonna mess up your GPA this time around. Dig your heels into the ground and just hope for the best.



**Sagittarius**  
(Nov. 22 – Dec. 21)

What's that smell? Burning toast? No. That, my friend, is the smell of a stroke — and an actual excusable midterm absence.



**Capricorn**  
(Dec. 22 – Jan. 19)

The secret to success at the University of Calgary is actually quite simple — making a sacrifice to the vaguely bird-looking metal statue. Yes, it's supposed to be a bird. Yes, it yields mystical powers beyond our comprehension. Harness them for that sweet 4.0.



**Aquarius**  
(Jan. 20 – Feb. 18)

While cramming at the TFDL, you will transcend your

human flesh into infinite wisdom. This is due to the relative positions of Mercury to Venus. You will return to normal within a week.



**Pisces**  
(Feb. 19 – March 20)

The power of the stars may compel you to take a nap, but now is not the time. You should probably finish bubbling in your student ID and all the questions on your test first.



**Aries**  
(March 21 – April 19)

In the middle of your midterm you will decide that since you have no access to a dog, you will eat your own test. The ink is surprisingly tasty, though a little tart.



**Taurus**  
(April 20 – May 20)

You know your professor has office hours, right? You're gonna need them. You might as well get on a first-name basis with them, you'll be up there so much, seeing as all you do in lecture is sleep.



**Gemini**  
(May 21 – June 20)

During your test you will realize that you have no idea what the questions are talking about. To escape, you will harness the power of your body and hyperventilate until you pass out.



**Cancer**  
(June 21 – July 22)

Congratulations — the planets decided to take it easy on

you. Or did they forget you exist, like how you are currently forgetting the deadline for that paper that's due tonight? Oh shit.



**Leo**  
(July 23 – Aug. 22)

You will let one rip during the midterm and it's gonna be really loud when the test is really quiet. Don't even try to avoid it, you'll only make it worse.



**Virgo**  
(Aug. 23 – Sept. 22)

During your next midterm, the planets will decide to help you out and grant you hyper-focused sight to peek at your peers' answers. You will realize you were just hallucinating from sleep deprivation.



CROSSWORD »



Horror Villain  
Crossword  
By: Derek Baker

ACROSS:

- 6. Ironically impossible to break, this common household object foretells an unavoidable future in *Oculus*.
- 7. This Texan slasher makes masks out of his victims' faces, which he brutally murders with chainsaws among other methods.
- 8. This creepy red-headed doll is possessed and murders many individuals throughout his movie series.
- 11. Based off a Japanese horror series, the English adaptation features this character crawling out of a television screen in *The Ring*.
- 13. Contrary to popular belief, the mistaken name of this monster is actually the name of his creator in this Mary Shelley classic.
- 14. Considered one of the best horror movie villains of all time, this *Nightmare on Elm Street* character's bladed fingers bring death to his victims.
- 15. This parasitic extraterrestrial is the main antagonist in the 1979 classic *Alien*.
- 16. A lesser-known vampire, this German bloodsucker helped shape the archetype in his 1922 film.

DOWN:

- 1. Hailing from Transylvania, this vampire "wants to suck your blood."
- 2. Jack Nicholson portrays this disturbed character in the movie

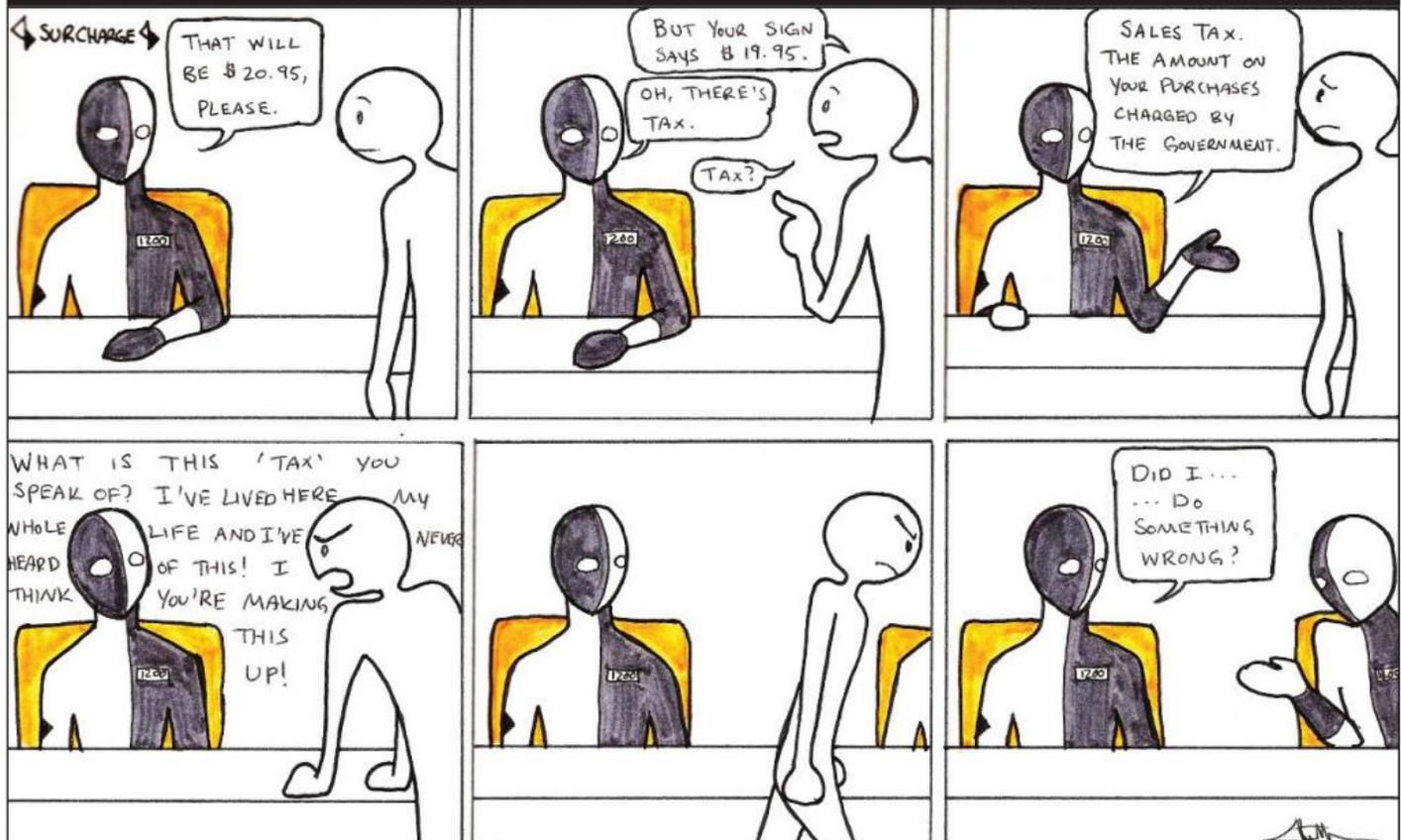
- adaptation of Stephen King's *The Shining*.
- 3. Dun dun. Dun dun. Careful, this aquatic beast is swimming circles around us in *Jaws*!
- 4. Anthony Hopkins won an Academy Award for his portrayal of this highly regarded villain in *The Silence of the Lambs*.
- 5. \_\_\_\_\_, the horrifying clown in Stephen King's *It*, may have helped spur recent mass hysteria around clowns.
- 9. Wearing an old-school hockey goalie mask, \_\_\_\_\_ slashes his victims in *Friday the 13th* series.
- 10. Originally from *The Conjuring*, this creepy doll brings terror to her owners.
- 12. With shrill violins and an infamous shower scene, this hotel manager has a serious Oedipus complex.

Want to make a crossword?

E-mail  
humour@thegauntlet.ca



Chinduism Inc. — Chindu







THE GREAT, HUGE,  
I MEAN REALLY UNBELIEVEABLE,

# CAMPUS ELECTION PARTY



**VS**



All Night Coverage

Red and Blue Beer - \$10.00 Burger and Brew

Dress as a candidate to receive a Den Lager Sample

**November 8th, 7:00 p.m. @ The Den**

Presented by



THE DEN  
EST. 1949

