



AMERICAN
APPLICATIONS
TO U OF C
ON THE RISE

pg. 3

ESKER BRINGS
EARTHLINGS
TOGETHER FOR
EXHIBITION

pg. 12

WHAT HAYLEY
WICKENHEISER
MEANS
TO ME

pg. 15

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academic resources in 2016-17 year**

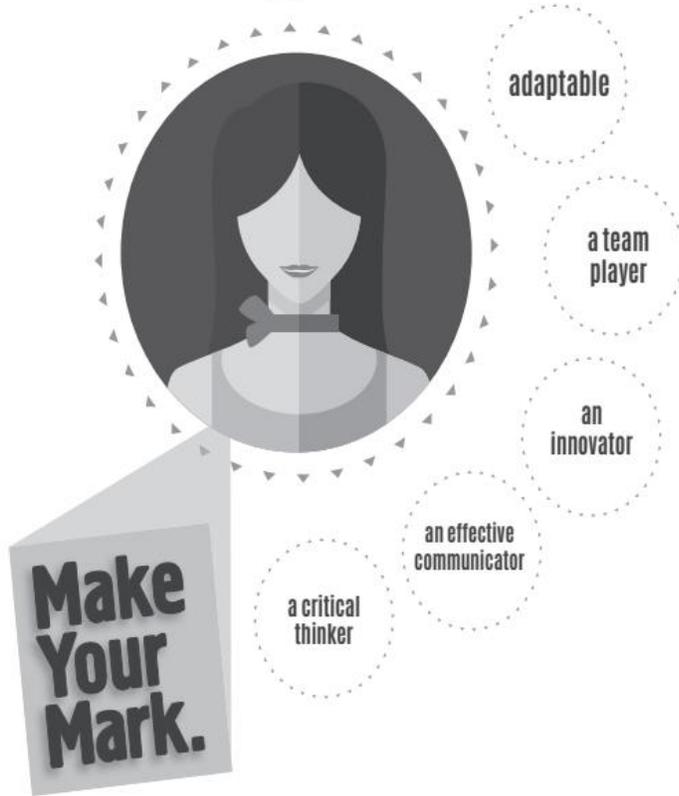
page 6



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Golden Spatula



Lorena Morales is the recipient of this week's coveted Golden Spatula. Lorena came into the office sporting a pen in one hand and a copy of the *Calvin and Hobbes* treasury in the other. "I'm here to draw comics," she told us. "Sure thing," we replied. *Calvin and Hobbes* is great.

"Come on, Hobbes. Let's go on an adventure."

Furor Arma Ministrat

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The Gauntlet is the official student newspaper of the University of Calgary, published most Thursdays throughout the year by the Gauntlet Publications Society, an autonomous, incorporated body. Membership in the Society is open to undergraduate students at the U of C, but all members of the university community are encouraged to contribute. Opinions contained herein are those of the individual writers, and do not necessarily represent the views of the entire Gauntlet staff. Editorials are chosen by the majority of the editorial board. The Gauntlet is a forum open to all U of C students but may refuse any submission judged to be racist, sexist, homophobic, libelous, or containing attacks of a strictly personal nature. We reserve the right to edit for brevity. Grievances regarding the Gauntlet follow a three-step process which requires written decisions from the Editor, the GPS Board of Directors, and the Ombudsboard. The complete Grievance Policy is online at: thegauntlet.ca. The Gauntlet offices are located on treaty 7 land.

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Letters must be typed, double-spaced and received by Monday at 4 p.m., and must include the author's name, student ID number, telephone number and signature. Letters will not be printed if they include attacks of a strictly personal nature, statements that discriminate on the basis of race, sex, or sexual orientation, or libelous or defamatory material. All letters should be addressed to "Editor, the Gauntlet," and be no longer than 300 words. The Gauntlet retains the right to edit submissions. Letters can be delivered or mailed to the Gauntlet office, Room 319 MacEwan Students' Centre, or sent by email to ew@thegauntlet.ca.

The Cover

Design by Samantha Lucy

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STUDENT APPLICATIONS >>

American applications to U of C nearly double since last year

Scott Strasser
News Editor

It's still early in the admissions process, but the University of Calgary is already reporting an influx of applications from American students compared to this time last year.

According to university administration, the number of undergraduate student applications from the United States increased from 37 last year to 86 this year, while the number of graduate student applications increased from 51 to 80 in the same period.

In total, student applications to the U of C from the U.S. compared to last year have nearly doubled — 166 compared to 88.

U of C provost and vice-president academic Dru Marshall said there are likely many factors for the increase. She cited the emphasis put on the U.S. in the U of C's international strategy, the burgeoning international reputation of the U of C and the weakened value of the Canadian dollar.

"Certainly we've increased our recruitment efforts in the U.S., so I'd like to think those recruitment efforts are bearing fruit," she said.

The U of C launched its international strategy three years ago. The strategy recognizes the U.S. as one of six "regions of emphasis" for the U of C due to its close proximity, English-speaking population and pre-existing research partnerships.

"In particular in the cases of the



U of C administration believe there are many reasons for the increase.

SCOTT STRASSER

U.S. and Mexico, we looked at the number of trilateral relationships between the countries and our ability to leverage off of those relationships. When you've got federal and provincial parties involved as well, it makes it a lot easier as institutions," Marshall said.

Another factor for the spike in American applicants could be the lower value of the Canadian dollar compared to the American counterpart.

"The exchange rate is definitely advantageous for university students from the U.S. if they choose to study here," Marshall said.

The recent change in the political climate in the U.S. through the presidential election of Donald Trump could also play a factor, says Marshall. While she said that it is

too early to tell if a Donald Trump presidency would cause American students to flock to the U of C, she said the U of C's website has seen increased traffic from American IP addresses since the U.S. presidential election on Nov. 8.

Other universities in Canada also reported spikes in web traffic from the U.S. following the Nov. 8 election. The University of Saskatchewan saw a 392 per cent increase, according to the CBC.

"There was an increased amount of traffic from U.S. sites after the election, but in the neighbourhood of being meaningful it's hard to say," Marshall said. "President-elect Trump has not even taken office yet. It's just really hard to say how that's going to play out."

There are currently 141 interna-

tional students from the U.S. at the U of C. Bree Huene, an immigration specialist for International Student Services at the U of C, said she's seen an increase in American students this year, as well as international students in general.

"I think it's just getting the word out that the U of C is a good school to attend," Huene said. "We get a lot of e-mails a day from American students asking how they can apply for immigration. It's a lot easier for U.S. students to come to Canada, there's a lot more routes for them to come here."

The U of C is not the only Canadian school to report an increase in applications from south of the border. The University of Toronto, McMaster University and McGill University all reported increases in American applications this year.

FACULTY INITIATIVES >>

Science students' lounge to open Jan. 25

Saima Asad
News Assistant

(With files from Scott Strasser)

It's taken more than three years, but the University of Calgary Faculty of Science will soon finally have its own student lounge.

Located in the Elbow Room behind Science Theatres 142, the lounge will officially be known as the Science Collaborative Space. It will open on Jan. 25 with a commemorative opening event.

"We're really excited for it," Students' Union science representative Tina Miller said. "There are drop-in workshops and interviews from 10:30 a.m. - 3:30 p.m. open to everyone. There's going to be games and a photo booth, lots of

exciting things. Then there's going to be an official opening at 3:30 p.m., [on Jan. 25] when the Dean of Science is going to speak."

Until now, the Faculty of Science was the largest faculty at the U of C that did not have its own students' lounge. There are approximately 5,000 science students at the U of C — the second largest faculty at the university.

The project was funded by a \$535,000 Quality Money grant approved last year. The lounge's features include study spaces, bookable work rooms, a stage and speaker system for running events.

"There's [also] going to be electronic screens to relay what's happening in the faculty and to update students," Miller said.

In January 2015, the Elbow Room — a computer lab owned by the U of C IT department — was selected as the lounge's location. The room can fit roughly 120 people. At the time, SU science representatives and the Science Students' Society sought a Quality Money grant of over \$100,000 to convert the space into a lounge.

The project's duration has seen many SU science representatives and students come and go. This year's SU representatives had the task of finalizing the project.

"We had to go through a series of finalizations of different details involving the space," Miller said. "Our main role was deciding the logistics of the space, so who would use it, what booking might

look like [and] the opening event."

Third-year cellular, molecular, and microbial biology student Michael Stone has mixed feelings about the lounge's opening.

"Well, we do use a lot of computers and it is good to have a study area because the faculty is huge and it's always a bad time trying to find a room to study in," he said, but added the new space might not merit a \$535,000 price tag.

Miller hopes the lounge will help compensate for what she feels can be a lack of community and unity in the science faculty.

"I think the Science Collaborative Space will provide the opportunity for students to collaborate and build a sense of pride and belonging in the faculty," she said.

U of C offers class on Stoney Nakoda language

Saima Asad
News Assistant

Instead of looking internationally, University of Calgary students now have the option to learn a language much closer to Alberta's history and culture.

The U of C's School of Linguistics, Languages, Literatures and Cultures is offering a course this semester on the Stoney Nakoda language, spoken in regions of southern Alberta. This is the first time that the course — Indigenous Languages 205 — will focus on Stoney Nakoda.

Stoney Nakoda is one of over 60 indigenous languages spoken in Canada, according to a 2011 census. Originally a purely oral language, Stoney Nakoda is considered "critically endangered" by the official Rocky Mountain Nakoda website.

The course is taught by co-instructors Trenton Fox and Warren Harbeck, who are both fluent in the language. Fox has a background in Native Studies and is fluent in the contemporary version of Stoney Nakoda, though he can



This semester is the first time INDL 205 will focus on the Stoney Nakoda language.

and also converse with individuals who practice older variations.

While previous offerings of INDL 205 focused on the Blackfoot language, the co-instructors felt it was prudent to shift the language focus this year.

"This year, Dr. Harbeck and I

wanted to focus on the Stoney Nakoda language," Fox said. "The Stoney Nakoda language is spoken by people in the community of Morley, Alberta."

Harbeck is also very familiar with the language and the Stoney Nakoda community, according to Fox.

SCOTT STRASSER

"We know him as 'yethkno', meaning he is Stoney," Fox said.

Stoney Nakoda is spoken by the Indigenous Iyârhe Nakoda population. The community is part of the Sioux Nation. Iyârhe Nakoda translates to "mountain people" in English, according to the Rocky Moun-

tain Nakoda site. Fox and Harbeck will teach students basic words and basic conversational skills in Stoney Nakoda, in addition to some of the history of the language and region.

"Students at the U of C, I think, should have some knowledge of the First Nations that surround the city of Calgary, as well as learning some basic language skills," Fox said.

Second-year linguistics and psychology student Karanveer Bhatt is enrolled in INDL 205. He hopes the course will allow him to explore the culture and learn more about the indigenous communities surrounding the city of Calgary.

"I have an interest in Calgary, and so I have an interest in everything that has to do with the surrounding of the city and the city itself," Bhatt said. "Stoney Nakoda does have a lot of historical connection to the city and the province of Alberta. I personally feel connected to this and I really want to know more about it."

INDL 205 is offered on Wednesday nights from 6:00 p.m. – 8:45 p.m. The course is still open and has no prerequisites.

STUDENT WELLNESS »

Student wellness space to open behind Yamnuska Hall

Nikayla Goddard
Gauntlet News

The new year will bring many transformations to the University of Calgary, including the creation of a new student wellness centre behind Yamnuska Hall.

The space is part of the university's Campus Mental Health Strategy, which launched in December 2015.

The building located behind Yamnuska Hall used to belong to West Campus Development. The building contains a handful of offices, a work area, a conference room and a reception area. It will not need to undergo major renovations beyond refurbishing and decor.

When the space became available, U of C psychology professor and director of the Campus Mental Health Strategy Andrew Szeto saw potential in the building to address one of the strategy's focus areas — creating and sustaining a supportive campus environment.

Students' Union vice-president student life Patrick Ma said that while most of the programming is still in the brainstorming stage, the space will offer different services from the SU Wellness Centre in MacHall.

"The Wellness Centre provides counselling services and wellness services. This area is more meant to be

a student space for them to decompress, relax and connect," Ma said.

The Wellness Centre, the SU or a combination of both will run the new space. According to Ma, the area will likely feature access to peer support and act as a space for the SU to run additional student programming like pet therapy, yoga or a breakfast program.

/// The SU is in support of creating new space for students

— SU vice-president student life Patrick Ma

While residence students will likely benefit most from the new space due to its close proximity, it will be open to all U of C students.

There is currently no timeline or opening date for the new student wellness space. Ma said the SU hopes to get the space up and running sooner rather than later, possibly within the next month or two.

"It's something to look out for," he said. "The SU is in support of creating new space for students and we're looking forward to seeing what becomes of it."

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PARKING & TRANSPORTATION »

U of C students grapple with thousands in unpaid parking fees or avoid them altogether

Jason Herring
Webmaster

As parking costs rise at the University of Calgary, many students deal with thousands of dollars in accumulated parking fines — while others devise plans to circumvent parking regulations on campus.

Fourth-year international development student Shubir Shaikh incurred thousands of dollars in U of C parking tickets over a three and a half-year period while driving to campus from his home in Cochrane.

"When I drive to the university, most of the time I do pay and park, but sometimes I'm in a rush," Shaikh said. "On some occasions I haven't paid or my time limit has expired, so I got a ticket."

When students fail to pay parking tickets within a 30-day period, their right to park on campus is suspended and their student account can be placed on hold. This means that students cannot add or drop classes or receive transcripts.

After his account was suspended, Shaikh said he approached parking and transportation services to explain his situation. He was able to negotiate his parking

tickets down to 75 per cent of their original cost to be paid through a monthly instalment plan.

U of C director of parking and transportation services Susan Austen said that this situation isn't uncommon.

"There's a fair number [of students on payment plans]," Austen said. "I didn't actually go and figure out how many there were, but there's probably — ballparking here completely — 50 or 60."

SU law representative Mark Shearer helps students with large sums of unpaid parking fines by preparing them to meet with parking officials to state their case for a fee reduction.

"I've had students come in with between \$1,500 and \$4,000 in parking tickets," Shearer said. "The only real option is to go in, meet face-to-face and try to talk it down. So that's where I've been able to help — to say, 'look, here's what you want to say, here's what you should avoid saying'. [and] have that bit of coaching prep."

Shearer said typical grounds for a ticket reduction is being able to show that you don't own the vehicle being ticketed and that it can't be proven that any of the infractions for that vehicle were committed by you. Another route is to argue that



Roughly 27,000 parking tickets were issued at the U of C in 2015-2016.

the sum of money would be crippling as a student with loans and bills to pay, which Shearer said can result in a fee reduction and payment plan.

Students often accumulate several parking fees because the U of C doesn't typically impound cars until their owners have over \$500

in unpaid tickets, according to Austen. While about 27,000 tickets were issued at the U of C in 2015-16, only 57 per cent of those tickets were paid.

While students like Shaikh accumulated their tickets through a large number of infractions over time, others go to great lengths to avoid paying for parking altogether. A common tactic for parking fee circumvention involves home addresses on file with the U of C not matching the address of their car's registration.

Shearer said that students can have their vehicles linked with their student files once they pay their tickets. Having the vehicle impounded can also lead to a vehicle being linked to a student's account, because the student will have to pay the fine in order to get the car.

"You can get screwed a little by paying tickets. You can also get screwed a little if your car is registered to your address, which is your address on my.ucalgary. They can link it very easily that way," he said.

Austen said the U of C is aware of parking fee circumvention methods. She argued that trying to get out of paying for parking is unfair to those who do pay.

"When we hear rumours of certain strategies where people are trying to avoid payment or working around regulations, it's concerning because you've got a minority of people who are not pulling their fair share," Austen said. "And the majority of students and all visitors to campus are doing what they should be doing. We're dealing with a very small group that's cir-

cumventing the system. We don't want that to happen because that's not fair to anyone."

Shearer and Shaikh both believe parking compliance rates on campus would increase if the U of C followed the lead of the University of British Columbia.

"At the Arts Parkade at UBC, you pay at the gate or you have a thing in your car that the parking lot reads to go in. That way they can monitor who's going in and out," Shearer said. "That's such an easy piece of technology that [the U of C] just doesn't have. What would be the problem with having a pay [machine] at the gate? It's not going to help students evade parking, but it would make the system fair by having re-entry."

Shaikh thinks varying parking rates based on time would also be beneficial for students.

He also thinks it would help increase attendance at events on campus. He would also like a way to use the money he's required to pay for the UPass for some of his parking fees.

"There should be something done about the students who don't live in the city of Calgary, because I've used the UPass maybe a couple of times in the last three and a half years and I've paid over \$1,000 [for it] now," Shaikh said. "That money is completely useless. I could've used that money for a parking permit instead."

Austen said the only plans currently in place to change parking regulations are to introduce re-entry into Lot 10 once it is modified into a self-service lot this spring.

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JUSTIN QUAINANCE

The rising price of knowledge: U of C cuts 1,600 academic resources

Scott Strasser
News Editor

In the world of academia, knowledge is a commodity with rising costs — that much is evident within the University of Calgary's libraries collections.

This year, the U of C's libraries and cultural resources department has cancelled academic journal subscriptions valued at \$1.5 million. The cancellations include roughly 1,600 academic resources, including 887 journals from prominent Taylor & Francis bundles.

The reveal of the cancelled subscriptions — several hundred of which went into effect on Jan. 1 — sparked anger from some U of C faculty members.

"These are not just minor journals. A lot of these are the flagship journals of many disciplines," U of C geography professor Byron Miller said. "And many more are journals that are considered among the top-five most important in specific fields. It was pretty shocking to us."

Miller said the journal cancellations will make it harder for U of C faculty members to perform their research.

"For us to conduct the research we need to be conducting at a university that wants to be a top-tier research university, it's virtually impossible with the cuts taking place," he said. "Frankly, as a facul-

ty member who has been a professor over 20 years, I've never seen anything like this."

According to Miller, other faculty members share similar sentiments.

"Everybody — I can't think of any exceptions — is totally shocked," he said. "We've asked people to go through the spreadsheets of all the journals that have been cut and everybody is coming up with multiple journals that they cannot believe would be considered as appropriate to cut."

U of C vice-provost libraries and cultural resources Tom Hickerson said faculty concern is justified, but that some of the key journals that were cut will likely be bought again, either individually or through different bundles. He said faculty can also access any article or journal they need or require through the U of C's interlibrary loans service or copyright office, even if it is not within the university's collections.

"Even when we were crafting this solution, I knew we were going to purchase singularly," he said, noting the university would likely spend \$20,000 on individual journals in the near future. "They may well address some faculty members' interests."

But this does not change the fact that the U of C just cut access to a very large number of academic journals and other learning

resources.

Hickerson said this year's cuts were decided based on numerical evidence. The libraries and cultural resources department tracks how many downloads, citations and references each journal gets and decided what to keep based on such metrics.

// These are not just minor journals. A lot of these are the flagship journals of many disciplines.

— U of C geography professor Byron Miller

He said that this year marked the first time a large-scale publishing company — Taylor & Francis — offered the university the opportunity to purchase their journals more selectively. Most journals are purchased in large bundles, with cost increases every year that exceed the annual rate of inflation.

"On one hand, of course it's terrible news. But on the other hand, it's a step in the right direction, because we need to use the evidence we're generating to buy the things that are most important," Hickerson said. "[The publishers] will not allow us to do that in an explicit fashion. But we're able to make a big step forward."

Despite faculty backlash, large

cuts to the U of C's supply of academic journals should not come as a big surprise. Over the last few years, our university libraries have faced growing financial hardships. Cancelling these subscriptions is not the first time the U of C has been pressured to cut library resources.

A culture of cost-cutting:

In late 2014, U of C libraries nearly had to cancel access to thousands of online journals, e-books, indexes, abstracts and reference tools due to a \$1-million shortfall in their annual budget. The office of the provost eventually bailed out the libraries by supplying the department with \$850,000.

A similar incident occurred only a year later. The U of C libraries unsubscribed from an Oxford package — a bundle of 313 academic journals that cost the U of C \$124,000 a year — in 2015. Like the most recent cancellations, Hickerson called unsubscribing from Oxford was an "evidence-

based decision," stating that it did not make sense to continue paying the exorbitant fee when most of the titles weren't even being downloaded.

According to Hickerson, less than 30 per cent of the 313 journals in the Oxford bundle were actually being used by students and researchers at the U of C. Furthermore, he said many of the journals that were being used were available in other bundles.

"We decided Oxford would have the least impact on faculty, staff and students of the journals we could choose from in that moment of time," Hickerson said.

These cancellations are not isolated incidents. The value of subscriptions and other resources that the U of C cancelled in 2012 was \$100,579. By 2016, the annual value of cancelled orders had jumped to \$805,407. That doesn't include the most recent \$1.5 million in cancellations.

In total, the U of C cut \$2,140,558 worth of subscriptions and other resources from its collections between 2012 and 2016. Every year, the libraries and cultural resources department has to decide what they can pay for and what they can't.

So what factors have led to the U of C libraries' recent cancellations of \$1.5 million-worth of subscriptions?

The rising cost of knowledge:

University libraries around the world — including the U of C — subscribe to thousands of academic journals every year. Registered students, faculty members and researchers can access these journals for free. If your professor has ever asked for academic sources in your essays, you've probably cited a journal the U of C subscribes to.

But having access to these journals comes at a price — and that price continues to climb.

The U of C libraries and cultural resources department subscribed to roughly 12,000 journals in 2016 at a cost of about \$10 million. With a roughly \$30-million annual budget in total, academic journal subscriptions make up a third of the libraries' expenses.

According to Hickerson, the amount his department spends annually on subscriptions increases by about \$500,000 a year. This is because scholarly publishing companies generally increase the cost of accessing those journals by between four and six per cent annually. The average rate of inflation according to the Canadian Consumer Price Index is a one to two per cent increase each year.

The vast majority of the journals the U of C purchases come in multi-year subscription packages, like the Oxford journals bundle and the Taylor & Francis bundle. Hickerson compared the academic publishing market to the cable television industry.

"You want 50 channels, but instead they sell you 337 for twice what you would pay for the 50," he said. "We don't get to make our decisions around a single journal. We have to look at the bundle as a whole."

For example, a contract for 2,500 Taylor & Francis titles would have cost the U of C \$502,000 in 2016, \$512,000 in 2017, \$522,000 in 2018 and \$533,000 in 2019, according to Hickerson.

"You can see what that commitment would have done to us. You can see that escalation each year," he said.

These annual cost increases that exceed the rate of inflation, coupled with the declining purchasing power of the Canadian dollar — most of the libraries and cultural resources department's transactions are completed in American currency — are the main reasons for our libraries' recent financial hardships.

And the U of C isn't the only university in Canada struggling. The University of Ottawa announced a cost-cutting strategy in September 2016 that cancelled access to thousands of academic journal subscriptions due to a \$1.9 million shortfall in their libraries' budget. The CBC reported in February 2016 that Memorial University in Newfoundland had to cancel 1,700 journal subscriptions for similar reasons.

So who is responsible for these ballooning cost increases?

The academic publishing oligopoly:

Vincent Larivière is a computer science professor at the University of Montréal and is the Canadian Research Chair holder for the Transformations of Scholarly Communication. He led a study in 2015 that examined academic journal usage at four universities in Québec.

The study's purpose was to discover which of the journals the universities paid for were being downloaded. Larivière found that only a small portion of journals were popular among students, staff and faculty.

Larivière's study also delved into what he called the academic publishing oligopoly. The study revealed how five academic publishing companies controlled more than half of the global scholarly publishing market. These included Reed-Elsevier, Wiley-Blackwell, Springer, Taylor & Francis and Sage Publications.

According to the study, these five



Academic journal subscriptions account for one third of the U of C libraries' budget.

JUSTIN QUAINANCE

publishing conglomerates accounted for 53 per cent of all academic papers published in the natural and medical sciences disciplines in 2013. In the social sciences disciplines, they accounted for 70 per cent of academic papers that year.

Larivière and his team noted that the five conglomerates' control over the market has steadily increased since the onset of the digital era, when journals started to transition from print to online.

"In the mid 1990s, all these small journals were not able to transition from print to electronic, so they became very cheap to be bought or to have agreements created by the big [publishers]," he told the *Gauntlet*.

Larivière gave a talk at the U of C about his study in Fall 2016. He said that due to the importance of the academic journals that the main publishers sell, universities don't have a lot of leverage in negotiating prices. He said if universities are not willing to pay for journals, they run the risk of losing critical schol-

arly information.

"Right now, more than half of journals are owned by five corporations, which makes it difficult to get rid of them because they control the scientific information we need to do our own research," he said.

Larivière also mentioned in his talk how the main publishers' profit margins hover around 30 to 40 per cent — on par with the likes of Google or Facebook. He said their high profit margins are due to their ability to get free labour from researchers and resell it continuously. University professors are not directly compensated when their work is published in peer-reviewed journals.

"When you write a paper, you're not paid. When you review a paper, you're not paid either," Larivière said. "They don't pay for the material and they can resell it as much as they want because it costs them nothing."

Larivière's study was nationalized this year by the Canadian Research Knowledge Network. Twenty-eight Canadian universities — including the U of C — joined the second phase of the study, which will conclude in May 2017.

The pursuit of free knowledge:

One way the U of C libraries have addressed financial difficulties is by pursuing an open access publishing model. Open access publishing aims to make scholarly research free, online and without subscription fees. Many open access journals currently exist and their goal is to keep the knowledge and research that is produced by universities out of the hands of the profit-centered publishers.

John Willinsky, a Stanford University professor and former professor in the U of C's Faculty of Education, is a vocal proponent of the open access publishing model. Willinsky spoke twice at the U of C in Fall 2016 about why pursuing the

open access model is important.

"Scholarship and research are a special kind of intellectual property to which the world has a right to and to which we need to see in terms of people's right to know," Willinsky said. "We do our research on behalf of the public, because we have [their] support for that research and we do it in publicly funded institutions."

Support for open access has increased at the federal level as well. In 2015, the Canadian Institutes of Health Research, Natural Sciences and Engineering Research Council and the Social Sciences and Humanities Research Council — collectively known as the Tri-Council — announced a new open access policy. The policy proposed that all journals published with funding from Tri-Council grants should be free to read within a year of being published.

Hickerson told the *Gauntlet* in late 2014 that the U of C supports the Tri-Council's open access policy.

"When the public has already paid for [research], they shouldn't have to pay for it again," he said.

However, supporting open access also comes with a price. In order to keep most open access journals afloat, authors who publish in them usually have to pay article processing fees, which can sometimes cost hundreds or even thousands of dollars per article.

To combat this barrier, the U of C created an open access authors fund in 2008, managed by the libraries and cultural resources department.

The fund is used to pay article processing fees for U of C researchers who publish in open access journals. While the fund started with \$100,000 back in 2008, it now boasts more than \$700,000. The office of the provost at the U of C contributed \$200,000 to the fund last year, stating that open access expands the scope of publishing options for U of C researchers.

"We believe the U of C can be



U of C vice-provost libraries and cultural resources Tom Hickerson in the TFDL.

JUSTIN QUAINANCE



JUSTIN QUAINANCE

a leader in this area. By providing increased funding we can advance the scholarship and achievement of the entire university." U of C provost and vice-president academic Dru Marshall said in an October 2016 statement.

Hickerson agreed that open access has increased in popularity among U of C faculty.

"The number of people who have wanted to publish in open access journals has increased every year," he said.

Looking ahead:

It is reasonable to assume the U of C and other universities will continue to increase how much they spend on academic journal

subscriptions. And like what happened this year, it is also reasonable to expect our libraries to continue unsubscribing from journals

// The journals that have been cut are essential tools for us to do our job. We have to be aware of cutting edge research in our fields.

— U of C geography professor Byron Miller

and library services that are not deemed completely necessary.

According to Hickerson, the U of C is reevaluating how they purchase journals in an effort to move away from the model that currently persists. He said Taylor

& Francis' willingness this year to allow the U of C to more selectively negotiate which titles it subscribes to is a step forward. He

said the U of C managed to still hold onto 93 of the top-100 most used Taylor & Francis journals.

"What [Taylor & Francis] offered us the opportunity to do was buy selectively from bundles in various disciplinary areas out of

those 2,500 titles. So we bought 1,333 titles for a total cost of \$328,000 Canadian — so slightly over 60 per cent of the total cost," Hickerson said.

But with ballooning annual price increases that exceed the rate of inflation, it's important for the U of C to do everything it can to find a sustainable solution to its libraries' financial difficulties.

Faculty members like Byron Miller agree.

"There are two issues here and we really need a two-pronged strategy. One is, how do we retain the journals that are essential for us to do our work," he said. "And the second issue is, what do we do with this problem of the commodification of knowledge? And how

do we try to reclaim control over what we produce?"

Open access is an obvious long-term answer, but university libraries cannot rely on outside sources to continually pump money into open access authors' funds. A more sustainable solution has to be found so we can keep university-produced knowledge easy to access for students, faculty and researchers.

"[This is] something we need to grapple with and take very seriously," Miller said. "The journals that have been cut are essential tools for us to do our job. We have to be aware of cutting edge research in our fields. If we can't access these [works], we cannot be a top-tier research university."

This Week MacHall

Monday, Jan. 23

Cinemanía in the Den: The Accountant

Cinemanía: now in The Den! Great sound system, big screen and comfy couches... the SU presents free movies at 7 p.m. on Monday nights in The Den. This week: The Accountant.

Every Tuesday and Wednesday

Free Breakfast

SU Campus Food Bank's Free Breakfast - Enjoy the most important meal of the day - on us. Free breakfast for undergrad and grad students every Tuesday and Wednesday from 8:30 - 9:45 a.m. in the Q-Centre.

Tuesday, Wednesday, and Thursday

Run with Us: Election Workshops

Are you interested in becoming a Students' Union Elected Official? Do you have questions about campaigning? Attend one of our election workshops and get all the answers you need!

Now until Feb. 17

SU Survey

When you speak, we listen. Take the SU Survey and be entered to win free food in MacHall. More importantly, let us know what we can do to improve your university experience. www.su.ualgary.ca/survey

Run with US: Workshops

Are you interested in becoming a Students' Union Elected Official? Do you have questions about campaigning?

SU Elections: A Crash Course
Tuesday, Jan. 17, 5:00 p.m.

Campaign Kickstart
Wednesday, Jan. 18, 4:00 p.m.

Executive Bootcamp
Thursday, Jan. 19, 5:00 p.m.

SU Elections: A Crash Course
Tuesday, Jan. 24, 5:00 p.m.

Campaign Kickstart
Wednesday, Jan. 25, 4:00 p.m.

Faculty Rep Bootcamp
Thursday, Jan. 26, 5:00 p.m.

Workshops will be held in Deadmona, MacEwan Conference & Event Centre
Nomination Days: Feb. 13 - 15, 2017
www.su.ualgary.ca/elections



Complete listing of student events, concerts and more:
www.su.ualgary.ca/events

The Students' Union advertisement is provided by the SU and published without Gauntlet editorial revision.

OPINIONS

EDITORIAL »

Library resource cuts hurt our research institution reputation

From 2012–2016, the University of Calgary cut \$2,140,558 in academic resources from its collections, with another \$1.5 million cut in the 2016–17 fiscal year. This means that valuable resources for both faculty and students from journals like Taylor & Francis and Oxford University Press are no longer available.

While the U of C libraries claim they will pursue other means of accessing journals, it is difficult to justify the loss of these packages. It's even harder to justify these cuts when U of C administration makes such a big deal about being a top research university.

Over the past few years, one of the U of C's main goals through the Eyes High strategy was to become a top-five research university in Canada — for the record, we ended up sixth at the campaign's end last year. And as the new Energize Eyes High campaign is currently in consultation, you can be sure that research will continue to be a priority.

But research isn't just about fancy buildings and large grants. Research is the boots-on-the-ground work done by faculty and students every day. And that gets a lot harder when research resources are being cut at such a rapid rate.

Faculty and students are all negatively impacted by the loss of these academic journals that provided valuable resources for a range group of subjects. The most recent round of cuts included most notably 887 journals from Taylor



SAMANTHA LUCY

& Francis packages concerning disciplines from sociology to geography to history. Geography professor Byron Miller, like many, was outraged.

"These are not minor journals. A lot of them are flagship journals with many disciplines," he said. "There has been no explanation

coming from the library. When we spoke to our research area contact at the library, many of them weren't even aware of the cuts."

Miller has a right to be angry. Though the university claims that the articles they unsubscribed to weren't being downloaded, this can't be the only excuse. Due to

the way journals are bundled, there are bound to be many vital resources lost alongside those judged to be useless. By limiting the breadth of journals that students and researchers have access to, the university limits their ability to conduct research.

It isn't only researchers like Miller suffering from the loss of these resources. Any student who is required to cite a source in a paper or an assignment has most likely used subscriptions available to them as a student. It is fair to say that every student at the U of C utilizes some form of academic resource on a regular basis in order to complete their own research, papers and assignments. There is no reason for students to pay for their own access to academic journals when they study at an institution that promises this exact type of access.

The university claims to be working towards open access journals and strategies, but until open access resources are more widely used, paying for journal subscriptions is the only way to obtain the research and information available.

The budget for scholarly sources should be prioritized if the university wants to uphold its values regarding research. If the U of C wants to be known as a research university, we must support access to academic resources. That starts with comprehensive resources.

Rachel Woodward
 Gauntlet Editorial Board

short form

What kind of library resources do you use the most?



"I mainly use the journals, databases and citation tools."

– Alvan Le,
 third-year business



"I have to use databases for my degree."

– Dana Nasser,
 second-year psychology



"I use the study spaces the most."

– Brendan Chapman,
 fourth-year geology



"I've rented textbooks from the library before."

– Katelyn Bojchko,
 fourth-year biological sciences

Photos: Justin Quaintance
 Interviews: Jesse Stilwell

GENERATION SEX »

First and foremost: the joys of foreplay

Lady Marmalade
 Gauntlet Columnist

Foreplay seems to be an all-or-nothing aspect of a relationship in terms of sex. Either your partner loves to take some sweet, sweet time to warm you up, or things hit full-throttle almost as soon as they begin.

If you have a vagina, you probably know that for most of us, it takes a little while for things to get moving downtown. Receiving oral or clitoral stimulation is — for the 80 per cent of women who cannot climax from penetration alone —

very important. And with foreplay lasting an average of 20 minutes for most couples and most women taking at least 20 minutes to climax, it might be the most important part of sex.

For those with a penis, the average time needed to climax is around seven minutes. There is also a 95 per cent chance a person with a penis will climax during sex, while only 57 per cent of those with a vagina climax from having sex with a partner. This means that if you are a cis woman, you're more likely to leave an intimate situation feeling unsatisfied.

However, this can most likely be remedied by foreplay.

There are many forms of foreplay, including directly sexual methods like oral sex or stimulation with the hands or tongue on different parts of the body. Other methods include dirty talk, sexting or sending nude photos. Or as my mother would say: "helping clean the kitchen is absolutely foreplay."

In a relationship with two partners, it is important to remember that sex is a two-way street. If you feel like you are giving more than you're receiving, there's no shame in openly communicating the need

for more foreplay. Not only will foreplay help lubricate your sexual escapades, but building up tension before moving forward with whatever sexual activities you have in mind is sure to increase excitement and anticipation for all partners involved.

Long story short, take the extra time to warm up your lover. Try and learn new ways to build anticipation so that you can both have the best time possible. Consent and communication are key, and try to keep your mind open to new things. Hoping to try butt stuff? Definitely make sure to warm things up first.

Sales pitches don't belong in classrooms

Sean Willett
Gauntlet Opinions

When I sat down for the first lecture of my molecular biology class, the person at the front of the room was not my instructor. Instead, the class was greeted by a representative of John Wiley & Sons Inc., the company that publishes the required textbook for the class.

What followed was a 10-minute sales pitch aimed at convincing students to buy new copies of the class's required textbook. This type of blatant pandering from textbook companies has no place in the classroom and should not be allowed at University of Calgary.

The presentation was billed as a guide to accessing the company's online resource, WileyPlus. These instructions were in no way necessary — few students in 2017 need an explanation of how to set up an account on a website and this information could have been delivered more effectively communicated through an e-mail or post on D2L. Instead, every student had to sit through a lengthy presentation, only a portion of which could be helpful.

Much of the presentation was actually devoted to convincing students that they should buy more Wiley brand products. The representative explained, at length, the benefits stu-



Sales pitches from company representatives are inappropriate in the classroom. JUSTIN QUAINANCE

dents would receive from WileyPlus — which can only be accessed by purchasing a new textbook or an online access code. These include additional study tools, practise questions and online access. The sales representative emphasized how helpful the benefits of WileyPlus would be for students, going as far to say that they are “the best way to get an A in this class.”

This is not a claim a textbook salesperson should be allowed to tell a class of mostly second-year biology students. Even ignoring that this Wiley representative has likely nev-

er taken this particular molecular biology class and therefore would not know how to best receive an A, telling students your product is the best way to do well is manipulative. Doing so during class time makes it even worse.

While I'm sure that the features offered by WileyPlus would be helpful to some students, they are in no way required in order to do well in a second-year biology course. I have done well in many of these courses with nothing but an old edition of the textbook and

regular class attendance. No one actually needs online flash cards.

But having the presentation take up a significant amount of valuable class time makes WileyPlus seem like something everyone is expected to have, since all students are being made to watch. Why else, a student may think, would the instructor allow this to happen?

This presentation likely convinced some students that they need to buy a new textbook or that they need to purchase an access

code to go along with the used textbook they already own. Either way, they will end up spending more money than they otherwise would have for something they probably don't actually need.

New textbooks are expensive and prices have only climbed in recent years. Students aren't exactly a group with a lot of money to spare and many buy used textbooks to try to save on the already high cost of education. I understand that publishers like Wiley are losing money because of this, but the strategy to combat this trend shouldn't be to give sales pitches to classrooms in an attempt to trick or scare students into buying their products.

Additionally, the U of C should not allow for this type of presentation to occur during class time. Not only does it give the illusion that costly optional material are required for all students to own and any useful information on how to access this material could be easily delivered in a less time consuming manner.

Forcing all students to sit through a sales pitch for something they don't need is an unethical waste of time. Textbook publishers are enough of a pain as it is. The last thing we should be doing is giving them a bigger platform to stand on.

CAMPUS LIFE »

Networking shouldn't inform everyday interactions

Jill Girgulis
Gauntlet Opinions

You are at an event. The dress code is business-casual. Your friend — a third-year en route to a Bachelors of Commerce with a concentration in marketing — is with you. Midway through the evening, your friend leaves your side to go talk to an older, well-dressed gentleman you don't recognize standing near the drinks table. You watch as your friend smoothly glides over and extends their hand. They smile warmly at the man, make good eye contact, exchange inaudible dialogue and then return to you a few moments later.

“Who was that?” you ask. Your friend responds: “Mr. [insert local business mogul here]. He started [insert random business venture here] when he was [some impressively young age] and his head office is in the downtown core. My plan is to get a job with his company this summer, so right now I'm just doing a bit of networking to get the ball rolling.”

And you thought maybe your friend was just asking about the drink menu.

For many people, the term “net-

work” is familiar, but the concept of making calculated social connections for the purpose of advancing one's career or laying down the framework for a favour in the future is something entirely different.

This one word has redefined how people interact. Instead of going over to talk to someone to be friendly or polite, there exists an underlying motivation to get something out of a conversation. Otherwise, it's perceived as a waste of time. The concept of networking encourages people to put for their own self-interest above all others.

Since I've been in university, I've noticed just how often this word is used. “Networking” appears in the subheading of a poster advertising a faculty event or on Facebook as the title of an upcoming mixer held at the Den. I'm sorry, but no networking will ever be done at the Den.

I understand the importance of what's known as “business networking” and how it has become an unavoidable and necessary component of some careers. What I don't understand is why we feel the need to incorporate this strategic concept into our everyday lives and encounters.

Networking changes the atti-



The concept of networking can take away the authenticity in social interactions. PUBLIC DOMAIN

tudes people have when they approach certain social situations. And it makes our simple interactions like grabbing a coffee or drinks with others less authentic. There's this need to benefit from the interaction in some way. And if the other person isn't actively networking too, then there's the tendency for the conversation to

transform into an insincere, one-sided affair. Those that possess a networking mindset may even be more likely to start using people as a means to an end. Whatever happened to simply talking to a person because we like them or find them interesting and want to learn more about them?

If there really is a person who

you feel would be good for you to get to know, then do exactly that. Actually take the time to form a legitimate, genuine connection with that person. And when it comes to the rest of the people you interact with each day, just be a decent person. Don't enter every new situation only thinking about what's in for you. It's as simple as that.

Open consultation important opportunity for feedback on campus sexual violence policy

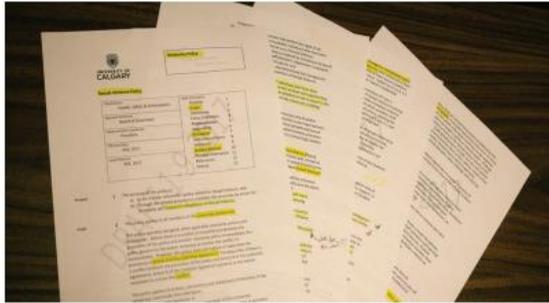
Melanie Woods
Editor-in-Chief

On Jan. 9, the University of Calgary opened up its sexual violence policy for consultation. The document is intended to provide a framework on campus for reporting and investigating sexual violence cases. The consultation webpage includes links to a draft of the policy, a flow-chart and an online form to provide direct feedback.

You probably think you have better things to do than complete the survey. Policy minutiae isn't the most thrilling thing in the world, I get it. But this policy hasn't been updated since 1991 — it's worth 15 minutes of your time.

A lot of university policies pass behind the closed doors of board meetings and administration without direct feedback from students. But the U of C has been pretty open with the development of this specific document, consulting with groups such as the Women's Resource Centre and Consent and Sexual Education student club.

University administration will



The U of C sexual violence policy is open for feedback. JUSTIN QUAINANCE often recruit select student groups to represent a whole and tout their "impressive" student consultation. And while the contributions of those groups can't be understated, the fact that the university opened this policy up to community consultation is evidence of how serious they are about sexual violence on campus. So take 15 minutes out of your day, read it, think about it and make the university understand how serious we are about it too.

On the surface, there's a lot to like about the proposed policy. It explicitly defines sexual violence in a

comprehensive and specific way that takes into account physical as well as psychological abuse. The policy also includes entire sections on consent, anonymity and a new position of Sexual Violence Support Advocate, who is an individual specifically trained and designated as the first point of contact for sexual violence cases.

But we must also use this opportunity to point out the document's shortcomings. There are places where cases of sexual assault could fall through the cracks or the policy could be misinterpreted.

Section 4.23 of the policy states:

"A Disclosure is not a Formal Report and will not trigger an investigation unless the University becomes aware of a risk to other members of the University Community."

But what does that mean? By the policy's own definitions of "disclosure" and "formal report," it means an individual could share information about a personal experience with sexual violence to the university and that might not prompt an investigation if that individual didn't file a formal report. And the document is incredibly vague about the difference between a disclosure and a formal report.

Further, any incident of sexual violence on our campus is a threat to the university community and should be treated as such. Suggesting that it is possible it is not goes against what this policy is trying to improve about our university's treatment of sexual violence.

Incidents of sexual violence are traumatic and the lengths victims have to go to report their experiences to law enforcement are a well-documented barrier across society. With vague wording, the policy opens a window to claim that a report is sim-

ply a disclosure and not a formal report or that there isn't a "threat" to the university.

This vague language is found throughout the policy, particularly around discussions of reporting and investigations. The intense specificity the policy affords to definitions of sexual assault and consent must be employed throughout the entire document to ensure it is as clear as possible. Reporting sexual violence is not a place to leave loopholes.

When going through the consultation, if the language feels unclear to you — if there's a point you don't understand or information you don't have — demand that it is clarified. If the university is going to drop a vaguely worded policy onto us for consultation, point out where it feels vaguely worded.

It's important that we engage with this document. Read through it and think critically about it. If you don't understand something, point it out. Give your feedback and let the U of C know you care about the way sexual violence is handled on our campus. This is our chance to get it right, so let's get it right.



ClubsWeek

presented by the Students' Union

JAN. 16 - 19, MACEWAN STUDENT CENTRE

#ClubsWeek2017 #ClubHub

su.ucalgary.ca/clubs

  SUofC_Clubs

ART GALLERY »

Esker Foundation brings artists from across Canada together for *Earthlings*Rachel Woodward
Entertainment Editor

In 2009, Shary Boyle and Shuvinai Ashoona exhibited together at the University of Toronto. The pair have since collaborated across Canada through mail. Boyle, located in Toronto and Ashoona, based in Cape Dorset, Nunavut, will reunite alongside five other artists at the Esker Foundation from Jan. 21–May 7 for *Earthlings*.

Esker foundation curator Shauna Thompson says that while the gallery usually produces solo exhibitions, the group show is a welcome exception.

"This was a special exhibition that came together through a proposal by Boyle," she says. "She approached us and was very interested in doing a group show in ceramics and works on paper and we were super interested in the idea."

The exhibition features over 115 pieces, primarily highlighting ceramics and drawings that the seven artists, in some form, had a hand in creating. Because of the collaborative aspect of Boyle and Ashoona's artistic relationship, Thompson says that the rest of the exhibit will display the same collaboration.

"I think the best way to describe



The exhibition will demonstrate a collaborative look at Inuit art and how it integrates with the rest of the country. COURTESY SHARY BOYLE

it is just really incredible visionary, imaginative ceramics and drawings that were made individually but also collaboratively, which I find super exciting," she says. "A lot of the pieces have more than one artist whose hand has worked on them. There's a really interesting coming together and exchange of ideas."

The artists in the exhibition are also geographically connected, hailing from Nunavut's Rankin Inlet, Cape Dorset, Baker Lake and Toronto, Ontario. Thompson says

the Canadian landscapes from disparate corners of the country will set the stage to show what art is and how northern Canadian artists create their work.

Alongside Boyle and Ashoona, John Kurok, a Rankin Inlet ceramist who also works as a printmaker, multifaceted artist Roger Aksadjuak, traditional artist Pierre Aupilardjku, expressive artist Jessie Kenalogak and critically-renowned carver Leo Napa-yok will also feature at the show.



Thompson says that the diversity of the show is its strength and it will be easy for gallery attendees to find something they like.

"It's all very profoundly human but there's also all these otherworldly images and transformative narratives, so there's an interesting balance between the tangible humanness of it and this spiritual, almost alien thing happening in the show," she says. "It's such a huge umbrella but I really think that the exhibition touches on everything

from birth to life to death to myths and reality and everything in between. There's going to be something for everybody here."

Thompson hopes that by viewing this exhibition, Calgarians will experience a new take on Canadian art.

Earthlings runs at the Esker Foundation until May 7. Admission to the gallery is free.

For more information, visit eskerfoundation.com

HIGH PERFORMANCE RODEO »

Why We Are Here! brings pop-up choir to Calgary

Gurman Sahota
Entertainment Assistant

Following a recent trend in audience participation, the site-specific pop-up choir *Why We Are Here!* will transform Studio Bell, the Cathedral Church of the Redeemer and Lougheed Historic House into audience-based performances. The performances feature a scripted first half and a spontaneous second half that acts as a response to the city, site or score. The performance is part of this year's High Performance Rodeo.

Performance co-creator Brian Quirt says there is excitement in having a flexible portion of the show post-intermission.

"We figure out what the second half will be during the show. We have plans and we have ideas of what might happen in the second half but we're always extremely open," Quirt says.

With three nights in different locations, the show benefits from deviating



The pop-up choir aims to help Calgarians feel closer to their city through music. COURTESY ERIN BRUBACHER

from traditional choral performances. Alongside the different locations for each performance comes a different choral director and different music. Quirt says that a musical response is formed to the events of the day and what's happening in the city.

"Because of the mixture of people [and events], we're able to coalesce as a choir more quickly and go further

in terms of what they might sing so all of those factors help shape what goes on in the second half," he says.

The High Performance Rodeo will be the first time the piece has travelled outside of its Toronto origins. Quirt says that part of the fun is finding locations in a new city. Collaborating with HPR, the creators identified 25 locations across

downtown Calgary before narrowing the list down to three. Quirt says finding a site that is available and serves the interests of the show. He says the show will engage with Calgary by exposing the city's rich history.

"[Calgary is] obviously a very different city, its history is different, its landscape is different, its age is differ-

ent, the mixture of people is different," Quirt says. "In the same sense we're not sure what will happen musically over the course of the evening. How those will combine in a given evening could be quite different depending on the city."

Quirt hopes that Calgary audiences will view their city from a new perspective and see the location through a different lens after attending the performance.

"By inviting the audience to become a part of the choir, there's hope that they'll listen more effectively, listen more surely to music and the sounds, whether it's choral or not, to performances and also the city that surrounds them," he says.

Why We Are Here! will perform at Studio Bell, Cathedral Church of the Redeemer and Lougheed Historic House on Jan. 18, 20 and 22, respectively. Tickets are \$15.

For more information, visit hprdeco.ca

HIGH PERFORMANCE RODEO »

Decidedly Jazz Danceworks turns familiar Shakespeare on its head with *Juliet and Romeo*



Juliet will take the lead this classic tale.

COURTESY TRUDIE LEE

Tessie Ward
Gauntlet Entertainment

For the annual High Performance Rodeo, Decidedly Jazz Danceworks will put a modern spin on a Shakespearean classic with *Juliet and Romeo*. The dance company will fuse narration, dance and live music to present the play in an entirely new way.

The show includes a cast of nine dancers, a narrator and a live four-piece band playing original music composed for the show by Nick Fraser.

"I think that it's a dance concert, but it's also a music concert and a piece of theatre," artistic director and choreographer Kimberley Cooper says.

Cooper says the adaptation isn't just for Shakespeare buffs.

"I think that it doesn't matter if you like Shakespeare or not. If you do like it and you do know it, then hopefully you'll like what we've done with it," she says. "I think that it's such a famous play that there's something kind of fun about the fact that everybody sort of knows what happens. It's 422-years old and people still love it. So that says something really

interesting about what an amazing piece of theatre and amazing piece of art it is."

Cooper says she is particularly excited to work with Cory Bowles, who plays the narrator and helped adapt the original text. Bowles has worked on many different projects, including *Trailer Park Boys* and the new CBC television show *Pure*.

It's 422-years old and people still love it. So that says something really interesting about what an amazing piece of theatre and amazing piece of art it is.

—Choreographer Kimberley Cooper

"He's an actor, he's a writer, he's a director," Cooper says. "I've wanted to do a story ballet for a long time and all the pieces came together and seemed to fit for this

right now."

While Shakespeare's *Romeo and Juliet* is the obvious source material, Cooper says the show isn't an exact recreation.

"We're only using a little bit of the original text. Most of it has been adapted by Cory so it has a kind of different feel," she says. "We veer away from the story at times and we choose different aspects to highlight and talk about. It's been pretty fun."

She also says the title was important to her.

"I wanted people to know right off the bat that it wasn't going to be traditional. I also think that Juliet is the more interesting character and I wanted to pay a little bit more attention to her," Cooper says.

The show marks Decidedly Jazz Danceworks' first involvement in the High Performance Rodeo since 2010.

Juliet and Romeo runs from January 18–28 at the Decidedly Jazz Danceworks Dance Centre. Tickets are \$18 for students and are exclusively available on their website.

For more information, visit hrpdeo.ca

NEW MUSIC »



The xx
I See You
January 13, 2017 (Young Turks)

After nearly five years since the release of their last album, the xx return with their third studio album *I See You*. The album is an ode to heartbreak, loss and surprising clarity. It's a perfect foil to the endless onslaught of love songs as we approach Valentine's Day. These are not love songs — they are remnants of a love lost but without the heavy burden of resentment.

Unlike their previous releases, the vocal talents of Romy Madley Croft and Oliver Sim are accentuated equally on the relatively short 10-track album. There is no distinct song that outshines another, nor is there the release of a climactic rise of instrumentals or

vocals. Each song is laced with the soft echoes of sad indie-pop that the band grew into with their last album.

The album is the product of Madley Croft and Sim, as they take on-stage haughty, heated and heavy chemistry and channel it into an album.

The anthemic "Dangerous" boasts thrilling lyrics like "If this only ends in tears / Then I won't say goodbye 'cause I couldn't / 'Cause I couldn't care less," alluding to the dangers of a relationship with an imminent expiry date. It's also danceable, with the background music echoing hints of '90s pop.

"On Hold" is the most upbeat song on the album, lulling the listener instrumentally into a false sense of security as if the entire album wasn't an attempt to make sense in the ruins of love.

"I Dare You" is infectious from its opening as Sim starts the song and Madley Croft punctuates the track. A light song, it brings the nostalgia of the beginning of a relationship that eventually is fraught with idealism. With lyrics such as "I've been a romantic for so long / All I've had are love songs," it's dif-

ficult not to hum along with the song.

The second track on the album "Say Something Loving" could be its best. The band sings to the thoughts we think when we perform a post mortem on a dead relationship. If your heart is tender, be careful of this track.

No one song is indulgent and the album showcases the skill the xx possess in quietly directing your attention in a near surgical way of making you feel what they're feeling. The band doesn't carry a vast vocal range but they don't need to — the purpose of the album is complete with the melancholy in their voices.

Heartbreaking yet healing, the band relies on simple acoustics and the occasional electronic beat to highlight the lyrics. *I See You* is the love letter we'd all like to write and burn at the end of the cathartic experience, never departing from its source.

If you're healing, hurting or sick of hearing sugary sweet love songs, *I See You* will cut through the diabetes and still deliver some serious feels.

Gurman Sahota

CAMPUS STYLE »



JUSTIN QUAINANCE

This cool menswear-inspired look from third-year geology major Tharwa Saleh pairs the best of 2016 styles to ring in the new year. A heavyset stone grey Aritzia coat is perfectly balanced with an all-black ensemble. The leather backpack adds a masculine appeal to the fall of Tharwa's jacket and a strong brow with neat hair makes this an essential look for work and play.

Emilie Medland-Marchen



COURTESY SHAWN CARPENTER

Wait Until Dark for Vertigo Theatre's latest

Rachel Woodward
Entertainment Editor

For most people, a night out at the theatre is a relaxing time, where participating as an audience member is limited to watching a story that might make you laugh or shed a tear. But when was the last time you sat at the theatre feeling genuine fear as you watch a thrilling and terrifying narrative unfold before you? Director Simon Mallett hopes that you feel this at Vertigo Theatre's production of *Wait Until Dark*, playing from Jan. 21 – Feb. 19.

The story was originally written by Frederick Knott and performed on Broadway in 1966. In 1967, Terence Young directed a feature film based on the play starring Audrey Hepburn and Alan Arkin. The narrative follows a newly blind woman who discovers that con men are coming into her home in search of something.

Mallett says that this isn't the first time Vertigo Theatre has worked with the thriller. The company produced the play 10 years ago and Jeffrey Hatcher adapted the play to alter the setting in 2013. This time around, under Mallett's direction, Hatcher's adaptation takes place in the 1940s.

"It just helps to enhance some of the themes of the play in terms of the role of the female protagonist and what her domestic stand-

ing would have been especially as a newly-blind woman," Mallett says. "It also brings in some elements of the end of World War II and what that meant to the men who were around and weren't at war. There's some added benefit to the changing of time and a few other smaller tweaks and changes from the original in order to enhance the character dynamics during the play."

The Vertigo team worked to keep anticipation and horror accessible to the audience without using "movie magic." Mallett says that some theatre conventions allow for the unique stylings of a classic thriller.

"There's a lot to be said for being able to create really palpable tension and fear in something that is in our lives in performance. Horror films have the benefit of a lot of gore and special effects that are used to manipulate the audience's imagination. I think there's something to be said for being able to create that kind of fear in a live environment," he says. "That's a fascinating experience to have as an audience member — being genuinely scared in a theatre space."

Wait Until Dark is showing at Vertigo Theatre From Jan 21 to Feb. 19. Tickets are available online.

For more information visit
vertigotheatre.com

HIGH PERFORMANCE RODEO »

All The Little Animals I Have Eaten highlighted at HPR

Gurman Sahota
Entertainment Assistant

After stepping into a last-minute role on *The Newsroom* left by a departing male actor, Karen Hines experienced a cultural shift in gendered characters, notably within their dialogue.

When Hines' character was brought back for the next season, the part was revised for her. Suddenly, the character could only talk about boyfriend, her PMS and topics related to being female.

"I was really struck by the difference and how common that is and how liberating it was not to be talking about being female," Hines says. "So when I saw this Bechdel Test, it really struck a chord with me and I wanted to create a piece that would pass."

And with that, Hines wrote *All The Little Animals I Have Eaten*, a dark comedy that follows a sleep-deprived grad student who serves at a bistro. The play unfolds as she overhears the surrounding patrons of the bistro as she studies the Bechdel Test.

Originating from a cartoon by Alison Bechdel, the Bechdel Test observes the role of female characters in the media and follows a set of criteria. It dictates that there must be at least two named women who speak to each other about something other than a man. In *All The Little Animals I Have Eaten*, Hines is adamant that they must also not speak about family.

"I think it exposes a lack of female representation and a lack of range in female roles," says Hines. "I just wanted to go and make something that would have range



COURTESY ANDY CURTIS

The play will defy gender portrayal in theatre.

and create a number of nuances to female characters."

Though the play took nearly three years to write and find suitable performers, Hines says the play is always changing and she isn't afraid to continue to alter the piece. With its first run in Calgary, Hines hopes the play can expand to other locations in Canada and abroad. She has high hopes for its projected run during this year's High Performance Rodeo.

"We've had three audiences so far, so I have a sense of how they're reacting — they're laughing," says Hines. "I think it's an odd piece — it's not exactly linear. It's engaging audiences in

ways that they're not used to being engaged."

With a strong response from audiences and three sold-out shows so far, *All The Little Animals I Have Eaten* follows trends of successful experimental theatre. However, Hines hopes to stray from convention and normalize female characters as multifaceted with the ability to make sharp comments and jokes that go beyond a man or family.

All The Little Animals I Have Eaten shows at 8:00 p.m. at Big Secret Theatre. Dates and ticket prices vary.

For more information visit
hprdeo.ca

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SPORTS

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PERSONAL ESSAY »

Hayley Wickenheiser redefined women's sports for me and countless others

Emilie Medland-Marchen
Sports Editor

Canadian hockey legend and former Dinos women's hockey player Hayley Wickenheiser announced her retirement on Jan. 13, 2017. In a way so uncharacteristic of her explosive career, Wickenheiser quietly posted on Twitter that she would be hanging up her skates.

The news erupted across social media, where thousands of fans shared their memories of Wickenheiser and immense gratitude for her service to Canada. Wickenheiser won four Olympic gold medals and one silver during her career. She put up 168 goals and 211 assists for Team Canada and was twice named Olympic tournament MVP.

But Wickenheiser's impact extends beyond her stat sheet. She stands as a symbol of female athletic greatness — an idol to thousands of young girls who were inspired by her success, her grit and her absolute determination to give her best to the game.

I was one of the many young girls who idolized Wick as the epitome of girl-power and athletic resilience. In Finland in 2003 she became the first woman to score a goal in a men's professional league. She would go on to play 23 games in the division, scoring two goals and adding two assists to her resumé. Her ability to run with the boys absolutely fascinated me and perfectly matched the tomboyish attitude I developed as a kid that would later grow into an affinity for feminist activism.

At a young age I was enrolled in the hockey program in small-town Kitimat, British Columbia. Like many Canadian children, I learned how to skate on a one-surface ice box. In those small towns, hockey is in your blood.

I loved being on the ice — the feeling of the wind through my hair, the cold air blasting against my jersey as I moved from blue line to blue line. But I did a little too much backwards skating to ever be very good at putting the puck in the net. Inspired by Wickenheiser and her ability to play on a men's team, I held my own as one of the only girls on a team full of boys where I developed my skating skills and the ability to bodycheck.

I would later learn that the physical aspect of hockey — something that attracted me so much to the sport — was not allowed in women's play. The next hard blow was the realization that playing in the NHL was not a possibility for me.



During Wickenheiser's career, registered Canadian female hockey players increased from 16,000 to 87,000.

COURTESY TRICIA HALL

Discouraged by these facts, coupled with the realization that most professional women's hockey players don't get paid for their performances, I took up figure skating instead. As I traded in my hockey gear for a velvet skirt and toe picks, I don't remember feeling any kind of remorse. I was too young to understand the gender dynamics and societal forces that pushed young girls into figure skating rather than hockey. I just wanted to skate.

Americans playing on home turf — despite American referee Stacey Livingston awarding the U.S. power play after power play — St-Pierre held off the American onslaught for the remainder of the third. And then it was all over.

The Canadian women exploded off the bench and piled on top of St-Pierre. Champagne erupted across the ice. Future Dinos women's hockey head coach Danielle Goyette skated

box in the country. As I practiced my toe loops and figure eights, I sometimes wished that I was still out there with the boys passing the puck, scoring goals and waiting for the day that women would be allowed in the NHL.

Fifteen years later, it seems like things have come full circle. In 2010, Wickenheiser came to the University of Calgary to play for the Dinos women's hockey team and earn her kinesiology degree. She would play under former teammate Danielle Goyette, now the head coach of the Dinos team. It was a young program. Only in their second year of playing in the CIS, Wickenheiser was expected to provide leadership to the team.

In typical Wickenheiser fashion, she did much more than that. In her CIS debut against the University of Regina Rams, Wick scored two goals and earned one assist. She was named Canada West female athlete of the week on Nov. 2, 2010 after scoring three goals and adding an assist in a game against the University of Alberta Pandas. It was an exceptional start to what would be an infamous CIS career.

In 2011, Wickenheiser was named CIS player of the year in women's hockey. She became the first ever Dinos athlete to win the Brodrick Trophy as CIS MVP. Her legacy as the best ever women's CIS hockey player is unquestionable and unchallenged. And her leadership on the Dinos women's hockey team resulted in the cultivation of a number of future talents, including Iya Gavrilova, Sasha Vafina and Jenna Smith.

I made my way to the U of C in 2013, intrigued by the institution's exceptional athletics program and sport facilities. After spending 10 years as a figure skater, I had traded in my figure skates for an even longer 17-inch blade. My passion for skating fast had developed into a love for speed skat-

ing. After I graduated high school, I came to Calgary to train in the world-renowned Olympic Oval program. It was the next step for me in my dream of becoming a professional athlete.

On one of my first days in the program, I remember coming out of the dressing room, fumbling to carry my skates in both hands and feeling uncomfortable in my new Oval-certified skin suit. I had my head down as I walked through the hallway leading to the ice surface. I was rushing to make sure I wasn't late getting on the ice. That's when it happened.

Hayley Wickenheiser rounded the corner and walked down the hall towards me, decked out in all of her gear, her signature blonde hair peeking out from beneath her helmet. The blade of her stick was fresh from the ice with a coating of snow that dripped onto the rubber floor. I looked up and saw the unmistakable power of her gait as she made her way to the Dinos women's hockey locker room right next door to ours.

I froze, embarrassed by how flustered I looked and trying to come to grips with the realization that my childhood hero was standing right in front of me. I wondered if it would be weird to ask her if she could sign one of my skates, then realized that I didn't have a pen.

As she passed by me, I felt very small — like the hallway wasn't big enough for both of us. I caught the unmistakable, pungent whiff of hockey smell. It brought me back to those days a long time ago — a little girl in the dressing room, taking off my gloves. Taping up my stick. Wiping off my blades.

As Hayley Wickenheiser passed by she noticed me standing there. She looked down from beneath the cage of her helmet. Then she smiled.

I smiled back.

Like many Canadian children, I learned how to skate on a one-surface ice box. In those small towns, hockey is in your blood.

But despite transitioning from hockey into figure skating, Hayley Wickenheiser remained one of my sport idols. Her position at the top of my inspiration list was solidified after the historic 2002 Olympic gold medal win. I, like so many young Canadian girls, watched as Canada's women's hockey team wrestled their way into hockey history.

On Feb. 1 2002, the Canadian women's hockey team took to the ice in the Salt Lake City Olympic final. A rematch against the 1998 Olympic gold medalist United States, it was a moment that every hockey fan in Canada watched with bated breath. It was more than a hockey game — this match was political.

As the Canadians soared to a 3-1 lead at the end of the second period, fans watched on the edges of their seats. Canada's tournament MVP Hayley Wickenheiser had scored the night's definitive goal to put Canada up 2-1. Outstanding goaltending from Kim St-Pierre had kept the 12 American power plays at bay. Despite the

to centre ice where a Canadian loonie had been placed for good luck. Her and three of her teammates bowed down to the coin frozen under 10 inches of ice — the gold matched the colour of the hardware that was soon placed around their necks.

The 2002 women's hockey gold medal is one of the most important moments in Canadian athletic history. But beyond that, it inspired a generation of young girls to learn to love the game. Six million viewers tuned in to watch the women's Olympic gold final. The team was dubbed Canada's 'golden girls' and like many inspirational Olympic performances, led to an explosion of interest in sport among young people. The number of registered female players in Canadian hockey increased from 16,000 during Wickenheiser's first year on the national team to nearly 87,000 today.

Hayley Wickenheiser is a symbol of this moment in Canadian hockey. Her face was burned into my mind when it appeared on every television screen, dollar store hockey card and cereal

Dinos women's basketball earn 69-59 Pack the Jack win over UFV Cascades

Tommy Osborne
Sports Assistant

The Dinos women's basketball team downed the University of the Fraser Valley Cascades 69-59 on Jan. 12 in the annual Pack the Jack event. Live music was provided by the Dinos' brass band who pumped up the 1,024 students in the stands ready to cheer on the U of C.

The Dinos stumbled out of the gate, falling behind 16-7 in the first quarter. While the offence struggled in the first quarter and a half—missing 13 shots in a row during the Cascades' 13 point run—the Dinos were able to pick up the slack midway through the second quarter going on their own runs of seven and nine points. Both were sparked by excellent steals from second-year guard Shinelle Handzui. By the end of the half, the Dinos had made it a three point game, trailing their B.C. opponents 26-29.

"It totally shows our tenacity, that we're a grindy team," Handzui said of their ability to come back in the face of adversity. "We were 12 men deep and we just managed to run through our whole team."

The second half started with a bang. First-year Dinos forward Bob-



Second-year guard Shinelle Handzui's two steals led to a momentum shift.

JUSTIN QUAINANCE

bi-Jo Colburn forced a turnover and took the fastbreak layup for a quick two points. Despite a slow start to the game for Colburn, she managed to shine in the third quarter with eleven points and three steals. Brianna Ghali also lit up the stats sheet with seven points, six rebounds and two steals in the third quarter alone.

Ghali had an incredible night, leading the team with 25 points, 13 rebounds and seven steals by the end of the game. Ghali credited her success to her teammates.

"I wouldn't say those points are just mine, they're team-created," she said. "If we get good stops on defence then we can get everyone out and moving."

Head coach Damian Jennings was impressed, but not surprised, with how great Ghali played.

"We know the capabilities of Brianna Ghali. We know that she is a special player—she's one of the leaders in this group," Jennings said. "She didn't start the game particularly well but then she responded as all stars do."

By the end of the third quarter Col-

burn and Ghali had put the game out of reach for UFV, bringing the score to a healthy 59-44 for the Dinos. Second-year guard Erin McIntosh also contributed seven points and two rebounds in an astounding third quarter for the Dinos. The trio of Colburn, Ghali and McIntosh scored 25 of 33 points in the third quarter. The Dinos would go on to win the game 69-59, giving the fans at the Jack Simpson a well-played, hard fought win.

The high fan attendance certainly provided the team an extra boost of

energy. With the support of so many fans, the players were extra motivated to secure a winning game.

"It was so cool. There were so many people with such great energy," Ghali said. "In the first half when we weren't playing very well we felt like we were letting our university and the city down, so we really wanted to come back and play well for them."

Handzui shared this sentiment.

"It's always amazing to represent your school and city," she said. "Obviously we'd want to get a crowd out like that every game, but to have a special event for it is pretty incredible."

With the win on Jan. 12, the Dinos broke a fifth place tie with the Cascades, moving up to fourth place in the Canada West standings.

"[The game was] really important and so is tomorrow's," said Jennings. "You want to add momentum to what you started. Winning today is one single game. We have to back that up tomorrow and it's not going to be easy because [the Cascades] are a good team."

With a 60-69 loss to the Cascades on Jan. 13, the Dinos currently hold a 14-6 seasonal record. They will take on the University of Saskatchewan Huskies in their next home game on Jan. 20.

DINOS BASKETBALL »

Dinos men's basketball dominate UFV 106-68 in Pack the Jack

Tommy Osborne
Sports Assistant

The Dinos men's basketball team put on a show for University of Calgary fans at Pack the Jack on Jan. 12, forcing a dominant 106-68 victory over the University of Fraser Valley Cascades. The 38-point victory is the second largest margin of victory for the Dinos this season. Immediately following an impressive outing by the women's team, the Dinos picked up where the women's team left off by outplaying their opponents in a valiant second half effort.

The first quarter showcased what fans have come to expect from the Dinos. It was filled with impressive free-throws from fifth-year guard Thomas Cooper, a stifling defence that only allowed 13 points and speedy ball movement.

But the unexpected clutch performance of the night came from fourth-year guard Jhony Verrone. Verrone started the first quarter with four points, two rebounds and two steals. One of his steals led to a fastbreak where he carried the ball down the court for a dunk that made the crowd go crazy.

"I thought someone was gonna foul

me, but I said I'm gonna go up strong no matter what and I dunked it," Verrone said. "The possession before I got the ball and missed the layup, so I said to myself, 'next one I gotta redeem myself no matter what.'"

Verrone continued his strong play throughout the night, polishing off UFV with 12 points—nearly triple his average—seven rebounds and three steals. He chose the perfect night for his breakout game, giving the home crowd what they came for with electric dunks and tenacity on defense.

Despite a strong first quarter where the Dinos led 24-13, the halftime score was 43-37, a game too close for comfort for last year's national silver medalists. The Cascades nailed nine threes throughout the second quarter, bringing the score within 10 points of the U of C by halftime. Heading into the second half of the game, the Dinos fired back with the impressive chops that took them all the way to the national championship finals last season.

The U of C came out strong in the third quarter with the entire team putting up impressive shots. Third-year guard Mambi Diawara scored seven of his 15 points in the third and fifth-year forward Dallas Karch quietly amassed points. The Dinos' talent and depth

took over in the second half and it showed in the box score. Four Dinos players—Cooper, Diawara, Karch and Verrone—scored in the double digits. Third-years David Kapinga and Lars Schlueter were only one point away from hitting double digits.

"Our depth is a significant factor against anyone we play," head coach Dan Vanhooren said. "When we bring our bench onto the floor, they're capable of playing at a high level."

The win keeps the Dinos within striking distance of the number one seed in the Canada West. With a 9-2 conference record, the team is currently third in the Canada West behind the 9-1 University of British Columbia Thunderbirds and the 11-1 University of Alberta Golden Bears. As the Dinos prepare for their push for the top seed, Vanhooren stressed the impact of every game.

"Every game in the Canada West is important," Vanhooren said. "By the end hopefully we're in a good position to host some playoff games and have a good run."

The Dinos swept the series by overcoming the Cascades again on Jan. 13 in a close 92-87 game. With the win, the Dinos improved their seasonal record to 16-2.



The Dinos hosted UFV at the 2017 Pack the Jack.

JUSTIN QUAINANCE

TRY THIS »

Don't let the winter blues slow you down

Christie Melhorn
Volunteer Coordinator

Now that the holidays are over, the charm of waking up to glittering heaps of snow is gone. The extra time needed to bundle up and slick roads can make it difficult to stick to a set schedule — especially when it comes to hitting the gym. To melt the motivation freeze that comes with the grueling cold weather, I borrowed advice from *Chatelaine*, *Men's Fitness* and *active.com* to help keep you from wanting to dive back into your warm bed.

One of the best ways to set up a successful day is to prepare ahead of time. The night before, write a list of where you need to be and what you need to get done at specific times. This will keep you focused and organized throughout the day. It provides incentive to get things done and a sense of reward for doing so. Preparing a tasty breakfast ahead of time is a great way to smooth out your mornings, especially for those of us who can barely stand in the morning, let

alone pour cereal into a bowl. Paluna Santamaria, a trainer and nutrition consultant for Nike, argues that a pre-made breakfast high in protein and healthy fats will give you a great boost first thing. Having a nutritious and tasty meal waiting for you also offers something to look forward to on those dreary mornings.

I recommend trying out an overnight oats recipe to kick-start your morning. Oats are loaded with fibre, vitamins and antioxidants. As a complex carbohydrate, your body takes longer to digest oats, leaving you feeling fuller and more energized throughout the day. Instant oatmeal is usually loaded with unnecessary sugars that will make you feel sluggish. Opt for a less processed variety for a maximum energy boost. Adding fruit, nuts and milk to your oats will enhance them into a well-rounded, satisfying meal. Here's a template recipe inspired by Howie Fox, a blogger for *hurrythefoodup.com*, that suggests what type of ingredients and how much you can add for a knockout bowl of overnight oats:

- Half a cup of steel-cut or rolled oats
- One cup of any type of milk
- Two tablespoons of nuts or seeds
- One teaspoon of any type of spice
- One teaspoon of natural sweetener
- A whole fruit
- A handful of berries

I find almond milk soaks into oats really nicely, giving them a richer flavor while adding protein, vitamin E and calcium. Don't hesitate to use nut butter instead of whole nuts as well. This can add a pleasant creaminess with the same amount of healthy fats. If you're a chocolate lover, mix half a tablespoon of cocoa powder with your oats to satisfy your sweet tooth. Let the oats sit in the fridge overnight to puff up and develop a smooth, delicious texture.

To keep your momentum going for the rest of the day, dress warm to make outside more tolerable. The wait for the bus and walk across campus won't kill your motivation and mood as much if you are bun-

ded up. According to *National Geographic*, exposure to cold weather restricts bloodflow to our hands and feet, causing us to feel slower and sluggish. Wearing long johns, two pairs of socks and multiple long sleeved tops may not be very flattering but it will keep you comfortable and more inclined to carry through with your workout plans.

If you can't ignite your desire to work out, try compromising with yourself. Santamaria suggests setting a smaller goal for the day, like going for a walk instead of a run, to at least get you moving. Once your endorphins start pumping, you may surprise yourself and work out longer and harder than you initially thought. Either way, it will ultimately feel good and lay the foundation for a more productive day. *Livestrong.com* explains that this is because exercise increases blood flow to the brain, making you more alert.

Working out also causes the brain to release serotonin — a neu-

rotransmitter that helps perk emotions and mood. One of the best ways to colour a dreary winter day is to try something new and move your body in a new way. It challenges your muscles and is also refreshing for your mind.

Personal trainer Todd Durkin explains in *Men's Fitness* that new forms of exercise force us to be fully immersed in the activity which reduces boredom and pessimism. Choosing a new fitness endeavor can also be empowering. You can experiment with workouts that you previously avoided because you either dismissed them as not hard enough or were too intimidated by.

On campus, That Empty Space on the first floor of MacHall offers a free and dynamic yoga class on Wednesdays. Barre Body Studio on Bow Trail also offers a free ballet barre class every Saturday. Whether these activities are foreign or familiar to you, they could be a great, cost-effective way to revitalize yourself.

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HUMOUR

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APPLICATION HELL »

Student includes literal blood, sweat and tears with grad school applications



Melanie Woods
Might need a transfusion

Whether you're applying to medical school, law school or a graduate program, application requirements seem to grow at an exponential rate. Good grades and volunteering experience often will no longer suffice on their own and many students are now resorting to extreme measures to stand out from the crowd.

Fourth-year English student Madison Morrison literally included her own blood, sweat and tears with her applications for Masters programs at several universities across Canada. Morrison gathered each liquid in a small vial, labelled the containers and shipped them along with her official transcripts.

"I'm applying to the University of British Columbia, McGill and the University of Calgary," she said. "It's been difficult to ship all

the vials to Montreal and Vancouver but it'll be worth it when I get in."

Morrison said collecting the actual blood, sweat and tears was fairly easy.

"I'm basically crying constantly this semester, so I've got tears in abundance," she said.

Morrison said the blood was the most difficult of the three to obtain.

"At first, the front desk at the walk-in clinic stopped me," she said.

"But then the doctor came out and mentioned how he gave up his first-born child to get into med school, so he was sympathetic. He took enough blood that I'll be able to save some for my PhD applications."

Morrison said she feels her application falls in line with what committees are expecting.

"They always say to include a little bit of yourself in the application, right?" Morrison said. "So I gave them my literal bodily fluids."

U of C graduate admissions advisor Tanya Jones said applications like Morrison's are hardly unique.

"We're definitely seeing an increase in unconventional personal statements," Jones said. "We made the requirements vague to encourage creativity. Originally, we wanted videos or art, but then people started sending us actual body parts. One law school applicant gave us the deed to his soul — he's a practising energy lawyer in the oil and gas sector now."

Morrison said she doesn't feel like her efforts were that extreme comparatively.

"I have a friend who literally gave an arm and a leg," Morrison said. "He came out of surgery yesterday afternoon and seemed pretty optimistic about his chances of getting into med school. The doctor who did the surgery is going to write him a sweet reference."

Morrison is currently waitlisted for admission to all three schools.

Add a little bit of yourself to your application.

JUSTIN QUAINANCE

HOT TIPS »

Ten resolutions for 2017

Drew Thomas
Not letting the existential dread in

The semester is now well underway and you've probably failed to keep your New Year's resolution already. No judgement here — going to the gym daily or quitting drunk-texting is hard. Still, to make sure your 2017 isn't a total wash, the *Gauntlet* devised 10 achievable goals for this semester.

1. Try to eat a little healthier. Limit yourself to only one bowl of instant noodles per day. All of that sodium is bad for you. Life is best in moderation, so if you only eat one pint of ice cream per tedious assignment, you're actually ahead of the game.

2. Utilize what time you have rushing between classes to your advantage by getting a brisk jog in. Even class time can be used to your advantage — desk butt crunches in a large auditorium usually go unnoticed.

3. Cry only once per exam. We all know that your professor is a sadist and gets some sort of sick pleasure out of seeing students break down while trying to answer the questions. Don't give them too many tears as victory.

4. Try and meet new people. A small smile and a "hello!" goes a long way to making university life somewhat bearable. You'll make

friends to share the misery with for one semester, then pass in the halls like you never knew them.

5. Don't let the existential dread seep in. Don't let it in!

6. Enjoy the little things — like a warm wind, a good grade or the hope that your ridiculously overpriced degree will help you find a job that allows you to persist in the capitalistic world.

7. Attempt to make it to office hours for the course you're struggling with. We're not actually suggesting you actually go to office hours. Merely considering it counts.

8. Change up your stress-coping mechanism. If you're a lip chewer or fingernail biter, try running. If you're a smoker, try adding in recreational drugs or alcohol to spice up your life.

9. Utilize your textbooks to their fullest potential. They can be used to build a passable shelter. With the exorbitant house prices, this may be the most efficient use of textbooks — it's not like you were going to read them, anyway.

10. Give yourself a little grace. By that, we mean give yourself whatever self-serving sycophantic mantra you need to get you through the semester, like "I can't even" or "if you can't handle me at my worst, you sure as hell don't deserve me at my best."

SALTY SALT »

Students' Union looks down at peasants below at Pack the Jack

Derek Baker
Most pleasant of the peasants

Of the 1,881 fans who Packed the Jack for this year's annual basketball classic, a notable few were also in the crowd. Or rather, they sat above it.

Executives and representatives from the University of Calgary Students' Union showed their support for the Dinos this year by viewing the game from box seats.

"I guess it's just a perk that comes along with the job," SU vice president external Tristan Bray said.

Watching pompously over the gym in their box, SU members graciously waved at the swath of indifferent students in the bleachers below before taking their seats, channelling the royal family on the balcony of Buckingham Palace.

"I guess it's pretty sweet — but trust me, we're just like you," SU president Stephan Guscott said while dipping fruit in a chocolate fondue fountain.

As part of the job, elected officials thoughtfully engage with students and report weekly to the council on what they have been doing to represent their faculty's stu-



We're not above you. We're just above you.

JUSTIN QUAINANCE

dents. Many felt attending Pack the Jack in the box provided a faultless approach to student engagement.

"You know, being a student representative is all about engaging with the students, student engagement and making the students feel they are engaged," Guscott said.

With murmurs of agreement from the faculty representatives, several quickly jotted down attending Pack the Jack in the box as evidence of student engagement to present at the next Student's Legislative Council for their weekly reporting.

"It's important that U of C stu-

dents see their representatives attend events like this to show that we're really just everyday students," Bray said while being fed a grape by an SU intern. "We want to dispel any sense of elitism the SU may emanate — we're just like you."

Luckily, possible misconstructions of SU elitism from watching the basketball games in their box seats likely remained unnoticed. Second-year biology student Bernie Bergman appeared puzzled when the members' attendance was pointed out.

"Wait, who the hell are they again?" Bergman said.

HOROSCOPES »

What will you do when the New Year vibes fizzle into the staleness of mid-January?

Frankie Hart
Is this not what relaxed looks like?

Capricorn
(Dec. 22 – Jan. 19)
You'll realize that all of your hopes and dreams are more easily attainable in the *Kim Kardashian: Hollywood* app. Yes, everyone stopped playing it in 2014, but dreams are eternal. Plus, your avatar looks way hotter than you do in real life.

Aquarius
(Jan. 20 – Feb. 18)
After receiving terrible grades last semester, you will have to work twice as hard this semester to pick up your GPA. You will preemptively celebrate your hard work by spilling your sixth glass of wine all over your readings.

Pisces
(Feb. 19 – March 20)
You will realize that it's too late to drop your class after your professor makes it apparent that your attempts at correcting

her and sharing your knowledge with the class are "disruptive" and "something she was literally just about to get to."

Aries
(March 21 – April 19)
Convinced that the last several months were an elaborate fever dream, you will be relieved to wake up from your coma and see Donald Trump dragged off stage during the *Bernie vs. Jeb!* presidential debate.

Taurus
(April 20 – May 20)
In your attempts to work on your sweet gainz for 2017, you'll consume an ungodly amount of protein shakes. Unfortunately, you're unable to make time for actual workouts in your busy schedule. But that's okay – everyone knows the first step in achieving sick gainz is bulking up.

Gemini
(May 21 – June 20)
In desperate search of

"good vibes" for 2017, you will dive into the horoscope subculture of YouTube. As you expand your horizons and achieve internal growth, you'll learn that now is a "good tiem to sart a new career." Zat is gonna be a good one.

Cancer
(June 21 – July 22)
You resolved to quit smoking, so you will switch out your cigarettes for a vape to ease the transition. You'll swear that you're only doing it to help stop smoking. But also, you'll ask your friends if they've seen your latest rig that has some sweet custom mods, letting everyone know you vape, bruh.

Leo
(July 23 – Aug. 22)
You will finally delete your meme Instagram account after several accusations of meme stealing. As the cops bang at your door, you'll have to admit to yourself that life truly does not get lower than this.

Virgo
(Aug. 23 – Sept. 22)
After deciding that your best course of action is to do good deeds, you'll decide to donate your non-perishables to the food bank. They will be so grateful for your three cans of peaches and half-eaten 7-Eleven sandwich.

Libra
(Sept. 23 – Oct. 22)
You know 2017 is going to be the year you find the love of your life. After making a Tinder account, you'll start swiping right immediately. You'll soon delete the app after someone matches with you and says "hey," reminding you how bad you are at any form of social interaction.

Scorpio
(Oct. 23 – Nov. 21)
This year is going to be a year of adventures and exploration, you tell yourself. You'll take a leap of faith on a piece of advice from your local horoscope,

and punch yourself directly in the dick. Was it worth it? Maybe.

Sagittarius
(Nov. 22 – Dec. 21)
Working on fulfilling one of your New Year's resolutions to reduce your stress, you'll get really, really into yoga. When your peers ask if you're okay after holding the "Destroyer of the Universe" pose for over an hour, you will declare that you are "zen as fuck, dude!"

LAST WEEK'S CROSSWORD »



Jan. 28

2017

grad day

cost \$5

@ EEEL Building | 10:00 a.m. – 3:30 p.m.
Sign up at ucalgary.ca/alumni/grad-day.

ENHANCE YOUR PERSONAL BRAND | PROFESSIONAL HEAD SHOTS | RESUME RESCUE | GRADUATION CHECKLIST



DEMOTIVATION

B I N G O

Wear sweatpants during your group's presentation.	Wait in the long line for Starbucks.	Buy an apple for breakfast. Never actually eat it.	Read a Facebook message and never answer it.	Take the bus from McMahon to the bus loop.
Skip your class because you're too comfy in the library.	Wait in a longer line for Tim Hortons.	Watch movie adaptations of all the books on the syllabus.	Write one-word answers to every question in your lab report.	Dead car battery.
Read through one lecture slide in three hours.	Even longer line at the bookstore.	(Free) Fall asleep in class.	Frozen car windows.	Brown slush piles.
Snooze through eight alarms.	Eat your lunch cold because the microwave line is too long.	Spend \$5 at Good Earth instead of walking across the quad for Timmies.	Forget how to raise the corners of your mouth.	Boring white skies.
Drink six cups of coffee before noon and a shot of espresso after lunch.	World's longest line to get your UPass.	Show up to your "easy" class and be greeted with a pre-test worth 20 per cent.	Colour-code your notes from last semester	Leave the house when it's dark, come back home when it's dark.

Written by Jill Girgulis, Design by Samantha Lucy

It goes without saying - Dawn Muenchrath

<p>OCCASIONAL MOMENTS OF CLARITY</p>  <p>When you are brushing your teeth before bed and you formulate the perfect comeback to that argument four hours too late.</p>	 <p>... Blah blah allow me to be Super braggy and generally insufferable blah blah...</p> <p>When you are speaking with someone you haven't seen in a long time and you are hit by a wave of understanding as to why you haven't seen them in a long time.</p>	 <p>When you look in the bathroom mirror and it's suddenly very clear exactly how much wine you had to drink, (but less clear as to what you are doing with your life).</p>	 <p>When you are putting on your socks and there are holes in the toes and holes in the heels, and you realize that you need to get some self-respect and buy some goddamn new socks.</p>
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