

GAUNTLET



2017 IN REVIEW
AT THE U OF C

p.5



HOW TO RUN IN
AN SU ELECTION
FROM THOSE WHO
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p.13

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For months after moving into our new office, we went without cool treats and frosty eats. Thanks to Dana, we can now refrigerate our expired egg nog and leftover Domino's hawaiian pizza to our heart's content. Though the fridge is mini, its impact on our lives is not.



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The Cover

Design by Samantha Lucy

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Students must advocate for an impactful, long-term tuition solution

For the fourth year in a row, tuition will not rise for students at all of Alberta's public post-secondary institutions. The provincial government is extending the tuition freeze through the 2018–19 academic year.

The move is immediately beneficial for students, just as it has been in previous years. The freeze lessens some of the unpredictability of post-secondary education by ensuring tuition won't jump for at least one more year. Anything that makes post-secondary education more accessible for students is always a good thing. By extending the freeze, the provincial New Democratic Party shows they recognize the value of post-secondary education.

But the freeze can't be extended indefinitely. Right now, the NDP is kicking the can down the road by providing millions in back-fill funding to universities, even though their time as Alberta's government may end in the 2019 election. Something has got to give if the party wants to actually implement a tuition relief policy instead of just providing four years of frozen tuition.

The answer should come in January, when the long-promised results of the province's tuition and fees review are expected to be released. The review's results will "ensure a long-term solution to keep education accessible and affordable for Albertans," according to Minister of Advanced Education Marlin Schmidt.

Puncham Judge, the University of Calgary Students' Union vice-president external, says the SU wants the government to legislate tuition, tie tuition increases to the rate of inflation, regulate international tuition and close existing tuition loopholes like market modifiers.

These are all necessary measures to advocate for to ensure tuition is predictable for future students. But they're also areas that the review is likely already looking into. While these are certainly positive tweaks, they still work within the existing framework for tuition. The SU should use this situation



Illustration by Samantha Lucy

as an opportunity to advocate for impactful changes.

There's a strong chance that Alberta will have a significantly less student-friendly government in the near future. The previous Progressive Conservative government made large post-secondary budget cuts in 2013 and 2015. Now's the time to lobby for changes that would dramatically reduce financial barriers to education in the long-run rather than merely make tuition predictably expensive.

Students can look to other provinces for an example of what policy could look like. The Ontario government budgeted in early 2016 for grants that covered the entire tuition of college students whose family income was less than \$50,000. University students in the same situation still received the grants but were not guaranteed that their tuition would be fully covered. In the program's second year, the province estimated over 210,000 students would be eligible for free tuition. A similar program in New Brunswick offers the same reprieve for students with familial income under \$60,000. And while free tuition may seem like a radical idea in Canada, it's commonplace for many countries, notably in the European Union.

These solutions aren't without flaws — family income is far from a perfect measure of students' ability to pay for education — and they aren't perfectly analogous to Alberta. But asking for an increase in post-secondary funding on the condition of a decrease in tuition isn't unreasonable. Any measure that takes financial burdens off students is an improvement.

The NDP knows that young Albertans comprise a hefty portion of their support base. Advocacy efforts should capitalize on the party's reliance on the student vote and use some imagination to target policy that will do more than maintain a mediocre status quo.

If how long it's taking is any indication, the NDP's tuition and fees review will be thorough. It will almost certainly address known problems, like the presence of loopholes such as market modifiers that allow universities to hike tuition beyond regulated levels. Instead of focusing on those known issues, student advocacy may as well dream big when it comes to tuition reform — what's there to lose?

Jason Herring
Gauntlet editorial board



2017 proved to be an eventful year at the University of Calgary. From visits by politicians to discriminatory messages around campus, here are the top 10 things that happened at the U of C over the past year.

Recaps by Ashar Memon. Photos by Mariah Wilson and Justin Quaintance.

Prime Minister Justin Trudeau visited the University of Calgary in January, receiving reactions from students and community members. The town hall was the eighth stop on Trudeau's cross-country listening tour, with the U of C visit coming after a three-day cabinet retreat. Trudeau repeatedly said he is highly committed to Alberta and will "keep coming back." Trudeau answered audience questions about trade with the United States, oil sands and Alberta's economy.

Applications from American students to the U of C saw a sharp increase during the 2016-17 admissions cycle. While it wasn't immediately clear what led to the influx, the U of C said their website saw increased traffic from American IP addresses since the 2016 United States presidential election. Amid U.S. President Donald Trump's travel ban in February for travellers from seven predominantly Muslim countries, the U of C also announced it would waive its application fee for those impacted by the ban.

In March, workers tasked with removing graffiti from the Social Sciences tower accidentally painted over "Leon the Frog," an iconic poem first written in 1974 on steps leading up the 13-storey building. Its legacy was not lost, however, as more than 30 U of C students, alumni and faculty restored the poem in April, while also adding a new plaque and mural to commemorate the tale.

After two years of development, the U of C's Sexual Violence policy was unanimously approved and implemented by the Board of Governors in June. The policy, which was open to student consultation in January and February, also saw the creation of a sexual violence support advocate position, filled by Carla Bertsch. It is meant to be the first point of contact for those who have experienced sexual violence. Prior to this, the U of C's sexual harassment policy was last updated in 1990.

The Rock proved to be a controversial

campus fixture in 2017. In June, students stripped multiple layers of paint off the campus Rock, saying that they hoped to start a clean slate for discourse on campus after a slew of political messages appeared on it the previous year corresponding to the 2016 U.S. presidential election. The Rock continued to draw attention and controversy for discriminatory messages appearing on it. In September, paintings celebrating LGBTQ pride were vandalized on the morning of the Calgary Pride Parade, and later that month the rock bore a confederate flag along with the words "Robert E. Lee did nothing wrong." In November, the words "It's okay to be white" appeared on the Rock, as well as on posters around campus. The U of C initially released a statement saying "the concept of freedom of speech is a foundational principle of all great universities." The university later released a statement attributed to vice-provost student experience calling the posters "inherently racist."



The U of C fell from 196th to 217th on this year's QS World University Rankings — slipping out of the top 200 to its second-lowest rank ever. The U of C cited the addition of new institutions to the ranking as a reason for the decline, but only two of the new additions ranked above it. Critics blamed president Elizabeth Cannon's administration, particularly her relationship with energy company Enbridge as revealed by a *CBC* investigation. While an internal review cleared Cannon of any fault, a report released in October by the Canadian Association of University Teachers asserted that the U of C compromised academic freedom through its relationship with Enbridge and that Cannon's position on the Enbridge board constituted a conflict of interest.



The Students' Union revealed it will now provide members of the U of C administration applications for Quality Money — a

partnership between the SU and the U of C to disburse over \$2 million in funds for programs that enhance the student experience — prior to the SU's Quality Money committee deciding on which projects to approve. The university and the SU justified the change by adding that the binder is provided in order to receive feedback on the feasibility of the projects. Former SU president Levi Nilson said the committee receives feedback from the university administration on project feasibility regardless. Previously, a summary report was given to the provost only after projects had been approved by the SU Quality Money committee and voted on by the Students' Legislative Council. SU president Branden Cave said he felt that the changes were necessary in order to secure university's future commitment to Quality Money.



The union representing food service workers at Aramark-run vendors on campus, including Starbucks and Tim Hortons, voted to ratify a union contract in September, ushering in new worker-friendly provisions and ending over a year of taut negotiations between the two parties since workers first unionized in April 2016. Ninety-nine per cent of voting employees casted in favour of the contract and a union spokesperson estimated that about half of its 200 staff voted. The contract will expire in 2019.

The U of C Board of Governors unanimously ratified its Indigenous Strategy in October, which intends to create a welcoming and inclusive environment for Indigenous learners. Over 2,200 people provided feedback through gatherings and online surveys as the strategy was being developed. The strategy was also given an Indigenous name, *ii' taa' poh' to' p*, which means a place to rejuvenate and re-energize during a journey.



In November, the Minister for Advanced Education announced that the Alberta government will extend a tuition freeze currently in place through the 2018–19 school year. The provincial government added that backfill funding would be provided to all Alberta post-secondary institutions in order to ensure students aren't impacted by budget shortfalls. The announcement came months after a June announcement where the Alberta government pledged to invest \$25.8 million into mental health initiatives at postsecondary institutions across the province over the next three years. The provincial government initially implemented the tuition freeze in order to review the Alberta tuition and fees framework. The results of the review are expected to be announced in January 2018.



Four cool classes at the U of C to fill your winter semester schedule

Story by Tina Shaygan
Photo by Mariah Wilson

Having the chance to take courses that genuinely interest you is one of the best aspects of university. Here's four of the most interesting courses offered at the University of Calgary this winter semester for students still looking to fill in their schedule.

POLI 481 — Politics of Human Rights

This course explores the origin and evolution of politics surrounding human rights. Through analyzing struggles to protect human rights in different contexts, this course provides students a new lens to explore issues around the globe. In times of political turmoil, POLI 481 provides students with the tools and skills necessary to think critically about the world around them.

"We have the opportunity to examine diverse and profoundly human experiences from around the world and understand how human rights are created, defended, violated and continue to be one of the most central aspects of life," says Andrew Basso, the course instructor.

Basso added that students should be prepared to learn how Eleanor Roosevelt — one of his favourite historical figures — became a central figure in the shaping of modern human rights regime. For those with an appetite for politics and historical facts, this course will deliver new insights.

PHYS 325 — Modern Physics

Hey, we didn't say this was a list of GPA

boosters. PHYS 325 looks at the topics such as special theory of relativity, electromagnetic waves and blackbody radiation. For those with a strong science background, this course provides a historical perspective on challenges faced by classical physics in the 20th century and how these challenges have impacted the way we understand the world.

According to the course instructor Michael Wieser, one of the most interesting aspects of the course is gaining insight into the most exciting mysteries of the world.

"How do my observations shape my reality? What does it mean to make an observation and how have I changed the system through my interactions?" Wieser says.

"Students can expect to learn in this course is that you cannot trust your intuition," he added. "It IS possible for a 10-meter long pole to fit inside a five-meter barn."

PHIL 399.2 — Topics in Philosophy (Philosophy of Money)

This course analyzes the concept of money through a philosophical lens, exploring topics such as the relationship between money and happiness. The instructor, David Dick, was also named one of *Avenue Magazine's* Top 40 Under 40 in October. Dick's students have often said his class material is not only interesting, but his teaching also constitutes a stand-up comedy routine. Dick said one of the best aspects of this course is seeing something students interact with every day in a different light.

"Even though we think about it all the

time, much of our obsession with and stress over money rests on assumptions we rarely question," he said. "This class is about looking carefully at those assumptions."

"Students should expect to read, think and talk about some of the most interesting and surprising ideas about money from the last 2,000 years," he added. "They should also expect to teach me some new thing about the philosophy of money. It's still a new class and has lots of room to grow."

ART 503 — Computer Game Design

This course focuses on the creative, rather than the technical process of creating video games. It explores the historical aspect of design, development and creative processes while providing students with a chance to design their own game and apply their skills to other forms of media.

Course instructor James Parker said that the course's multi-dimensional nature is one of its best features. The Range of topics includes programming, graphics, music, design, storytelling and psychology.

"A key aspect for the students is that it is fun," Parker added. "They get to see games from a completely different perspective."

According to Parker, another great feature of the course is that two classes are never the same.

"[Students] work in groups to design a game and each year the games are different," he said. "A takeaway is a set of skills for using the computer as a communications device to the fullest extent possible."



University of Calgary launches on-campus psychology clinic

Story by Justin Schellenberg
Photo by Riley Brandt

The University of Calgary is now home to an in-house psychology clinic, thanks in part to a \$3.5-million donation made by two U of C alumni, Lori Egger and Steve Laut.

The clinic, which officially opened on Nov. 21, offers general therapy services, including for depression, anxiety and couples' therapy.

Clinic director Joshua Madsen said the services will be tailored to meet the needs of the community, stressing that patients don't have to be students at the U of C to receive treatment.

"It's particularly convenient for students and staff here, but all Calgarians are welcome," Madsen said.

The clinic will also serve as a way for graduate clinical psychology students to complete some of their course requirements on campus prior to moving on

to their practicum at other community locations.

In addition to being conveniently located, clinical psychology PhD student Andrew Kim said the clinic will offer students like him the opportunity to focus on specialized forms of treatment such as couples' therapy.

"The couple dynamic, working in that framework is something that I've always wanted to do but never had the opportunity, until this clinic," Kim said. "It just adds that depth and breadth of training and gives it more of a specialized focus."

Though it will be mainly staffed by graduate students, the new clinic is also exciting for undergraduate clinical psychology students.

Faculty of Arts Students' Association psychology department representative Sahar Sultani believes the clinic could have a big impact on retaining students pursuing graduate studies at the school, adding a level of pride to the department.

"Students are excited," Sultani said. "It

makes us stand out as a psychology department to have a clinic on campus."

Sultani added that the clinic will help in recruiting prospective psychology students to the U of C.

"I feel like a lot of people in high school who are looking where to go for psychology, it's something that would make people choose here," Sultani said. "It's something that we can call our own and personally grow."

Madsen said he is looking forward to helping psychology students with their training. He adds that he hopes members of the community will take advantage of the services provided by the clinic.

"Psychological difficulties are very common, and asking for help when you need it is a sign of strength," Madsen said. "There are good resources available. We are now one of them."

The clinic is located in the Education Block. Appointments can be made online or in person.





New safe drinking space to help students sober up post-Thursden

Story by Tina Shaygan
Photo by Melanie Woods

The University of Calgary students will have access to a safe drinking room called the Post Alcohol Support Space (PASS) in January. This space is similar to the Campus Observation Room at Queen's University, where intoxicated students can receive non-emergency medical attention. PASS is part of larger efforts by the U of C to reduce harm from alcohol consumption, including through involvement with Postsecondary Education Partnership – Alcohol Harms (PEP-AH).

Under PEP-AH, representatives from across Canadian post-secondary institutions come together to share research and expertise on combating alcohol harm on campuses. U of C vice-provost student experience Susan Barker said reducing harm to students is one of her highest priorities.

"As university administrators, the most important thing – if we do one thing in our jobs – is to keep students from harm," she said.

Barker added that there is a shift in psychology regarding campus alcohol consumption. She said this shift has resulted in approaches centred around reducing harm instead of discouraging alcohol consumption altogether.

"All the no and the negatives, we know from the demographic that we have and

from many years that it just didn't work," she said. "The reason it's called harm reduction is that it's not saying, 'Do not do this,' but 'Here are some of the safer ways that if you choose to engage in this sort of activity, is how you can help keep yourself and your friends safe.'"

Students' Union vice-president student life Hilary Jahelka echoed the same idea.

"We're not telling students to stop drinking altogether because that doesn't work," Jahelka said. "It's about reducing the harm."

Senior director of student wellness Debbie Bruckner said peer support should be an essential aspect of addressing problems surrounding alcohol.

"There is evidence that young people are more likely to talk to their peers than seek even professional support when encountering issues," Bruckner said. "What we know is that most students think everyone else drinks way more than they do. So it's hard for students to identify themselves with an alcohol problem and that's where peer support is very effective."

Barker also said that in taking part in PEP-AH, all post-secondary institutions can benefit from shared knowledge and experiences.

"We are aware that by coming together as a collective, sharing expertise, sharing information and strategies, much good can be done," Barker said. "We've always had

alcohol education programs but signing PEP-AH and being a part of that gives us a new lens to look at things."

PASS is among the initiatives intended to address alcohol harms. The space will be staffed with students from Student Medical Response Team, as well as registered nurses. The space will be available for use on Thursday nights and special occasions such as St. Patrick's Day.

"If a student is intoxicated such that it's concerning to their friends, but not sufficiently so that they're transported to the hospital, we're providing a safe room for them to sleep it off," Barker said.

"The fundamental concern is that we occasionally have heavily intoxicated students who are not quite at the stage of needing Emergency Medical Services or hospitalization assistance on campus and we have no means to monitor their condition," Bruckner said. "This response ensures students who are intoxicated are safe, not travelling or isolating themselves and are monitored to ensure there are no additional health concerns."

Bruckner added that a key aspect of this space is that students can ask for help without worrying about repercussions.

"You ask for help, you don't get in trouble," she said. "There are no non-academic misconduct consequences as a result of a visit to this unit."

PASS will open in January.



Former Bush speechwriter delivers talk on far-right movements

Story and photos by
Justin Schellenberg

David Frum, a senior editor for *The Atlantic* and a speechwriter for former United States president George W. Bush, delivered a keynote speech at the University of Calgary School of Public Policy's 13th James S. Palmer Lecture Series on Dec. 4.

Frum spoke about the fate of democratic institutions in the Western world, saying he believes western countries should fight off a growing trend of right-wing authoritarian movements. He attributed the rising popularity of far-right groups to factors such as the aging of the general population and increasing ethnic diversity.

"As middle-eastern immigration in Europe has quickened over the past generation, parties of the far-right have gained strength," Frum said. "Ethnic transition is destabilizing."

Frum spent a majority of his speech relating the current global state of affairs to that of 1930s Germany, straining the comparison between today's

far-right groups and Adolf Hitler.

"It took a freakish sequence of events to bring Hitler to power in an advanced bureaucratic state. That freakish sequence of events is extremely, if not vanishingly, unlikely to occur," Frum said.

should curtail and moderate their views in an effort to prevent the far-right from growing into a stronger group.

"At the moment when the centre most needs strengthening, the firmament of politics across the English-speaking

"If the Elizabeth Warrens of this world want to constrain organized wealth in the United States, they have to have the broadest possible coalition and the most achievable possible list of demands."

— Former George W. Bush speechwriter David Frum

Frum added that developed countries need to restore childbearing and childrearing to the top of their policy agendas in order to combat far-right movements. Using a food analogy, he said that immigration was not a substitute for such policies.

"Immigration is to native population increase as wine is to food — a good compliment, a bad substitute," he said.

Frum also expressed that those on the left side of the political spectrum

world seems to be bubbling further and further to the left," Frum said. "The left is dangerous because it intensifies the radicalization of the right, especially of the formally responsible right, the business right."

"If the Elizabeth Warrens of this world want to constrain organized wealth in the United States, they have to have the broadest possible coalition and the most achievable possible list of demands," he added.

Frum also said he believed that western countries were at the mercy of the wealthy elite, specifically wealthy republicans who fear losing their status and power.

"Whenever established democracies have been overthrown from within, they are most often toppled not by their haves-nots, but by their haves," Frum said. "Not because the poor want to pillage the rich, but because the rich fear they might be pillaged by the poor."

While most of the near 500 attendees appeared to support Frum's ideas, often applauding, not everyone agreed with his arguments.

Fourth-year health sciences student Laurie Lee-Glodei said she was disappointed in Frum's take on how to combat far-right ideology.

"Some of what he said is a bit discouraging because it's not about changing our society's perception," Lee-Glodei said. "Instead it seems to be more about accepting it and having to move forward from that."

At the end of his lecture, in response to a question asking what would be so wrong about an increase in immigration and



diversity, Frum said that the only reason people care about the environment and the future state of the world is because they care about their own children and grandchildren.

"We are all selfish enough. We care about our generation, our children, our grandchildren. That's why we worry about the deficit and the debt, because we are worried about

our children because we love them," Frum said. "We like other peoples' kids just fine, but we love ours."

Frum is most notable for coining the term "axis of evil" to refer to Iran, Iraq and North Korea in a speech by Bush following 9/11. His legacy from the Bush administration also includes vocal support for the Iraq war and for Israel.

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HOW TO WIN A STUDENTS' UNION ELECTION

Story by Jason Herring

Every year, a few dozen students decide to run in the Students' Union general election. There's plenty of reasons to run, ranging from the idealistic desire to make the university a better place to the allure of a resumé-padding, decent-paying job while still enjoying the benefits of student life.

What many students don't realize, however, is just how intensive participating in a student election can be. Candidates typically assemble a large campaign team, restructure their course load and spend countless hours chasing a result that the majority fail to achieve. These misconceptions are all the more pronounced for

students who aren't already involved with the SU and aren't exposed to the trials of election season.

For some students, the SU election is a yearly annoyance marked by a sea of posters and the occasional candidate who interrupts their lunch to make a pitch. But a lot more goes into running in an election, like crafting a platform, speaking at public forums, managing finances and effectively communicating to a wide swath of the student population.

Beyond a nice paycheck and a notch in their belt, students running for these roles — especially the five executive positions — have the potential to significantly

alter the university experience of the students they represent. The SU is an organization with a lot of power, and with the right students at its helm, there's potential for real change.

We spoke with two former SU executives — 2014–15 vice-president external and 2015–16 president Levi Nilson and 2014–15 vice-president operations and finance Adam Swertz — about their experiences in SU elections and about what prospective candidates should know before running in this year's election. The SU has an extensive nominations package on their website and will release more information about how to run near the end of January. Nominations must be declared from Feb. 12–14.



Levi Nilson (left) and Adam Swertz (right) celebrate after winning the 2014 Students' Union election. Photo by Michael Grondin.

Before campaigning even starts, students interested in running in the SU election must make a number of decisions, such as what position to run for, what points to campaign for and whether to make the commitment to run. Students have to collect signatures for their nomination to be eligible to run, so this is a good time to flesh out what you want to do without committing to a full platform. While pre-campaigning is not allowed, talking with friends about campaign ideas and asking them for support is valuable.

"The most important thing is getting a team of people around you and kind of sussing out which one of your friends and peers would be willing to support you in an election," Swertz says. "To reach out to the 25,000-plus undergraduates on campus isn't a one-man job."

Talking to students should give you a relatively good idea of what kind of



Posters are plastered across nearly every wall on campus during Students' Union elections. Photo by Justin Quaintance.

things they want to see from their student government, as long as the resulting platform points stay within the realm of possibly. He points at a reduction or removal of parking fees as something unobtainable that students campaign on annually.

"Some people have these over the top ideas that aren't necessarily feasible," he says. "Someone that's done their research knows that removing parking fees isn't going to happen. Someone that did their research will realize it isn't possible and scratch it off."

Some other unrealistic platform points that emerge during most elections include building a mobile app, bringing popular food vendors to campus or altering exam or class scheduling. Doing research and knowing the scope of the position you're running for is essential in having your best shot at earning the job and succeeding once you're there.

Swertz also points out that since most students are only on campus for five years or less, looking back at old campaign platforms and reworking points could be an effective strategy.

For Nilson, a good candidate knows how to have a little fun while also considering the responsibilities of the role they're running for.

"You can't take yourself too seriously, cause if you do you're a loser who's basically doing this for resume-padding," Nilson says.

Instead, Nilson advises staying away

from buzzwords and crafting a platform that taps into what students will be excited to support. At their most basic, these are things that improve the quality of life for students at the University of Calgary.

"Saying you're going to have a good relationship with administration isn't something that students are going to be excited for," he says. "You have to be new and unique and show people that you're going to use the huge institutional capacity of the SU to make them have a better experience on campus, whether that's through making it more affordable or making their classroom experience more meaningful.

It's hard to overemphasize how significant of a commitment running in a student election is, especially for an executive position. According to Swertz and Nilson, it's an exhausting experience both mentally and physically that can also be an exercise in humility. They say the best way to counter this fatigue is by having a supportive election team.

"It's two weeks of putting yourself completely out there on campus. Though a lot of us are, not everyone involved in student politics is a complete narcissist so it's not the easiest thing to do," Nilson says.

It's worth noting that though formal slates are no longer allowed in SU elections, many candidates form alliances and friendships during the race. While the support and resources of a candidate competing for a separate position is

valuable, remember that if you win you'll have to work with all other victors, regardless of whether or not you were rooting for them.

Walking through campus on the first Monday of the campaign period is a ridiculous, novel experience. The highest-traffic walls are covered nearly from the floor to ceiling with campaign posters, their quality ranging from professional commissions to a 15-minute Microsoft Paint job. But how important are posters to a candidate's election chances?

According to Swertz, posters are most effective for their intrinsic ability to serve as a passive form of campaigning. He says that for a poster to be effective, it has to be well-made and it must make the candidate's name memorable.

"If you design a poster and you are not someone from a design background, what you think is up to par based on your own skill level might not actually be," he says.

Swertz values style over substance for posters, saying that unless a campaign point can be summed up in a handful of words, it will distract from the design. Having something that stands out for any reason is key.

When Nilson ran in the SU election, he didn't put up any posters, saying that he believes most students overestimate their importance.

"In an exec election you're going to need a couple thousand votes. You're not going to get

that by having a funny poster or having your posters everywhere,” he says.”

While Nilson declined to make posters for his candidacy, he and Swertz both hung banners on campus. Swertz even camped out for two days to secure the banner spot on the way from the University CTrain station. Spots like that and in MacHall or the Science B tunnel are valuable, but certainly aren’t worth taking an unnecessary physical or mental toll on yourself.

A less passive campaigning method is classroom visits, which candidates must obtain written permission from a professor at least 24 hours before the class to perform. In these, election hopefuls speak briefly before a class to a room full of students, typically emphasizing their platform and pushing them to vote. While there’s certainly a lot of value to delivering an effective, concise pitch to hundreds of students at once, Nilson believes the oversaturation of classroom visits often render them ineffective, saying that pitching to niche groups is often a better bet.

“Everyone goes to the 300-people classes and thinks just because they’ve got a big audience means they’ll get the most votes. Overall, people just completely tune out,” he says. “You need to go to the students that nobody cares about.”

The most active — and most intimidating — method of reaching students is cold approaches, where candidates or their friends approach students and directly pitch their campaign. While threatening, staying confident and shaking off rejection is important. As well, a cohesive and memorable theme helps. Swertz, for example, used Jurassic Park as the basis for his campaign.

“He dressed up as a dinosaur and had a friend dressed up as a park ranger chasing him around and it was fucking hilarious,” Nilson recalls. “He had people walking around with a boombox blasting the theme song.”

When paired with an articulate candidate and a solid platform, a theme like this can be instrumental in getting students to pay attention to your campaign.

Taking chances with election materials can pay off too. An infamous example of this was Hayley Wade, a candidate for vice-president student life in 2012. She gained internet notoriety with posters hung above urinals that featured Wade pointing at the viewer with text reading, “Nice dick, bro!” She won handily, making bathrooms a no-campaign zone in



Though not always well-attended, forums are a vital part of campaigning in an SU election that force candidates to articulate their platform points in front of an audience. Photo by Louie Villanueva.

the process.

Ultimately, though, Nilson feels that a campaign without substance can’t be buoyed by style or marketing.

“If you’re promising collaboration and effective advocacy and those buzzwords that don’t mean anything, it doesn’t matter how you do it, people aren’t going to give a shit,” he says. “You have to actually put something forward that students like. The unengaged student is unengaged because that’s the type of engagement they’ve been getting.”

All things considered, there aren’t a ton of obligations that candidates have to contend with during SU elections. They are, however, expected to attend forums and to complete an interview with the *Gauntlet* editorial board. Forums are held by organizations like the SU, the Residents’ Students Association and the Engineering Students’ Society and offer all candidates for a position the opportunity to answer questions and pitch their platform.

While not all forums are well-attended, those who make the effort to see candidates speak are typically those who already have an interest in student politics and who are likely to influence other voters. That means that a crowd of a dozen could turn into 50 votes if everyone attending the forum vouches for your candidacy to a handful of their friends.

“If you show up to MacHall and there are

only 20 or 10 people there to hear you speak, you still have to give it your all,” Swertz says. “You have to prove to those people that you’re someone of substance that they could vote for and should vote for.”

“Forums are a ton of fun as a candidate and they also make candidates think about different communities on campus,” Nilson adds. “You have to actually think about how you can benefit these people and having a forum to get through, especially if they endorse candidates, is so huge.”

Beyond forums, there’s the *Gauntlet* election supplement, in which a group of editors interview each executive candidate, write summaries and make endorsements.

“If you know what you’re talking about, it’s fine, but it sometimes gets out of control when it’s obvious people have no clue what they’re talking about,” Nilson says.

During the voting days that end the election period, it’s important to shift emphasis from telling people about yourself to actually getting people to vote. Many, including Nilson, use what they call a ‘war room’ to gather a group of friends and compile a spreadsheet of social media contacts to coordinate sending voting reminders.

Running in an SU election is a massive commitment, but it’s also a lot of fun and can secure you a pretty sweet job for a year. If you’re considering running, think about what you’d like to change and how you’d do that. Then get out there and give it your all.

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How students can achieve their money-saving New Year's resolutions

By Jesse Stilwell

Photo by Mariah Wilson

You may have recently resolved to save more money. This is an excellent goal that can benefit you for years to come, even if you only make small changes to your habits. This article isn't going to include the boring old wisdom of living off cash or always paying your credit card bill in full. You should definitely do those things, but this article is meant to help you build a savings account and change your spending habits sustainably. Though it's tailored to students who have part-time jobs, there's something helpful in this list for everyone. Here are four tips to maximize your bank account's gains:

1. Set a budget:

Students' lives are filled with unexpected expenses and their income is often unpredictable. Even if you can only decide on a very rough plan of how you will structure your spending, that's a step in the right direction. You probably know how much your fixed expenses — car insurance, your phone plan, rent — will be, so factor those in first. Then set reasonable limits on your extra spending. It might be tempting to go a little over budget to have one more coffee per week or park in the Arts Parkade rather than taking transit, but having a budget will help you stop going overboard because it's embarrassing to not stick to such a simple plan. If you budget correctly, you'll actually be able to afford the notorious avocado toast that baby boomers keep telling you to stop buying.

2. Save from every source of income:

If you get bi-weekly paycheques or survive on a few scholarships over the semester, try to save a small percentage from each. It doesn't have to be huge — even five per cent from every source of income will add up over the course of the year. Put your savings into an account that penalizes you if you try to spend out of it. Or better yet, open a Tax-Free Savings Account and invest in a mutual fund. If you're following a budget, mark these savings contributions as fixed expenses. Most banks allow automatic



transfers to your savings from other accounts. This way you won't notice the money leaving until you decide to cash in your savings for a graduation trip or a new car.

3. Use technology for support:

Download your bank's mobile app and teach yourself about all of its features. For example, being able to cash cheques from my phone has made collecting money from textbooks I've sold at Bound and Copied a lot easier. There are also thousands of budgeting apps to help you when you're first learning how to save. It's hard to keep track of how much you're spending when you have to physically go to a bank machine or outlet to check your balances. Monitoring your actions from the palm of your hand makes you much more likely to notice if you're being frivolous and curb your spending

until your budget resets.

4. It's a marathon, not a sprint:

You're going to make mistakes. Something might happen this year that decimates your savings accounts. But the great thing about teaching yourself how to save your money is that these setbacks won't ruin the progress you've made towards permanently changing your habits. Saving money should be a lifelong commitment. Don't think of saving as merely working towards small goals like vacations or a new phone. It's never too early to think about your long-term financial goals, like buying a house or retiring. The future is incredibly uncertain, but one thing is for sure — you won't regret building savings as early as possible. Good luck out there!

Net neutrality vital for equitable internet use in Canada

By Jason Herring

Illustration by Samantha Lucy

Though we often take it for granted, internet use in Canada comes with a lot more personal freedoms than are allowed elsewhere in the world. In Spain and Portugal, for example, using certain applications can come with a monthly price tag, similar to a cable television channel package, and internet service providers (ISPs) can limit bandwidth depending on who is using the internet or what they're using it for.

This is because Canada staunchly recognizes net neutrality, the concept that ISPs must treat all websites equally. They can't charge more for access to certain sites and they can't block or limit access to pages due to their content or who they're owned by.

While Canada telecommunication regulations enshrined net neutrality nearly 25 years ago, the concept was only regulated in the United States in 2015 following a decade of fierce, partisan debate. On Dec. 14, 2017 the U.S. Federal Communications Commission voted 2-3 to repeal those regulations.

Canada's net neutrality isn't immediately in threat. The country's preemptive institution of net neutrality means it's not debated along party lines, as it is in the U.S. and elsewhere. And our commission that would be in charge of any changes to the policy — the Canadian Radio-television and Telecommunications Commission — is non-partisan and acts as a judiciary body.

But talk of a net neutrality repeal down south has brought the discussion across our border. Notably, Bell — one of Canada's three main mobile network operators, along with Rogers and Telus — is among companies proposing that the country maintain a blacklist of websites that allow users to download pirated content and then force ISPs to block access to those sites, according to a *Canadaland* report.

The problem of piracy is not one that will be solved with the erosion of net neutrality principles. It would set a damaging precedent that could allow telecommunications giants to discriminate web use consequence-free. And don't think these companies wouldn't start providing discriminatory internet service to support their own agenda. For example, Telus violated CRTC regulations in 2005 by blocking a website created by its workers' union, then on strike. Corporations will fuck consumers over at every opportunity they get unless regulations are in place to keep them from doing so.

The other net neutrality red flag is its discussion — of lack thereof — by members of the opposition federal Conservative Party. Maxime Bernier, former party leadership candidate, tweeted in the midst of the U.S. repeal that “[net neutrality] means more government control over telecom,” adding

that Canada needs “less of it and more free competition.” Though other Conservative MPs signalled their support for net neutrality, party leader Andrew Scheer's voice was notably absent from the conversation, sparking questions about party leadership's stance on the vital issue. The Liberals have been vocal proponents of net neutrality, but it's still important to keep an eye on how the ruling party deals with emerging issues surrounding internet use following the landmark U.S. decision.

Net neutrality is necessary to ensure that users continue to have the freedom to use the internet without bandwidth, price or content discrimination. The internet should be a public good. Stripping regulations on companies who sell access to it all but guarantees the emergence of a corporate internet monopoly. Canadians must stand against policies that would undermine the foundation of the internet.



Universities need to adopt standardized grade scales

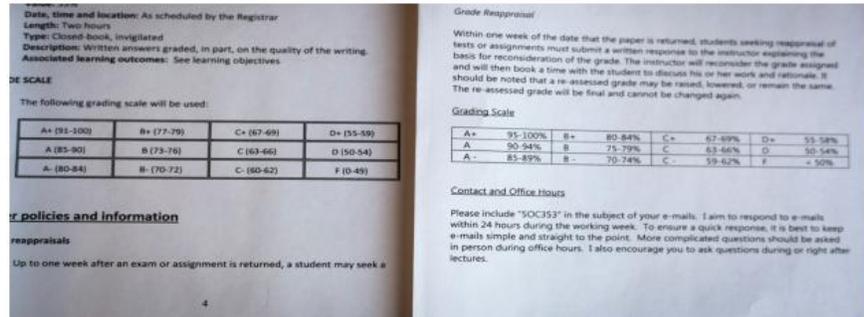
By Jesse Stilwell
Photo by Mariah Wilson

Few things are more frustrating than getting the same percentage grade in two classes to have them translate into two different letter grades on your transcript, or doing substantially better in one class only to receive the same letter grade as another class you struggled with. This happens too often at the University of Calgary.

The U of C should standardize grade scales across departments and faculties. The University of Athabasca has one grade scale for all of its classes, so why shouldn't all Albertan institutions?

There is tremendous pressure on students to achieve the highest grades possible. Students often feel as if the weight of the world is on their shoulders and one GPA-destroying mark can ruin everything. An arbitrary grading system shouldn't contribute to this. And the U of C's tolerance of such wildly varying scales is illogical.

I avoid professors who attach higher



percentages to their letter grade breakdowns. Taking a class with a professor who forces me to score way higher than another prof only to receive the same grade on my transcript is ridiculous. It also means I avoid entire departments within my faculty when I know I can take elective courses in a different subject and not have my work discredited.

An A-worthy assignment is an A-worthy assignment. Whether that means it scored 80 percent, 85 per cent or 90 per cent is irrelevant. This is especially true on subjective assignments like creative writing, interpretive essays and other art mediums. If one grade scale would've put it in the A-

range, every scale should.

There are numerous guides available to create universal grade scales. Even if it means the lower scales are lost, every student will benefit from knowing exactly what percentage will translate to the grades they want. Rather than having to neglect some classes in favour of others, students should know precisely what percentage they're earning and get the marks they deserve across their entire transcript. Higher grades would be adequately rewarded instead of being obscured by random grade scale fluctuations. It's time for the U of C's scales to follow Athabasca's lead.

Campus quips: What's your New Year's resolution?



"I never make them."

- Madi Leal, fourth-year international relations



"Everything is on track right now."

- Damien Cachia, full-time gymnast



"Work out more."

- Heather Mallett, second-year psychology and sociology

Stop referring to perpetrators of sexual violence as 'predators'

By Dana Cramer

The term 'sexual predator' implies that sexual crimes are a result of biological tendencies in those who take joy in humiliating and abusing — unfortunately — primarily women. The term 'predator' evokes images of lions, wolves, bears and other powerful creatures. It also implies that their victims are prey, equivalent to animals that are unable to fight off danger and are one wrong move away from falling victim to it.

2017 was an important year for feminism. In January, the world experienced the Women's March, aimed at criticizing just-inaugurated United States President Donald Trump. And as the year ends, some women are receiving justice for the harassment and abuse that others are still suffering in silence. Over the past few months, more sexual harassment allegations have

been exposed by the media than ever before, and more survivors are coming forward everyday. The latest count reported that over 30 women have accused Harvey Weinstein of sexual misconduct, and more stories like this are being published as the days go by.

“Women should no longer be viewed as prey.”

It is the media's job to keep powerful people and institutions accountable. It is time for the media to take a position of power rather than act as bystanders in regards to rape culture. The easiest way to do that is through a shift in language.

Women should no longer be viewed as

prey. This view is attached to the assumption that if certain men are 'sexual predators,' then it's the responsibility of all women to keep their guards up and ensure that they do not get raped or abused. Our society has a problem. And when there is a problem that is hurting more than half of the population, then society must reduce or eliminate the problem.

The world must stop using the word predator to describe perpetrators of sexual crimes. The word predator denotes women to a subordinate role, suggesting that they're unable to fend for themselves. This is absolutely not true. Women are able to work together to fight misogyny. Feminine strength means that not just cis and trans women, but also the LGBTQ community and other minorities, are able to win wars on the basis of working together. We are not petty and small, we are gladiators. We are not subordinates, we are equals. We are more than prey.

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\$5.50 (bottle) / \$20 (bucket) Sol

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Justin Trudeau's LGBTQ apology well-intentioned but less substantial than his father's legislation

By Wyatt Schiermann
Photo by Louie Villanueva

On Nov. 28, Prime Minister Justin Trudeau gave a formal apology for the wrongful treatment of LGBTQ civil servants, as well as those in the military who were discharged because of their sexual orientation. The apology was also extended to those convicted of gross indecency for committing homosexual acts.

Ironically — as William Thorsell has argued in the *Globe and Mail* — Justin's father Pierre Trudeau would not have approved of the formal apology, or any formal apology at all. Pierre did not believe it was the government's responsibility to apologize on behalf of its predecessors' actions.

He has a point. For an apology to be sincere, it must come from the individuals who committed the wrong. It's unfortunate, but some wrongs can never properly be apologized for and governments can't change the past.

Nonetheless, the apology is a well-intentioned gesture by Justin, as is the symbolism of his participation in pride parades over the years. But it's Pierre's watershed legislation, passed nearly 50 years ago, that deserves the most acclaim.

On Dec. 21, 1967 Pierre Trudeau introduced Bill C-195, which was later modified and reintroduced as Bill C-150. Included in the bill was the provision that decriminalized homosexuality between consenting adults in Canada.

“For an apology to be sincere, it must come from the individuals who committed the wrong.”

Discrimination and prejudice still exist in Canada. But we reside in a society where two premiers are openly gay and our prime minister happily raises the pride flag. In the past, the crime of



“buggery,” as it was termed, was illegal under Canadian law and punishable by up to 14 years in prison.

The legislation introduced to change these archaic laws was not an easy sell. For instance, a polling firm in Pierre Trudeau's old riding of Mont Royal — Montreal showed only 24 per cent approved of decriminalizing homosexuality. But Pierre Trudeau was a contrarian — a man capable and willing to go against the current.

Not surprisingly, Pierre Trudeau is the only Prime Minister inducted into Canada's Queer Hall of Fame. Former Governor General Adrienne Clarkson

has said that Pierre's greatest legacy to Canadians was providing them the confidence to approach themselves and all their differences with minimal anxiety. By decriminalizing homosexuality, Pierre Trudeau demonstrated a high degree of sophistication. The confidence that many in the LGBTQ communities feel these days is in no small measure thanks to Pierre.

Looking back 50 years later, there is much to lament in the Canadian government's shameful treatment of LGBTQ individuals. But when listening to Justin's apology, I will recall his father and be thankful to that man.

Filmmaker tackles interracial dating in NUTV documentary *Colourstruck*

Story by Thomas Johnson
Photo courtesy Adam Mbowe



The opening seconds of Adam Mbowe's documentary short *Colourstruck* feature Kailey, a content creator and interviewee, explaining the film's premise.

"I went out with a few different, I'll say, 'colourstruck' individuals," she says. "I met a guy's mom on the phone. On our first date. He Skyped her so she could look at me because she wanted to see that her son was dating someone she found 'acceptable.'"

The term "colourstruck" refers to the dynamics that come with interracial dating, including tokenism, showmanship, fetishization and double standards. Another of the film's participants, Elsha, articulates the concept well.

"I find that when a white guy does approach me, I take their attention differently than I would with someone of colour. I expect there to be an uneven dynamic in the way he views me," she says. "On the flip side, I predominantly went to a minority high school. The way I interacted with black guys really shifted. You're almost viewed as a token."

Colourstruck was filmed in Calgary as part of NUTV's Summer Film School. The short, which runs just over six minutes, consists of a series of disarmingly casual interviews conducted by Mbowe. Six women of colour unpack their interracial experiences in dating and other relationships. When asking about the impetus of *Colourstruck*, Mbowe's focus is on genuine storytelling.

"I've always been intrigued by documentary filmmakers and I feel like it's more authentic when people tell stories about what they know," Mbowe says. "So after I got accepted

into the film school, I thought about things I know about. Being black and being female are two things."

A deft interviewer, Mbowe says she kept a fairly hands-off approach when discussing these experiences with the participants.

"They definitely had somewhat of a structure to them because I knew I was going to edit it so I didn't want to die [from having to edit so much]," she says. "The structure was more so making sure they shared common topics. Generally, I tried to make it a chill conversation despite the two cameras and the boom mic and lights."

What follows is an amicable dialogue on contemporary race relations, on both large and small scales. The handful of voices that drive the discourse never pander or preach despite their authority and the obvious thought put into every word.

"During the interview process I wanted to let them guide the narrative of the film because I wanted to learn something from the process as well," Mbowe says.

The effort shows — rarely are conversations of this gravity so nuanced yet unceremonious. Abigail, Elsha, Rayanne, Kailey, Leah and Tsungai, the interviewees, are allowed room to flow with their stream of consciousness and the results yielded are supremely refreshing.

"People try to police other people to be more like me and that's shitty," said Kailey before she giggles, "Can I curse?"

Topics aren't confined simply to relationships either. Talking points vary from minority status to cultural ignorance to white

people's trigger-happy use of the n-word. It's in these moments that the beauty of the documentary shines through. These things aren't easy to talk about, decidedly less so when people are afraid of being — or being made — uncomfortable.

In fact, the forthrightness was enough to garner recognition far outside of Calgary. The well-documented movie nerds at popular film-site *Film School Rejects* lent *Colourstruck* some positive words, calling it "wonderfully candid." On the warm reception, Mbowe says it's "super cool to see interest beyond my circle of friends."

"I feel topics like colourism and micro-aggressions are relevant to my life but not necessarily to everyone, so by making it light-hearted I wanted it to be funny for other black girls to watch because none of what's said in the video [I feel] is shocking or a revelation to us," says Mbowe, who is currently posted in Montreal, juggling an experimental horror film with standard practice video editing and campus radio responsibilities.

"For people who don't identify as black or female I wanted it to be easy to watch. If something came up that they had never heard of or considered, they would be more interested in creating a dialogue or searching up information on some of these topics," she adds.

Located on the east third floor of MacHall, NUTV has been the University of Calgary's campus-based television station for over three decades. *Colourstruck*, along with the other final products from NUTV's Summer Film School, is available to watch on NUTV's YouTube channel.

Festival season never ends with Big Winter Classic

Story by Matt Hume
Photo courtesy @bigwinterclassic

In the middle of an Alberta winter, the days of gearing up for a weekend of shows and outdoor adventures may feel like a distant memory. But why wait for summer? Knock the snow off your party shoes because Big Winter Classic is here to remind you that festival season never has to end. The four-day music festival runs from Jan. 18–21 and boasts strong talent from Calgary and beyond, performing at venues like Broken City, Last Best and Dickens Pub.

The lineup includes powerhouse acts like Red Fang, Less Than Jake, Partner, Jay Som, Metz, Raleigh and even B. Rich — the artist made famous by his breakout hoser anthem, “Out for a Rip.” Festival director Adrian Urlacher says the festival that started as a summer alternative to the Calgary Stampede has found its home as a winter bash.

“The original idea with Big was to host something during Stampede that showcased our city,” Urlacher says. “I always found myself sitting in July going, ‘Where the hell is my city?’ because our city changed. The original concept was to showcase the real things that were Calgary.”

But Urlacher and other organizers wanted to develop something that could be relevant year-round. Three years ago, the first annual Big Winter Classic made snowy waves and has been growing ever since.

“You look at cities all across Canada and winter festivals are a mainstay. We are Canadian,” Urlacher says. “I think we found a good home. January is a good spot.”

The growth of the festival is most noticeable in the invention of the Big Studio, an art gallery across the street from Broken City and Last Best on 11th Ave. SW that will also act as a stage and venue. Big Studio is operating throughout the

Everybody Works, including snagging the number-one spot in *Paste Magazine*.

“We got some really unique bands, but our local talent really shines through,” Urlacher says. “One thing we tried to do this year is get a little bit more diverse.”

This year’s festival marks a greater range of genre in its line-up. The Saturday, Jan. 20 Broken City show includes 10 hip-hop acts ranging from DJs, full groups and jazz-based jams.

Another Big Winter Classic trait is the intimate nature of the shows.

“I think one of the mainstays of what we do is big bands, small stages,” Urlacher says. “One of the things we keep joking about right now is we’re putting Metz on a stage that might fit 200 people.”

Metz are making a stop in Calgary for their international Strange Peace tour. The post-hardcore icons are likely to play the Last Best patio at the Big Winter Classic, right before they ship off to venues across Europe.

For passes and the full lineup, visit

bigwinterclassic.com. Full weekend passes are \$125. Thursday and Sunday day passes are \$45 while Saturday and Sunday day passes are a nice \$69. The website also features mixtapes and sample music from every attending artist with listenable music available. Tickets are available at the door for single shows, but bear in mind the big-band-small-stage theme and plan ahead for this classically Canadian party.



month of January and features 17 artists. One of the shows at the gallery stage will be the Lukes Drug Mart showcase, a collaborative effort between the store’s owner Gareth Lukes and the Big Winter Classic curators. The set includes local groups The Shiverettes and Melted Mirror, Vancouver-based Actors and Oakland’s Jay Som. Jay Som cleaned house in best-of-2017 lists with her sophomore record

CROWCHILD CLASSIC

January 25

Scotiabank
Saddledome

Women's Hockey

4:00 p.m.

Men's Hockey

6:45 p.m.



PACK THE JACK

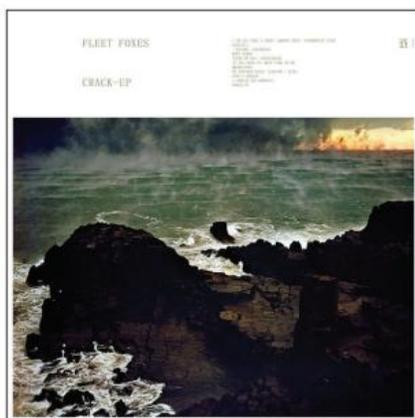
February 1

Women's Basketball
6:00 p.m.

Men's Basketball
8:00 p.m.

Gauntlet Editorial Board: Best albums of 2017

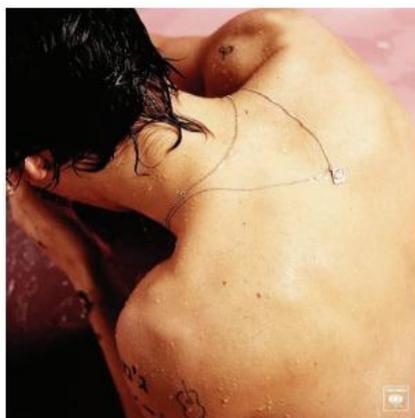
2017 is done. Gone. Buh-bye. We may be kissing another tumultuous year farewell, but the music it brought will stick with us for a long time. Amazing albums arrived for every taste and the *Gauntlet's* Editorial Board enjoys a range of tunes. We may not agree on everything, but we all had something we loved to listen to over the past year. Here's our favourite albums of 2017.



Fleet Foxes — *Crack-Up*
June 16, 2017 (Nonesuch Records)

A central theme of *Crack-Up*, the exceptional third album from Seattle folk band Fleet Foxes, is how coincidences can compound to an extreme — where it's difficult to justify them as anything other than design. At the album's climax, lead singer Robin Pecknold strains as he sings, "I'm reminded of the time it all fell in line on the third of May." The point he makes rings true with my relationship with *Crack-Up*, an album that came into my life at what was an implausibly perfect time. Pecknold delivers his reflections on protest, marriage, inertia and the futility of anger through a smokescreen of historical references and tempo changes. The fact that it works — and is still an immensely personal, interpretable piece of art — feels like an act of divine intervention in its own right.

Jason Herring, Editor-In-Chief



Harry Styles — *Harry Styles*
May 12, 2017 (Colombia Records)

The self-titled debut album of former One Direction member Harry Styles is the best thing to happen in 2017. The luscious-haired former boy-band member reimagines himself with an album that could be the soundtrack to an *Eternal Sunshine of a Spotless Mind*-esque indie flick. Boy meets girl in "Only Angel," "Sweet Creature" and "Carolina" and there's a steamy exposed-brick-wall-Brooklyn-apartment sex scene in "Meet Me in the Hallway."

While songs like "Sign of the Times" and "Kiwi" are the album's most commercially successful tracks, slower songs like "Ever Since New York" and "Two Ghosts" are where Styles' artistic talent shines. The album is sure to remain popular and if you feel bad about liking it, just remember that belittling teenage girls' taste in art is rooted in patriarchy.

Tina Shaygan, News Editor



Gorillaz — *Humanz*
April 28, 2017 (Warner Bros. Records)

After a mind-boggling seven-year wait, Gorillaz gave fans everything they were hoping for, and more, with the release of *Humanz*. Though completely different from 2010's *Plastic Beach*, it's instantly recognizable as a Gorillaz production.

The new album offers a gloomy, ethereal and enjoyable ride from start to finish. *Humanz* also boasts a few excellently executed guest appearances, such as "Ascension," featuring Vince Staples, and "Submission," featuring Danny Brown and Kelela.

Along with the new album comes new music videos that further the story of the four animated band members who have become so central to the group's identity.

Justin Schellenberg, News Assistant

Gauntlet Editorial Board: Best albums of 2017



Barns Courtney — *The Attractions of Youth*
September 29, 2017 (EMI)

While some of the songs on the album were released as singles before 2017, English blues-rock singer Barns Courtney's debut album, *The Attractions of Youth*, didn't come into full fruition until September. Courtney's songs are backed by a pounding bass drum that drives his rugged voice forward. The album takes on the sound of a live show with guitar reverb and his echoing voice.

My favourite song from the album is "Fire," the record's biggest hit, but other great tracks include the upbeat "Hands," the deeper-toned "Glitter and Gold" with lyrics reminiscent of a fantasy world and "Golden Dandelions," where Courtney's unique rogue voice is highlighted.

Nikayla Goddard, Digital Editor

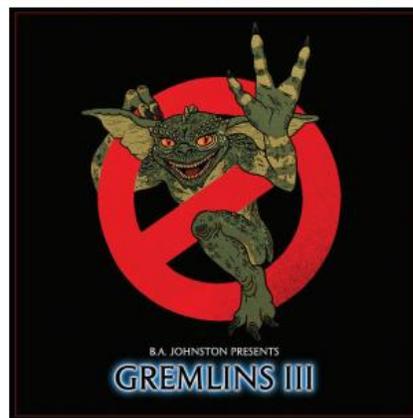


Chris Stapleton — *From a Room (1 & 2)*
December 1, 2017 (Mercury Nashville)

Lately in country music there's been an onslaught of garbage churned out by big labels. Luckily, a few gems are still being released for those who have managed to fight through the bro-country.

Chris Stapleton's back-to-back 2017 albums featured storytelling lyrics that touch on important topics such as addiction, grief, mental illness and love. His poetry locks you into the accompanying bluegrass melodies and his smoldering, whiskey-drenched voice will leave you thinking about the songs long after you stop listening. The heavy themes are softened with rocking blues-country tunes like "Them Stems" and "Midnight Train to Memphis." Though the second volume wasn't released until December, the two albums are easily 2017's best country releases.

Jesse Stilwell, Opinions Editor



BA Johnston — *Grmlnz, Vol. 3*
February 28, 2017 (Self-released)

BA Johnston — Hamilton, Ontario's beloved folk hero — blessed the world with 20 new jams in *Grmlnz, Vol. 3: Donairs After Midnight*. The album is a smorgasbord of delicious Canadiana and relatable comedy, celebrating skipping '90s night at the club in lieu of chowing down on Hawkins Cheezies and playing SEGA Genesis, sucking nitrous out of whipped cream cans because your supermarket job is bullshit or moving to the gorgeous green pastures of Saskatchewan and contemplating what came first — the asshole or the pickup-truck?

Go find this CD or cassette and buy the hell out of it. This genuinely nostalgic reflection of growing-up and living in Canada is 39 minutes of laughter and sing-alongs. We don't deserve this wonderful man, but he deserves our appreciation.

Matt Hume, Arts & Culture Editor



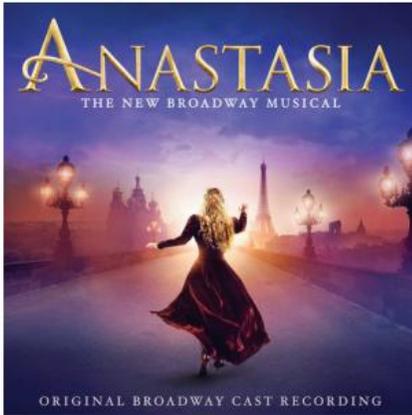
The National — *Sleep Well Beast*
September 8, 2017 (4AD Records)

The capital-b Best album of the year is Kendrick Lamar's *DAMN*. It just is.

But the album I found myself wrapped in the most was *Sleep Well Beast* by The National. Music was supposed to get better during the Trump era, but did it actually? I don't know — it certainly got faster, more dissociative and maybe a little more hopeless. *Sleep Well Beast* is slow, tender, angsty and even kinda whiny at times. It focuses on the micro because the macro is straight fucked. To me, it was proof people can still care enough to be hurt, fight inertia and fall in love. Sleep well, beast.

Thomas Johnson, Arts Assistant





Stephen Flaherty — *Anastasia*
June 9, 2017 (Broadway Records)

In March 2017, a Broadway adaptation of the '90s animated musical *Anastasia* — a highly romanticized version of events during and after the Russian Revolution in 1917 — captured the attention of New York as well as millennials around the globe. The accompanying album, *Anastasia: Journey to the Past*, was released shortly after.

The Broadway album includes 16 new tracks, like “Everything to Win” and “Quartet at the Ballet,” which add extra flavour to the story and will definitely get stuck in your head. Overall, *Anastasia: Journey to the Past* is both nostalgic and refreshing. Its visuals and depth give it road-trip album status or could help wake you up on the way to your early morning classes.

Christie Melhorn, Sports Editor



Allie X — *COLLXTION II*
June 9, 2017 (Twin Music)

Friendship ended with Carly Rae. Now Allie X is my best friend.

I'm a sucker for good pop music. The genre was blessed when Canadian singer-songwriter Allie X released her debut studio album *COLLXTION II* last summer. The songs of the album are filled with strong baselines highlighted by the singer's powerful and theatrical voice. Tracks like “Casanova” and “Lifted” are undoubtedly the biggest bops to come out of 2017 and I will fight anyone who says otherwise. Additionally, the song “Paper Love,” which recently began to receive radio play, is a rare song that doesn't make me want to change stations. *COLLXTION II* is a true diamond in the rough that's the current state of pop music.

Derek Baker, Humour Editor



Justin Hurwitz — *La La Land*
December 9, 2016 (Interscope Records)

While it came out at the tail end of 2016, I associate the soundtrack for *La La Land* with the beginning of 2017, when I overplayed it the most. It's a fusion of genres, combining jazz and pop music to create a playful tone throughout the soundtrack. Justin Hurwitz infuses the music with beautiful sweeping melodies and reminds listeners of the grandeur of old Hollywood's classical musicals.

What really makes *La La Land* special is the emotion invoked through its grounded lyrics. My favourite song is “Epilogue,” telling the story of Mia and Sebastian, the film's romantic leads. It begins with a soft piano that crescendos into a swelling orchestra, then travels towards an upbeat jazz number that evokes a sense of wonder and magnificence, eventually ending on a sombre note of what could have been.

Mariah Wilson, Photographer



Although she's best known for her 2000s hits like “Paper Planes,” MIA proves that she can still pack a punch with *AIM*. Supposedly her last album, *AIM* pairs strong political and social critique with music unfitting of any one genre — typical of MIA's style.

Her masterpiece is lead-off track “Borders,” which questions the politics, values and privilege we hold dear. The rest of the album tackles issues of immigration and the refugee crisis, ever relevant in a tumultuous year where thousands around the world are still fleeing from violence and poverty.

Asher Memon, News Assistant



MIA — *AIM*
September 9, 2017 (Interscope Records)



New fitness studios to try this year

Story by Christie Melhorn

Photo courtesy Cake Photography

From upbeat barre classes to vibrant spin studios, Calgary's fitness scene is lush and diverse. The 2017 opening of Undrcard and Rumble popularized boxing while Lagree YYC sensationalized resistance training. In 2018, the city's fitness and wellness community will continue to thrive and expand. These new studios will hold you accountable to your New Year's resolutions or possibly inspire some.

Kult Fitness YYC:

The newly opened Kult Fitness on 14th Ave. and First St. SE shares the lively aesthetic of Calgary's other nightclub-inspired facilities. However, it's Canada's only studio featuring the VersaClimber, a vertical climbing machine resembling a medieval torture device that'll kick your butt as much as one — in a good way.

The VersaClimber involves a 75-degree angled rail fitted with pedals and handles. It mimics the natural motion of rock climbing and engages all muscle groups. Strength and conditioning specialist Jason Walsh claims it's a low-impact workout that can burn 600–800 calories in 30 minutes, depending

on how hard you push.

Many gyms carry only one or two VersaClimbers, if any, which often sit neglected in the corner. However, Kult hosts group VersaClimber classes for all fitness levels, making them much more fun to use. They also offer high intensity interval training (HIIT) sessions in their studio called "The Kitchen." These classes involve box jumps, battle ropes, free weights and sprints that cook up a serious sweat. Drop-in rates are \$20 per class but early bird pricing of 50 per cent off all classes and packages is currently in effect.

Yoga Nova Studio:

Yoga Nova is a new power yoga studio in Calgary dedicated to strengthening community bonds and mind-body connections. Class intensity levels vary and are accompanied by consensual physical adjustments. The touch element ensures correct posture while nurturing a sense of trust and support. Some of Yoga Nova's classes also utilize low to medium levels of heat for an extra sweaty workout.

A cozy in-studio café serving local Fratello Coffee offers space to embrace your post-class calm. Guests are also encouraged to attend 10-minute guided meditations

called "The Quiet" that come free with a Yoga Nova membership or café purchase. For those looking for something different, "The Conversation" is class that takes yoga off the mat. Currently, Yoga Nova is offering a \$49 one-month unlimited pass that comes with a complimentary pass of the same value that can be gifted to a friend.

Crush Camp:

After opening on Dec. 9, Crush Camp is already earning a strong reputation for their dynamic and rewarding workouts. "The Class" is their signature 55-minute HIIT session involving whole-body strength exercises, resistance training and cardio.

Crush Camp is also the first Canadian fitness studio to offer group training on the Skillmill — a self-powered treadmill. The Skillmill's curved base and handlebars provide a comfortable platform to run on but challenges you to pick up the pace. Unlike conventional treadmills, the Skillmill's speed and flow adjusts to your movement. This helps develop a wide range of muscles, embodying Camp Crush's goal of giving guests a challenging workout with every visit. The studio charges \$25 for drop-ins and \$50 one-month introductory passes are currently available.

Warming your winter nights with candlelight can help you unwind

Story by Christie Melhorn
Photo by Mariah Wilson

From the thousands burning during Diwali to those lining graves on Day of the Dead and even those on your birthday cake, candles are significant across cultures and religions. Their warm, ethereal light is integral to many ceremonies as well as in daily life. Its evocativeness speaks to its value and effect on our well-being. Here are a few reasons why you should have more candlelit evenings beyond rose-petal filled date nights.

Smoother sleep:

According to the *Scientific American*, synthetic light and glaring electronic screens confuse our brains and prevent melatonin production, keeping us awake longer. This can stunt sleep, making endlessly scrolling through Instagram before bed more tempting. Dimming

the lights and reading or journaling by candlelight helps our bodies enter a rested state, making sleep come more easily.

Unwind the mind:

Research conducted by University of California anthropology professor Daniel Fessler suggests that humans have evolved to be drawn to fire and desire to manipulate it. He attributes this to the compelling effect of flickering flames. Candlelight is not as bold as a crackling campfire, which is beneficial if you're trying to unwind. Candles capture the subconscious enough to stall anxious thought without demanding your entire attention.

Relaxation:

Our sense of smell is often neglected or overwhelmed by artificially scented perfumes, lotions and other personal care products. However, natural aromas can have incredible mental and physical

health benefits. Cinnamon might remind you of fond childhood baking sessions and peppermint can treat congestion. A wide variety of scented candles are available on the market.

However, be aware that many candles are made of paraffin wax — a plastic, petroleum product. According to a study conducted by the University of South Carolina, the process of sourcing and burning paraffin candles emits harmful pollutants.

Soy and beeswax candles are more expensive but higher quality and more environmentally sustainable. However, expansive soy plantations are also notorious for straining the environment and surrounding communities. Before purchasing a soy candle, check that the company sources from a crop certified by Round Table on Responsible Soy. Local companies like The Beehive in Kensington and Milk Jar in Sunnyside sell minimally refined, handmade candles that you can warm your space with.



Brazilian martial art offers dynamic and fulfilling workout



Story by Christie Melhorn

Photo by Emmanuel Galleguillos-Coté

While studying abroad in Trinidad and Tobago with the University of Calgary, I took a workshop in Calinda — competitive stick fighting that hybridizes martial arts and Afro-Caribbean folk dancing. It emerged during the 18th century as a form of resistance against colonial forces and was integral during the emancipation of Afro-Caribbean slaves. I remember being surprised by my own force as I chanted and lunged barefoot throughout the room. It was visceral and empowering.

I recently learned that U of C's Active Living centre currently teaches a similar practice — Capoeira, Brazil's national sport, which is a blend of martial arts, acrobatics, dance and music. In *Capoeira: The History of an Afro-Brazilian Martial Art*, Matthias Röhrig Assunção explains that it's an amalgamation of cultural traditions. Similar

to Calinda, Capoeira was a method of self-preservation and artistic expression among Afro-Latin slave communities.

Slaves planning to escape oppression disguised martial arts training as traditional African dances to prevent suspicion, merging the two into a rhythmic entity. Communities of escaped slaves, called quilombos, continued Capoeira to fight colonial threats and strengthen social bonds. The practice is continuously evolving but embraces human resiliency and connection at its core.

This past week, I tried the art for the first time at Capoeira Aché Brasil Calgary (ABC) just off 37th Ave. on Edmonton Trail. My nerves were quickly eased by my instructor, Vlad Gincher, and his wife and five-year-old daughter when they warmly welcomed me to “the family.”

Gincher is also U of C's Capoeira instructor. He says the community welcomes everyone and values reciprocity.

“It's multicultural and for all genders

and ages. It's about helping each other and having fun. Everyone involved is happy to share their energy,” Gincher said. “The friendships and support is where the true value of the practice is.”

This reflected in the people I met at Capoeira ABC. A children's class took place the same time as the adult session next door. One of Gincher's advanced students led a quick warm-up of cardio and stretching. Afterwards, we practised basic kicks and escapes individually and with partners. While my African dance background gave me an advantage, it was a refreshing challenge. Neglected muscles worked as we cartwheeled across the floor and I had to increase my spatial awareness to maintain fluidity.

The room's atmosphere was warm and encouraging. My fellow students were patient and thorough, slowing down when necessary and commending my efforts. Despite its physical demandingness, elements of the class were light and playful.

Memories of freely tumbling around my backyard as a kid came to mind.

Gincher says Capoeira is a whole-body workout and artistic expression that enhances cognitive function.

“I played a bunch of different sports but the community and culture of Capoeira gave new meaning to my life. You feel the energy of others and let go.”

— Capoeira instructor Glad Vincher

“In Capoeira, you learn so many different skills. You learn new respect and awareness for your body and what you’re capable of,” Gincher said. “You’re clapping, singing, playing an instrument, learning new movement and rhythms but also attacking and blocking. It triggers your brain to think in different patterns.”

After an hour, the kids’ class joined ours for roda — a circle in which Capoeira is performed with music. Students took turns playing a drum, a tambourine and the berimbau — a single-string percussion instrument with a heavy twang. Students entered the circle in pairs by crouching in front of the musicians, holding hands then cartwheeling into the centre. Those outside the circle clapped and sang words of encouragement in Portuguese.

As someone with high anxiety, I sometimes struggle to slow my thoughts and be in the present. However, the incredible athleticism, rhythm and spirit cycling through the room captivated me. Despite my novice status, I genuinely wanted to participate and was particularly touched by the confidence of the children. They proudly swung kicks and even performed headstands with adult Capoeiristas.

Gincher says the friendships and spiritual element in Capoeira distinguishes it from other sports. He says it carries many mental and physical health benefits for students.

“I played a bunch of different sports but the community and culture of Capoeira gave new meaning to my life. You feel the

energy of others and let go,” Gincher said. “It gave me confidence in myself and in school. When you exercise, you get fulfillment from pushing yourself and have more energy. If you feel healthier, you study better.”

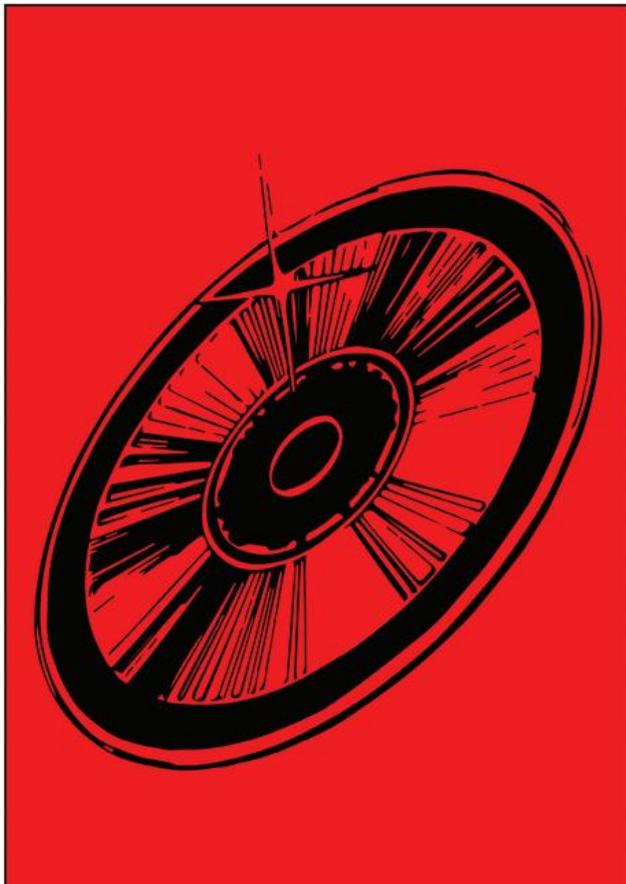
Gincher says that he strives to help actualize his students’ potential.

“As a Capoeira teacher, your goal is not to be the very best but to nurture the quality of your students,” Gincher said. “I want to give my students everything I can to bring out their best and keep spreading Capoeira.”

When class finished, all of us patted each other on the back while clapping hands. While I was out of my comfort zone, the kindness I experienced was rewarding and left me wanting to learn more.

U of C’s Active Living centre offers Capoeira every Tuesday from 8:30–10 p.m. The winter session commences on Jan. 16. The 12-week program is \$105 and Capoeira ABC offers a free trial class for first-timers.

To learn more about Capoeira ABC, visit www.capoeiraabc.com. You can email active@ucalgary.ca for more information about Capoeira on campus.



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Dinos games you'll want to catch in 2018

Story by Christie Melhorn
Photo by Justin Quaintance

For the University of Calgary Dinos, 2017 was rich with defining moments. The women's rugby team won their third consecutive Canada West (CW) championship title, kicker Nike DiFonte's 59-yard field goal broke USports records and women's hockey coach Danielle Goyette became the fifth female Hockey Hall of Fame inductee. This year will likely hold just as many noteworthy experiences that you can be a part of. The following are great opportunities to escape school stress and show support for the U of C's student athletes.

Crowchild Classic:

Every year since 2012, the highly anticipated series of crosstown rivalry games between the Dinos and the Mount Royal Cougars takes place in the new year. The men's and women's hockey, volleyball and soccer teams all participate and fight hard to take home the signature City of Calgary manhole trophy. Both universities always bring a solid effort — but the Dinos collectively hold the record for most points scored across all the games played by the participating teams.

Taking place in the Scotiabank Saddledome on Jan. 25, the men's and women's hockey Crowchild Classic is probably the most widely anticipated event each year. The Saddledome's size and sound system adds an extra layer of excitement and intensity to the games. The women's team sets the tone for an energetic evening involving in-game contests and post-game activities when they start at 4 p.m. followed by the men, who take the ice at 6:45 p.m. Students can attend for free and tickets can be found online at godinos.com — act quickly because they go fast.

The Crowchild Classic shifts to the Jack Simpson Gym on Feb. 16 for the men's and women's volleyball double-header. While the setting might not be as grandiose as the Saddledome, the teams' force on the court is equally as invigorating and fun to watch. The women's game starts at 6 p.m. and the men's match follows at 7:30 p.m.



The date and time for the soccer Crowchild Classic is yet to be determined. However, it generally takes place early- to mid-September and makes for an enjoyable fall afternoon spent outdoors.

Pack the Jack:

Pack the Jack is the annual Dinos basketball classic that livens up campus at the start of the winter semester. The Jack Simpson Gym is fitted with extra amenities and flare for the event, last year featuring courtside couches and popcorn. Multiple giveaways and free swag will be available to rev up your school spirit. Last year, both the men's and women's basketball teams rocked the court against the University of Fraser Valley Cascades, winning 106–68 and 69–59 respectively. With the men's team standing at 14–2 and the women at 14–5 on the season, this year's Pack the Jack on Feb. 1 promises vicious plays and passion. The women's team takes the court at 6 p.m. and the men come on at 8 p.m. Students receive free entry and general admission is \$15.

Women's Rugby Sevens Series:

Canada West teamed up with B2ten and Rugby Canada to launch the first

women's rugby sevens series tournament in January 2017 in Edmonton. The three-part tournament supports female rugby players at six western Canadian institutions by providing scholarship and networking opportunities. The games are fierce and the intensity is high. The Dinos dominated last year's sevens series with a sweeping 26–5 win over the University of Alberta Pandas in the final, showcasing their resiliency and competitiveness. Key Dinos players such as arts major and prop DaLeaka Menin and kinesiology major and hooker Emily Tuttosi are graduating this year, ensuring some serious plays on the pitch.

The first tournament takes place in Edmonton at the newly opened Foote Field from Jan. 20–21. Attending live may be a stretch but presents a chance for a quick road trip before the semester picks up. The second part of the tournament is in Abbotsford, British Columbia from Feb. 10–11 and finishes in Victoria from Feb. 24–25. For those heading to B.C. over reading week, it's worth stopping by to support the Dinos. If attending the tournaments is out of the question, you can stream the games live from canadawestyaretv.com. Individual games are purchasable for \$4.99.

Student finally receives grade for class taken in 2015

Story by Derek Baker

As the remaining grades from the Fall 2017 semester trickle in, many students are anxiously checking myUofC to see whether they have been posted. But one student's patience has been tested in particular.

After waiting for two years, fourth-year open studies student Joel Johnston finally received his final grade for HTST 351. He took the class in Fall 2015, along with a cohort of classmates who gave up hope long ago.

"I have been incessantly checking D2L and the myUofC grades page every waking minute," Johnston said. "I have not ate, drank or slept for two years. All I did was refresh the page — over and over and over again."

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Continue

Johnston went on to explain that he was too nervous to email his professor to ask why there was a delay in posting the grade, fearing that it may come across as unnecessary pestering.

"I mean, the final was just a multiple choice test on a Scantron. All you have to do is feed it through the machine,"

Johnston said. "But professors are infallible, right? Surely, there has to be a reason for the hold-up."

Johnston's history professor, 67-year-old Cameron Charles, does not know why it took so long for the grades to be posted. However, he apologizes for the delay.

"There's a 'publish grades' button on the D2L webpage shell doohickey. I don't know what it does," Charles said in an email that signed off with "sent from my Nokia N70."

While he was waiting for the grade, Johnston remained enrolled in classes. He said whenever he received a class announcement, the red notification dot on D2L would bring a false sense of hope.

"Every time that dot popped up, I finally thought, 'This is it! This is the moment I've been waiting for.' I'd nervously hover over the notification panel, too afraid to click it," he said. "Alas, it was never the notification I longed for. It was normally just a pointless notification from the general faculty shell."

Like Pavlov's dog, Johnston has been conditioned so that even just the sight of the colour red makes his heart stop for a brief moment.

"Cherries are the worst, man. I can't even look at them anymore," he said.

When he finally received his grade, Johnston said that he got a C- in the class. Regardless, he is glad to finally have closure.

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Seven cheap fidget toy alternatives

Story by Rachel Woodward
Photo by Mariah Wilson

The fidget toy craze have swept the nation as a way to maintain focus by keeping your hands busy. Unfortunately, spinners, cubes and other objects can get pretty expensive. But with a little imagination and creativity, these cheap alternatives can keep your hands busy and your wallet happy.

A cactus:

Plop a cactus on your desk and get ready to boost that adrenaline as you let your tender fingers graze over your spiky friend. You don't even need to water this bad boy. Pet it like a kitten and let your mind focus on your work. Try to fight the urge to fall asleep while you work, though — you've lost a lot of blood!

A Rosary:

Do some good in the eyes of the Lord while you fidget your cares away. Nothing says motivation like prayer and good deeds. Let your fingers do the talking while you desperately seek forgiveness for your sins.

An old sandwich:

Remember that time you said you'd save money by packing lunch? Everyone knows that was a lie and you just hit up Tim Hortons anyway. If that sandwich gets hard enough, carve a little hole in



the middle and spin away. Beware of flying condiments.

Your student debt:

Nothing will keep your mind focused more than just thinking about how strapped you'll be come graduation day when you start owing the government all that cash for your degree. If you're ever distracted, just remember the hard reality of post-grad life and you'll be back to normal in no time. Happy fidgeting!

The teeth you lost as a child:

You thought you lost these bad boys, but your parents actually collected every single one of your baby chompers and put them in a weird envelope for safekeeping.

Snoop around and get ready to keep those fingies busy with some soft little teeth. Just don't let anyone see. This is so weird.

A piece of old chewing gum:

Just keep a little chewed piece of gum in your pocket to play with all day long. Make sure you wear something you don't mind getting covered in minty-fresh goodness. Hubba bubba!

The wedding ring your mom kept in a drawer after your father left:

This big ol' honkin' ring can find purpose again as your new fidget toy. Don't let the literal weight of the gem keep you down. The reminder of your role in your parents' divorce will do that for you.



Our horoscopes predict your New Year's resolution

By Derek Baker



Capricorn
(Dec. 22 – Jan. 19)

You'll purchase a gym membership that comes with a challenge to do 20 classes within the month. You'll procrastinate all month but managed to complete the challenge, squeezing in 18 sessions on Jan. 31.



Taurus
(April 20 – May 20)

This semester, you vow to slow down on the drinking at Thursden. You will dutifully limit yourself to only three triple-vodka slime pitchers and a single shot of tequila for the night.



Virgo
(Aug. 23 – Sept. 22)

Your New Year's resolution is for your rap career to take off. You will be thrilled when your hot new track receives a whopping 47 listens on SoundCloud.



Aquarius
(Jan. 20 – Feb. 18)

This winter semester, you'll promise yourself that you will actually use your textbooks. Though they will remain unopened, they will find good use as your television stand.



Gemini
(May 21 – June 20)

After handing in two extremely rushed papers this semester that still included "(put citation here)" in the text, your New Year's resolution is to stop procrastinating.



Libra
(Sept. 23 – Oct. 22)

You will make a conscious effort to plug in your laptop every night so it doesn't die the next day. You will fry your battery and lose all of your term papers.



Pisces
(Feb. 19 – March 20)

You should ditch a few of your bad habits this year. Mainly, stop putting ranch dressing on everything you eat – especially ice cream. It's messed up.



Cancer
(June 21 – July 22)

You will create a club called "People Who Want to be Involved on Campus this Semester." Though membership numbers are initially quite high, turnout will drop significantly come February.



Scorpio
(Oct. 23 – Nov. 21)

You're one of those people who doesn't take down their Christmas lights well into the new year. You will draw the ire of your entire neighbourhood, as they are tired of looking at the seven inflatable Minions on your lawn.



Aries
(March 21 – April 19)

You'll actually study this year. Surprisingly, your marks will increase. Who would have thought?



Leo
(July 23 – Aug. 22)

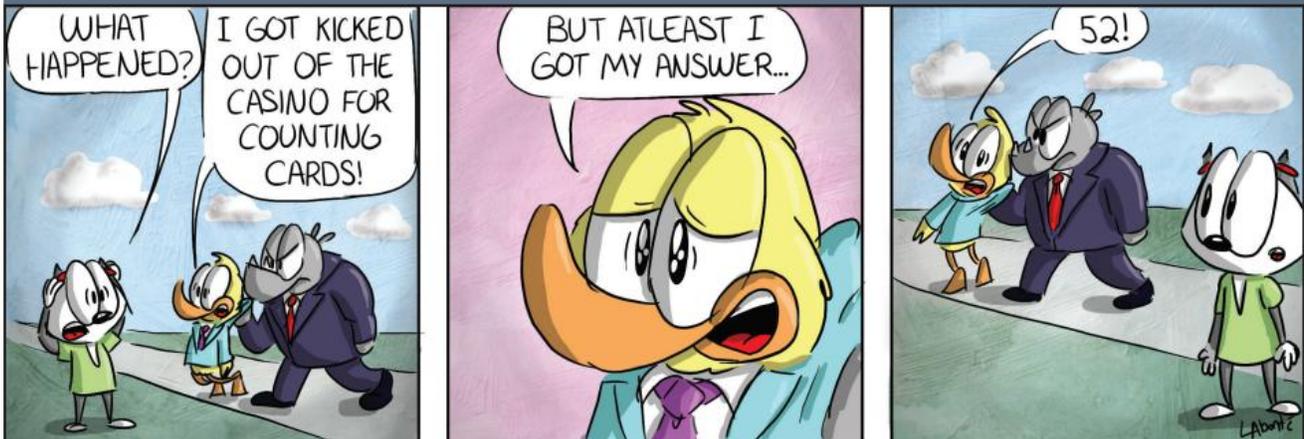
Your resolution is to find alternatives to caffeine this semester. Try cocaine.



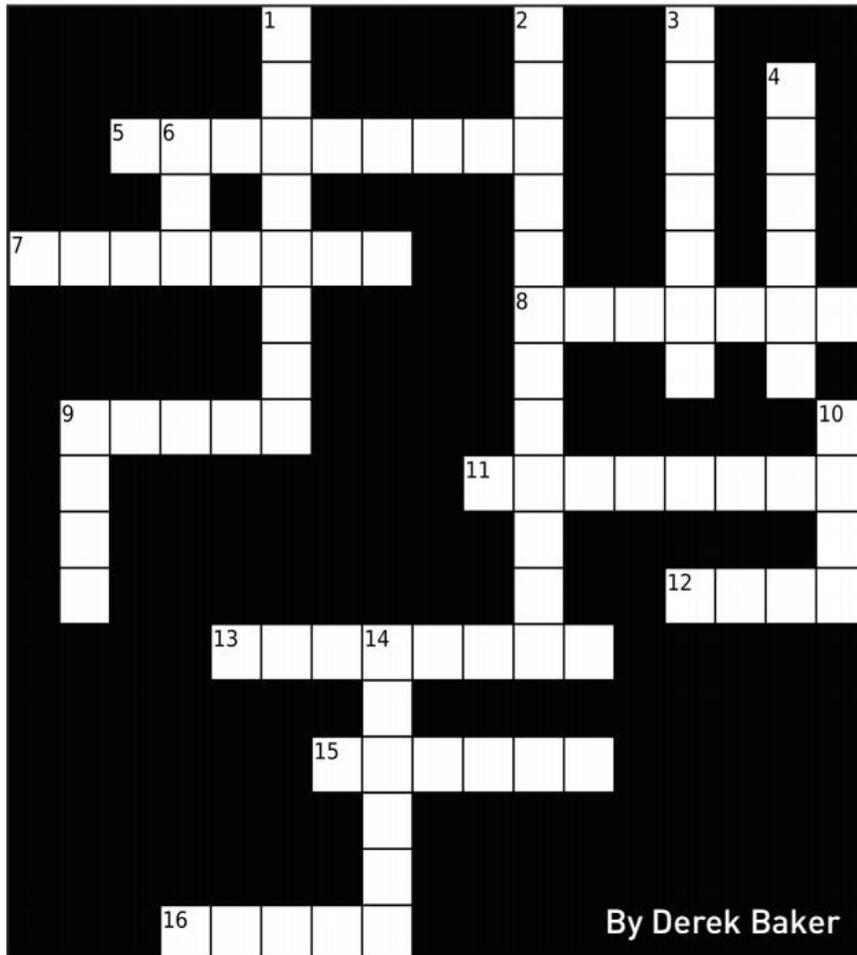
Sagittarius
(Nov. 22 – Dec. 21)

You don't make New Year's resolutions because you think you are perfect and don't need to change.

Filbert Cartoons – L. A. Bonté

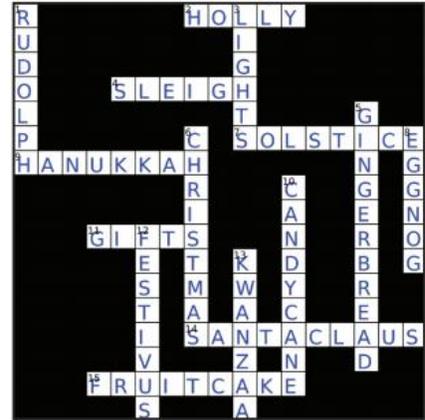


God Almighty Crossword



By Derek Baker

December Solution:



Congratulations to Caitlyn Ryan for being the first to complete last month's crossword!

Send in a photo of a completed crossword to humour@thegauntlet.ca to be congratulated in our next issue. Also, be among the first three submitters to win a *Gauntlet* mug!

ACROSS:

- 5. This Greek goddess of beauty was created when the severed genitals of the personification of heaven were tossed into the ocean.
- 7. For his second labour, Hercules had to defeat the _____ hydra.
- 8. The Greek goddess of the hunt, _____ was the daughter of Zeus and Leto and was twin to Apollo.
- 9. This ancient Egyptian deity is depicted with the head of a falcon.
- 11. Sailors would pass this Greek god's temple in Sounion when sailing into the Aegean Sea.
- 12. Actor Tom Hiddleston plays this Norse god in the Marvel Cinematic Universe.

- 13. In Norse mythology, this majestic hall is located in Asgard and is where those who die in combat reside in the afterlife.
- 15. The butt of every astronomy joke, this god is the Greek personification of the sky.
- 16. Worshipping this Divine was outlawed in Skyrim.

DOWN:

- 1. This three-headed dog belonged to Hades and fiercely guarded the underworld.
- 2. Meaning "feathered serpent," this Aztec deity was the god of life, the wind and the morning star.
- 3. This Roman god of thunder is the

equivalent of the Greek god Zeus.

- 4. With the head of a jackal, this Egyptian deity was the god of mummification and was believed to weigh the heart of a person to determine if they were worthy of entering the realm of the dead.
- 6. In Greek mythology, this satyr was the god of the wild and flocks of sheep.
- 9. Despite her title as goddess of marriage, this Greek goddess was married to Zeus and was very vengeful of his philandering.
- 10. This is the ancient Inca god of the sun and is currently found on the coats of arms of Bolivia and Ecuador.
- 14. Also a trickster, this ancient Greek messenger god is said to have worn winged sandals.

